

2015 Jefferson Cup Requirements

LNYC Junior Program Sailors

1. Each sailor may earn one of the classes listed below to distinguish level of participation.
 - a. 15 pts = Seaman
 - b. 25 pts = First Mate
 - c. 50 pts = Skipper
 - d. 75 pts = Captain
 - e. 100 pts = Admiral
2. Eligibility: All Registered LNYC Junior Program Sailors
3. Record the number of points earned between November 1, 2014 and October 31, 2015 on the spreadsheet.
 - a. Junior club series race, High School events (one day regattas) = 2 pts
 - b. Regatta LNYC, SAYRA, High School, Away, etc. (two day regattas) = 3 pts
 - c. Formal practice/ training/ mentoring session or clinic = 1 pt per day
 - d. Sailing camp = 1 pt/day & Friday's club race during camp= 2 pts
 - e. Regional or International event/ championship / qualifier
(Opti Southeasterns, District Qualifiers, etc.) = 4 pts
 - f. National championship regatta National / World / Qualified event
(Opti Team Trials, Opti Nationals, Laser North Americans, Sears Bemis Smyth, Great Oaks, etc.)
= 5 pts or 1 pt per day whichever is greater
 - g. Qualify for SAYRA Junior Series or D-12 Series = 2 pts
 - h. Cruise sail = 1 pt per day
 - i. Workday = 1 pt
 - j. Race committee = 1 pt per day
4. Each sailor is responsible for keeping a log of his/her activities and points.

This log is from November 1, 2014 thru October 31, 2015.

*** Deadline to have Jefferson Cup Log turned into Junior Director is 11/1/15***

