



**OPTI HEAVY WEATHER REGATTA**  
**St. Francis Yacht Club**  
**June 19-22, 2014**

**SAILING INSTRUCTIONS**

**1 RULES**

- 1.1** The regatta shall be governed by the rules as defined in *The Racing Rules of Sailing* (RRS) and the USODA conditions.
- 1.2** RRS 40 is changed as follows: Competitors shall wear personal flotation devices while racing.

**2 ENTRIES**

Eligible boats shall enter by completing the online entry form at [www.stfyc.com](http://www.stfyc.com) and submitting the waiver of liability to the StFYC Race Office prior to 1100 hours on June 20, 2014.

**3 COMMUNICATION WITH COMPETITORS**

- 3.1** A Skipper's Meeting for Green Fleet will be held at 0900 hours on Friday, June 20<sup>th</sup>. A Skipper's Meeting for White, Blue and Red Fleets will be held at 1030 hours on Friday, June 20<sup>th</sup>.
- 3.2** Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (Regatta) entrance of StFYC.
- 3.3** Changes to the Sailing Instructions will be posted by 1100 hours on the day they are to take effect, except any changes to Sailing Instruction 4, Number & Schedule of Races, will be posted by 1900 hours on the day before they take effect.
- 3.4** Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- 3.5** Questions regarding the Sailing Instructions may be submitted in writing to the Race Committee. Questions and written responses will be posted on the Official Regatta Notice Board.
- 3.6** When signal flag AP is displayed from the race deck, the time for the warning signal will be made no earlier than 30 minutes after the lowering of the AP. This changes RRS Race Signals.

**4 SCHEDULE OF RACES**

- 4.1** Schedule is as follows:

Thursday, June 19<sup>th</sup>

1000-1200: Registration  
1300: Practice Race for the Red, White, and Blue Fleets  
1600: Social at St. Francis Yacht Club

Friday, June 20<sup>th</sup>

0800-1030: Late Registration  
0900: Skipper's Meeting for Green Fleet  
1000: First Warning for Green Fleet  
1030: Skipper's Meeting for Red, White, & Blue Fleets  
1200: First Warning for Red, White, & Blue Fleets  
After Racing: Dinner at St. Francis Yacht Club

Saturday, June 21<sup>st</sup>

1000: First Warning for Green Fleet  
1200: First Warning for Red, White, & Blue Fleets  
After Racing: Dinner at St. Francis Yacht Club

Sunday, June 22<sup>nd</sup>

1000: First Warning for Green Fleet  
1200: First Warning for Red, White, & Blue Fleets  
After Racing: Snacks & Awards at St. Francis Yacht Club

**5 RACING AREA**

The intended racing area will be either the water between Fort Mason and the San Francisco Marina or on the San Francisco City Front directly north of the St. Francis Yacht Club.

## **6 COURSES & MARKS**

- 6.1** For the Red, White and Blue Fleets, the courses and marks are described in Attachment A – Official Description of Marks and Courses for the Red, White, and Blue Fleets.
- 6.2** For the Green Fleet, the courses and marks are described in Attachment B – Official Description of Marks and Courses for the Green Fleet.
- 6.2** No later than the Warning Signal, a placard designating the course will be displayed from the Signal Boat.
- 6.3** Mark 3 will be a gate. In the event that the gate is not in place, the single leeward Mark 3 shall be rounded in the same direction as the previous mark.
- 6.4** Mark 1o is an offset set off of weather Mark 1. In the event that Mark 1o is not in place, the single windward Mark 1 shall be rounded in order prescribed in the course description.

## **7 AREAS THAT ARE OBSTRUCTIONS**

- 7.1** **For safety reasons, each of the lines bounded by the following two points is an obstruction:**
  - (a) The northern end of the SF Marina entrance Wave Attenuator and the closest point ashore.
  - (b) The southern end of the SF Marina entrance Wave Attenuator and the closest point ashore.
  - (c) The “H” Beam piling (located approximately 200 yards west of the StFYC) and the closest point ashore.
- 7.2** Boats are prohibited from sailing across any of these lines while racing.

## **8 THE START**

- 8.1** The Class Flag for the Red, White and Blue Fleets will be a black Optimist insignia on a white rectangular background. The Class Flag for the Green Fleet will be a white Optimist insignia on a green rectangular background.
- 8.2** The Starting Line will be between a staff displaying an orange and yellow striped flag on the Starting Line Signal Boat and a red cone set to port or an orange and yellow striped flag mounted on a pin boat set to port.
- 8.3** A boat shall not start later than four minutes after her starting signal. A boat that starts later than four minutes after her starting signal shall be scored DNS. This changes RRS 35.

## **9 RECALLS**

The Race Committee may hail the sail number(s) of the boat(s) identified on the course side of the starting line at the starting signal. The failure of a hail, the failure of a boat hearing the hail or the order of the hails shall not be grounds for redress. This changes RRS 62.1(a).

## **10 CHANGE OF COURSE AFTER THE START**

A change of course after the start will be signaled before the leading boat has begun the leg, although the new mark, identified by a black band, may not then be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark. This changes RRS 33.

## **11 THE FINISH**

The Finish Line will be between a staff displaying an orange and yellow striped flag on the Race Committee Signal Boat and a white mark set to starboard.

## **12 TIME LIMIT FOR EACH RACE**

- 12.1** Boats failing to finish within 20 minutes after the first boat in her class sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5.
- 12.2** The Time Limit for each race is 90 minutes.

## **13 COMMERCIAL TRAFFIC, SAFETY**

- 13.1** As stated in the RRS preamble to the Part 2 rules, when a competitor sailing under these rules meets a vessel that is not, she shall comply with the International Regulations for Preventing Collisions at Sea (IRPCAS) or government right-of-way rules. This supplements, but does not replace the rules of Part 2.
- 13.2** If a commercial vessel has sounded five blasts, and/or the vessel or the Coast Guard identifies an offending boat, the Race Committee shall protest the competitor, in which case the Protest Committee shall assume that the

identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall have the burden of proving otherwise. In the case of a complaint by a Vessel Traffic or the Coast Guard, the protest time limit shall be extended up to two days after the conclusion of the regatta. This changes RRS 60.2(a) and 61.3.

- 13.3** A Race Committee boat may signal a competitor to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing Code Flag V at the boat. The signaled competitor shall promptly comply with the signal unless compliance would create an unsafe condition. If a competitor fails to comply with such a signal, the Race Committee shall protest the competitor, in which case the Protest Committee shall assume that the course alteration would not have created an unsafe condition, and the protested competitor shall have the burden of proving otherwise.
- 13.4** Competitors may not take a penalty under rule 44 for breaking any part of this SI, and a resulting disqualification shall not be excludable under rule A2. The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of competitors impeding ship traffic or violating U.S. Inland Navigation Rules (33 CFR 83).

#### **14 PROTESTS AND REQUESTS FOR REDRESS**

- 14.1** Protests and requests for redress shall be written on Standard US SAILING Protest Forms. Protest Forms are available at the Race Office of St. Francis Yacht Club. Protests shall be lodged at the Race Office within 60 minutes after the arrival of the Race Committee Signal Boat ashore. This time limit will be posted on the Official Regatta Notice Board.
- 14.2** The time, place, and parties to all protest and redress hearing(s) will be posted on the Official Regatta Notice Board within 30 minutes after the close of filing time in 14.1 above. This shall serve as notification as per RRS 63.2.
- 14.3** A request to reopen a hearing on the last day of racing must be delivered to the Front Desk of the St. Francis Yacht Club within 60 minutes of the announcement of the Protest Committee's decision (oral or written). This changes RRS 66.

#### **15 RESTRICTED AREAS**

Boats shall not pass through the "H" Beam (located approximately 200 yards west of the St. Francis YC). This restricted area is defined as an obstruction and a boat that breaks this rule may not correct her error and shall retire. This changes RRS 28.1.

#### **16 DISPOSAL OF WASTE OR TRASH**

Boats observed breaking RRS 55 are subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee. Discarding elastic or fiber bands or ties when setting a sail is permitted. This changes RRS 55, 60.1(a) and 64.1.

#### **17 SCORING**

- 17.1** One race shall constitute a series.
- 17.2** If fewer than five races are completed, a boat's series score shall be the total of her race scores. If five or more races are completed, a boat's series score shall be the total of her race scores excluding her worst score. This changes RRS A2.

#### **18 PRIZES**

Prizes will be awarded to the top three finishers in each fleet for the Opti Heavy Weather Regatta.

#### **Additional Notices**

##### **BERTHING**

- Competitors' Boats may be stored, free of charge in the lawn-median or dry storage area adjacent to the StFYC clubhouse from Friday evening through Sunday at the direction of the Dockmaster.
- If you plan on leaving a trailer in the City parking lot, an overnight parking permit must be obtained from the Race Office.

**ATTACHMENT A**  
**OFFICIAL DESCRIPTION OF MARKS AND COURSES FOR THE RED, WHITE, AND BLUE FLEETS**

MARK	DESCRIPTION
1	Inflatable yellow cone set as a Windward Mark
1o	Inflatable red cone set as an Offset Mark to be rounded in the same direction as the Windward Mark
2	Inflatable yellow cone set as a Gybe Mark
3	Inflatable yellow cones set as a Leeward Gate (boats must pass between the two gate marks) below the starting line
<b>Start Line</b>	The Starting Line will be between a staff displaying an orange and yellow striped flag on the Starting Line Signal Boat and a red cone set to port or an orange and yellow striped flag mounted on a pin boat set to port
<b>Finish Line</b>	The Finish Line will be between a staff displaying an orange and yellow striped flag on the Race Committee Signal Boat and a white mark set to starboard

COURSE	ROUNDING ORDER
<b>A</b>	Start → 1(p) → 1o(p) → 3gate → Finish
<b>B</b>	Start → 1(s) → 1o(s) → 3gate → Finish
<b>C</b>	Start → 1(p) → 1o(p) → 3gate → 1(p) → 1o(p) → 3gate → Finish
<b>D</b>	Start → 1(s) → 1o(s) → 3gate → 1(s) → 1o(s) → 3gate → Finish
<b>E</b>	Start → 1(p) → 2(p) → 3(p) → Finish
<b>F</b>	Start → 1(s) → 2(s) → 3(s) → Finish
<b>D</b>	Start → 1(p) → 2(p) → 3(p) → 1(p) → 3(p) → Finish
<b>G</b>	Start → 1(s) → 2(s) → 3(s) → 1(s) → 3(s) → Finish
(p) = to Port      (s) = to Starboard	

**ATTACHMENT B**  
**OFFICIAL DESCRIPTION OF MARKS AND COURSES FOR THE GREEN FLEET**

MARK	DESCRIPTION
1	Inflatable orange shape set as a Windward Mark
2	Inflatable orange shape set as a Gybe Mark
3	Inflatable orange shapes set as a Leeward Gate (boats must pass between the two gate marks) below the starting line
<b>Start Line</b>	The Starting Line will be between a staff displaying an orange and yellow striped flag on the Starting Line Signal Boat and a red inflatable shape set to port or an orange and yellow striped flag mounted on a pin boat set to port
<b>Finish Line</b>	The Finish Line will be between a staff displaying an orange and yellow striped flag on the Race Committee Signal Boat and an orange inflatable shape set to starboard

COURSE	ROUNDING ORDER
<b>A</b>	Start → 1(p) → 3gate → Finish
<b>B</b>	Start → 1(s) → 3gate → Finish
<b>C</b>	Start → 1(p) → 3gate → 1(p) → 1o(p) → 3gate → Finish
<b>D</b>	Start → 1(s) → 3gate → 1(s) → 1o(s) → 3gate → Finish
<b>E</b>	Start → 1(p) → 2(p) → 3(p) → Finish
<b>F</b>	Start → 1(s) → 2(s) → 3(s) → Finish
<b>D</b>	Start → 1(p) → 2(p) → 3(p) → 1(p) → 3(p) → Finish
<b>G</b>	Start → 1(s) → 2(s) → 3(s) → 1(s) → 3(s) → Finish
(p) = to Port      (s) = to Starboard	