



# Sierra County Health and Human Services

## Social Services

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Lea Salas- Director  
Kathryn Hill- Clinical Director

## Human Services

**Satellite Office**  
P.O. Box 38  
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### Cover Letter for Facial Covering Order

In a separate new Order on Facial Covering, the Health Officer is requiring that all persons, (except for young children under 2 and for those for whom it is not advised for health-related reasons) wear facial coverings (fabric or cloth that covers the nose and mouth) before they enter any indoor facility besides their residence, any enclosed open space, or while outdoors when unable to maintain a six-foot distance from another person. Please note that facial coverings should NOT be placed on any child under 2 years of age. However, it is recommended (with parent/caregiver supervision) for those ages 2-12.

This Order does not allow for those businesses deemed as non-essential to reopen before the Governor acts in that regard and the Sierra County Reopening Plan is approved to that accord.

The Order also requires employers to ensure that their employees working out of the home comply with the facial coverings order while on duty. However, facial coverings are not required for those who work alone in a space not regularly visited by the public (such as a private office). Additionally, facial coverings are not required for those who work within a stable group of the same individuals provided that they: (1) do not interact with the public, (2) do not perform the handling, preparation, or packaging of food, (3) work in a location that is closed to the public, (4) are part of a stable working group (typically not more than 12); and (5) are working in conditions where they are not likely to come into contact with others outside the stable group while at work. For such workers meeting these criteria, an employer may adopt a protocol to allow those in such stable working groups to work without a facial covering.

The Facial Covering Order also allows business owners or operators (to the extent not otherwise prohibited by law) to refuse admission or service to any customer or visitor who fails to wear a facial covering. However, a facial covering should not be required for individuals if they cannot reasonably wear a mask due to health or barriers to access or proper usage.

The Facial Covering Order addresses how facial coverings should be handled during certain public recreational activities. When engaging in public recreational activities, it is recommended that everyone bring a facial covering with them and wear that facial covering where it is difficult to comply with social distancing requirements. Some recreational activities may cause people to more forcefully expel airborne particles and the six feet social distance requirement may not be enough. It may call for additional measures such as wearing a facial covering when others are more than six feet away, safely crossing the street to avoid pedestrians on the sidewalk when running, and never spitting.

Finally, the Facial Covering Order adopts the recommendations in the original guidance from April 10, 2020, and reiterates that facial coverings are an additional tool for mitigation of the disease and not a substitute for required minimum social distancing. For more information: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

Thank you,

A handwritten signature in blue ink, appearing to read "Celia Sutton-Pado".

Dr. Celia Sutton-Pado, M.D.



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Public Health Division

County of Sierra

### ORDER OF THE HEALTH OFFICER GENERALLY REQUIRING FACIAL COVERINGS

Please read this Order carefully. Violation of or failure to comply with this Order is a misdemeanor punishable by fine, imprisonment, or both. (California Health and Safety Code§ 120295, etseq.; Cal. Penal Code§§ 69, 148(a)(l))

UNDER THE AUTHORITY OF CALIFORNIA HEALTH AND SAFETY CODE SECTIONS 101040, 101085, AND 120175, THE HEALTH OFFICER OF THE COUNTY OF Sierra County ("HEALTH OFFICER") ORDERS:

1. This Order temporarily requires the use of Facial Coverings in order to further slow transmission of Novel Coronavirus Disease 2019 ("COVID-19"). This Order shall become effective at 12:01 a.m. on May 1, 2020 and will continue to be in effect until it is extended, rescinded, superseded, or amended in writing by the Health Officer. All individuals, businesses and government agencies in the County of Sierra ("County") are required to follow the provisions of this Order. This Order applies to the incorporated and unincorporated areas of Sierra County to include: Downieville, Sierra City, Sierraville, Loyalton, Alleghany, Calpine, Goodyears Bar, Pike, Sattley, Sierra Brooks, Verdi, Bassetts and any other location that brings the public to interface.
2. Due to the pandemic outbreak of the COVID-19 virus, there is a public health emergency throughout the County. In addition, some individuals who contract the COVID-19 virus have no symptoms or have mild symptoms and they may not be aware they carry the virus. Because even people without symptoms can spread COVID-19, and because evidence shows the disease is easily spread, public activities can result in preventable transmission of the virus. The scientific evidence shows that at this stage of the emergency, it is essential to slow virus transmission as much as possible to protect the most vulnerable and to prevent the health care system from being overwhelmed. County residents must minimize public activities and interactions. By reducing the spread of the COVID-19 virus, this Order helps preserve critical and limited healthcare capacity in the County and prevent more deaths.
3. This Order is issued in accordance with, and incorporates by reference, the March 4, 2020, Proclamation of a State of Emergency issued by Governor Gavin Newsom, the Declarations of Local Health Emergency issued by the Health Officer on March 20, 2020, The Proclamation of a Local Emergency on March 20, 2020, and the March 20, 2020, Resolution of the Board of Supervisors of the County of Sierra, Ratifying the Declarations of Local Health Emergency and Local Emergency Proclamation, Governor Newsom's March 12, 2020, Executive Order N25-20, Governor Newsom's March 19, 2020, Executive Order N-33-20, and the designation by the State Public Health Officer of Essential Critical Infrastructure Workers issued March 22, 2020.
4. This Order comes after the release of substantial guidance from the Health Officer, the Centers for Disease Control and Prevention (CDC), the California Department of Public Health (CDPH), and other public health officials throughout the United States, including a variety of orders to combat the spread and harms of COVID-19. The Health Officer will continue to assess the quickly evolving situation and

may modify or extend this Order, or issue additional Orders, related to COVID-19. This Order applies to all businesses in the County, including for-profit, nonprofit, or educational entities, regardless of the nature of the service, the function they perform, or its corporate or entity structure. This Order does not allow for those businesses deemed as non-essential to reopen before the Governor acts in that regard and the Sierra County Reopening plan is approved to that accord.

5. The Health Officer has determined that this Order, and her prior Orders, were and are necessary because COVID-19 has demonstrated state-wide community spread, is highly contagious, and is spread through respiratory droplets that are produced when an infected person coughs, sneezes or talks. These droplets may land on other people or be inhaled into their lungs, may land on and attach to surfaces where they remain for days, and may remain viable in the air for up to three hours, even after the infected person has left. When worn properly, Face Coverings have the potential to slow the spread of the virus by limiting the spread of these droplets. The CDC and CDPH now believe that wearing a Face Covering, when combined with physical distancing of at least 6 feet and frequent hand washing, may reduce the risk of transmitting COVID-19 by reducing the spread of respiratory droplets.

6. As used in this Order, a "Facial Covering" means a covering made of cloth, fabric or permeable materials, without holes, that covers only the nose and mouth and surrounding areas of the lower face. A covering that hides or obscures the wearer's eyes or forehead is not a Face Covering. Examples include a scarf, bandana, neck gaiter, homemade covering made from a t-shirt, sweatshirt, or towel, or a mask (which need not be medical grade). It may be factory-made or handmade from household materials.

Note that any mask that incorporates a one-way valve (typically a raised plastic cylinder about the size of a quarter on the front or side of the mask) that is designed to facilitate easy exhaling is not a Face Covering under this order and is not to be used to comply with this Order's requirements. Valves of that type permit droplet release from the mask, putting others nearby at risk.

How to make, wear and clean Face Coverings: <https://www.youtube.com/watch?v=tPx1yqvJgf4>

7. All members of the public, except as specifically exempted below, must wear a Face Covering in the following situations:

- When they are inside of, or in line to enter, or when conducting business through a car window or walk-up counter with any Business (as that term is defined in March 31, 2020 Shelter-In-Place Order), including, but not limited to, grocery stores, convenience stores, supermarkets, laundromats, restaurants, government agencies;
- When they are obtaining services at Healthcare Operations (as defined in the March 31, 2020 Shelter-In-Place Order) including hospitals, clinics, COVID-19 testing locations, dentists, pharmacies, blood banks and blood drives, other healthcare facilities, mental health providers, or facilities providing veterinary care and similar health care services for animals, unless specifically directed otherwise by an employee or worker at the Healthcare Operation; or
- When they are riding on public transportation, private car service, or ride-sharing vehicle.

8. Each driver or operator of any public transportation, private car service or ride-sharing vehicle must wear a Face Covering while driving or operating such vehicle, regardless of whether a member of the public is in the vehicle, due to the need to reduce the spread of respiratory droplets in the vehicle.

9. All Businesses, as well as entities and organizations with workers engaged in Essential Infrastructure work, Minimum Basic Operations, or Essential Government Functions (except for Healthcare Operations, which are subject to their own regulations regarding specified Face Coverings) must:

a. Require their employees, contractors, owners, and volunteers to wear a Face Covering at the workplace and off-site work any time the employee, contractor, owner, or volunteer is:

- interacting in person with any member of the public;
- working in any space visited by members of the public, such as reception areas, grocery store or pharmacy aisles, service counters, public restrooms, cashier and checkout areas, waiting rooms, service areas, and other spaces used to interact with the public, regardless of whether anyone from the public is present at the time;
- working in any space where food is prepared or packaged for sale or distribution to others; working in or walking through common areas such as hallways, stairways, elevators, and parking facilities; or
- in any room or enclosed area when other people (except for members of the person's own household or residence) are present.

For clarity, a Face Covering is not required when a person is in a personal office (a single room), when others outside of that person's household are not present so long as the public does not regularly visit the room. By way of example, a construction worker, plumber, bank manager, accountant, or bike repair person is not required to wear a Face Covering if that individual is alone and in a space not regularly visited by the public, but that individual must put on a Face Covering when coworkers are nearby, when being visited by a client/customer, and anywhere members of the public or other coworkers are regularly present.

b. Take reasonable measures, such as posting signs, to remind their customers and the public of the requirement that they wear a Face Covering while inside of or waiting in line to enter the business, facility, or location. Essential Businesses and entities or organizations that engage in Essential Infrastructure work, Essential Government Functions, or Minimum Basic Operations must take all reasonable steps to prohibit entry to any member of the public who is not wearing a Face Covering, and must not serve that person.

10. Any child aged two years or less must NOT wear a Face Covering because of the risk of suffocation. Moreover, this Order does not require that any child between the ages of 2 and twelve years wear a Face Covering, including but not limited to, when attending childcare activities (as described in the March 31 , 2020 Shelter-In-Place Order). Parents and caregivers must supervise use of Face Coverings by children to avoid misuse.

11. Wearing a Face Covering is recommended but not required while engaged in outdoor exercise such as walking, hiking, bicycling, or running. But each person engaged in such activity must comply with social distancing requirements including maintaining at least six feet of separation from all other people to the greatest extent possible. Additionally, it is recommended that each person engaged in such activity bring a Face Covering and wear it in circumstances where it is difficult to maintain compliance with social distancing requirements, and that they carry the Face Covering in a readily accessible location, such as around the person's neck or in a pocket. Because running or bicycling causes people to more forcefully expel airborne particles, making the usual minimum 6 feet distance less adequate,

physical distance of greater than 6 feet should be maintained when engaging in these activities. People should avoid spitting in conjunction with exercise.

12. This Order does not require any person to wear a Face Covering while driving alone, or exclusively with other members of the same family or household, in a motor vehicle.

13. A Face Covering is also not required by this Order to be worn by a particular individual if the person can show either: (1) a medical professional has advised that wearing a Face Covering may pose a risk to the person wearing the Face Covering for health-related reasons; or (2) wearing a Face Covering would create a risk to the person related to their work as determined by local, state, or federal regulators or workplace safety guidelines. A Face Covering should also not be used by anyone who has trouble breathing or is unconscious, incapacitated, or otherwise unable to remove the Face Covering without assistance.

14. Face Coverings should be comfortable, so that the wearer can breathe comfortably through the nose and does not have to adjust it frequently, so as to avoid touching the face. For as long as medical grade masks such as N95 masks and surgical masks are in short supply, members of the public should not purchase those masks as Face Coverings under this Order; those medical grade masks should be reserved for health care providers and first responders. In general, even when not required by this Order, people are strongly encouraged to wear Face Coverings when in public. Also, for Face Coverings that are not disposed after each use, people should clean them frequently and have extra ones available so that they have a clean one available for use.

15. The intent of this Order is to ensure that all people who are visiting or working at Essential Businesses and all people who are seeking care at healthcare facilities or engaged in certain types of public transit or transportation with others wear a Face Covering to reduce the likelihood that they may transmit or receive the COVID-19 virus. The intent of this Order is also to ensure that people who work for or seek services from entities engaged in Essential Infrastructure work, Minimum Basic Operations, or Essential Government Functions also wear a Face Covering when they are in close proximity to others. In so doing, this Order will help reduce the spread of the COVID-19 virus and mitigate the impact of the virus on members of the public and on the delivery of critical healthcare services to those in need. All provisions of this Order must be interpreted to effectuate this intent. ·

16. Pursuant to Government Code sections 26602 and 41601 and Health and Safety Code section 101029, the Health Officer requests that the Sierra County Sheriff's Office ensure compliance with and enforce this Order. The violation of any provision of this Order constitutes an imminent threat and menace to public health, constitutes a public nuisance, and is punishable by fine, imprisonment, or both.

17. Copies of this Order shall promptly be: (1) made available at the County offices at 202 Front St Loyalton, CA 96118 or 22 Maiden Ln Downieville, CA 95936 (2) posted on the County Public Health Department website ([www.sierracounty.ca.gov](http://www.sierracounty.ca.gov)); and (3) provided to any member of the public requesting a copy of this Order.

18. If any provision of this Order or its application to any person or circumstance is held to be invalid, the remainder of the Order, including the application of such part or provision to other persons or circumstances, shall not be affected and shall continue in full force and effect. To this end, the provisions of this Order are severable.

IT IS SO ORDERED:

A handwritten signature in black ink, appearing to read "Celia Sutton-Pado". The signature is fluid and cursive, with a long horizontal stroke extending to the right.

Celia Sutton-Pado MD, Sierra County Public Health Officer

Order of the County Health Officer Requiring Facial Coverings

Dated: May 1, 2020