



March 3, 2015

Dear 2015 U.S. Junior Women's Competitor and Parents,

Welcome to Columbia Sailing Club. Our members are thrilled to host the 2015 U.S. Junior Women's Doublehanded Championship for the Ida Lewis Trophy and have you as a guest at our club. We are in the process of planning a week full of activities.

WEBSITE INFORMATION:

Official Website including Results and photos:

<http://www.ussailing.org/racing/championships/youth/jrwomensdoublehanded/>

CSC: www.columbiasailingclub.org

Area information: www.lakemurraycountry.com

AIR ARRIVAL AND DEPARTURE: The arrival window for all competitors traveling by air will be Thursday, June 25th, between 1:00 p.m. to 6:30 p.m. Departure for all competitors will be Wednesday, July 1. Departing flights should not be scheduled before 8 a.m. or after 11:50 a.m. on Wednesday. Competitors may leave after the Awards Presentation with a parent or guardian; however, if they plan on doing so, we must be notified in advance. All boats and trailers must be gone by 3:00pm, Wednesday, July 1.

US Sailing has negotiated a discount code from United Airlines for travel to the 2015 championships. The website to apply our discount is <http://www.ussailing.org/membership/benefits/>. This must be done through the US Sailing website; it cannot be done either through a travel agent or using the regular United website.

You will receive an email from the championship via Regatta Network with a link to add your travel plans. It is imperative that you enter your arrival and departure details **no later than May 31**. You can use this link to update/change your plans at any time prior to this deadline. After May 31, you must email any changes to the registrar: janekey@att.net. Any travel arrangements that deviate from the above guidelines must be requested and approved in advance by the National Chair, Ellen Cluett Donnelly, ellendonnely@att.net by May 31 – no exceptions!

UNACCOMPANIED MINORS:

If you are considered an unaccompanied minor by your airline, you must enter this in your travel details on Regatta Network. Appropriate arrangements must be made in advance with the airline, specifically contact/pick-up information. The CSC Transportation Chair will be in contact with you regarding these details once you have entered this status into Regatta Network. Be prepared to pay any fees, by credit card, when you check in for your flight home.

AIRPORT INFORMATION:

Ground transportation for arriving competitors will be coordinated only between Columbia Metropolitan Airport (CAE) and Columbia Sailing Club (CSC). You will need to make your way to the baggage claim area without an escort. In the event that your luggage is delayed, don't forget to include the following on your luggage tag:

Columbia Sailing Club, 292 Shuler Road, Columbia SC, 29212 (803) 781-4518

Regatta volunteers will meet you in the baggage claim area for your flight with a sign that says: "U.S. JUNIOR WOMEN'S DOUBLEHANDED CHAMPIONSHIP @ CSC" and take you to the waiting shuttle for transportation to CSC.

Passenger shuttles will be hired for transportation. FOR YOUR OWN SAFETY, DO NOT ACCEPT RIDES OR TRANSPORTATION to or from Columbia Metropolitan Airport that have not been arranged through the regatta.

TRAVEL QUESTIONS:

We will be tracking the arrival of each person carefully. If there is a flight delay or problems with your itinerary on arrival day, please call the Event Chair at (803) 261-3391, immediately. We suggest you program this number into your cell phone.

DRIVING DIRECTIONS:

Visit www.columbiasailingclub.org and click on "About" to obtain driving instructions. Please do not arrive before registration opens.

REGISTRATION:

Registration will be at CSC on June 25 from 1:30-6:30 p.m. The transportation shuttle from the airport will drop you off at CSC. Once you arrive, the registration team will review to determine that all forms have been correctly submitted. Life jackets will be inspected at this time as well. You will not be allowed to sail unless you have an approved USCG personal flotation device as outlined in the Notice of Race (NOR). Refer to the NOR for the requirements. Your sails and boat may be measured at any point. All equipment and sails must be class legal.

FIRST EVENING:

Dinner will be served starting at 6:30 p.m. Host families will meet their sailors at 7:30 p.m. at the clubhouse.

WAIVERS:

Each competitor must send all five required waivers by May 15 to the registration chair, Jane Key, 2209 Wheat Street, Columbia SC 29205.

The waivers are attached to the end of this letter. If any medical issues change after that date, it is the responsibility of the parent/competitor to notify Jane. It is suggested that the competitor bring a copy of her medical insurance card and a list of medications, if any.

HOUSING:

All competitors will be assigned a host family for the duration of the event. Competitors will be informed of the name of the host family at registration. While we will make every request to house sailors together who wish to, we cannot guarantee that. Do not call CSC as housing assignments are not confirmed until the day before registration. It is a nice gesture to bring a small gift to thank your housing hosts. You are guests in their homes, so please act accordingly by honoring their generosity to share their respective homes with you. The final night of housing will be Tuesday, June 30.

No alternative housing will be permitted and local competitors may be permitted to stay at their own home in accordance with criteria details in the U.S. Junior Women's Championships Conditions. See condition 5.12 of the NOR.

When you arrive at the home of your host family, call your parents with the host family's phone number. Exchange cell phone numbers with your host family as well to facilitate pick-up times. Transportation to and from CSC will be by the host family. Competitors are NOT permitted to drive at any time during the event. Competitors are required to attend all events.

MEALS:

Breakfast will be served at the club, Friday through Wednesday. Lunches will be buffet style and available during breakfast – sailors will make their own lunches each day of the regatta. Dinners will be at CSC on Thursday, Friday, Sunday, Monday, and Tuesday. Saturday evening dinner will be with the host family. The Championship Banquet will be at CSC on Tuesday night. While dress is casual at Columbia Sailing Club, competitors should expect to be in proper attire while eating dinner in the clubhouse: no beach or athletic attire, for example, tank tops, cut-off shorts or spandex.

PARENTS AND GUESTS

Parents are welcome to come and watch the sailing, but remember that no outside contact is permitted from the moment you step onto the yacht club property until the chief judge dismisses you at the end of the day. Your parents will not be permitted to talk to you or your friends, help rig or de-rig, pull boats out of the water - no contact at all.

These conditions were laid down by C. Thomas Clagett, whose trust covers the coaching at the championship. We must ask you and your parents to respect this. Violators are likely to be subject to protest, so please, parents and sailors both take this seriously. Refer to section 15 of the NOR entitled "Coaching" for more information.

Parents and guests are responsible for their own housing and meals. Go to www.lakemurraycountry.com for information. Hotel and restaurant information will also be posted on www.columbiasailingclub.org. Parents who wish to attend the Championship Banquet may reserve tickets in advance until June 23 by emailing jan.iernigan@ms.com. Guest tickets for the Awards Dinner may be purchased at CSC during registration on Thursday, June 25. Tickets will be \$40 per guest. Please refer to section 15 of the NOR titled Coaching for more information about contact with competitors.

AWARDS PRESENTATION:

The Awards Presentation is on Tuesday, June 30. Attendance by the competitors is mandatory. Competitors

will not be allowed to leave before the Awards without prior approval of Ellen Donnelly, national chair, and permission will only be granted for extenuating circumstances. The presentation will conclude no later than 6:30 p.m.

CHARTER BOATS:

Successful applicants will be notified directly by Zim Sailing and will organize payment through Zim Sailing. If you have applied for a charter, you are obliged to accept it unless another competitor can be awarded the boat. The link to apply for a charter is <http://www.ussailing.org/racing/championships/youth/jrwomensdoublehanded/> Do NOT call Zim Sailing if you have not applied for a charter.

Sailors who are interested in chartering or purchasing just sails should contact Zim Sailing after April 30th. If you are interested in purchasing a previously chartered boat, please contact Zim Sailing after April 30th.

CHARTER BOATS-CANCELLATIONS:

If at any time the competitor's plans change and she will not be able to attend the championship, or she no longer needs the charter boat that we have assigned, the competitor must notify Liz Walker: lizwalker@ussailing.org . Charter fees will only be refunded if the boat can be chartered by another competitor; otherwise you will be responsible for the fee.

Charter boats do not include sails, bridles or trapeze harnesses. You will need to bring your own or make arrangements to have them shipped. Sails should be shipped with return shipping labels. Arrangements are the responsibility of the sailor, not CSC or US Sailing.

COMPETITORS' OWN SAILBOATS:

Competitors who are bringing their own sailboats should arrive at CSC after noon and before 5 p.m. on Thursday, June 25. Trailers will be stored at CSC for the week. Competitors will be expected to attach the provided hull and sail numbers following registration.

Launching: You will be instructed at registration how boat launching will be handled.

CREW CHANGES:

Occasionally, unanticipated situations may make it necessary for teams to change crew. There may not be any substitution for members of the team except as provided below:

Substitution of a team member after acceptance in a championship can be requested for medical reasons or death in the family. Exceptions may be made for unexpected work/ school conflicts. Supporting documentation may be requested. All substitutions must be adequately explained by the qualified helmsman and accepted by the Organizing Authority.

In the event that the substitution is not approved, the next team in line will be accepted.

Competitors who wish to change sailing partners must submit a request in writing, stating the reason, to Ellen Donnelly, national chair, ellendonnelly@att.net . We encourage you to plan well in advance in an effort to retain your original team. See section 6 of the NOR for additional information.

RACING CLINIC:

There will be a **mandatory**, two-day clinic held on Friday and Saturday, June 26 and 27. The clinic is funded

by a generous donation from the Clagett Trust. You are required to attend with your boat rigged and ready to sail, with a notebook, pen, and current rule book. You can order the app from the US Sailing website if you prefer: www.ussailing.org .

PRIVATE COACHES:

Private coaches are not allowed. This is a Grade 2 event as described in the US Sailing Championship Support Vessel policy. See section 15 of the NOR for additional information.

SPECTATOR BOATS:

It is our intent to provide a spectator boat, only on race days, for those wishing to go on the water. There will be no spectator boat on clinic days. Pre-registration is required – please e-mail jan.jernigan@ms.com for information and to reserve a spot by June 15. Lunch and beverages will be provided. Cost is \$10 per person. Again, refer to section 15 of the NOR titled Coaching for the rules regarding contact with competitors. **NO PRIVATE SPECTATOR BOATS WILL BE PERMITTED IN THE RACING AREA.**

SAILING VENUE:

The regatta will be sailed on Lake Murray, South Carolina, between the Lake Murray Dam to the east and Spence Islands to the west. In late June, the average air temperature is between 72 and 90 degrees, and the water temperature is between 80 and 84 degrees. The winds can be light and variable. Be ready for all weather and bring sailing gear appropriate for weather. It's always better to overpack than to be under prepared.

SAILING INSTRUCTIONS:

The final form of the Sailing Instructions will be distributed at registration. They will be available in preliminary form on the championship's website prior to the event.

WEATHER/APPROPRIATE GEAR:

A detailed weather and local conditions seminar will be given to the competitors during the clinic, and daily weather briefings will be presented and posted on each of the racing days. Visit www.columbiasailingclub.org for weather links that will provide local weather forecasts. Be prepared to shed layers as the day warms.

ALCOHOL AND DRUGS:

Per US Sailing Regulation 10.10.01: The use of alcohol or any illegal drug by a competitor will not be allowed or tolerated during the event. Offenders will be dealt with strictly as stated in the Notice of Race.

CURFEW:

There will be a 10 p.m. curfew during the event, meaning that ALL competitors must be at their host home 10 p.m. each night. These regulations are in effect from Thursday, June 25, through Wednesday, July 1. There will be no exceptions. We are not trying to make the event less fun – rather, we are very concerned for the safety of each competitor.

TREATING THE HOST CLUB PROPERLY:

CSC has been preparing for and working on this event for more than a year. Be assured that we have planned

the best possible championship regatta for you, from the racing, to the food, the social events and housing. Please be as self-sufficient as possible and help others as needed.

LOST ITEMS:

Mark all your belongings with an indelible marker in advance! All items with a name clearly on them usually get returned. This also applies to your own spars and other personal boat equipment.

PACKING LIST:

- Personal Flotation Device- US Coast Guard (USCG) approved only, no exceptions
- Sunscreen, sunglasses, hat, towel
- Tools and parts for personally owned boats
- A 26-foot, 3/8 inch diameter, floating towline with a loop in the end of the line that is not to be secured to the boat (required for private and chartered boats)
- Notebook, pen, current rule book
- Personal entertainment (e.g. iPod, iPad, books, magazines)
- One small burgee from your yacht club or sailing association to trade
- Please see the notes on proper attire at CSC; the Awards Dinner is a dressy affair
- Appropriate sailing gear and clothing
- Trapeze harness
- Re-usable water bottle clearly labeled with your name
- A small gift for your host family
- Sneakers

Sincerely,

2015 U.S. Junior Women's Doublehanded Championship Committee

Waivers are attached. Mail by May 15, to: Jane Key, Registrar 2015 JWDC
2209 Wheat Street
Columbia, SC 29205

DO NOT SEND ANY PAPERWORK TO US SAILING



Mail by May 15 to: Jane Key, 2209 Wheat Street, Columbia, SC 29205

2015 US Jr WOMEN'S DOUBLEHANDED CHAMPIONSHIP CONTACTS

Event Chair: Jan Jernigan jan.jernigan@ms.com
Event Co-Chair: Robert Key robertkey@att.net
Registration Chair: Jane Key janekey@att.net

Transportation Hotline for day of travel ONLY: (803) 261-3391
Changes in travel plans should be entered through your online registration or via email to jan.jernigan@ms.com.

Columbia Sailing Club
292 Shuler Road
Columbia, SC 29212
www.columbiasailing.org
(803) 781-4518

National Chair, Ellen Donnelly
ellendonnelly@att.net
(281) 450-5212.

US Sailing, Liz Walker lizwalker@ussailing.org
(401) 682-2951
<http://www.ussailing.org/racing/championships/youth/jrwomensdoublehanded/>



MEDICAL CONSENT FORM

Each participant must complete and sign a copy of this form. Please fill it out completely. Incomplete forms will not be accepted.

NAME OF PARTICIPANT: _____

NAME OF PARENT OR GUARDIAN (if under 18): _____

In the event of accident or injury to myself, my spouse or any child of mine (specifically including my child if named above as the "Participant") or in the event of illness of myself, my spouse or any child of mine while in, on or about the premises of Columbia Sailing Club or while participating in any activity sponsored by or under the auspices of Columbia Sailing Club under circumstances where I am physically unable to consent or am not present:

1. I hereby voluntarily consent to the furnishing to myself, my spouse or any of my said children of such medical care, attention and treatment by any hospital, physician or physicians as such hospital, physician or physicians may deem necessary or advisable.
2. I authorize the general manager, head coach or any officer or member of Columbia Sailing Club to consent to such medical care, attention or treatment.
3. I agree to pay all costs of such medical care, attention or treatment and to hold free and harmless of and from any and all liability for such cost, Columbia Sailing Club, United States Sailing Association and the officers and members of each.

I, the undersigned, do hereby authorize and consent to any x-ray examination, anesthetic, medical or surgical diagnosis or procedure rendered under the general or specific supervision of any member of the medical staff or of a dentist licensed by the state of South Carolina or any hospital holding a current operating certificate issued by the South Carolina Department of Public Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to provide authority and power to render care which the aforementioned physician in the exercise of his best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

Signature: _____

Parent/Guardian Signature (if under 18): _____ Date: _____

MEDICAL INFORMATION

Competitor's name: _____

Address: _____

City/State/Zip: _____

Phone _____ (home) _____ (cell) Date of Birth: _____

THE PARTICIPANT AND/OR THEIR PARENT(S) MUST RESPOND TO THE FOLLOWING QUESTIONS AS ACCURATELY AND COMPLETELY AS POSSIBLE:

Please check those that apply: (Provide necessary details below)

CHRONIC AILMENTS:		ALLERGIES:	
ASTHMA, OR OTHER RESPIRATORY PROBLEMS		MEDICATION (please list below)	
DIABETES OR HYPOGLYCEMIA		LATEX	
HEMOPHILIA, OR OTHER BLEEDING PROBLEMS		BEE STINGS/INSECT BITES	
CIRCULATORY OR HEART PROBLEMS		IF YES, DO YOU CARRY AN EPIPEN?	
EPILEPSY/ SEIZURE		FOODS	
OTHER		OTHER	

DATE OF LAST TETANUS/ DIPHTHERIA/ TOXOID / T/d or Tdap SHOT: _____

CURRENT MEDICATIONS AND DOSAGE IF ANY: _____

DETAILS: _____

PLEASE MAKE SURE YOU HAVE FILLED IN ALL THE NECESSARY INFORMATION If any of the above mentioned information changes before or during the event, please submit in writing all pertinent information to the regatta chairperson.



PHYSICIAN WHO CONDUCTED YOUR MOST RECENT PHYSICAL EXAMINATION:

Physician name: _____

Phone number: _____

Date of last exam: _____

CURRENT HEALTH INSURANCE CARRIER: _____

INSURANCE ID NUMBER: _____

PLEASE BRING A COPY OF YOUR INSURANCE CARD TO THE REGATTA

IN CASE OF EMERGENCY CALL:

NAME	RELATIONSHIP	PHONE NUMBER



DEPICTION RELEASE

The signed consent form MUST be on file in order to complete registration. One must be on file for each sailor.

In consideration for my participation in the U.S. Junior Women's Doublehanded Championship ("the "Regatta"), sponsored by US Sailing, Gill NA, Products and local sponsors, and supported by the Clagett Trust (collectively the "Sponsors") and hosted by Columbia Sailing Club (the "Host") on June 25 –July 1, 2015, the undersigned participant ("Participant") and if such Participant is a minor, the Participant's parent or legal guardian by countersigning below ("Parent/ Guardian"), hereby grant to the Sponsors and the Host, perpetually and irrevocably, the unconditional and exclusive right, title and interest throughout the world to use, simulate and portray Participant's name, likeness, voice, personality, personal identification, and personal experiences, incidents, situations and events, whether visual and/or audio, including without limitation photographs, videotape, film and other recordings, electronic or optical-based media, or any other form or medium whatsoever, whether now or hereafter existing, and of every kind and character (collectively "The Images"), which may be taken or taken of Participant while participating in any aspect of the Regatta. Participant and Parent/Guardian understand and agree that one or more of the Sponsors and/or Host will be the owner(s) of any and all right, title and interest in and to the Images, in any derivative works, and in any merchandising, advertising, promotional and publicity rights and materials related thereto in all media of every nature whatsoever, whether now known or hereafter devised. Participant reserves no rights with respect to such uses. Participant and Parent/Guardian acknowledge the Sponsors' and the Host's right, title and interest in and advertisement, promotion, distribution and sale of products or events directly or indirectly related to the Regatta and/or yacht racing. Participant and Parent/Guardian agree that the Sponsors and the Host shall have unlimited right to vary, change, alter, modify, add to, and delete from any depictions of Participant in the Images and to rearrange and/or transpose such depictions as each may determine. Participant and Parent/ Guardian hereby waive any right to inspect, review or approve the Images and their use by the Sponsors and the Host and acknowledge that they are to receive no payment with respect to any matter referred to herein and that any and all of the rights granted herein are freely assignable by Sponsors and/or Host.

PARTICIPANT AND PARENT/GUARDIAN, ON BEHALF OF THEMSELVES AND THEIR RESPECTIVE HEIRS, EXECUTORS, ADMINISTRATORS, PERSONAL REPRESENTATIVES AND NEXT OF KIN (COLLECTIVELY, "RELEASERS"), HEREBY FOREVER WAIVE, RELEASE AND DISCHARGE EACH OF THE SPONSORS, THE HOST AND THEIR RESPECTIVE PARENTS, SUBSIDIARIES, AFFILIATES, OWNERS, MEMBERS, MANAGERS, EMPLOYEES, OFFICERS, DIRECTORS, AGENTS, SUCCESSORS, ASSIGNS AND REPRESENTATIVES (EACH A "RELEASED PARTY") FROM ANY AND ALL CLAIMS, DEMANDS, OR CAUSES OF ACTION THAT RELEASERS MIGHT NOW OR HEREAFTER HAVE FOR LIBEL, DEFAMATION, INVASION OF PRIVACY, RIGHT OF PUBLICITY, INFRINGEMENT OF COPYRIGHT OR TRADEMARK, OR VIOLATION OF ANY OTHER RIGHT ARISING OUT OF OR RELATING TO ANY UTILIZATION OF THE RIGHTS GRANTED UNDER THIS DEPICTION RELEASE.

PARTICIPANT (Signature): _____ Date: _____

Name (Print): _____

PARENT OR GUARDIANS FOR MINORS (UNDER 18 YEARS OF AGE)

The undersigned parent and/or natural or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to waive and hold harmless and indemnify each and all of the Released Parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said Party (ies) because of any defect in or lack of such capacity to so act and release said Party (ies) on behalf of all Releasers as specified herein.

PARENT/GUARDIAN (Signature): _____ Date: _____

PARENT/GUARDIAN (Print): _____



HOUSING FORM

Each sailor must complete and sign separate copies of this form. Please fill it out completely - incomplete forms will not be accepted.

Competitor's name (*please print*) _____

Home Address _____ Age _____

City/State/Zip _____

Email: _____

Parent's Email: _____ Parent's Daytime Phone (____) _____

Parent's Home Phone (____) _____ Parent's Emergency Number (____) _____

ROOMMATE: Is there any competitor with whom you would like to share a room? **No Guarantees!**

Name(s): _____

Pet allergies: Cat ____ Dog ____ None ____

Do you have asthma? _____

Competitor's Agreement: I accept US Sailing's invitation to sail in the U.S. Junior Women's Doublehanded Championship. By accepting this invitation, I agree to comply with the restriction on drinking and the use of illegal drugs, and with the 10:00 PM curfew for the entire event. I also agree to share in the responsibility for making the event run smoothly both on and off the water. In particular, I will respect that others are also taking this championship seriously, I will respect property that is not mine, I will respect the efforts of the event hosts, and I will respect and show appreciation for the generosity of my housing hosts.

Competitor's Name (Signature): _____ **Date:** _____

Competitor's Name (Print): _____

Competitor's Parent(s) Agreement: I/We have read the competitor's agreement above and the restriction on the use of alcohol and illegal drugs during the U.S. Junior Women's Doublehanded Championship. I/We fully understand that offenders of the restriction will immediately be removed from the racing and if practical sent home. I/We understand that I/we are responsible for the behavior of myself/our child and liable for any damage to property, including chartered boats, caused by her, and damage to Columbia Sailing Club property.

Parent's Name (Signature): _____

Parent's Name (Print): _____ **Date:** _____

Mail by May 15 to: Jane Key, 2209 Wheat Street, Columbia, SC 29205



RELEASE OF LIABILITY

In consideration of the undersigned's participation in the U.S. Junior Women's Doublehanded Championship ("the Regatta") sponsored by US Sailing, Gill NA, and local sponsors and supported by the Clagett Trust (collectively, the "Sponsors") and hosted by Columbia Sailing Club (the "Hosts") on June 25 - July 1, 2015, the undersigned participant ("Participant"), and if such Participant is a minor, the Participant's parent or legal guardian by countersigning below, on behalf of themselves and their respective heirs, executors, administrators, personal representatives and next of kin (collectively with Participant, "Releasers"), hereby forever waive, release and discharge each of the Sponsors, the Host and their respective parents, subsidiaries, affiliates, owners, members, managers, employees, officers, directors, agents, representatives, successors and assigns (each a "Released Party") from any and all claims, demands, damages, judgments, executions, rights of action or causes of action, present or future, whether the same be known, anticipated or unanticipated, which a Releaser may have, or claim to have, against any Released Party resulting from death, personal injury, property damage or other loss Releaser may sustain as a result of participating in the Regatta or other activities related thereto.

THIS RELEASE IS INTENDED TO DISCHARGE EACH RELEASED PARTY FROM ANY AND ALL LIABILITY ARISING OUT OF OR CONNECTED IN ANY WAY WITH RELEASER'S PARTICIPATION IN THE REGATTA EVEN IF THAT LIABILITY ARISES OUT OF NEGLIGENCE OR CARELESSNESS ON THE PART OF ANY RELEASED PARTY.

Releasers hereby acknowledge that serious accidents occasionally occur during sailing activities and those mortal or serious personal injuries and/or property damage or other loss may result from participation in the Regatta. Releasers knowingly assume all risks of participation in the Regatta, including all risk of personal injury and loss of or damage to the Releasers or their property, including further injury sustained as the result of the efforts of third parties who come to the aid of Releaser(s) if injured as a result of participation in the Regatta, and release all other persons and entities mentioned above who might otherwise be liable to Releasers. Releasers agree to abide by all rules of the Sponsors and the Host in connection with participation in the Regatta and understand that the failure to observe and obey such rules may result in instant revocation of Releaser's(s') right to participate in the Regatta.

Regatta Participant (Signature): _____

Regatta Participant (Print): _____ **Date:** _____

PARENT OR GUARDIANS FOR MINORS (UNDER 18 YEARS OF AGE)

The undersigned parent and/or natural or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to release each and all of the Released Parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said Party(ies) because of any defect in or lack of such capacity to so act and release said Party(ies) on behalf of all Releasers as specified herein.

Parent/Guardian (Signature): _____

Parent/Guardian (Print): _____ **Date:** _____

Mail by May 15 to: Jane Key, 2209 Wheat Street, Columbia, SC 29205



Introduction

Each competitor in a US Sailing Championship or Qualifier hereby pledges to uphold the spirit of this US Sailing Code of Conduct (Code). This Code is not intended to establish a set of rules that will, by inclusion or exclusion, prescribe the appropriate behavior for competitors in every aspect of their participation in a Championship or Qualifier. Rather, the Code offers general principles to guide the conduct of competitors in situations that have ethical implications.

The competitor commits to familiarization with this Code and understands that acceptance of its provisions is a condition of participation in a US Sailing Championship or Qualifier. Competitors who do not conform to this Code will be subject to the consequences of their actions, as specified below. The competitor has a right to a hearing if charged with a violation of this Code.

Elements of the Code

Each competitor in a US Sailing Championship pledges they:

Participation

> Will abide by *The Racing Rules of Sailing*, the US Sailing Regulations, all rules related to the Championship selection procedures as specified by US Sailing, the Championship Conditions, the Notice of Race and the Sailing Instructions for the Championship or Qualifier.

> Are eligible to compete under all US Sailing rules.

Fair Play and Conduct

Will abide by Rules 2 and 69 of the *Racing Rules of Sailing*.

Drugs & Alcohol

> Will abide by US Sailing Regulation 10.01.C for Prohibited Substances as defined below:

> For adult US Sailing championship events, no competitor shall use, either on or off the water: marijuana or any other controlled substance as defined by state or federal law.

> For Junior and Youth events or for junior or youth competitors in any US Sailing championship, no participant or competitor shall use, either on or off the water, marijuana or any other controlled substance, or alcoholic beverages as defined by state or federal law.

Sexual Abuse & Harassment

Will abide by US Sailing Regulation 13.04 for Sexual Abuse & Harassment.

Physical Abuse & Assault

Will abide by US Sailing Regulation 13.05 for Physical Abuse & Assault

Bullying & Hazing

Will abide by US Sailing Regulation 13.06 for Bullying & Hazing.

Enforcement of the Code

> Compliance with this Code depends primarily upon understanding and voluntary compliance, secondarily upon reinforcement by peers, and, when necessary, upon enforcement through disciplinary action.

> If a competitor has been alleged to have violated this Code, the competitor will be given two options:

- A) Voluntarily withdraw from the Championship or Qualifier where the violation occurred. The competitor shall be scored RET in all races sailed and not sailed. A report will be sent to US Sailing. If the offense warrants, further action will be taken pursuant to Rule 69
- or
- B) A hearing will be held and if the Code is determined to have been broken, the hearing panel has the authority to remove the athlete from the venue immediately and mark all races as DSQ. Further action may be taken if needed pursuant to Rule 69.

> Before making a decision whether to withdraw from the Championship or Qualifier, or to request a hearing, the competitor will be given the opportunity to consult with an individual of their choice before racing commences, in order to better understand their options and potential outcomes.

I have read the above code and agree to abide by it as a condition of my (or if under 18, my child's) participation.

Competitor's Signature

Print Name: _____

Date: _____

If under 18, complete the following:

Parent or Guardian's Signature

Print Name: _____

Date: _____