

Sailing Instructions

2013 Access Class North American Championship

September 3-6, 2013

Bay Area Association of Disabled Sailors
South Beach Harbour, San Francisco, California

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. All competitors are required to wear a life jacket or other adequate personal floatation device while racing. This changes RRS 40.
- 1.3. The Access Class Rules will apply. Whereby, the Access 2.3 Class Rules are amended to include the 2.3 wide, 2.3 Single and the Access 303 Class Rules are amended to include the 303 Wide.
- 1.4. Access Liberty Class Rule C5 Sailor Weight Equalization shall not apply.
- 1.5. Full servo boats shall display a blue streamer supplied by Organising Authority. The streamer shall be attached to the upper leech of the sail, clear of any mast-top wind indicator.
- 1.6. Racing rule(s) 41, 44, 61.1, 63.3, preamble of part 4 will be changed as follows:
 - a) Rule 41. Outside Help will be altered (Radio or General Assistance). When electronic or verbal instructions are used to assist sailors, assistance shall be limited to safety.
 - b) For all classes, Rule 44.1 is changed so that Two-Turns Penalty is replaced by the One-Turn Penalty.
 - c) Rule 61.1(a) "Informing the Protestee" will be altered so that the hail "Protest" is not required but should be made where possible.
 - d) Rule 63.3(a) "Protest Hearing" will be altered such that a representative at a protest hearing need not have been on board at the time of the incident.

2. NOTICES TO COMPETITORS

- 2.1. Official notices will be posted on the Regatta Notice Board at the Race Office (South Beach Harbor Community Room).
- 2.2. Race Committee intends to communication on radio channel 78 while on the water.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted not later than 120 minutes prior to the scheduled start time on the day it will take effect, except that any change to the schedule of races will be posted by 19:00 hours on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the flagpole located on the deck of South Beach Yacht Club.
- 4.2. If a postponement is signaled ashore, the warning signal will be made not less than 60 minutes after flag AP is lowered. This changes Race Signals AP.

5. SCHEDULE AND CLASS FLAGS

- 5.1. A Competitors meeting will be held on Tuesday, September 3, 2013 at 0900 hours in the SBYC Clubhouse.
- 5.2. Six races are scheduled in the series as follows:



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Race No.	Race Day	Time of Warning Signal
Practice A	Tuesday	1130 Hours- Practice Starts (2 starts each fleet)
Practice B	Tuesday	Immediately after Practice A (approx. 1:00 pm)
#1	Wednesday	1130 Hours
#2	Wednesday	Immediately after race #1
#3	Thursday	1130 Hours
#4	Thursday	Immediately after race #3 (time permitting)
#5	Friday	1130 Hours
#6	Friday	Immediately after race #5 (time permitting)

- 5.3. Number of Races: Two races are scheduled for each day. One extra race per day may be sailed, provided that no class becomes more than one race ahead of schedule.
- 5.4. CLASS FLAG (IN STARTING ORDER)

Class	Flag
Liberty Class	Alpha ("A")
Access 303 Class(es)	Bravo ("B")
Access 2.3 Class(es)	Charley ("C")

6. RACING AREA

- 6.1. The race will be sailed in the South Bay Waters of San Francisco Bay located in the general area east of South Beach Harbor and around Anchorage 9.

7. THE COURSE

- 7.1. The marks courses and rounding are described in Appendix "A", MARKS AND CHARTLET, COURSES AND ROUNDING ORDER. Code and course flag(s) will be displayed from a staff on the Race Committee boat.
- 7.2. All rounding marks are to be passed to Port, unless a green starboard rounding flag is flown from a staff on the Race Committee boat. Both windward (Mark W) and leeward (Mark L) rounding marks shall be an inflatable orange tetrahedron buoy. The windward offset mark (Mark O) shall be a small round orange mark that is roughly 2 feet in diameter, or an inflatable green tetrahedron buoy.

8. THE START AND FINISH LINES

- 8.1. The start line and finish line shall be between an orange flag on the Race Committee Signal Boat and an large inflatable orange round buoy (Mark S). The lines will be set to leeward of Mark L. The Race Committee may set a separate finish line on the opposite side of the Race Committee Signal Boat from the start line.



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9. TIME LIMITS

- 9.1. The time limit for each race is 90 minutes.
- 9.2. A boat starting, but not finishing more than 20 minutes after the first boat to finish in any race will be scored TLE by the Race Committee. This changes RRS 35, A4 and A5.

10. SCORING

- 10.1. Six (6) races are scheduled, of which four (4) must be completed to constitute a series.
- 10.2. When 4 or fewer races have been completed, a boat's series score shall be the total of her race scores.
- 10.3. When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

11. PROTESTS

- 11.1. Protest Forms are available at the Race Office, or from the Race Committee and shall be delivered to a Race Committee Representative within 90 minutes after the last boat has finished their last race of each day. The Race Committee Boat's return time shall be posted on the Regatta Notice Board at the Race Office.
- 11.2. The time and place of all protest hearing(s), the boat(s) being protested and boat(s) requesting redress shall be posted on the Regatta Notice Board within 30 minutes of the protest time limit. It is each boat's responsibility to check the Regatta Notice Board to see if they are a party to a protest or redress hearing. This shall serve as proper notification per RRS 63.2.
- 11.3. Equipment failure on chartered boats will not be grounds for redress.

12. SAFETY

- 12.1. Check-out and check-in. The requirements of this instruction are specified for the safety of competitors. Failure to comply may lead to disqualification:
 - a) Both helm and crew shall check-in immediately on returning to shore after racing, but no later than the protest time limit.
 - b) A responsible representative (guardian or coach) may check-in and check-out on behalf of a competitor.
 - c) A boat that retires from a race where possible, shall notify a race committee boat of their intention before leaving the race area.
- 12.2. Whilst afloat or on marina pontoons or on gangways or launching ramps, during the period of the event including any training and activities outside of scheduled race times, all competitors shall wear personal flotation devices which are in good condition and are in accordance with the specifications issued or approved by a National Authority or Standards Organization and branded in the country of origin or manufacture.
- 12.3. The organizer establishes a safety concept. Coaches will be instructed by the organizer about safety



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procedures. In emergency situations, it is the duty of each trainer and support boat to come to assistance.

13. REPLACEMENT OF CREW OR EQUIPMENT

- 13.1. Substitution of competitors will not be allowed without prior written approval of the race committee.
- 13.2. Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

14. EQUIPMENT AND MEASUREMENT CHECKS

- 14.1. Equipment and Measurement Checks will not be conducted prior to the start of racing.
- 14.2. A boats or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector to proceed immediately to a designated area for inspection.

15. SUPPORT BOATS

- 15.1. Team leader, coach and other support personnel boats shall display their national flag or letters.
- 15.2. Support boats shall stay outside areas where boats are racing from the time of the preparatory signal until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment, unless attending a boat in distress requiring assistance, or as directed by the race committee.

16. OUTSIDE ASSISTANCE

- 16.1. Outside Assistance may be provided by support, safety and committee boats and will be limited to assistance with reefing, bailing, adjustments to servo-equipment and body repositioning, if necessary. For vision-impaired sailors, where electronic or verbal instructions are used to assist sailors, that assistance shall be limited to safety directions only.

17. RADIO COMMUNICATION

- 17.1. A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats unless so authorized by the Organizing Authority (see 14.1 above). This restriction also applies to mobile phones.

18. PRIZES



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18.1. Prizes will be awarded for First, Second and Third Places in the following divisions:

- a) Access 2.3 Single-Person North American
- b) Access 2.3 Servo North American
- c) Access 303 Two-Person North American
- d) Access Liberty North American
- e) Access Liberty Servo North American

19. COMMERCIAL TRAFFIC AND/OR INTERFERENCE WITH OTHER VESSELS

- 19.1. Boats shall not impede the passage of commercial vessels and shall comply with USCG Navigation Rules. If a commercial vessel has sounded five blasts, and the commercial vessel or the Coast Guard identifies the boat, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the identified boat has impeded passage of violated USCG Navigation Rules, and the identified boat shall have the burden of proving otherwise. In the case of a complaint by vessel traffic or the Coast Guard, the protest time limit shall be extended up to seven (7) days after the conclusion of the Regatta. This changes RRS 60.2(a) and RRS 61.3.
- 19.2. The South Beach Yacht Club and the South Beach Yacht Club Race Committee shall cooperate with and provide information relevant to any investigations of impeding passage or violation of USCG Navigation Rules by the Coast Guard or other governmental authority.

20. DISCLAIMER OF LIABILITY

- 20.1. Boats and competitors compete in the Regatta entirely at their own risk. See RRS 4 – Decision to Race. The organizing authority, BAADS and the South Beach Yacht Club, and/or any of their collective agents or representatives will not accept any liability for material damage, personal injury or death sustained in conjunction with or prior to, during or after the Regatta.



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APPENDIX A

MARKS AND CHARTLET

COURSES AND ROUNDING ORDER



All rounding marks are to be passed to Port. Both windward (Mark W) and leeward (Mark L) rounding marks shall be an inflatable orange tetrahedron buoy. The windward offset mark (Mark O) shall be a small round orange buoy that is roughly 2 feet in diameter, or an inflatable orange tetrahedron buoy- depending on the current, the offset may be placed a considerable distance from the windward mark. The start line and finish line shall be between an orange flag on the Race Committee Signal Boat and an inflatable yellow round buoy (Mark S). The start and finish lines will be set to leeward of Mark L.

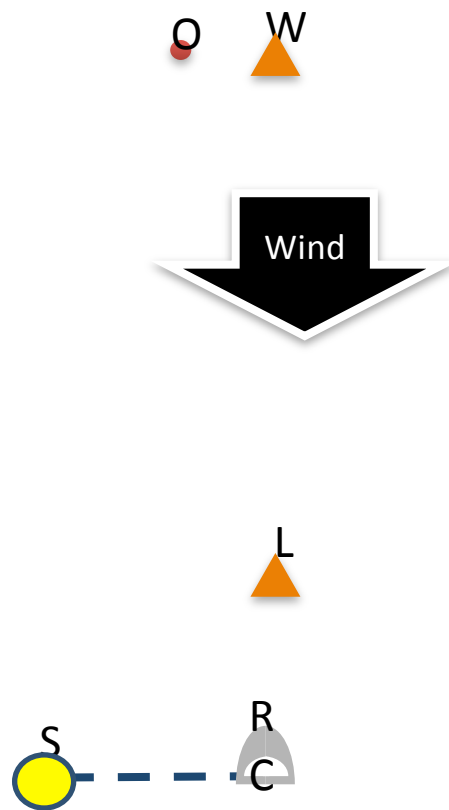


FIGURE 1, COURSE LAYOUT

Courses and Rounding Order



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MARKS AND CHARTLET

COURSES AND ROUNDING ORDER



Course	START	1	2	3	4	5	6	7	8	9	FINISH	FINISH DIR.
1	S	W	O								F	DOWNWIND
2	S	W	O	L	W	O					F	DOWNWIND
3	S	W	O	L	W	O	L	W	O		F	DOWNWIND



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