



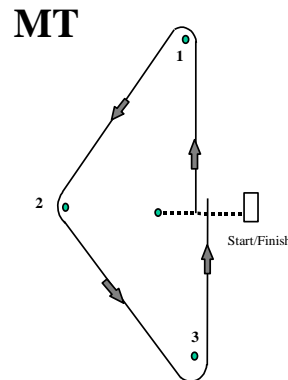
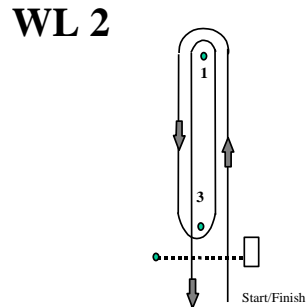
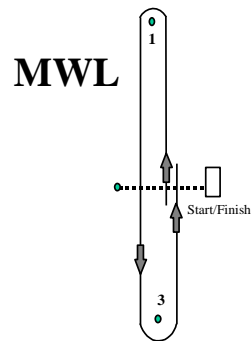
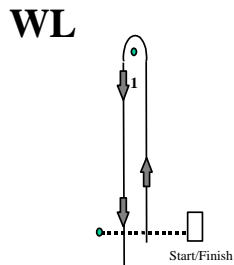
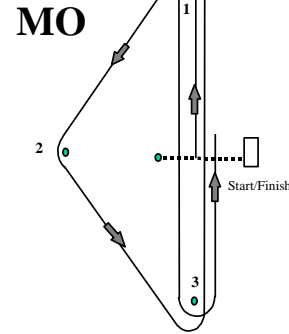
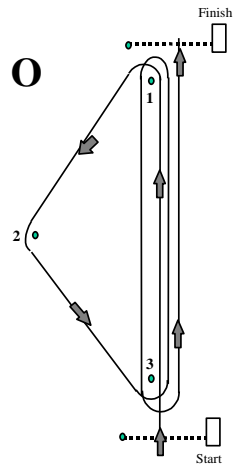
14TH ANNUAL LAKE NORMAN HOSPICE REGATTA

SAILING INSTRUCTIONS

Division 5

Junior Sunfish, Laser, 420, and Optimist (Red, Blue, & White)

THE LAKE NORMAN
HOSPICE REGATTA



Two Times Around (Shown) S-1-3-1-F
Three Times Around S-1-3-1-3-1-F

1 RULES

- 1.1 The 14th Annual Lake Norman Hospice Regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 RRS 40 is changed. USCG approved life jackets are required on the water at all times. Flag "Y" will not be displayed.

2 ENTRIES

Eligibility and Entry is in accordance with the Notice of Race.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board for Division 5, located at the Pavilion.

4 CHANGES IN SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted on the Division 5 notice board two hours before the scheduled start on the day it will take effect, except that any change in the schedule of races will be posted on the Division 5 notice board, and on the Club Calendar on the LNYC Website, by 1900 on the day before it will take effect.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the flag mast on the Junior Signal boat at the 420 dock.
- 5.2 When flag "AP" (Answering Pennant - red/white vertical stripes) is displayed ashore with two sound signals, the race is postponed. The Warning Signal will be made not less than 30 minutes after "AP" is lowered.

6 SCHEDULE OF RACES

Day & Date	Time	Event
Sat., May 31	1055	1 st Warning, first race of the day; other races to follow
Sun., June 1	0925	1 st Warning, first race of the day; other races to follow
	1400	No warning signal after this time

7 DIVISION FLAGS

Division flags will be:

Division	Flag
Optimist – Red, Blue & White fleets	Opti Class Flag
Laser	International Code Flag 1
Club 420	International Code Flag 2
Sunfish	International Code Flag 3

8 CLASS/COURSE SIGNALS

- 8.1 A class of three or more boats will constitute a fleet and start in its Division.
- 8.2 The signal for each Division's start will be the appropriate Division flag displayed on the Signal Boat.

- 8.3 The course for the next Division to start shall be posted near the stern of the Race Committee boat before or with its Warning Signal.
- 8.4 The numeral "2" or "3" when posted with the Course placard designates that the course shall be sailed two or three times around.

9 MANDATORY CHECK-IN

- 9.1 All competitors shall check in with the Division 5 Signal Boat before the first race of each day. Failure to check in may result in disqualification.

10 THE COURSES

- 10.1 The diagrams on the last page illustrate the courses, including the approximate angles between legs, the order in which marks are to be rounded or passed, and the side each mark is to be left.
- 10.2 For courses MO, MWL, and MT, the start/finish line shall not be crossed except when starting or finishing.

11 MARKS

- 11.1 Marks "1", "2", and "3" will be red spheres with the following exception:
- 11.2 Mark "1" will be a WHITE sphere for Laser, Sunfish and 420 fleets.
- 11.3 The starting and finishing marks will be the Division 5 Signal Boat at the starboard end and a staff with an orange flag at the port end.

12 THE START

- 12.1 Races will be started in accordance with RRS 26.
- 12.2 The starting line will be between the Division 5 Signal Boat at the starboard end and a staff with an orange flag at the port end.
- 12.3 Boats whose warning signal has not been made shall keep clear of the starting area during the starting sequence for other races.

13 RECALLS

- 13.1 Race committee may attempt to verbally notify OCS boats. However, failure to do so will not be grounds for redress.

14 THE FINISH

The finishing line will be between the Division 5 Signal Boat at the starboard end and a staff with an orange flag at the port end.

15 TIME LIMIT

- 15.1 The time limit will be 15 minutes to the first mark for the lead boat of each class and 45 minutes for the lead boat of each class to complete the course.
- 15.2 Any boat that does not finish within 15 minutes of the lead boat in its class may be assigned a finishing position by the Race Committee and may be towed to the starting area.

16 PROTESTS

- 16.1 Protest forms are available in the Race Management Center.
- 16.2 Protests shall be written on protest forms and submitted at the Race Management Center within the protest time, which will begin when the Division 5 Signal Boat returns to the dock and ends 30 minutes later. The Race Committee may sound a signal at the beginning of the 30-minute period.
- 16.3 The Protest Committee will hear protests in approximately the order of receipt as soon as possible in the Race Management Center.

17 SCORING

- 17.1 Appendix A Low Point Scoring system will be used, except that all races will be scored. This changes RRS A.2.
- 17.2 One race will constitute a regatta for all divisions.

18 PRIZES

Prizes shall be awarded in accordance with the Notice of Race.

19 FUNDAMENTAL RULES AND SAFETY

- 19.1 Each boat is reminded of RRS Part 1 - Fundamental Rules.
- 19.2 In the event a boat retires, she shall notify the Race Committee before leaving the racecourse. Failure to notify the Race Committee may result in disqualification.
- 19.3 Each boat shall be equipped with safety gear as required by Federal, State, local, Class, and fleet regulations.
- 19.4 Support boats shall stay outside the racing area from the time the preparatory signal for the first division is displayed until all boats have finished or the race committee signals a postponement, general recall or abandonment with the following exception:
- 19.4.1 Coaching of White, Blue and/or Red Optimist Fleet skippers is only permitted if directed or approved by the PRO.
- 19.4.2 Coach boats shall neither create wakes nor otherwise interfere with other competitors.