



GULF COAST YOUTH SAILING ASSOCIATION
presents

2010 Pre Regatta Performance Sailing Clinic

Laser - Radial - 4.7

16 - 17 June 2010
TEXAS CORINTHIAN YACHT CLUB
Kemah, Texas

CLINIC HOST: Gulf Coast Youth Sailing Association
CLINIC VENUE: Texas Corinthian Yacht Club - Kemah, Texas
LEAD COACHES: Ryan Minth and Brendan Casey

SPECIAL GUEST COACH

BRENDAN CASEY

**Founder of SEA Gear, Former Top 10 ISAF Ranked Laser and Finn
NA Laser Champion and World Radial Championships**

**Join top Grand Prix ranked Laser, Radial, and 4.7 sailors at
this event! Space is limited. Low coach : sailor ratio will maximize
exposure to our World Champion coaching staff.**

Two Day Clinic - \$225 USD (before 10 June 2010)

includes on the water instruction, video analysis, daily debriefing, water and power bars

**For further details contact Ryan Eric Minth at
+1 (212) 292-7245 or ryan@c-vane.com**

Schedule

	Wednesday	Thursday
Arrival and Morning Meeting TCYC Junior Clubhouse	1000 - 1100	1000 - 1100
Eat, Rig, Gear Up, Launch	1100 - 1200	1100 - 1200
On The Water Training	1230 - 1600	1230 - 1530
Evening Briefing TCYC Junior Clubhouse	1630 - 1800	1600 - 1700

Please enjoy a nutritious breakfast either before or after our morning meeting and be ready to launch on time. Water and sports bars will be available from each coaching platform. Additional personal gear and food items should be with you upon launching and may be held on board any coach boat. Sailors will rotate in small groups through a multi-station environment, each focusing on a different skill / skill set. Please bring your sailing notebook and pen/pencil to our briefing meetings and wear comfortable street clothes.



GULF COAST YOUTH SAILING ASSOCIATION
Performance Sailing Clinic

SAILOR APPLICATION FORM

Last Name _____ First Name _____

Sail Number _____ Country Code _____ LASER / RADIAL / 4.7 (circle)

Street Address _____ City _____

State/Province _____ Postal Code _____ Country _____

Mobile Phone _____ email _____
(confirmation will be sent to this address)

Date of Birth _____ Age _____

LIABILITY RELEASE

By signing this application form, the sailor or the parent/guardian of the sailor(if under 18) accepts that they are responsible for themselves and the minor in their charge and their respective boats, whether afloat or ashore. Nothing done by the organizers (i.e. coaches, venue, patrol craft, members, assistants, volunteers, etc.) will relieve participants and their parents/guardians of their responsibilities. By launching, participants and their parents/guardians imply the suitability of their boat and the competence of the skipper for the present, expected, and forecasted conditions. This event is NOT a beginner's course, and if the sailor, parent/guardian, or the coach has any doubt about the sailor's ability to operate safely in the prevailing conditions, the sailor may be asked to stay ashore. The provision of support craft does not relieve participants and parent/guardians of their responsibility.

Signature of Participant or Parent / Guardian (if under 18)

Date

PARENT or GUARDIAN DECLARATION (required for all sailors under 18)

Under law, the participant is my dependent, and I accept the liability clauses in the Event Notice and above which exclude my dependent's right to claim compensation in certain circumstances. I confirm that my dependent is competent to take part and that I am responsible for my dependent throughout the event. During the time my dependent is involved in the training day I will be in or around the event HQ area or I will identify another responsible adult who will be on site in writing prior to the event who is acting as legal guardian in my absence.

CONTACT DETAILS for the PARENT/RESPONSIBLE ADULT AT EVENT

Full Name _____ Relationship to Sailor _____

Address during Event _____

Mobile number during event _____

Parent/Guardian Signature _____ Print Name _____

GULF COAST YOUTH SAILING ASSOCIATION

FEES and PAYMENT

The cost for the two-day Pre-GCC and NA Regatta Performance Sailing Clinic is \$225USD per sailor if submitted and paid before 10 June 2010. Applications after this date will be accepted on a space available basis and charged \$275USD. Checks should be made payable to GCYSA.

Please print the name of registered sailor on memo portion of check and note Pre-Regatta Clinic. Please mail this completed form (pages two and three) and your check (payable to GCYSA) to: Malinda Crain, GCYSA, 3620 Del Monte Drive, Houston, TX 77019, USA.

To avoid disappointment please book early. Applications received after 10 June 2010 will be placed in a queue and accepted subject to safety provisions and ability to maintain an appropriate coaching ratio. Applicants will be notified by email of successful registration. Application does not guarantee a place at the Clinic but we will strive to accommodate by adding top quality coaching staff if necessary.

ADDITIONAL SAILOR INFORMATION

Boat to be sailed during the (circle one) Clinic: Laser Radial 4.7

Experience in the above listed boat _____

Previous Dinghy Classes Sailed _____

Competitive Sailing Experience _____

What do you hope to achieve from the Clinic? _____

What is your goal for the NA Regatta? _____

List allergies and/or known medical conditions _____
(Parents/Guardians are reminded to carry sufficient medication for the weekend and to ensure that all sailors are provisioned where advisable.)

List all medications _____

Special dietary requirements _____

PRIVACY STATEMENT: This information will be passed to coaching staff for internal use and maximize the training and teaching opportunity. It will not be passed to other organization(s) or individual(s).

VIDEO/IMAGE RELEASE: Video and photographic imaging is an essential coaching tool for providing feedback to sailors and their performance. It will be used for sail training purposes only. Participants automatically grant the organizers the right in perpetuity to make, use, and show still and live images recorded relating to the event.

Please sign and print to acknowledge that you have read, understand, and accept the information on this application.

Signature _____ Printed Name _____
(Parent or guardian if under 18)