

# 2015 Northeast Junior Olympic Regatta

July 15-16, 2015

Camden, Maine

## SAILING INSTRUCTIONS

1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS). The organizing authority is the Camden Area Youth Seamanship Program.

## 2 NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board located in the classroom at Camden Yacht Club for Optis and near the registration table for 420's and Lasers.

3.1 Skippers must not have reached their 19th birthday during the calendar year in which the date of the event is held.

## 4 CHANGES IN SAILING INSTRUCTIONS

4.1 Any change in the sailing instructions will be posted before 9:00 am on the day it will take effect, except that any change to the schedule of races will be posted by 6:00 pm on the day before it will take effect.

## 5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed from the Camden Yacht Club flagpole.

5.2 Code flag AP with two horns means: "The race is postponed. The first warning signal will be made not less than 60 minutes after

5.3 Competitors in the 420, Laser and Optimist Championship fleets shall not leave the dock area until the race committee has fired the harbor start gun from the Camden Yacht Club or signal boat located on or near the Camden Yacht Club dock.

5.4 Competitors in the Optimist Green fleet shall not leave the dock area until the race committee has sounded one long horn harbor start signal from the Camden Yacht Club.

## 6 SCHEDULE OF RACES

6.1 The planned schedule of races is as follows:

Wednesday, July 15 multiple races

Thursday, July 16 multiple races

6.2 There is no limit on the number of races.

6.3 On Wednesday, July 15 at 9:30AM, there will be a mandatory skippers meeting at the registration area at Wayfarer Marine/Steamboat Landing for 420's and Lasers.

6.4 The Optimist Championship Fleet and Green fleet will have a skipper's meeting at 9:30 on Wednesday at the Camden Yacht Club. Immediately after the 9:30 am Skipper's Meeting the Green Fleet will meet for additional information in the CAYSP Classroom.

The Optimist Championship Fleet will have a harbor start at 10:00.

The harbor start signal for 420's and Lasers is scheduled for 10:00AM on Wednesday 9:30AM on Thursday.

6.6 For the Optimist Green fleet the harbor start signal is scheduled for 10:15AM on Wednesday, July 15 and 9:30AM on Thursday, July 16.

6.7 The first warning signal for each racing line will be no sooner than 45 minutes after their harbor start signal.

6.8 No race will be started after 4:30pm on Wednesday; no race will be started after 2:30PM on Thursday.

7.1 The class flags will be:

Club 420 Class - numeral pennant #1

Laser Radial Class - numeral pennant #2

Optimist Red/White/Blue Fleets - numeral pennant #3

Optimist Green Fleet numeral pennant #4

8.1 The racing areas are shown on the chart included with these sailing instructions.

8.2 420 and Laser Lines - In the vicinity of RW "CH", NE Passage.

8.3 Optimist Championship Line - Just south of the Curtis Island lighthouse, between Curtis Island and the Graves.

8.5 Optimist Green - passage between the shore and Curtis Island.

9.1 Diagrams showing the courses and the order in which marks are to be passed are on a separate sheet included in these sailing instructions. A copy of these diagrams will be included in each skipper's bag.

9.2 The identifying letter of the course will be displayed on a whiteboard on the race committee boat.

#### 10 Marks at Start

10.1 420 Line turning marks will be orange or yellow inflatable marks.

10.2 Laser Line turning marks will be orange or yellow inflatable marks.

10.3 Optimist Championship Line turning marks will be yellow or orange inflatable marks.

10.4 Optimist Green Line turning marks will be yellow or orange inflatable marks.

10.5 The starting marks will be a race committee signal boat with an orange flag at the starboard end and yellow or orange inflatable mark at the port end.

10.6 The finishing marks will be a race committee boat at the starboard end and a yellow or orange inflatable mark at the port end.

#### 11 Signals at the Start

11.1 The 420, Laser and Optimist Championship Lines will be started using RRS 26.

Title	Signal	Sound	Time to Start
Warning	Class Flag / Numeral pennant	horn	5 minutes
Preparatory	P, I, Z, Z with I, or black flag	horn	4 minutes
One minute	Preparatory flag down	horn	1 minute
Start	Class Flag / Numeral pennant down	horn	0 minutes

11.2 The Optimist Green Line will be started using RRS Appendix S, Sound-Signal Starting System (the three-minute start)

11.3 Boats whose warning signals have not been made shall keep clear of the starting line and of all boats whose warning signal has.

11.5 A boat shall not start later than 5 minutes after her starting signal.

11.6 A series of short sound signals will precede the warning signal before starting the races of the day.

## 12 CHANGE OF THE NEXT LEG OF THE COURSE

12.1 To maintain a course configuration or change course length, marks may be moved as necessary as specified by RRS 33 and RRS 34.

## 13 Time Limits

13.1 The time limit for each race will be 45 minutes. Boats failing to finish within 30 minutes after the first boat finishes will be scored Did Not Finish (DNF).

## 14 PROTESTS AND REQUESTS FOR REDRESS

14.1 A competitor shall not communicate with a coach, parent or other support person before reporting the intention to protest to the race committee.

14.2 Protests shall be in writing, on forms available in the classroom at CYC, and shall be delivered to the desk within the protest time limit. For 420's and Lasers forms are also available at Steamboat Landing AND must be filed at CYC.

14.3 Protest time limit is 45 minutes after the race committee boat of the respective fleet has docked. The docking time and protest time limit for each racing area will be posted on the official notice board located at the notice board.

14.4 Protest notices will be posted at the notice board within 30 minutes of the protest time limit. This will inform competitors where and when there is an arbitration hearing or a hearing in which they are parties or in which they are named as witnesses. The notice will state the time and place of each meeting or hearing.

## 15 Scoring

15.1 The Low Point System will apply, modified so that each boat's series score will be the total of her race scores, with her worst score discarded if six or more races have been completed.

15.2 One race will constitute a regatta.

15.3 Overall fleet scoring will be used to determine white, blue and red fleet positions for the Optimist class.

## 16 Safety

- 16.1 Rule 40 is changed. All competitors will wear a PFD with a whistle attached while on the water at all time except temporarily adding or removing clothing.
- 16.2 A member of the crew of each boat must inform a member of the safety committee, located on the safety boats with large "Swiss Flag" flag, upon exiting from and returning to the harbor.
- 16.3 All boats are required to check in with the race committee signal boat before the start of their first race of the day by sailing past the stern of the signal boat on starboard tack, hailing their sail number and receiving acknowledgement.
- 16.4 A competitor from any boat leaving the racing area before racing is completed for the day is required to notify a race committee or safety boat as soon as practicable. If this is not practicable on the water, the competitor shall notify a member of the safety committee as soon as possible.
- 16.5 After checking back in after racing for the day has ended, no competitor shall re-launch their boat without permission of the race committee.
- 16.6 Each boat shall have a bowline, of an appropriate length, suitable for towing.
- 16.7 Penalties for breaches of SI 17 will be at the discretion of the protest committee. This changes RRS 64.1.

## 17 SPECTATORS/COACHES

- 17.1 Coaches, safety and spectator boats shall stay well clear of any boat racing, mark or layline, as well as race committee boats.
- 17.2 All coach boats shall display a yellow flag as provided by the organizing authority, indicating that they are available as safety boats if the need arises. Note that race committee mark boats will display a yellow race committee flag.
- 17.3 Coaching on the Optimist Green Line during the race is requested, except that it is limited to competitors in the bottom half of the fleet.
- 17.4 Coach and safety boats shall monitor Channel 72 for communication with the race management .

## 18 DISPOSAL OF TRASH

- 18.1 Competitors should read RRS 55 regarding trash disposal. Note that RRS 55 applies at all times while competitors are on the water.
- 18.2 This event is designated as a CLEAN REGATTA.

19.1 Regatta awards will be for first through tenth places for all starting classes; additional awards will be determined by the size of the 2015 Junior Olympic Regatta hosted by the Camden Area Youth Seamanship Program.