



4TH ANNUAL COWFORD CUP
 The Florida Yacht Club
 Jacksonville, FL
 April 12-13, 2014

SAILING INSTRUCTIONS

1 RULES

The regatta will be governed by the rules as defined in the *Racing Rules of Sailing*, 2013-2016.

2 ENTRIES

2.1 This event is open to all competitors who meet the eligibility requirements as stated in the Notice of Regatta and who have filed valid entries in accordance with the Notice of Regatta. Competitors may enter by delivering a completed entry form online and paying the entry fee as specified in the Notice of Regatta.

2.2 Entry forms must be completed by the competitor's designated adult representative. The decision to sail or to compete in any race will be the sole responsibility of the competitor's designated adult representative and that adult representative accepts full responsibility for all actions of the competitor during any activity related to this event.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located adjacent to the Fleet Center patio.

4 CHANGES TO THE SAILING INSTRUCTIONS

Changes to the Sailing Instructions will be posted by 0830 on the day it will take effect.

5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed from the flagpole located on the main lawn of the yacht club.

5.2 If a postponement is signaled ashore the warning signal will be made not less than 45 minutes after AP is lowered.

6 SCHEDULE (all events take place at the Fleet Center unless otherwise noted)

6.1 Saturday, April 12

Registration/Check-In (FYC Main Office)	0800-1000
Breakfast Available	0830
Skipper's Meeting (lunch pick-up to follow)	1000
Warning signal for first race	1100

6.2 Sunday, April 13

Breakfast Available	0800
Warning signal	0930
No race will be started after 1300.	

Awards and lunch immediately following racing.

7 CLASS FLAGS

Class Flags will be displayed at the skipper's meeting.

8 RACING AREA

The racing area will be upon the St. John's River. The location of each course will be described at the skipper's meeting.

9 COURSES & MARKS

- 9.1 The attached diagrams show the courses, the course designations, the marks in order, and the rounding direction of each.
- 9.2 The Opti courses will use orange inflatable marks. The Snipe, Laser and 420 courses will use yellow inflatable marks.
- 9.3 New marks when used in accordance with RRS 33, Changing the Course After the Start, will be different from the original marks.

10 STARTS

- 10.1 Prior to the first race of each day competitors shall check in by sailing on starboard tack past the stern of the signal boat and hailing their sail number.
- 10.2 The starting line will be between the staff displaying an orange flag on the RC signal boat and the nearby orange starting buoy. Boats not racing shall stay clear of the starting area.
- 10.3 Races will be started in accordance with RRS 26. Boats who fail to start 3 minutes after their starting signal may be scored DNS.
- 10.4 The RC intends to hail premature starters. Failure of the RC to hail a premature starter or a competitor's failure to hear such a hail shall not be grounds for redress; the skipper is solely responsible for starting in accordance with the RRS.

11 FINISHING

The finishing line will be between the staff displaying the orange flag on the RC signal boat and the nearby orange finishing buoy. Boats shall not sail through the finish line unless they are finishing.

12 TIME LIMIT

- 12.1 The time limit for each race will be 60 minutes for the first boat to finish. Boats racing more than 20 minutes after the first boat sails the course and finishes will be scored TLE and will receive two more points than the last finisher, but not more than DNF. This changes Rule 35, 63.1, A4, A5 and adds to A11.
- 12.2 If boats are delaying the start of the next race the RC may terminate the race and score those boats in the place they would have finished.

13 PROTESTS

- 13.1 Competitors intending to protest must inform the RC immediately after finishing the race to be protested and before communicating with coaches, parents, or spectators. Written protests shall be delivered to the protest committee within 60 minutes of the relevant RC signal boat docking. The official docking times will be displayed on the official notice board and forms are available in the Fleet Center.

- 13.2 A list of protests will be displayed within 30 minutes after the protest time expiration. Hearings will be held as soon as possible after racing each day. The location of each hearing will be noted on the official notice board.

14 SCORING

- 14.1 The Low Point System of Appendix A of the RRS will apply. When fewer than 6 races have been completed a boat's series score will be the total of her race scores. When 6 or more races are completed a boat's series score will be the total of her race scores less her worst score. This changes RRS A2.
- 14.2 One completed race shall constitute a regatta.

15 ENVIRONMENTAL & SAFETY

- 15.1 Competitor's shall not discharge trash into the water. Any competitor who throws trash into the water is subject to disqualification. Such disqualification will be posted on the official notice board and any competitor so disqualified may request a hearing.
- 15.2 A boat retiring from a race shall notify a RC vessel before leaving the racing area if possible; otherwise a boat retiring from a race shall notify the FYC Main Office immediately upon arriving to shore.
- 15.3 Support, spectator, and coach boats shall stay well clear of the course while any race is in progress unless rendering assistance to any vessel in danger. If a competitor receives such assistance they shall retire. After the finish coaches and spectators shall not communicate with competitors until they are well clear of the finish area. No wake is permitted within 500 yards of the race course while boats are racing. Violation of any part of this section may result in a penalty being assessed up to and including disqualification of the competitor(s) associated with the vessel violating this instruction.

16 TROPHIES

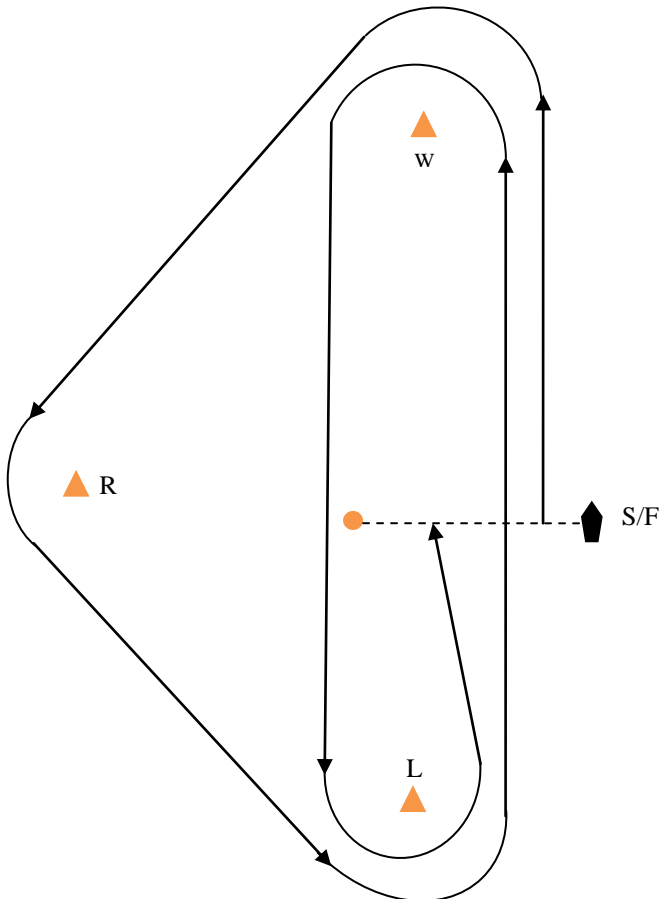
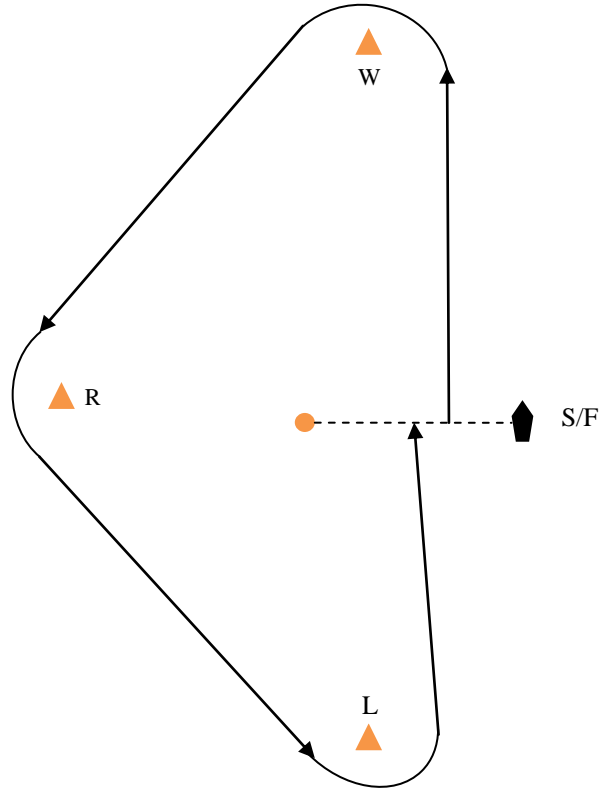
Trophies will be awarded to the top three finishers in each division. There will be an award for the top overall finisher in the Combined Optimist Red, White and Blue divisions. Champions in each Fleet will have their names engraved on the perpetual trophy. Participation awards will be given to all Optimist Green Fleet competitors.

17 SPONSORS

FYC and the Cowford Cup would like to recognize and thank the following sponsors for their generous support: Skip & Katie Borghese for hosting the Friday night Welcome Party, Bagel Love of Avondale, Dieball Sailing, McLaughlin Boat Works, and Subway.

COURSE ADDENDUM

Green Fleet Course
S-W-R-L-F
*All Marks to Port



Course "T"
S-W-R-L-W-L-F
*All Marks to Port.
S/F line is closed

Course "W"
S-W-L-F
*All Marks to Port
S/F line is closed
of legs will be indicated on course board

