

St. Thomas International Optimist Regatta

Presented by

Glacial Energy

June 21 – 23, 2013

St. Thomas Yacht Club

Cowpet Bay St. Thomas, USVI

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2013 – 2016*.
- 1.2 The Green Fleet will use ISAF's Introductory Rules of Sailing shown in appendix 3.
- 1.3 The class rules of the International Optimist Dinghy Association (IODA) will apply.
- 1.4 Classes will be divided by the age guidelines set in the USODA class rules for scoring. (Red, White and Blue)
- 1.5 This event is designated Category A ISAF Regulation 20. The organizers may require competitors to display advertising decals of event sponsors on their boats. Failure to do so may result in disqualification from the regatta.
- 1.6 Appendix P shall apply
- 1.7 Rule 61 is changed as follows: A competitor shall inform the race committee finish boat or designated vessel at the finish of its intention to protest, including the sail number of the protested boat, immediately after finishing.

2 FORMAT OF THE CHAMPIONSHIP

- 2.1 There will be a Championship Fleet and there will be a Green Fleet. The Green Fleet is intended for less experienced sailors and will include opportunities for learning.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at St. Thomas Yacht Club.

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0830 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the end of the dock St. Thomas Yacht Club.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.

6 REGISTRATION AND SCHEDULE OF RACES

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|-----|---------------|----------------------|------------------|
| 6.1 | June 20, 2013 | Registration | 1200 – 1700 |
| 6.2 | June 20, 2013 | Optional Team Racing | 0830 - 1630 |
| | June 21 2013 | Coaches Meeting | 0900 (mandatory) |
| | June 21 2013 | Skippers Meeting | 0930 (mandatory) |

	Harbor Start	1015
June 22, 2013	Racing all day	1100 - 1 st Warning Signal

	Harbor Start	1000
June 23, 2013	Racing all day	1100 - 1 st Warning Signal

	Harbor Start	0900
	Racing in morning	1000 - 1 st Warning Signal

After racing each day the Jury may hold a debrief on the day's sailing on the lower deck (not mandatory)

- 6.3 Number of races sailed will not exceed 14 for Red, Blue and White.
- 6.4 The Green Fleet have no limit to the number of races to be sailed.
- 6.4 Red, Blue and White Fleets will eat lunch on the water Friday and Saturday. A make your own sandwich bar will be available in the club during breakfast hours Green Fleet will return each day to the Club for lunch.
- 6.5 The Race Committee will run consecutive races with a warning signal for the next start as soon as possible after the last boat finishes the preceding race unless otherwise postponed.
- 6.6 No race will begin after 1300 on Sunday June 23

7 CLASS FLAGS

<i>Class</i>	<i>Flag</i>
Red, Blue and White Fleets	Opti Class Flag
Green Fleet	Green

8 RACING AREAS

- 8.1 The Championship Fleet will always sail together on the same Racing Circle located either south of Cow and Calf Rocks, in Great Bay or in Jersey Bay.
- 8.2 The Green Fleet will sail on a Racing Circle just outside Cowpet Bay.

9 THE COURSES

- 9.1 The diagrams in Appendix 1 will show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 When there is a gate, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.
- 9.3 Green Fleet will receive their course at the Skipper's Meeting each morning

10. MARKS

All marks will be orange or yellow inflatable buoys as indicated in Addendum 1.

11 THE START

- 11.1 The starting line will be between staffs displaying orange flags on the signal boat and the pin end Race Committee boat.
- 11.2 Boats subject to RRS 30.1 Round-an-End Rule shall sail to the pre-start side of the line around either end before starting.

- 11.3** For the Green fleet, the starting line will be between a staff displaying an orange flag on the Signal Boat and a port end buoy.
- 11.4** A boat starting later than 5 minutes after her starting signal will be scored Did Not Start (DNS). This changes rule A4 & A5.
- 11.5** The Race Committee may blow a short series of sounds before the Warning Signal to gain the attention of competitors.
- 12** **CHANGE OF THE NEXT LEG OF THE COURSE**
To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position keeping the course integrity with the new wind.
- 13** **THE FINISH**
The finishing line will be between a staff displaying an orange flag on the Committee Boat and a staff displaying an orange flag on a pin boat set at the port end of the finish line. On the Green Fleet circle, an orange buoy will mark the port end of the finishing line.
- 14** **PENALTY SYSTEM**
As provided in rule 67, the Jury may, without a hearing, penalize a boat that has broken rule 42.
- 15** **TIME LIMITS**
- 15.1** The time limit for each race will be 80 minutes
- 15.2** Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored one point more than the number of boats that finished This changes rules 35 A4 and A5.
- 15.3** If no boat in a division reaches the weather mark within 30 minutes of starting the Race Committee may abandon the race
- 16** **PROTESTS AND REQUESTS FOR REDRESS**
- 16.1** Protest forms are available at the Yacht Club. Protests shall be delivered there within the protest time limit.
- 16.2** For each class, the protest time limit is 45 minutes after the Signal Boat reaches the STYC dock. The same time limit applies to protests by the Race Committee and Jury about incidents they observe in the racing area and to requests for redress. This changes rules 61.3 and 62.2.
- 16.3** Notices of protests by the Race Committee or Jury will be posted to inform boats under rule 61.1(b).
- 16.4** A list of boats that, under sailing instruction 14 have acknowledged breaking rule 42 or have been disqualified by the Jury, will be posted before the protest time limit.
- 16.5** On the last day of the regatta a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day;

- (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes rule 66.

16.6 Decisions of the Jury will be final as provided by in rule 70.5

17 SCORING

17.1 The Low Point Scoring System (A) will apply, modified so that when 6 or more races have been completed each boat's series scores will be a total of her race scores, excluding her worst score. In the Green fleet a boat exclude its worst scores after 6 races are completed and its 2nd worse score after 12 races are completed.

18 SAFETY REGULATIONS

18.1 Check-out and check-in is required as per Appendix 2 to the Sailing Instructions

18.2 A boat that retires from a race shall notify the race committee as soon as possible.

18.3 Please refer to Addendum 3 of Sailing Instructions for further Safety Requirements

19 REPLACEMENT OF EQUIPMENT

Substitution of damaged or lost equipment or sails will not be allowed unless approved by the Principal Race Officer. Requests for substitution shall be made to the PRO at the first reasonable opportunity in writing.

20 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat may be instructed by a race committee appointed measurer to proceed immediately to a designated area for inspection.

21 OFFICIAL BOATS

Official boats will be marked with blue RC flags. Umpire boats will carry white umpire flags.

22 SUPPORT BOATS

22.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the Race Committee signals a postponement, general recall or abandonment.

22.2 Support boats may not communicate in any way with competitors while racing, except in case of emergency. The penalty for failing to comply with this requirement will be at the discretion of the Jury after a hearing.

23 PRIZES

Prizes will be awarded in the Red, White and Blue Fleets and for 1st, 2nd and 3rd overall and 1st – 5th in class. Participation medals will also be awarded in the Green Fleet.

24 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Appendix 2

SAFETY REQUIREMENTS

Competitors shall not leave the beach at the St. Thomas Yacht Club until released by the Beach Master stationed on the club dock.

Approved flotation devices (life jackets) shall be worn and properly secured at all times while the competitor is in the boat.

All boats shall be equipped with a bailer attached to the boat by a lanyard other than a tow line

All competitors shall carry a whistle at all times attached either to their life jacket.

All boats shall be equipped with a buoyant painter appropriate for towing, at least twelve (12') in length.

Each competitor shall sail between the St. Thomas Yacht Club dock and an orange buoy placed to the south of the dock when leaving the beach on their way to the race course or returning to the beach after leaving the race course.

Failure to abide by the Safety Requirements in Addendum, 2 may result in a DSQ score for that day's racing or such other penalty as the Jury may decide is appropriate, after a hearing.

The Race Committee and/or safety boats may at any time display flag Y , which shall mean that all yachts shall immediately stop racing and return to St. Thomas Yacht Club. This changes Race Signals and rule 32.

Appendix 3_ ISAF Introductory Rules for Racing for Green Fleet Only

Introductory Rules for Racing

Basic Rules

1. You must comply with the principles of good sportsmanship.
2. You must try not to collide with another boat.

Rules When Boats Meet

3. When you and the other boat are on opposite *tacks*, if you are on *port tack* you must avoid the boat on *starboard tack*.
4. When you and the other boat are on the same *tack*, you must avoid the other boat (a) if she is in front of you, or (b) if she is on your *leeward* side.
5. After starting, when you and the other boat approach a mark or an object that both boats need to avoid, and the other boat is between you and the mark or other object, you must give her sufficient space to pass it safely on the same side. However, when the boats are on opposite tacks at a windward mark, this rule does not apply.=
6. When the other boat is required to avoid you, if you change course, you must give the other boat an adequate opportunity to avoid you.

Other Rules

7. At the starting signal you must be behind the starting line.
8. After the starting signal, you must sail the course described by the race organizers.
9. You must not touch a mark of the course.
10. If you think you or another boat has broken a rule or if you are unclear about the rules at any time during the race, you must describe the incident to the *advisor* after the race. The *advisor* may then add two points to the score of any boat that has broken a rule. If the offence is serious, the *advisor* may add extra points to the boat's score.