



FALL DINGHY & OLYMPIC CLASSES REGATTA

St. Francis Yacht Club

October 22-23, 2011

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), including Appendix B - Windsurfing Competition Rules, and these Sailing Instructions and ISAF Appendix BB – Experimental Kiteboarding Competition Rules (available from www.sailing.org/28163.php) (including Attachments A & B).
- 1.2 Competitors in all fleets except Formula and Kiteboard are required to wear life-jackets or other adequate personal buoyancy. RRS 40 is changed as follows: The “Y” flag will not be displayed.
- 1.3 Formulas and Kiteboarders shall wear full wetsuits. Each Formula competitor will be issued a racing bib, which shall be worn during the race. The bibs shall be turned in to the Race Office after racing as a checkout procedure. Kiteboarders shall wear their assigned numbered jerseys.
- 1.4 Formula Boards must have sail numbers visible on both sides of all sails.

2. ENTRIES

Eligible boats shall complete registration online (www.stfyc.com).

3. COMMUNICATION WITH COMPETITORS

- 3.1 A Sailors’ Meeting will be held at 1000 hours on Saturday, October 22.
- 3.2 Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (regatta) entrance of StFYC.
- 3.3 Changes to the Sailing Instructions will be posted by 1030 hours on the day they are to take effect, except any changes to Sailing Instruction 4, Number & Schedule of Races, will be posted by 1900 hours on the day before they take effect.
- 3.4 Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- 3.5 Questions regarding the Sailing Instructions may be submitted in writing to the Race Committee. Questions and written responses will be posted on the Official Regatta Notice Board.

4. NUMBER & SCHEDULE OF RACES

- 4.1 Six races are scheduled for all classes, with three races on Saturday and three races on Sunday.
- 4.2 The First Warning Signal each day will be at 1200 hours on both days.

5. RACING AREA

The intended racing area is the San Francisco City Front.

6. COURSES & MARKS

- 6.1 The courses and marks are described in Attachment A – Official Description of Marks and Courses.
- 6.2 No later than the Warning Signal, a placard designating the course will be displayed from the Signal Boat.

7. THE START

- 7.1 For all classes except Laser Standard, Laser Radial, Laser 4.7, and Formula, the class flag will be a white flag with a black Class insignia.
- 7.2 For the Laser Standard, Laser Radial, Laser 4.7, and Formula the class flags will be as follows:
 - Laser Standard – white flag with a red class insignia
 - Laser Radial – green flag with a red class insignia
 - Laser 4.7 – yellow flag with a red class insignia
 - Formula – white flag with a red and blue US Windsurfing logo

7.3 The Starting Line will be between a staff displaying an orange and yellow striped flag on the Starting Line Signal Boat and an orange and yellow striped flag on the pin boat.

7.5 A boat shall not start later than four minutes after her starting signal. A boat that starts later than four minutes after her starting signal will be scored DNS. This changes RRS 35.

8. RECALLS

The Race Committee may hail the sail number(s) of the boat(s) identified on the course side of the starting line after the starting signal. The failure of a hail, the failure of a boat hearing the hail or the order of the hails shall not be grounds for redress. This changes RRS 62.1(a).

9. THE FINISH

9.1 For courses A & B, the finishing line will be between a staff displaying an orange and yellow striped flag on a Race Committee boat and a port end (facing upwind) finish mark located approximately 200 yards **upwind of Mark 1**.

9.2 For courses C & D the finishing line will be between a staff displaying an orange and yellow striped flag on a Race Committee boat and a finish mark located approximately 200 yards **upwind of Mark 4**.

10. TIME LIMIT FOR EACH RACE

The Time Limit for each race will be 90 minutes. A boat failing to finish within 20 minutes after the first boat in her class will be scored "DNF" by the Race Committee. This changes RRS 35.

11. PROTESTS

11.1 Protests and requests for redress shall be written on Standard US SAILING Protest Forms. Protest Forms are available at the St. Francis Yacht Club Jury Desk. For all fleets except Formula and Kiteboard, protests and requests for redress shall be lodged with the Race Committee Representative at the Jury Desk within 60 minutes after the last finisher in the last fleet. For the Formula and Kiteboard fleets, this time period shall be within 60 minutes after the arrival of the Race Committee Signal Boat ashore. The protest filing times will be posted on the Official Regatta Notice Board.

11.2 The time, place, and parties to all protest and redress hearing(s) will be posted on the Official Regatta Notice Board within 90 minutes after the arrival of the Race Committee Signal Boat ashore. This shall serve as notification as per RRS 63.2.

11.3 A request to reopen a hearing on the last day of racing must be delivered to the Front Desk of the St. Francis Yacht Club within 60 minutes of the announcement of the Protest Committee's decision (oral or written). This changes RRS 66.

12. RESTRICTED AREAS

12.1 Boats shall not pass through the areas bound by the following objects and the closest point ashore:

- (a) The "H" Beam (located approximately 200 yards west of the St. Francis YC).
- (b) The Bell Buoy off the west end of Alcatraz Island.
- (c) All breakwaters in the vicinity of Fisherman's Wharf and Aquatic Park.
- (d) Round orange buoys set off of Piers 39, Pier 45, and the SF Marina entrance (if set).
- (e) Anita Rock and its buoy.

12.3 The above-mentioned areas are defined as obstructions.

12.4 A boat that breaks this rule may not correct her error per RRS 28.1 and shall retire. This changes RRS 28.1.

13. DISPOSAL OF WASTE OR TRASH

No boat shall discharge trash of any kind into the San Francisco Bay. Any boat observed breaking this rule is subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee. This changes rules 60.1(a) and 64.1(a).

14. SCORING

14.1 One race must be completed to constitute a series.

14.2 If five races or more are completed then a boat may discard her worst score. This changes RRS Appendix A2.

15. PRIZES

Trophies will be awarded based upon class participation.

Additional Notices

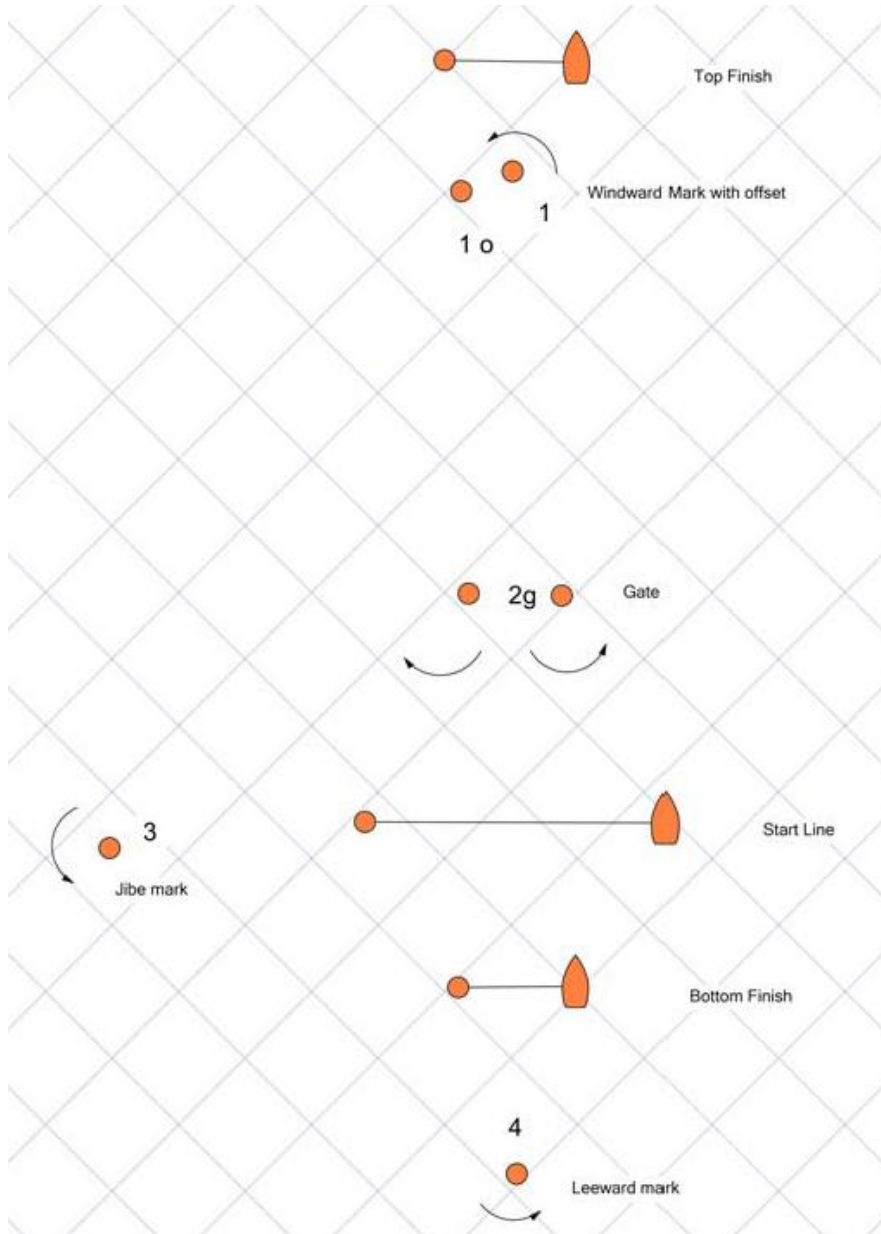
BERTHING, HAUL OUT & TRAILER STORAGE

- Competitors' Boats may be stored, free of charge in the parking lot east of the StFYC clubhouse.
- If you plan on leaving a trailer in the City parking lot, an overnight parking permit must be obtained from the StFYC Race Office (trailers without permit may be towed). All trailers shall be stored at the parking lot to the east of the StFYC clubhouse, or at the direction of the StFYC Dock Master.

**ATTACHMENT A
OFFICIAL DESCRIPTION OF MARKS AND COURSES**

MARK	DESCRIPTION
1	Inflatable yellow buoy set as a Windward Mark
1o	Inflatable red buoy set as an Offset Mark
2g	Two inflatable yellow buoys set as a Leeward Gate (boats must pass between the two gate marks)
3	One Red inflatable buoy set as a reach mark
4	One Red inflatable buoy set as a bottom mark

COURSE	ROUNDING ORDER
A	Start → 1(p) → 1o(p) → 2g → 1(p) → 1o(p) → 2g → Finish (Upwind)
B	Start → 1(s) → 1o(s) → 2g → 1(s) → 1o(s) → 2g → Finish (Upwind)
C	Start → 1(p) → 1o(p) → 2g → 1(p) → 1o(p) → 2g → 3(p) → 4(p) → Finish (Upwind)
D	Start → 1(s) → 1o(s) → 2g → 1(s) → 1o(s) → 2g → 3(s) → 4(s) → Finish (Upwind)



APPENDIX B
COMMERCIAL TRAFFIC, SAFETY

- B1** As stated in the RRS preamble to the Part 2 rules, when a boat sailing under these rules meets a vessel that is not, she shall comply with the International Regulations for Preventing Collisions at Sea (IRPCAS) or government right-of-way rules. This supplements, but does not replace the rules of Part 2.
- B2** If a commercial vessel has sounded five blasts, and/or the vessel or the Coast Guard identifies an offending boat, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall have the burden of proving otherwise. In the case of a complaint by a Vessel Traffic or the Coast Guard, the protest time limit shall be extended up to two days after the conclusion of the regatta.
This changes RRS 60.2(a) and 61.3.
- B3** A Race Committee boat may signal a boat to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing Code Flag V at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the course alteration would not have created an unsafe condition, and the protested boat shall have the burden of proving otherwise.
- B4** A boat may be penalized independently under B1, B2 and/or B3. As prescribed in RRS 44.1, violation of any part this appendix shall not be exonerated by a "turns" or Scoring Penalty, and a resulting disqualification shall not be excludable under RRS A2. The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating Inland Navigation Rules (33 CFR 83).