

**2010 ATLANTIC COAST LASER MASTERS CHAMPIONSHIPS**

**SAILING INSTRUCTIONS**

Event: 2010 Atlantic Coast Laser Masters Championships

Place: Wianno Yacht Club

Date: August 28 -29, 2010

**1. RULES**

- 1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) including the prescription of US Sailing, except as modified by these Sailing Instructions, any amendments thereto, and the rules of the Laser class (except as any of these are altered by these Sailing Instructions).
- 1.2 Sailors shall wear a properly fastened USCG approved personal flotation device at all times while racing.
- 1.3 Great Grand Masters and Women may switch between standard and radial rigs during the regatta provided the sail numbers remain the same.

**2. ADVERTISING**

- 2.1 Advertising will be restricted to Category A.

**3. ELIGIBILITY AND ENTRY**

- 3.1 Open to all Laser Class Sailors who meet the Class Mandated Age to qualify as a “Master”

35-44 Laser Standard Apprentice Master  
Laser Radial Master

45-54 Laser Standard Master  
Laser Radial Master

55 & up Laser Standard Grand Master

55-64 - Laser Radial Grand Master

65 & up Laser Radial Great Grand Master

- 3.2 Eligible sailors may enter by completing an online registration at <http://www.regattanetwork.com/html/calendar.html> or registering on the morning of the event.

**4. NOTICES TO COMPETITORS CHANGES IN THE SAILING INSTRUCTIONS**

- 4.1 Notices to competitors will be posted on the official regatta notice board located on the notice board located in the Wianno Yacht Club.

- 4.2 Any change in the Sailing Instructions will be posted before 0930 hrs. on the day it will take effect, except that any change in the schedule of races will be posted by 1800 hrs. on the day before it will take effect.

## **5. SIGNALS**

- 5.1 Signals made ashore will be displayed from the Wianno Yacht Club flagpole.
- 5.2 Code Flag “AP”, Answering Pennant, with two horn blasts (one horn blast when lowered) means “The race is postponed: do not leave the harbor.” The time of the warning signal will be posted before the lowering of “AP”.

## **6. NUMBERS AND SCHEDULE OF RACES**

- 6.1 The race committee intends to run a minimum of three (3) races per day. The first warning signal is anticipated to be at 1100 on Saturday and Sunday. No race will start after 1530 hrs on Sunday.
- 6.2 Boats shall be ready to leave the harbor for the starting area at least 45 minutes before the announced warning time.
- 6.3 Should wind, weather or other conditions make it impossible to complete the scheduled number of races, the series shall be terminated and the results based on the number of races completed.

## **7. RACING AREA**

The racing area will be approximately one mile south of the breakwater at the entrance to West Bay in Osterville, MA.

## **8. THE COURSE**

- 8.1 Courses shall be laid clear of land to provide the fairest of racing. Not less than 1/3 of the course should be laid to windward including the first leg. Leeward gates will be utilized at the discretion of the race committee.
- 8.2 Length should vary depending on the prevailing weather conditions with 1.5 miles as the minimum course length, so as to provide a race of 45 to 90 minutes in duration.
- 8.3 The courses will be windward-leeward.
- 8.4 The number of legs will be displayed on the race committee signal boat.
- 8.5 The approximate magnetic bearing and distance from the RC boat line to Mark I will be displayed from the race committee signal boat.

## **9. MARKS**

- 9.1 All marks except start and finish lines are orange inflatables.

9.2 The starting and finishing marks are described in instruction 10, THE START, and 13, THE FINISH.

## **10. START**

10.1 Races will be started in accordance with RRS 26.

10.2 The starting line will be between an orange flag on the committee boat and either a mark boat carrying an orange flag or an orange inflatable.

## **11. RECALLS**

When individual recalls are signaled, the race committee will attempt to hail the yacht's sail number.

## **12. CHANGE OF COURSE AFTER THE START**

12.1 When changing the course after the start, the race committee will lay a new mark and will lift the original mark as soon as practicable. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.

12.2 When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

## **13. THE FINISH**

13.1 The finishing line will be between an orange flag on the race committee boat and a mark boat displaying an orange flag or a nearby orange inflatable.

## **14. TIME LIMIT**

14.1 The time limit for the first yacht to finish will be 90 minutes.

14.2 Yachts failing to finish within 20minutes after the first yacht finishes will be scored "Did Not Finish".

14.3 If a yacht in last place in a race is delaying the next start, the race committee may order the race terminated and score the yacht points equal to last place.

## **15. RETIREMENT**

A yacht that retires from a race is asked to notify a race committee boat before leaving the race area. If that is impossible, then immediately after arriving ashore, the competitor shall notify a regatta representative.

## **16. PROTESTS**

16.1 A competitor shall, if possible, notify the finish line committee boat of her intent to protest and the number of the protested boat.

- 16.2 Protests shall be written on forms available at the Wianno Yacht Club and lodged with the protest committee's representative there. Protest time will end one hour after the race committee signal boat docks.
- 16.3 Protest notices will be posted within 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a protest or named as witnesses.
- 16.4 The protest committee will hear protests approximately in the order received.
- 16.5 Decisions of the protest committee will be final.

## **17. SCORING**

The Low-Point Scoring System, Appendix A of the RRS will apply with one throw-out if 5 or more races are completed.

## **18. ALTERNATIVE PENALTIES**

The two-Turns Penalty (720 degrees) of RRS 44.2 will apply.

## **19. DISPOSAL OF WASTE OR TRASH**

Competitors observed discharging trash over the side shall be either disqualified from all races sailed on the day the infraction is observed or be subject to other suitable disciplinary action, or both.

## **20. PRIZES**

Prizes will be awarded for:

First overall (handicap);

First through Third (A, M, GM, GGM);

First Woman (handicap)