

SAILING INSTRUCTIONS

2013 INTERNATIONAL PENGUIN CHAMPIONSHIP AUGUST 15 & 16

Miles River Yacht Club

1. RULES

- 1.1 This Regatta is sanctioned by the International Penguin Class Dinghy Association (IPCD), and will be conducted and hosted by Miles River Yacht Club (MRYC). The regatta will be governed by The Racing Rules of Sailing (RRS), the Notice of Race, the Penguin Class rules and by these Sailing Instructions.
- 1.2 Minimum crew weight for the regatta is 290 lbs for classic Penguins and 310 lbs for modern boats which adhere to the Burtis design parameters. Minimum hull weight is 140 lbs for all boats.
- 1.3 Excess hull weight may be applied toward the crew weight minimum. Maximum non-floatable ballast is 40 lbs. Additional ballast shall be floatable.
- 1.4 Any boat that capsizes during a race as defined by the mast touching the water, shall retire from that race.
- 1.5 Required equipment includes: one USCG approved PFD for each person, one serviceable paddle, a scoop, and a painter or tow rope not less than thirty (30) ft long and three-sixteenths (3/16) inches in diameter.
- 1.6 Any boat may be disqualified for overboard discard of trash.

2. ENTRIES

Eligible boats may be entered by completing the registration form in the NOR and the Standard CBYRA Entry Form.

3. NOTICE TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located in the MRYC clubhouse.
- 3.2 A skipper's meeting will be held on Thursday at 1030 in the MRYC clubhouse .

4. CHANGES IN SAILING INSTRUCTIONS

- 4.1 Any change to the Sailing Instructions will be posted before 0930 on the day it will take effect.
- 4.2 A change to the Schedule of Races will be posted before 1900 on the day before it will take effect.

5. SCHEDULE OF RACES

A maximum of eight races are scheduled over the two day period. The plan is to hold up to four races on Thursday, and up to four on Friday. The warning signal for Thursday will be at 1300. For Friday the warning signal will be at 1030. On Friday no warning signal will be made after 1600.

6. RACING AREA

The race area will be the Miles River south of Red #4 flasher off of the St. Michaels harbor .

7. THE COURSE

7.1. Course W is a windward/ leeward/windward course with the start and finish line 1/3 of the way up from the leeward mark to the weather mark. If there is a Code Flag two (2) posted under the course flag, the course is twice around.

7.2 Course T is a triangle (windward, reach, reach, windward) with the start and finish line 1/3 of the way from the leeward mark to the windward mark. If there is a Code Flag two (2) posted under the course flag, the course is twice around.

7.3 Course O is a triangle (windward, reach, reach,) followed by a windward, leeward, windward with the start and finish line one-third (1/3) of the way up from the leeward mark to the windward mark.

7.4 No later than the warning signal, the race committee will display the course flag and the approximate course bearing of the first leg.

7.5 See Attachment 1 for Course Flags.

8. MARKS

8.1 The rounding marks will be inflatable orange cylinders.

8.2 New marks, as provided in instruction ten (10), will be orange tetrahedrons.

9. THE START

- 9.1 Races are started using RRS Appendix S with a one minute courtesy sound before the three minute sequence
- 9.2 The starting line will be between a staff or halyard displaying an orange flag on the race committee boat and a yellow race mark at the port end.
- 9.3 A boat shall not start later than ten (10) minutes after her starting signal.

10. CHANGE OF COURSE

A change of course after the start will be signaled before the leading boat has begun the leg, although the new mark (orange tetrahedron) may not then be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.

11. THE FINISH

The finishing line will be between a staff or halyard displaying an orange flag on a race committee boat on the starboard end and a yellow race mark on the port end.

12. TIME LIMIT

- 12.1 The time limit will be one and one half (1 ½) hours. If no boat reaches the first mark in thirty (30) minutes, the race is abandoned. Boats should return to the start line for a new start.
- 12.2 Boats which do not finish within thirty (30) minutes of the first boat to finish will be scored number of finishers plus two (2).

13. PROTESTS

- 13.1 Protests shall be written on forms available at the Club office or the race notice board. They are to be delivered to a member of the Race Committee or the Protest Committee within one (1) hour after the committee boat ties to the dock.
- 13.2 Protests will be heard as soon as possible. Hearing time and location will be broadcast on the PA system.

14. SCORING

The Low Point Scoring System will apply. Multiple races are scheduled, of which three (3) races shall be completed to constitute a series. There will be one (1) throw out if six (6) or more races are sailed.

15. SAFETY REGULATIONS

A boat that retires from a race or leaves the racing area prior to the end of racing shall notify the race committee as soon as practical. The race committee can be notified by contacting any race committee boat.

16. COMMERCIAL TRAFFIC

A boat may not exercise right of way, cross in proximity to, or interfere with reasonable transit of the race area by commercial ships, tugs, or barges. Boats must take evasive action well in advance of a potentially dangerous situation. The US Coast Guard, ship captains, and bay pilots have been encouraged to report any incident they observe.

17. PRIZES

Awards as per the Notice of Race will be presented on the grounds of the MRYC after the racing on Friday the 16th.

18. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. Neither the organizing nor hosting authorities will accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

ATTACHMENT 1. COURSE FLAGS



Flag "W"
Windward/Leeward



Flag "O"
Olympic



Flag "T"
Triangle



Flag 2

Under Course Flag,
means twice around



Flag "C"

Indicates mark
change