



LLSC Sailing *On the Water* Classes

These classes will feature on the water sailing training at the Lake Lanier Sailing Club designed to help you develop sailing skills. There are 3 choices of classes to fit anyone's needs. These are open class to the Atlanta sailing community to foster growth and education in our sport, LLSC membership is not required. All classes will be taught in the Flying Scot sailboat - which is a 19' cruiser/racer sailboat that offers variety of options to learn to sail or for the more avid one design racer. The Flying Scot is comfortable, stable and safe as well as fun and fast. For complete details on the boat go to www.flyingscot.com.

Class #1 – Adult Sailing 101

Want to start your path to sailing as a sport, need a refresher course or just want to refresh your basic skills – this is the class for you. Taught by Level I certified US Sailing coaches, this class will offer you the basic skills to get off the dock, sailing safely and confidently in a variety of conditions, while returning to the dock safely. Each class is designed to be 3 hours long with 2+ hours on the water and ~ 45 minutes of rigging, chalk talk and de-rigging.

Class Schedule:

Saturday, May 2nd 9-12 pm

Saturday, May 23rd 9:30-12:30 pm

Sunday, June 7th 2-5 pm

Saturday, June 13th, 9:30 – 12:30 pm

Saturday, June 27th, 9:30 – 12:30 pm

Saturday, July 11th, 9:30 – 12:30 pm

More to be added in August.

Class #2 – Adult Racing 101

This class will be geared towards the beginner racer who wants to get on the race course, learn the basics of racing, starting, rules and strategy. This will be offered in conjunction with our regularly scheduled racing series. Coaching will occur for up to 1 hour prior to the start of the race, between races and debrief following the race.

Weekend Series -April 26 1pm rig,

Thursday Series 6pm rig – May 14th, June 11, July 23

Class #3 –WWW Sailing (Wind, Water and Women)

This class is designed as an entry point to fun sailing with the ladies. We encourage all levels to participate and come have fun with female instructors on the boats. The focus will be learning terminology, getting comfortable with the basics and taking it one step at a time. Camaraderie, safety and fun will be the focus.

Dates: May 16th 10am, June 6th 9:30-12:30pm, July 18th 9:30-12:30pm

More dates will be added during the year.

Fees: Members \$30, Non-members \$75 payable at class, LLSC Jr. Program

Must register online as spots are limited to 6. Bring a life jacket, water bottle and clothes for sailing.

For more info go to www.llsc.com home page to register and details. For more options for member only private group lessons or other inquiry's please contact us below.

To register ONLINE: <http://www.regattanetwork.com/event/10034>

Contact info: llscjrsailing@gmail.com (770) 674-3992 or www.llsc.com/juniors

Hosted by LLSC and the LLSC Jr. Program www.llsc.com/juniors for more information on our program and other adult and junior training opportunities.