



April 1, 2013

Dear 2013 U.S. Junior Women's Competitor and Parents,

On behalf of the USJWS Committee and the Beverly Yacht Club (BYC), we are excited to welcome you to Buzzards Bay! The Organizing Committee has been planning for this event for some time, and we hope all of this planning will pay off so you have a great sailing experience. Below is some important information regarding the event.

IMPORTANT LOCATION INFORMATION:

All MAIL should be sent to: Junior Women's Singlehanded Championship, c/o Beverly Yacht Club, PO Box 181, Marion, MA 02738 Do not send anything to US Sailing.

Information about Beverly Yacht Club and the surrounding area is available at:

<http://www.beverlyyachtclub.org/>

Daily results and photos will be posted during the event at:

<http://championships.ussailing.org/Youth/USJrWomensSinglehanded.htm>

REGISTRATION:

On site check-in/registration is on Sunday, July 14, from 3 PM to 8:00 PM. No early arrivals! Please plan on stopping for lunch if you are driving to Beverly Yacht Club. The yacht club may not be open for food and beverage service until later in the afternoon or evening, so please plan ahead. The registration team will review that all forms have been correctly submitted. Life jackets will be inspected at check-in/registration. You will not be allowed to sail unless you have an approved USCG personal flotation device as outlined in the Notice of Race (NOR). Refer to the NOR for requirements. Your sails and boat may be measured at any point. All equipment and sails must be class legal. Sails that are not class legal may not be used.

SAILING INSTRUCTIONS:

The final Sailing Instructions will be distributed at check-in/registration. The Sailing Instructions in preliminary form may be available on the championship website prior to the event.

CHARTERS

You may request a charter on the website. Charters are not guaranteed and are arranged privately by the competitors. The charter providers have asked that all charter requests be made by May 1st so they can plan appropriately. Do NOT make flight arrangements until you have secured a boat. If you are interested in contacting other sailors in your area to coordinate bringing your own boat to Marion, please e-mail Liz Walker at lizwalker@ussailing.org.

ARRIVAL AND DEPARTURE:

Arrival for all competitors is Sunday, July 14, from 3 PM to 8:00 PM. Departure for all competitors is Saturday, July 20 8 AM- 9 AM. Schedule your flights to depart after 12:00pm (noon). Competitors may leave after the Awards Dinner with a parent/guardian; however, if they plan on doing so, Karen Manning and Danielle Richards (see Contact List) must be notified in advance. All boats and trailers must be gone before 10 AM Saturday, July 20.

US Sailing has arranged discounted air travel. If you are interested please visit United.com/usoc to book your flight. Use Event code ZNZ2269260 in the electronic certificate or promotion code box.



You will receive an email via Regatta Network with a link to add your travel plans. It is imperative that you enter your arrival and departure details **no later than May 31, 2013**. You can use this link to update/change your plans at any time prior to this deadline. After June 15, you must email any changes to Mary Levenson (jwsregistrar@gmail.com). **Any travel arrangements that deviate from the above guidelines must be requested and approved in advance by the National Chair, Danielle Richards, at danielle.richards@ussailing.net by May 31. No exceptions!**

UNACCOMPANIED MINORS:

If you are considered an “unaccompanied minor” by your airline, you must enter this in your travel details on Regatta Network. Appropriate arrangements must be made in advance with the airline, specifically contact/pick up information. The Transportation Chair, Margaret Gee (see contact info below) will be in contact with you regarding these details once you have entered this status into Regatta Network. There may be an additional charge for the return flight as an unaccompanied minor. You must have enough cash to pay this fee at check in for your return flight. Please be prepared.

AIRPORT INFORMATION:

Do not book your flight until you have secured your plans for a boat. Ground transportation for arriving competitors will be coordinated only between Providence Rhode Island (TF Green) Airport [PVD] and Beverly Yacht Club (Marion MA). Many major airlines service TF Green Airport. Don't forget to include Beverly Yacht Club's name and mailing address on your luggage tag in the event your bags are delayed. See Contact List on the last page. Regatta volunteers will meet you in the baggage claim area with a “BYC” sign and will provide transportation to Beverly Yacht Club. The cost of ground transportation between TF Green airport and BYC is not included in the entry fee. Exact cost for this service will be sent out by May 31. Payment for the shuttle must be made to BYC prior to June 15.

FOR YOUR OWN SAFETY, DO NOT ACCEPT RIDES OR TRANSPORTATION to or from TF Green Airport that have not been arranged through Beverly Yacht Club.

If you choose to travel in and out of Boston Logan Airport, you are responsible for making your own travel plans within the time frames outlined in this letter.

TRAVEL QUESTIONS:

We will be tracking the arrival of each person carefully. If there is a flight delay or problems with your itinerary on arrival day, please call the Transportation Chair, Margaret Gee at (617) 308 6537 immediately. Program this number into your cell phone.

DRIVING DIRECTIONS and VEHICLE PARKING:

You can obtain directions to the Beverly Yacht Club on the internet using the address in the Contact List. Beverly Yacht Club does not own a parking lot. There is no overnight parking allowed on the street. There is no long term parking for cars available at the event site.



WAIVERS:

Each competitor must send all of the required waivers (5) to the Registrar (see Contact List) by May 31st. The waivers are attached to the end of this letter. If any medical issues change after that date, it is the responsibility of the parent/competitor to notify the Registrar. **It is suggested that the competitor bring a copy of her medical insurance card.**

HOUSING:

All competitors will be assigned to a host family for the duration of the event. It is a nice gesture to bring a small item to thank your housing hosts. You are guests at their house so please no wet towels, clothes all over the floor, or the like. The final night of housing will be Friday July 19th.

Competitors will not be informed of the name of the host family until registration. Housing assignments are a moving target until the very last minute. No alternate housing will be permitted and no local competitor may stay in her own home, regardless of the proximity of her house to the host club unless she is attending the event for the first time. See Conditions #5.1 for specific rules.

When you arrive at your host family, phone your parents with the host family's phone number. Please exchange cell phone #s with your host family to facilitate pick-up times. Transportation to and from the Yacht Club will be either by walking or by the host family. **Competitors are NOT permitted to drive at any time during the event.** This is for the safety of all. Competitors are required to attend all events.

MEALS:

Meals for competitors will be provided throughout the regatta. A hot breakfast will be served at the club each morning. Lunches will be made by the sailors themselves in the morning off of a deli buffet and served on the water midday. Dinners will be at Beverly Yacht Club on Sunday, Tuesday, Thursday and Friday. There will be a special outing on Monday evening and the sailors will eat with their host family on Wednesday evening.

WATER:

This event will be certified as a Bronze Level event through [Sailors for the Sea](#). Each competitor will receive a water bottle at registration; however, it's recommended that you bring your own favorite water bottle from home. Also, you must bring your own carabineer, duct tape, bungee, or other device to secure your water bottle into your boat.

GUEST ACCOMMODATIONS:

Parents and guests are responsible for their own housing and meals. Local hotel recommendations are given below at the bottom of contact page. Please refer to section 15 of the Notice of Race entitled "Coaching" for information about contact with competitors.

BURGEE EXCHANGE

Exchanging burgees from your club with the JWS host club has become a wonderful tradition at these events. If you would like to participate in the burgee exchange, please bring a burgee from your home club to the opening dinner. There will be a brief ceremony with a Beverly Yacht Club Officer to make the exchange.



AWARDS DINNER:

The Awards Dinner on Friday, July 19th will be a well-attended event. *Attendance by competitors is mandatory and is included in the entry fee.* Competitors will not be allowed to leave before the Awards Dinner without prior approval of the National Chair and permission will only be granted for extenuating circumstances. The Awards Dinner usually concludes by 9:30 PM.

Awards Dinner tickets will be \$20 per guest. Guest Meal Tickets may be reserved by calling the office at the yacht club, at 508-748-0540. Please call to reserve seats by Friday, July 6th. The banquet will be held at the Beverly Yacht Club. Payment will be taken at the door.

COMPETITORS' OWN SAILBOATS AND SAIL NUMBERS:

Trailer storage is available. If you have an alternate location to store the trailer, or can bring your boat atop your car, that is preferable. Please email the Registrar (contact info below) if you plan on bringing a trailer and will need a place to store it during the event – please note that there may be an additional charge for storage for the week. All boats and trailers may not arrive before July 14th, and must be gone before 10 AM Saturday, July 20th. Sail numbers will be provided at registration for competitors to attach to their sails.

RACING CLINIC:

There will be a mandatory two-day clinic that will be held on Monday and Tuesday, July 15th and 16th. The clinic is funded by a generous donation from the Clagett Trust. You are required to be there with your boat rigged and ready to sail, and with a notebook, pen, and current rule book.

PRIVATE COACHES:

Private coaches are not allowed. This is a Grade 2 coaching event. In the event that you have someone coming to watch, be sure to read the rules about support vessels.

http://championships.ussailing.org/Youth/USJrWomensSinglehanded/Support_Vessels.htm.

SPECTATOR BOATS:

Parents are welcome to come and watch the sailing, but remember that no outside contact is permitted from the moment you step onto the yacht club property until the chief judge dismisses you at the end of the day. Your parents will not be permitted to talk to you or your friends, help rig or de-rig, pull boats out of the water - no contact at all.

These conditions were laid down by C. Thomas Clagett, whose trust covers the coaching at the championship. We must ask you and your parents to respect this. Violators are likely to be subject to protest, so please, parents and sailors both take this seriously. Refer to section 15 of the NOR entitled "Coaching" for more information.

There will be no spectator boats on clinic days and there will be limited space on spectator boats on race days. Spectators will be required to sign up at the sailing venue at least a day before they want to go on the water. Sign up will be posted near the Notice Board at the Beverly Yacht Club. Spectators are encouraged to bring their own lunch and drinks. No alcohol will be allowed on the spectator boats. **Please bring your own personal flotation device.** NO PRIVATE SPECTATOR BOATS WILL BE PERMITTED IN THE RACING AREA.



SAILING VENUE:

The racing area will be on Buzzards Bay, approximately 1.5 miles offshore from Beverly Yacht Club. In July, the air temperature averages in the 80s during the daytime, but can be chilly (60s) at night. The water temperature is expected to be in the mid-60s. Please be aware that Buzzards Bay in the summer typically has frequent thunder and lightning storms. It is imperative that you bring appropriate sailing gear for these conditions (see below).

WEATHER/APPROPRIATE GEAR:

Weather information is available via the internet using the zip code for Beverly Yacht Club, 02738. Links to local weather can be found at <http://www.beverlyyachtclub.org>. A detailed weather and local conditions seminar will be given to the competitors during the clinic, and daily weather briefings will be presented and posted on each of the racing days. Please come prepared to sail in any weather conditions – Buzzards Bay in July can see any range of conditions, and they can change rapidly. Bring layers for both on land and on the water. Bring shorts AND pants, t-shirts AND jackets.

ALCOHOL AND DRUGS:

Per US Sailing Regulation 10.10.01: The use of alcohol or any illegal drug by a competitor will not be allowed or tolerated during the event. Offenders will be dealt with strictly as stated in the Notice of Race.

CURFEW:

There will be a 10:00 pm curfew during the event; meaning that ALL competitors must be “home” where they are being housed by 10:00pm each night. These regulations are in effect from Sunday July 14th through Friday July 19th. There will be no exceptions. We are not trying to make the event less fun; we are very concerned for your safety.

TREATING THE HOST CLUB PROPERLY:

We take our regatta hosting very seriously, and as our guests, please show us that you appreciate the hard work of all of our volunteers. Please be as self-sufficient as possible and help others as needed. We expect that you'll jump in and help without being asked and clean up after yourselves each day!

LOST ITEMS:

Mark all your belongings in advance! Take a few minutes with an indelible marker and put your name on everything you will be bringing. Also, clearly paint or otherwise mark your own spars and other personal boat equipment. If it has your name on it you are more likely to get it back if lost.

PACKING LIST:

1. Personal Flotation Device (life jacket)- only USCG approved Type III or V
2. Appropriate sailing gear and clothing for a range of weather conditions.
3. Carabineer, duct tape, bungee, or other device to secure your water bottle into your boat.
4. Sunscreen, sunglasses, hat, and towel
5. Tools and parts for personally owned boats
6. 30-foot tow line (required for all boats)
7. Notebook, pen, current rule book
8. Personal entertainment (e.g. books, Frisbee, iPod)
9. Appropriate attire for the awards dinner – nice shirts, dresses or nice slacks
10. A small thank you gift for your host family
11. A small burgee from your yacht club or sailing association to trade (optional)
12. Sneakers



We look forward to great racing, great food, and a great time at our club!

Sincerely,

Karen Manning
Regatta Chair

Please mail all paperwork to:

U.S. Junior Women's Singlehanded Championship
Beverly Yacht Club
PO Box 181
Marion, MA 02738
Phone: 508-748-0540

**DO NOT SEND ANY PAPERWORK TO US SAILING.
All paperwork must be received by May 31**

CONTACT LIST

Regatta Chair: Karen Manning
Email: kmanning6@gmail.com
Cell Phone: 508 317 8784

Registration: Mary Levenson
Email: JWSregistrar@gmail.com
Cell Phone : 508 954 0906

Transportation: Margaret Gee
Transportation Hotline: 617 308 6537
Email: mogee@usa.net

US Sailing: Liz Walker
Email: lizwalker@ussailing.org
Direct line: 401-682-2951

National Chair: Danielle Richards
Email: Danielle.richards@ussailing.net
Cell phone: 619-322-7512

Championship Website:

<http://championships.ussailing.org/Youth/USJrWomensSinglehanded.htm>

Local accommodations (see [BYC website](#) for additional information)

Hampton Inn
1 Hampton Way
Fairhaven, MA
(508) 990-8500

Residence Inn
181 Faunce Corner Rd
North Dartmouth, MA
(508) 984-5858

Fairfield Inn and Suites
185 MacArthur Drive
New Bedford, MA
(774) 634-2000

Delano Bed and Breakfast
39 Walnut St
Fairhaven, MA 02719
(508) 992-5552



MEDICAL CONSENT FORM

Each participant and their parent or guardian, if they are under 18, must complete and sign a copy of this form. Please fill it out completely. Incomplete forms will not be accepted.

NAME OF PARTICIPANT: _____

NAME OF PARENT OR GUARDIAN (if applicable) _____

In the event of accident or injury to myself, my spouse or any child of mine (specifically including my child if named above as the "Participant") or in the event of illness of myself, my spouse or any child of mine while in, on or about the premises of the Beverly Yacht Club or while participating in any activity sponsored by or under the auspices of the Beverly Yacht Club under circumstances where I am physically unable to consent or am not present:

1. I hereby voluntarily consent to the furnishing to myself, my spouse or any of my said children of such medical care, attention and treatment by any hospital, physician or physicians as such hospital, physician or physicians may deem necessary or advisable.
2. I authorize the General Manager, Assistant General Manager or any officer or member of the Beverly Yacht Club to consent to such medical care, attention or treatment.
3. I agree to pay all costs of such medical care, attention or treatment and to hold free and harmless of and from any and all liability for such cost the Beverly Yacht Club, the United States Sailing Association and the officers and members of each.

I, the undersigned, do hereby authorize and consent to any x-ray examination, anesthetic, medical or surgical diagnosis or procedure rendered under the general or specific supervision of any member of the medical staff or of a dentist licensed by the State of Massachusetts or of any hospital holding a current operating certificate issued by the State Department of Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to provide authority and power to render care which the aforementioned physician in the exercise of his best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

Signature:): _____ Date: _____

Parent/Guardian Signature (if applicable): _____ Date: _____

IN CASE OF EMERGENCY CALL:

NAME	RELATIONSHIP	PHONE NUMBER

PHYSICIAN WHO CONDUCTED YOUR MOST RECENT PHYSICAL EXAMINATION:

NAME	PHONE NUMBER	DATE OF LAST EXAM

HEALTH INSURANCE CARRIER	INSURANCE ID NUMBER

Mail to: U.S. Jr Women's Singlehanded Championship, Beverly Yacht Club, PO Box 181, Marion, MA 02738
Paperwork submission deadline is May 31.



MEDICAL AND EMERGENCY INFORMATION

Competitor's name: _____ Date of Birth: _____

Address: _____

City/State/Zip: _____

Home ph: _____ Cell ph: _____ Email: _____

THE PARTICIPANT AND/OR THEIR PARENT(S) MUST RESPOND TO THE FOLLOWING QUESTIONS AS ACCURATELY AND COMPLETELY AS POSSIBLE:

Please check those that apply: (Provide necessary details below)

CHRONIC AILMENTS:		ALLERGIES:	
ASTHMA, OR OTHER RESPIRATORY PROBLEMS		MEDICATION (please list below)	
DIABETES OR HYPOGLYCEMIA		LATEX	
HEMOPHILIA, OR OTHER BLEEDING PROBLEMS		BEE STINGS/INSECT BITES	
CIRCULATORY OR HEART PROBLEMS		IF YES, DO YOU CARRY AN EPIPEN?	
EPILEPSY/ SEIZURE		FOODS	
OTHER		OTHER	

DATE OF LAST TETANUS/ DIPHTHERIA/ TOXOID/ T/d or Tdap SHOT: _____

CURRENT MEDICATIONS AND DOSAGE IF ANY: _____

DETAILS: _____

PLEASE MAKE SURE YOU HAVE FILLED IN ALL THE NECESSARY INFORMATION
If any of the above mentioned information changes before or during the event,
please submit in writing all pertinent information to the regatta chairperson.

PLEASE BRING A COPY OF YOUR MEDICAL INSURANCE CARD

Mail to: U.S. Jr Women's Singlehanded Championship, Beverly Yacht Club, PO Box 181, Marion, MA 02738
Paperwork submission deadline is May 31.



DEPICTION RELEASE

The signed consent form MUST be on file in order to complete registration. One must be on file for each sailor.

In consideration for my participation in the U.S. Junior Women's Singlehanded Championship ("the "Regatta"), sponsored by US Sailing, Gill NA, and local sponsors and supported by the Clagett Trust (collectively the "Sponsors") and hosted by Beverly Yacht Club (the "Host") on July 14-19, 2013, the undersigned participant ("Participant") and if such Participant is a minor, the Participant's parent or legal guardian by countersigning below ("Parent/ Guardian"), hereby grant to the Sponsors and the Host, perpetually and irrevocably, the unconditional and exclusive right, title and interest throughout the world to use, simulate and portray Participant's name, likeness, voice, personality, personal identification, and personal experiences, incidents, situations and events, whether visual and/or audio, including without limitation photographs, videotape, film and other recordings, electronic or optical-based media, or any other form or medium whatsoever, whether now or hereafter existing, and of every kind and character (collectively "The Images"), which may be taken or taken of Participant while participating in any aspect of the Regatta. Participant and Parent/Guardian understand and agree that one or more of the Sponsors and/or Host will be the owner(s) of any and all right, title and interest in and to the Images, in any derivative works, and in any merchandising, advertising, promotional and publicity rights and materials related thereto in all media of every nature whatsoever, whether now known or hereafter devised. Participant reserves no rights with respect to such uses. Participant and Parent/Guardian acknowledge the Sponsors' and the Host's right, title and interest in and advertisement, promotion, distribution and sale of products or events directly or indirectly related to the Regatta and/or yacht racing. Participant and Parent/Guardian agree that the Sponsors and the Host shall have unlimited right to vary, change, alter, modify, add to, and delete from any depictions of Participant in the Images and to rearrange and/or transpose such depictions as each may determine. Participant and Parent/ Guardian hereby waive any right to inspect, review or approve the Images and their use by the Sponsors and the Host and acknowledge that they are to receive no payment with respect to any matter referred to herein and that any and all of the rights granted herein are freely assignable by Sponsors and/or Host.

PARTICIPANT AND PARENT/GUARDIAN, ON BEHALF OF THEMSELVES AND THEIR RESPECTIVE HEIRS, EXECUTORS, ADMINISTRATORS, PERSONAL REPRESENTATIVES AND NEXT OF KIN (COLLECTIVELY, "RELEASERS"), HEREBY FOREVER WAIVE, RELEASE AND DISCHARGE EACH OF THE SPONSORS, THE HOST AND THEIR RESPECTIVE PARENTS, SUBSIDIARIES, AFFILIATES, OWNERS, MEMBERS, MANAGERS, EMPLOYEES, OFFICERS, DIRECTORS, AGENTS, SUCCESSORS, ASSIGNS AND REPRESENTATIVES (EACH A "RELEASED PARTY") FROM ANY AND ALL CLAIMS, DEMANDS, OR CAUSES OF ACTION THAT RELEASERS MIGHT NOW OR HEREAFTER HAVE FOR LIBEL, DEFAMATION, INVASION OF PRIVACY, RIGHT OF PUBLICITY, INFRINGEMENT OF COPYRIGHT OR TRADEMARK, OR VIOLATION OF ANY OTHER RIGHT ARISING OUT OF OR RELATING TO ANY UTILIZATION OF THE RIGHTS GRANTED UNDER THIS DEPICTION RELEASE.

PARTICIPANT (Signature): _____ DATE _____

PARTICIPANT NAME (Print): _____

PARENT OR GUARDIANS FOR MINORS (UNDER 18 YEARS OF AGE)

The undersigned parent and/or natural or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to waive and hold harmless and indemnify each and all of the Released Parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said Party(ies) because of any defect in or lack of such capacity to so act and release said Party(ies) on behalf of all Releasers as specified herein.

PARENT/GUARDIAN (Signature): _____ DATE _____

PARENT/GUARDIAN NAME (Print): _____

Mail to: U.S. Jr Women's Singlehanded Championship, Beverly Yacht Club, PO Box 181, Marion, MA 02738

Paperwork submission deadline is May 31.



RELEASE OF LIABILITY

In consideration of the undersigned's participation in the U.S. Junior Women's Singlehanded Championship ("the Regatta") sponsored by US Sailing, Gill NA, and local sponsors and supported by the Clagett Trust (collectively, the "Sponsors") and hosted by the Beverly Yacht Club (the "Host") on July 14-19, 2013, the undersigned participant ("Participant"), and if such Participant is a minor, the Participant's parent or legal guardian by countersigning below, on behalf of themselves and their respective heirs, executors, administrators, personal representatives and next of kin (collectively with Participant, "Releasers"), hereby forever waive, release and discharge each of the Sponsors, the Host and their respective parents, subsidiaries, affiliates, owners, members, managers, employees, officers, directors, agents, representatives, successors and assigns (each a "Released Party") from any and all claims, demands, damages, judgments, executions, rights of action or causes of action, present or future, whether the same be known, anticipated or unanticipated, which a Releaser may have, or claim to have, against any Released Party resulting from death, personal injury, property damage or other loss Releaser may sustain as a result of participating in the Regatta or other activities related thereto.

THIS RELEASE IS INTENDED TO DISCHARGE EACH RELEASED PARTY FROM ANY AND ALL LIABILITY ARISING OUT OF OR CONNECTED IN ANY WAY WITH RELEASER'S PARTICIPATION IN THE REGATTA EVEN IF THAT LIABILITY ARISES OUT OF NEGLIGENCE OR CARELESSNESS ON THE PART OF ANY RELEASED PARTY.

Releasers hereby acknowledge that serious accidents occasionally occur during sailing activities and that mortal or serious personal injuries and/or property damage or other loss may result from participation in the Regatta. Releasers knowingly assume all risks of participation in the Regatta, including all risk of personal injury and loss of or damage to the Releasers or their property, including further injury sustained as the result of the efforts of third parties who come to the aid of Releaser(s) if injured as a result of participation in the Regatta, and release all other persons and entities mentioned above who might otherwise be liable to Releasers. Releasers agree to abide by all rules of the Sponsors and the Host in connection with participation in the Regatta and understand that the failure to observe and obey such rules may result in instant revocation of Releaser's(s') right to participate in the Regatta.

PARTICIPANT (Signature): _____ **DATE** _____

PARTICIPANT NAME (Print): _____

PARENT OR GUARDIANS FOR MINORS (UNDER 18 YEARS OF AGE)

The undersigned parent and/or natural or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to release each and all of the Released Parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said Party(ies) because of any defect in or lack of such capacity to so act and release said Party(ies) on behalf of all Releasers as specified herein.

PARENT/GUARDIAN (Signature): _____ **DATE** _____

PARENT/GUARDIAN NAME (Print): _____