



FALL DINGHY & OLYMPIC CLASSES REGATTA

St. Francis Yacht Club

October 23-24, 2010

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta shall be governed by the rules as defined in *The Racing Rules of Sailing* (RRS) and these Sailing Instructions (including Attachments A & B).
- 1.2 RRS 40 is changed as follows: All competitors are required to wear life-jackets or other adequate personal buoyancy while racing. The “Y” flag will not be displayed.
- 1.3 Competitors in all classes are required to carry a bowline of at least fifteen feet attached to a towing point while racing.

2. ENTRIES

Eligible boats shall complete registration online (www.stfyc.com) prior to 1000 hours on October 23rd.

3. COMMUNICATION WITH COMPETITORS

- 3.1 A Competitors’ Meeting will be held at StFYC Saturday, October 23rd at 1000 hours.
- 3.2 Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (Regatta) entrance of StFYC.
- 3.3 Changes to the Sailing Instructions will be posted by 1000 hours on the day they are to take effect, except any changes to Sailing Instruction 4, Number & Schedule of Races, will be posted by 1900 hours on the day before they take effect.
- 3.4 Fleet designations for Course Alpha and Bravo will be posted on the Official Regatta Notice Board by 1000 hours October 23rd.
- 3.5 Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- 3.6 Questions regarding the Sailing Instructions may be submitted in writing to the Race Committee. Questions and written responses will be posted on the Official Regatta Notice Board.

4. NUMBER & SCHEDULE OF RACES

- 4.1 Six races are scheduled for all classes racing on the Alpha and Bravo courses, with three races on Saturday and three races on Sunday.
- 4.2 The First Warning Signal each day will be at 1130 hours for Alpha and Bravo courses.

5. RACING AREA

The intended racing area(s) will be described at the Competitors’ Meeting on Saturday, October 23rd.

6. COURSES & MARKS

- 6.1 The courses and marks are described in Attachment A – Official Description of Marks and Courses.
- 6.2 No later than the Warning Signal, a placard designating the course will be displayed from the Signal Boat.
- 6.3 No later than the Warning Signal, a flag designating the mark rounding direction will be displayed from the Signal Boat. If a red flag is displayed all marks shall be rounded to port. If a green flag is displayed, all marks shall be rounded to starboard.

7. THE START

7.1 For all classes except Laser Standard, Laser Radial, Laser 4.7 and D-One, the Class flag will be a white flag with a black Class insignia.

7.2 For the following Standard, Laser Radial, Laser 4.7 and D-One classes, the class flags will be as follows:

Laser Standard – white flag with a red class insignia

Laser Radial – green flag with a red class insignia

Laser 4.7 – yellow flag with a red class insignia

D-One – white flag with a black letter “D”

7.3 For all classes except those noted below, the Class flag will be a white flag with a black Class insignia.

7.4 The Starting Line for course Alpha will be between a staff displaying an orange and yellow striped flag on the Starting Line Signal Boat on the starboard end and a yellow inflatable cone mark on the port end (facing upwind).

7.5 The Starting Line for course Bravo will be between a staff displaying an orange and yellow striped flag on the Starting Line Signal Boat on the starboard end and a yellow inflatable cone mark on the port end (facing upwind).

7.6 A boat shall not start later than four minutes after her starting signal. A boat that starts later than four minutes after her starting signal will be scored DNS. This changes RRS 35.

8. RECALLS

The Race Committee may hail the sail number(s) of the boat(s) identified on the course side of the starting line after the starting signal by loud hailer. The failure of a hail, the failure of a boat hearing the hail or the order of the hails shall not be grounds for redress. This changes RRS 62.1(a).

9. THE FINISH

9.1 For courses A and E, the finishing line will be between a staff displaying an orange and yellow striped flag on a Race Committee boat and a port end (facing upwind) finish mark located approximately 200 yards **upwind of Mark 1**.

9.2 For courses B, C, D, F and G, the finishing line will be between a staff displaying an orange and yellow striped flag on a Race Committee boat and a port end (facing downwind) finish mark located approximately 200 yards **downwind of Mark 3**.

10. TIME LIMIT FOR EACH RACE

The Time Limit for each race will be two hours. A boat failing to finish within 30 minutes after the first boat in her class will be scored “Did Not Finish” by the Race Committee. This changes RRS 35.

11. PROTESTS

11.1 Protests and requests for redress shall be written on Standard US SAILING Protest Forms. Protest Forms are available at the St. Francis Yacht Club **Front Desk**. Protests and requests for redress shall be lodged with the Race Committee Representative at the Front Desk within 60 minutes after the arrival of the Race Committee Signal Boat ashore. This time limit will be posted on the Official Regatta Notice Board.

11.2 The time and place of all protest hearing(s), the boat(s) protesting, boat(s) being protested and boat(s) requesting redress will be posted on the Official Regatta Notice Board within 90 minutes after the arrival of the Race Committee Signal Boat ashore. This shall serve as notification as per RRS 63.2.

11.3 A request to reopen a hearing on the last day of racing must be delivered to the front desk of the St. Francis Yacht Club within 60 minutes of the posting of the Protest Committee’s decision (oral or written). This changes RRS 66.

12. RESTRICTED AREAS

- 12.1** Boats shall not pass through the areas bound by the “H” Beam (located approximately 200 yards west of the StFYC) and the closest point ashore.
- 12.2** Boats may not pass between Anita Rock and its buoy.
- 12.3** The above-mentioned areas are defined as obstructions.
- 12.4** A boat that breaks this rule may not correct her error per RRS 28.1 and shall retire. This changes RRS 28.1.

13. DISPOSAL OF WASTE OR TRASH

No boat shall discharge trash of any kind into the San Francisco Bay. Any boat observed breaking this rule is subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee. This changes rules 60.1(a) and 64.1(a).

14. SCORING

- 14.1** One race must be completed to constitute a series.
- 14.2** If five races or more are completed then a boat may discard her worst score. This changes RRS Appendix A2.

15. PRIZES

Trophies will be awarded based upon class participation.

Additional Notices

BERTHING, HAUL OUT & TRAILER STORAGE

- Competitor’s Boats may be stored, free of charge in the parking lot east of the StFYC clubhouse.
- If you plan on leaving a trailer in the City parking lot, an overnight parking permit must be obtained from the StFYC Race Office (trailers without permit may be towed). All trailers shall be stored at the parking lot to the east of the StFYC clubhouse, or at the direction of the StFYC Dock Master.

ATTACHMENT A

OFFICIAL DESCRIPTION OF MARKS AND COURSES

ALPHA COURSES & MARKS

PLACARD	ROUNDING ORDER
A	Start → 1 → 1o → 3 → 1 → 1o → 3 → Finish (Upwind)
B	Start → 1 → 2 → 3 → 1 → Finish (Downwind)
C	Start → 1 → 1o → 3 → 1 → 1o → Finish (Downwind)
D	Start → 1 → 1o → 3 → 1 → 1o → 3 → 1 → 1o → Finish (Downwind)
E	Start → 1A → 1Ao → 3 → 1A → 1Ao → 3 → Finish (Upwind)
F	Start → 1A → 1Ao → 3 → 1A → 1Ao → Finish (Downwind)
G	Start → 1A → 1Ao → 3 → 1A → 1Ao → 3 → 1A → 1Ao → Finish (Downwind)

** Reference Sailing Instruction 6.3 for rounding direction*

MARK	DESCRIPTION
Start	The Starting Line will be between a staff displaying an orange and yellow striped flag on the Starting line Signal boat and a yellow inflatable cone mark.
1	Yellow Inflatable cone Mark set as a Windward Mark.
1o	Small orange buoy set as a current offset Mark, to be rounded in the same direction as Mark 1.
1A	Red Inflatable cone Mark set as a Windward Mark.
1Ao	Small orange buoy set as a current offset Mark near mark 1a, to be rounded in the same direction as Mark 1A.
2	Yellow Inflatable cone Mark set as a Reach Mark.
3	Yellow Inflatable cone Mark set as a Leeward Mark set to windward of the Start Line.
Finish	The finish line will be between a staff displaying an orange and yellow striped flag on a Race Committee Boat and an orange round buoy (see SI #9.1 and 9.2 for location).

BRAVO COURSES & MARKS

PLACARD	ROUNDING ORDER
A	Start → 1 → 1o → 3 → 1 → 1o → 3 → Finish
B	Start → 1 → 2 → 3 → 1 → Finish (Downwind)
C	Start → 1 → 1o → 3 → 1 → 1o → Finish (Downwind)
D	Start → 1 → 1o → 3 → 1 → 1o → 3 → 1 → 1o → Finish (Downwind)

** Reference Sailing Instruction 6.3 for rounding direction*

MARK	DESCRIPTION
Start	The Starting Line will be between a staff displaying an orange and yellow striped flag on the Starting line Signal boat and a yellow inflatable cone mark.
1	Red Inflatable cone Mark set as a Windward Mark.
1o	Small orange buoy set as a current offset Mark, to be rounded in the same direction as Mark 1.
2	Large orange buoy set as a Reach Mark.
3	Red Inflatable cone Mark set as a Leeward Mark set to windward of the Start Line.
Finish	The finish line will be between a staff displaying an orange and yellow striped flag on a Race Committee Boat and an orange round buoy (see SI #9.1 and 9.2 for location).

ATTACHMENT B

COMMERCIAL TRAFFIC, SAFETY

- B1** Boats shall not impede the passage of commercial vessels and shall comply with the U.S. Inland Navigation Rules Act of 1980.
- B2** If a commercial vessel has sounded five blasts, and/or the vessel or the Coast Guard identifies an offending boat, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall have the burden of proving otherwise. In the case of a complaint by Vessel Traffic or the Coast Guard, the protest time limit shall be extended up to two days after the conclusion of the regatta.
This changes RRS 60.2(a) and 61.3.
- B3** A Race Committee boat may signal a boat to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing Code Flag V at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the course alteration would not have created an unsafe condition, and the protested boat shall have the burden of proving otherwise.
- B4** A boat may be penalized independently under B1, B2 and/or B3. A violation of any part this appendix shall not be exonerated by a Scoring Penalty, and a resulting disqualification shall not be excludable under RRS A2. The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating U.S. Inland Navigation Rules.