

**Midwest Interscholastic Sailing Association Qualifying Regatta for the
2012 ISSA HIGH SCHOOL SINGLEHANDED CHAMPIONSHIP
for the CRESSY TROPHY
Wayzata Community Sailing Center
September 22-23, 2012**

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, including Appendix P as modified by ISSA procedural rule 14(c).
- 1.2 The Interscholastic Sailing Association of North America (ISSA) procedural rules will apply.
- 1.3 In the event of a conflict between the notice of race, the procedural rules or these sailing instructions, the procedural rules shall take precedence.

2 NOTICE TO COMPETITORS

Official notices including changes to sailing instructions will be posted on the official notice board located in the Sailing Center Clubhouse. Changes to the sailing instructions shall be posted no later than one hour prior to the first warning signal on the day it will take effect.

3 SCHEDULE

Saturday, September 22, 2012

0800 – Competitor and coach check in and registration. Rigging of boats.

0845 – Coaches Meeting

0900 - Competitors Meeting—MANDATORY.

1000 - First warning. Races will continue through the day. Lunch will be served on shore.

Sunday, September 23, 2012

0800 - Competitor check in. Rigging of boats.

0845 – Coaches Meeting

0930 - First warning. Races will continue through the day. Lunch will be served on shore.

1430 - No race will start after this time. Awards to follow racing.

4 COURSES AND MARKS

- 4.1 The diagrams in Appendix A show the courses that may be sailed.
- 4.2 All marks will be orange/red or white marks.

5 CHECK IN

Before the warning signal of her first race of each day, each boat shall sail past the stern of the race committee signal boat, hail her sail number and her class and be acknowledged by the race committee.

6 START, FINISH, AND RECALLS

- 6.1 The start line will be between a staff displaying an orange flag on the race committee signal boat and the course side of the port-end start mark.
- 6.2 The finish line will be between a staff displaying an orange flag on the race committee signal boat and the course side of the port-end finish mark.
- 6.3 The RC will attempt to hail OCS boats via loud hailer. The following are not grounds for redress: failure of RC to hail any or all boats; failure of RC to accurately hail one or more boats; failure of a boat to hear its hail; timeliness of the hail; the order of boats within the hail. This changes RRS 62.1(a).

7 PENALTY SYSTEM AND PROTESTS

- 7.1 The Scoring Penalty, rule 44.3, will apply.
- 7.2 Competitors shall not communicate with a coach before reporting to the race committee their intent to protest.
- 7.3 The Protest time limit is thirty (30) minutes after the RC boat docks. This time will be posted on the official notice board.
- 7.4 In accordance with rule 70.5(a), decisions of the protest committee are final. US SAILING's permission has been granted.

8 CLASS FLAGS

The following class flags will be raised at the warning signal for each fleet, and dropped at the starting signal for each respective fleet:

- Laser Full Rig – Numeral Pennant 1
- Laser Radial – Numeral Pennant 2

9 SCORING AND NUMBER OF RACES

- 9.1 The regatta will be scored using ISSA procedural rule 9.
- 9.2 Sail numbers must be displayed on both sides of the sail. Sail numbers must be placed in accordance to Laser Class Association Rules.
- 9.3 The race committee will attempt to run 11 races. Three races will constitute a regatta.

10 COACHING

- 10.1 Coaches are required to register at the registration desk prior to the coaches meeting, be approved by the regatta chair and attend the coaches meeting prior to going afloat. Coaches shall provide their own coach boat equipped with an anchor. Coaches who go afloat shall also be equipped with a working radio and monitor channel 69. Coaches may be asked to help provide safety patrol as requested by the race committee.
- 10.2 Unapproved coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.
- 10.3 Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or while anchored in the designated coaching area adjacent to the starting/finishing area.

11 SAFETY

- 11.1 Inflatable type lifejackets are not permitted. This modifies procedural rule 2.2.
- 11.2 A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

12 AWARDS

Prizes will be awarded to the top three finishers in each division. The top two finishers in Laser Full rig division and the top two finishers in the Laser Radial rig division will qualify for the 2013 ISSA High School Championship for the Cressy Trophy in their respective divisions.

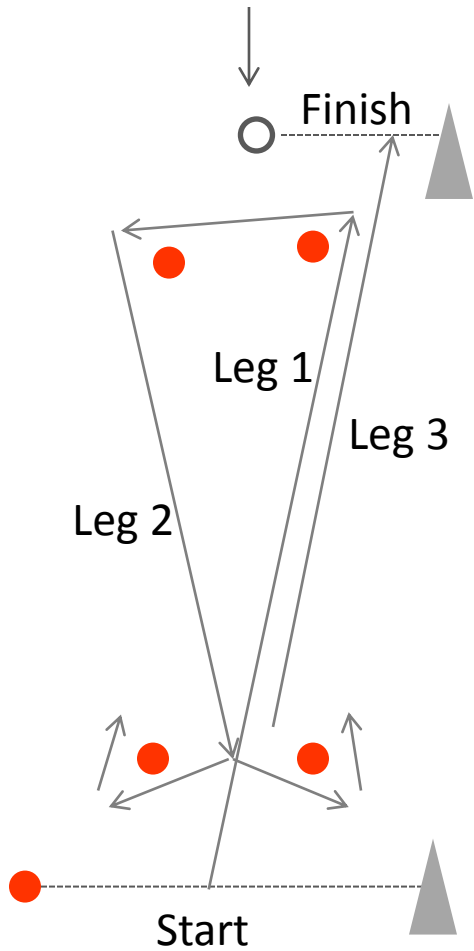
13 CLEAN REGATTA

Wayzata Community Sailing Center hopes to help protect the waters of Lake Minnetonka and the environment. Competitors are expected to provide their own reusable water bottle and carry it with them on the water. Some safety and coach boats will be equipped with large water containers to refill the water bottles between races.

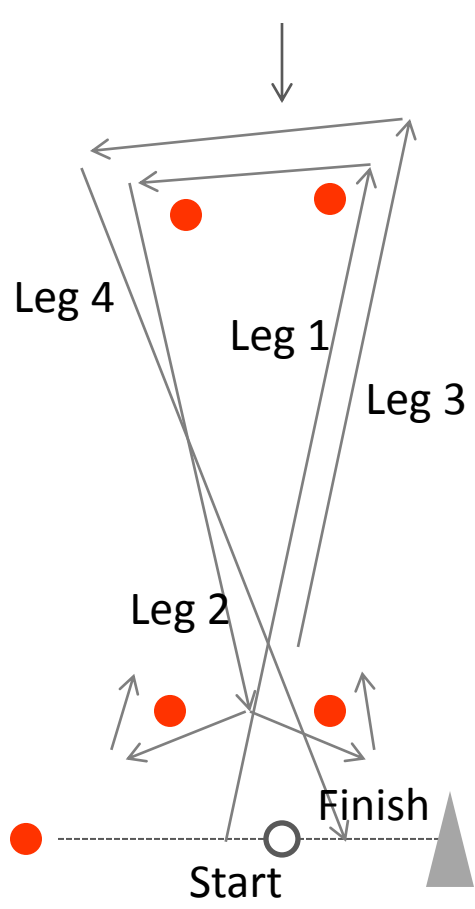
14 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

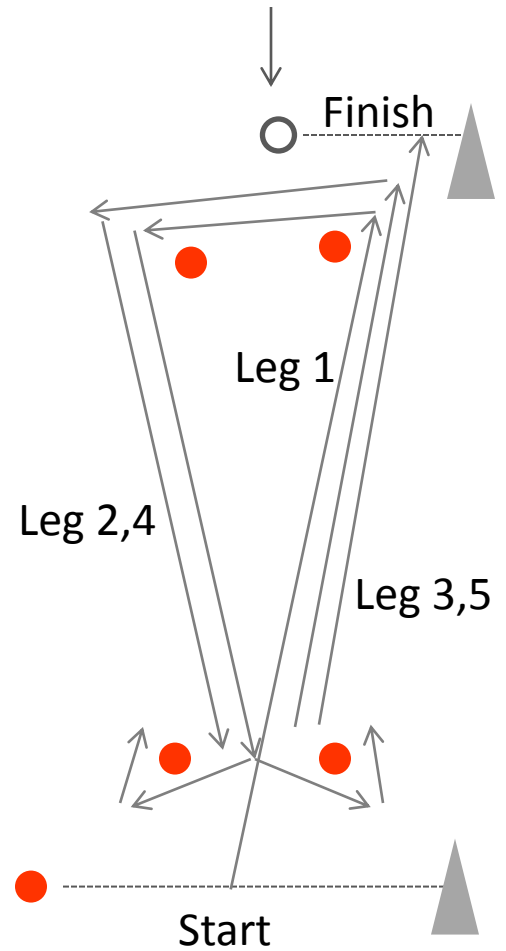
Course 1: W3



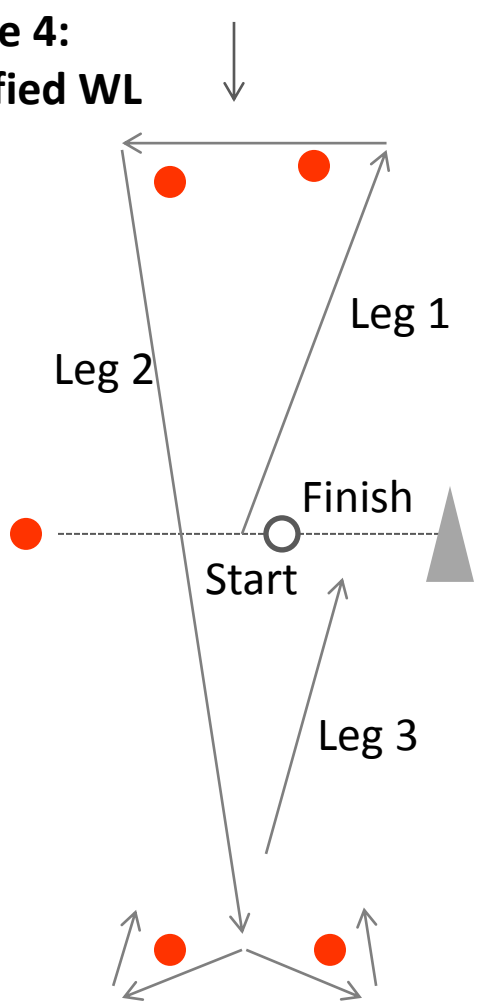
Course 2: W4



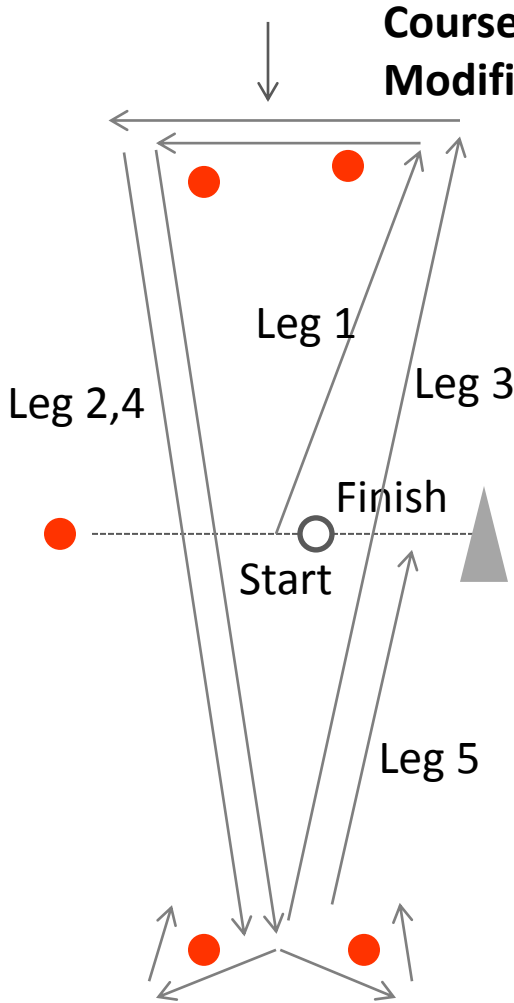
Course 3: W5



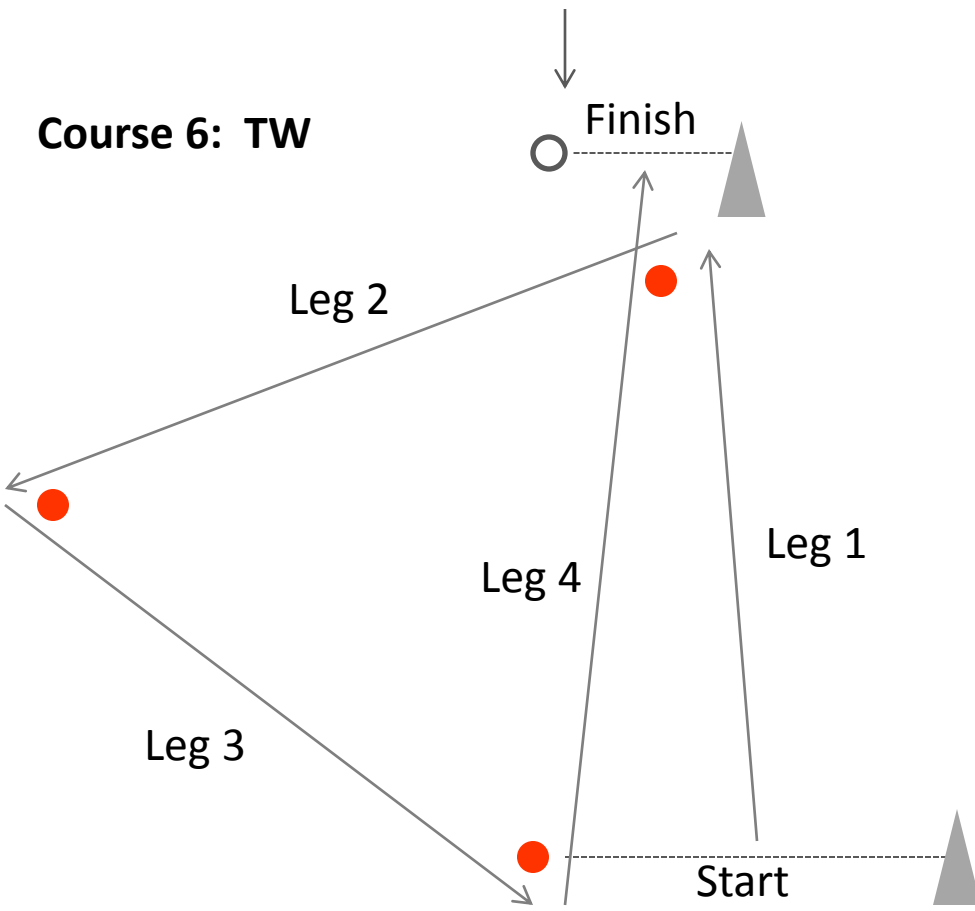
**Course 4:
Modified WL**



**Course 5:
Modified WL2**



Course 6: TW



Course 7: MT

