



U.S. SINGLEHANDED CHAMPIONSHIPS

The United States Singlehanded Sailing Championships

For the George D. O'Day, Helen Wills Hanley

And

Peter Barrett Sportsmanship Trophies

September 11 - 14, 2013

Organizing Authority: US Sailing

Hosted by: Manasquan River Yacht Club
Brielle, NJ



Sailing Instructions September 11, 2013

- 1. Rules** The regatta will be governed by the *rules* as defined in the current version of *The Racing Rules of Sailing (RRS)*, including the US Sailing Prescriptions, the Championship Conditions, the Notice of Race (NOR), class rules for the Laser and Byte CII class, and these Sailing Instructions (SI's).
- 2. Notices to Competitors** will be posted on the official notice board located in the Lower Deck of the Manasquan River Yacht Club.
- 3. Changes to Sailing Instructions**
 - a.** Any change to the SI's will be posted before 0900 on the day that it will take effect.
 - b.** Any change to the racing schedule will be posted before 1800 on the day before it will take effect.
- 4. Signals Made Ashore**
 - a.** Signals made ashore will be displayed from the MRYC Flag Pole.
 - b.** When code flag AP is displayed ashore, "1 minute" is replace with "not less than 60 minutes" in RRS race signal AP. (Changes "Race Signals")



5. Schedule of Events and Format

- a. Wednesday, September 11, 2013
 - i. Arrival/Check-in 1000-1400 MRYC upper deck
 - ii. Venue review and practice 1400
 - iii. Competitors Meeting and Welcome Reception 1900 MRYC
- b. Thursday, September 12, 2013
 - i. 1st Warning Signal 1100
 - ii. Multiple races to follow
- c. Friday, September 13, 2013
 - i. 1st Warning Signal 1100
 - ii. Multiple Races to follow
 - iii. Competitors Dinner BBQ 1900
- d. Saturday, September 14, 2013
 - i. 1st Warning Signal 1100
 - ii. No warning signal will be made after 1400
 - iii. Awards Presentation to follow mandatory truck loading by all competitors.
- e. A total of 10 races are scheduled for the Championships. One race shall constitute a regatta.

6. Racing Area

- a. The racing area will be approximately $\frac{3}{4}$ of a mile south of Manasquan inlet.
- b. If weather / sea conditions are not favorable to ocean racing the sailing venue may move to the Barnegat Bay in the area West of Lavallette Yacht Club.

7. Courses

- a. Course diagrams can be found in SI Appendix A.
- b. The course to be sailed along with an approximate compass heading and distance to the first mark will be displayed on a white board on the RC Signal Boat.

8. Marks

- a. All original rounding marks will be orange inflatables.
- b. The starting/finishing mark will be an orange cone.
- c. If one of the leeward gate marks is missing, the boats shall round the remaining gate mark to port.

9. Start

- a. All races will be started in accordance with RRS 26.
- b. The starting line will be between the staff with an orange flag on the starboard end and the course side of the orange starting mark on the port end.
- c. A boat starting later than 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A4 and A5.

10. Class Flags

- a.** The class flag for the Laser will be numeral pennant 1.
- b.** The class flag for the Byte CII will be numeral pennant 2.

11. Change of the Next leg of the Course

- a.** A change mark used in accordance with RRS 33 will be a yellow inflatable.
- b.** A mark used in a subsequent change will be an original mark.

12. Finish

- a.** The finish will be between the staff of an orange flag on the RC Signal Boat and the course side of the finish mark.
- b.** If the RC intends no more racing for the day, it will display code flag "R" (with no sound signal) while boats are finishing. If this flag is displayed, competitors are to stay in the racing area and prepare for the tow / sail-in of the inlet.

13. Time Limits

- a.** If no boat has rounded mark 1 within 30 minutes of its class's start the race will be abandoned and re-sailed if possible.
- b.** The time limit for the first boat in each class to sail the course in compliance with RRS 28 will be 1 hours 30 minutes.
- c.** Boats still racing 30 minutes after the first boat in its class finishes, and not thereafter retiring, being penalized or given redress, will be scored TLE (Time Limit Expired) and will be given points equal to the number of boats finishing within the time limit plus 1. This changes RRS 35, A4.1, A4.2, and A5.

14. Breakdowns

- a.** Boat supplied by the OA may seek redress for equipment breakdowns due to a manufacture defect.
- b.** A boat supplied by the OA that encounters a breakdown shall make a reasonable effort to affect repairs and shall attempt to finish the race. A boat seeking redress for a breakdown shall notify the RC Signal boat, or if necessary the RC ashore, as soon as practicable after finishing, or retiring from the race in which the breakdown occurred.

15. Penalty System

- a.** Appendix P, "Special Procedures for Rule 42," of the *RRS* shall apply, modified as follows:
 - i.** P2.3 will not apply.
 - ii.** P2.2 "Second Penalty" is changed to "Second and Subsequent Penalties". There is also an addition to the end of the first sentence to read, "unless her penalty is signaled after she finishes, in which case she shall promptly notify the RC Finish Boat that she is retiring.
 - iii.** P3 is changed to read: "If a boat has been protested under RRS Appendix P1 and the race is postponed, abandoned, or a general recall is signaled, the prior penalties under P1 for that race are cancelled. Although the penalty is cancelled, the boat still has a count of one

(1) penalty against it. The next flag the competitor receives will count as a second penalty.”

16. Protests and Requests for Redress

- a.** All boats intending to file a protest must report their intention to the Race Committee on the Signal boat, immediately upon finishing.
- b.** Protest forms are available from the Regatta Headquarters desk in the MRYC upper deck.
- c.** Protest shall be filed in writing no later than 60 minutes after the RC Signal Boat dock time, which will be posted on the official notice board.
- d.** A list of protest hearings and the times of such hearings will be posted no later than 15 minutes after the end of the protest time limit. This posting constitutes the notification required by RRS 61.1(b) and 63.2. It is the responsibility of each participant to check the posted schedule of protest hearings.
- e.** The RC will post a list of penalties being assigned by the RC prior to the end of the protest time limit. The deadline for requesting redress based on these scores will be either 30 minutes after posting of the penalty notice or the protest time limit, whichever is later. This changes the first sentence of rule 62.2.
- f.** On the last scheduled day of racing a request for reopening a hearing shall be delivered:
 - i.** within the protest time limit if the requesting party was informed of the decision on the previous day;
 - ii.** no later than 30 minutes after the requesting party was informed of the decision on that day. This changes rule 66.
- g.** On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

17. Scoring

- a.** The regatta will be scored using the low point scoring system in appendix A of the RRS.
- b.** A boat's series score will be the total of all races sailed. This changes RRS A2.
- c.** One race shall constitute a regatta.
- d.** Boats scored TLE (Time Limit Expired) will be scored points equal to the number of boats finishing within the time limit plus 1. This changes RRS 35, A4.1, A4.2, and A5.

18. Safety

- a.** All competitors shall wear, while on the water, other than brief periods while adding or removing clothing, a USCG approved, self-buoyant, personal flotation device.
- b.** A boat retiring from a race shall make their best effort to notify a race committee vessel before leaving the course.

19. Private Support, Coach Boats, Press Boats and Spectator Boats

- a.** Team leaders, coaches and other private support personnel boats shall stay outside areas (200 yards) where boats are racing from the time of the preparatory signal until all boats have finished or the race committee signals a postponement, general recall or abandonment.
- b.** All Team leaders, coaches and other private support personnel boats shall register at the Race Office during the check-in period.
- c.** The Jury may take action against the boats associated with any Team leaders, coaches and other private support personnel boats that do not comply with these instructions.

20. Disposal of Trash

- a. Boats shall not discharge trash into the water. Trash may be placed aboard support and race committee boats.

21. Prizes

The winning Men's Division skipper shall be awarded the George D. O'Day Trophy and the winning Women's Division skipper shall be awarded the Helen Willis Hanley Trophy. The Peter J. Barrett Sportsmanship Trophy may be awarded at the National Finals. US Sailing medals will be awarded to the skippers finishing in the top three positions for each Men's and Women's Division.

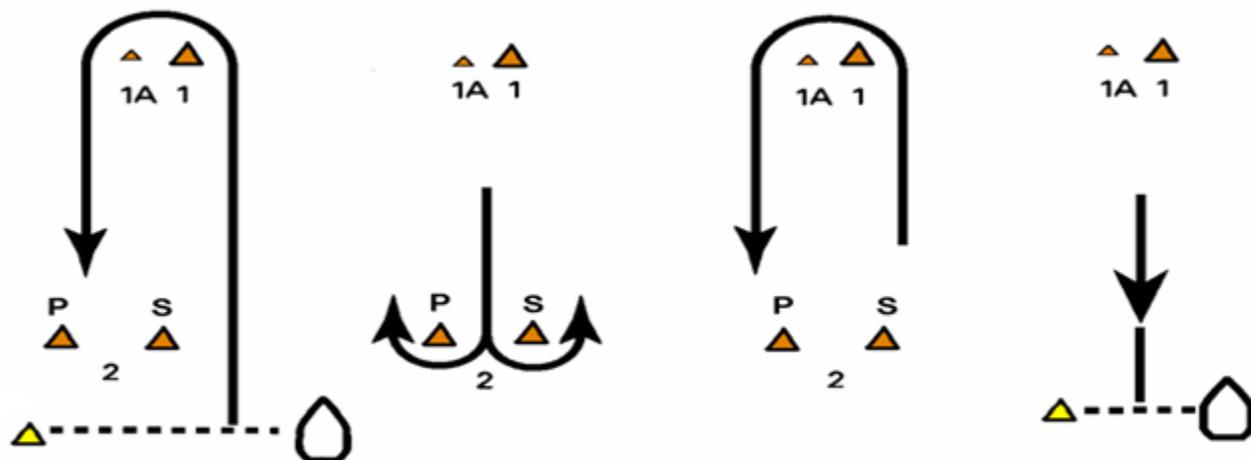
22. Risk, Disclaimer of Liability & Personal Conduct

- a. Competitors participate in the regatta at their own risk. See Rule 4 (Decision to Race). The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- b. Competitors will accept full responsibility for all his/her actions during any activity related to the event. This includes on-shore activities before, during, and after the regatta.

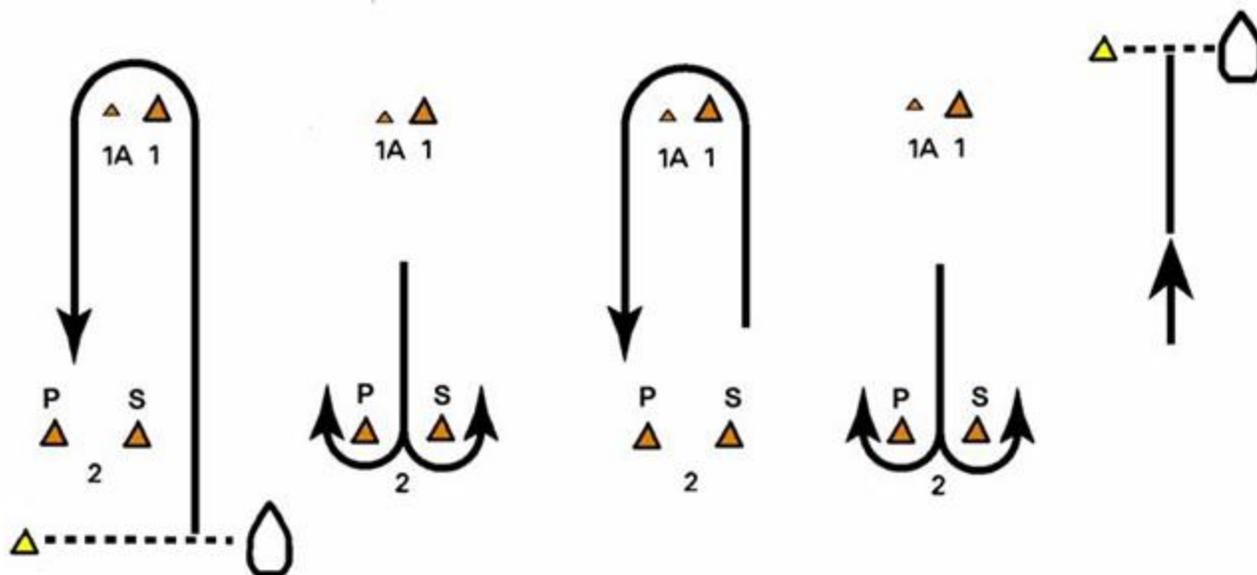
23. Prohibited Substances

- a. US Sailing's Regulations 10.01C apply at all levels of competition as follows:
 - i. For adult US Sailing championship events, no competitor shall use, either on or off the water: marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841.
 - ii. For Junior and Youth events or for junior or youth competitors in any US SAILING championship, no participant or competitor shall use, either on or off the water: marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841, or alcoholic beverages (distilled spirits, wine and beer, each as defined in chapter 51 of the U.S. Internal Revenue Code and intended for beverage use).
- b. An alleged breach of one of these regulations shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached one of these regulations, it shall follow the process described in racing rule 69.1, and a competitor found to have breached one of these regulations shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. The competitor's boat shall be disqualified from all races of the series.

Sailing Instruction Appendix A
Windward Leeward Courses



Course 4: Start - 1 - 1A - 2P/2S - 1 - 1A - Finish



Course 5: Start - 1 - 1A - 2P/2S - 1 - 1A - 2P/2S - Finish