

The 2015 Cheeseburger Junior Regatta

Wednesday – Friday, July 22 - July 24, 2015

The Lake George Club

4000 Lake Shore Drive, Diamond Point, New York 12824

SAILING INSTRUCTIONS

1 RULES

1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing, 2013 - 2016*.

1.2 Each skipper and/or crew must wear a non-inflatable U.S. Coast Guard approved life jacket at all times while on the water and docks, except briefly while adjusting clothing or personal equipment.

1.3 The following racing rules will be changed as indicated.

a. Rule 60.3 will be changed to permit the protest committee to protest a boat when, from its own observation or a report received from any source, it believes a competitor may have committed a breach of sportsmanship.

b. Rule 61 will be changed to require that immediately after finishing a race, without consultation with instructors, coaches or spectators, a boat shall notify the race committee finish boat of her intention to protest and, if possible, the sail number of the protested boat.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the steps of main clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no later than 30 minutes before harbor start on the day it will take effect.

4 SCHEDULE

Wednesday, July 22	0800-2000	Registration, unload and rig boats, boat inspection, and free sail
	1630	Housing Pick-up at LGC
Thursday, July 23	0830	Report Time/ Rigging
	0900	Competitors' Meeting at the Main Steps of LGC
	1000	Harbor Start
	1030	First Warning
	1600	No Warning After
	1800	Cheeseburger Dinner at LGC
	1900	Planned Entertainment
	2000	Housing Pick-up
Friday, July 24	0900	Report Time
	0930	Harbor Start
	1000	First Warning
	1230	Lunch
	1400	Awards

5 COMPETITORS' AND INSTRUCTORS' MEETINGS

- 5.1** A competitors' meeting will be held at the main steps of LGC at 900 on Thursday, July 23.
- 5.2** Instructors' meetings will be held following the competitors' meeting on Thursday morning and at 900 Friday morning. The meetings will be held at the front entrance of the clubhouse and attendance is mandatory.
- 5.3** The regatta committee may, at its discretion, call additional competitors' and/or instructors' meetings. Notices will be on the official notice board.

6 SIGNALS MADE ASHORE

- 6.1** Signals made ashore will be displayed at the flagpole by the steps of the main clubhouse.
- 6.2** Harbor starts will be signaled at 1000 on Thursday and 930 on Friday mornings by one sound for both Optimists and CFJs.

7 SCHEDULE OF RACES

- 7.1** Dates of racing:
- | | |
|-------------|--------------------------|
| <i>Date</i> | Optimist and CFJ Classes |
| July 22 | Free Sail |
| July 23 | Racing |
| July 24 | Racing |
- 7.2** The Race Committee intends to run multiple races. The number of races conducted is at the discretion of the Race Committee.
- 7.3** The scheduled time of the warning signal for the first race Thursday is 1030 and 1000 Friday.
- 7.4** To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound approximately 15 seconds before a warning signal is made.
- 7.5** On the last day of the regatta no warning signal will be made after 1300.

8 THE COURSES

- 8.1** The diagrams in Attachment A show the courses, including, the order in which marks are to be passed and the side on which each mark is to be left.
- 8.2** Courses will either be:
- a) W followed by the number of legs (eg. W4). This course will consist of:
W3: Start - Windward - Windward Offset - Gate - Finish (Upwind, windward of windward marks between a Race Committee Boat and a Finish Pin)
W4: Start - Windward - Windward Offset - Gate - Windward - Windward Offset - Finish (Downwind, between starting pin and RC)
W5: Start - Windward - Windward Offset - Gate - Windward - Windward Offset - Gate - Finish (Upwind, windward of windward marks between a RC Boat and a Finish Pin)
For W courses, gates may be replaced with a leeward mark that is to be rounded to port.
or
- b) T followed by the number of laps (eg. T2). This course will consist of:
T1: Windward – Reach – Leeward – Finish (Upwind, between starting pin and RC)
T2: T1 twice around (start/finish line is not restricted)

9 RACING AREAS

Attachment B shows the location of racing areas. The CFJ and Optimist classes will sail separate courses. Approximate course locations for each class will be announced at the competitors' meetings.

10 MARKS

Windward Marks, Leeward Marks, and Leeward Gates will be orange tetrahedrons. The start and finish pins, offset and reach marks will be bright orange/red balls.

11 THE START

- 11.1** Races will be started by using RRS Appendix S (3 Minute Dinghy Start) with several horns blown as the warning signal approximately 15 seconds before the starting signal.

- 11.2 The starting line will be between a staff displaying an orange flag on the starting boat at the starboard end and the course side of the port-end starting pin.
- 11.3 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.
- 11.4 Individual recalls will be signaled by displaying Code Flag X (White with Blue Cross) with one Long Horn and hail of the sail number of each recalled boat by the Race Committee.
- 11.5 General recalls will be signaled by displaying Code Flag First Substitute (Yellow Triangle pennant with Blue Border) and two long horns. The One-Minute Rule (RRS 30.1) will be in effect for the start following a General Recall for both fleets and will be signaled by displaying Code Flag I (Yellow with Solid Black Circle) at the Attention signal.
- 11.6 If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes rule 26.
- 11.7 Wind Minimum - Races should not be started unless the Race Committee is satisfied that the wind strength in the starting area, and to the best of its belief on the rest of the course, is in excess of an average of three knots (3.45 mph) for a reasonable period before the start as measured using instrumentation and while not moving over the bottom.

12 THE FINISH

The finishing line will be between a staff displaying an orange flag on the finishing mark at the starboard end and the course side of the port-end finishing mark.

13 ABANDONING RACES

The Race Committee may abandon a race by displaying code flag "N," "N" over "H," or "N" over "A" with three (3) sounds or a verbal hail. If these signals are displayed over a class(s) flag, the signal applies only to that class(s) for which the flags are displayed. This instruction changes the Race Signals and RRS 32.1. RRS 32.1 is further modified to read, "when in the judgment of the Race Committee, the race is an unsatisfactory test of skill."

14 PENALTY SYSTEM

- 14.1 The penalties are as follows: For the CFJ class, rule 44.1 is unchanged. For the Optimists class, rule 44.1 is changed so that the One-Turn Penalty replaces the Two-Turns Penalty.
- 14.2 Appendix P will apply.
- 14.3 Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any penalty after the first one.

15 TIME LIMITS

15.1 Time limits are as follows:

<i>Class</i>	<i>Time limit</i>	<i>Mark 1 time limit</i>
<i>CFJ</i>	<i>1 hour</i>	<i>45 minutes</i>
<i>Optimist</i>	<i>1 hour</i>	<i>45 minutes</i>

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

- 15.2 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing and towed back to the starting line. A signal of a Three Horns will indicate the application of this rule. This changes rules 35, A4 and A5.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the race office, located at the LGC Front Desk. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2 For each class, the protest time limit is 45 minutes after the Race Committee boat has reached the dock after the last race of the day or the race committee signals no more racing today.
- 16.3 The "red flag" requirement of RRS 61.1(a) is deleted and when the identity of the protested boat could be uncertain, the boat's sail number shall be included in the hail. Also, failure of a

hailed boat to hear the hail shall not, by itself, be grounds for closing the protest. (Changes RRS 61.1(a))

16.4 A protesting boat shall, at the first reasonable opportunity after finishing, notify both the Race Committee and the protested boat of intent to protest. Failure to do so may be grounds for closing the protest (Changes RRS 63.5).

16.5 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. The location and time of the hearings will be posted on the official notice board.

16.6 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

16.7 A list of boats that, under instruction 14.3, have been penalized for breaking rule 42 will be posted.

17 SCORING

17.1 1 race is required to be completed to constitute a series.

17.2 If fewer than six races are completed, a boat's series score will be the total of her race scores. If six or more races are completed a boat's series score will be the total of her race scores excluding her worst score subject to rule 90.3(b). This amends US Sailing Appendix A.

17.3 A boat scored TLE will receive 2 points more than the number of finishers in her division but will not be scored worse than DNF.

17.4 CFJs will place their assigned number on their mainsail for score identification purposes. The number must appear using sail numbers provided at registration on the top of the mainsail, with the starboard side number being placed just above the top batten pocket (using the batten pocket seam as a guide) and the port side being placed just below the batten pocket seam. Place these numbers 3 inches from the leach of the sail. Leave numbers width or 2 inches of space between two-digit numbers. Boats finishing without proper identification numbers will be scored DNF unless arrangements are made with the Race Committee.

18 SAFETY REGULATIONS

18.1 Check-In: Before the first warning signal of the morning race(s) and of the afternoon race(s) for her class each boat shall pass the stern of the Race Committee signal boat on starboard tack and hail her sail number and receive acknowledgement from the Committee.

18.2 A boat that retires from a race shall notify the race committee as soon as possible.

19 BOAT INSPECTION

Prior to arrival all boats must be drained and have had their hull, rudder, centerboard/daggerboard, and spars washed. Sails must also be dry upon arrival. This is to prevent the introduction of evasive species to Lake George. Boats will be inspected for cleanliness prior to being launched. Boats failing inspection will be required to clean using a Lake George Club pressure washer in the upper parking lot only. Your understanding and cooperation will be very much appreciated.

20 SUPPORT BOATS

20.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment. The one exception to this rule is in the Optimist class in which a coach may assist a sailor in trouble or to assist a sailor in finishing the course with agreement from the other coaches. No coaching may be done that will assist a sailor in improving his or her position in a race.

20.2 Coaches and support personnel are required to monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel for the CFJ fleet will be 66 and the Optimist fleet will be 72.

21 TRASH DISPOSAL

Trash may be placed aboard support or official boats.

22 HAUL-OUT RESTRICTIONS

Boats will be dry sailed in the beach area in the southern end of the club.

23 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

24 PRIZES

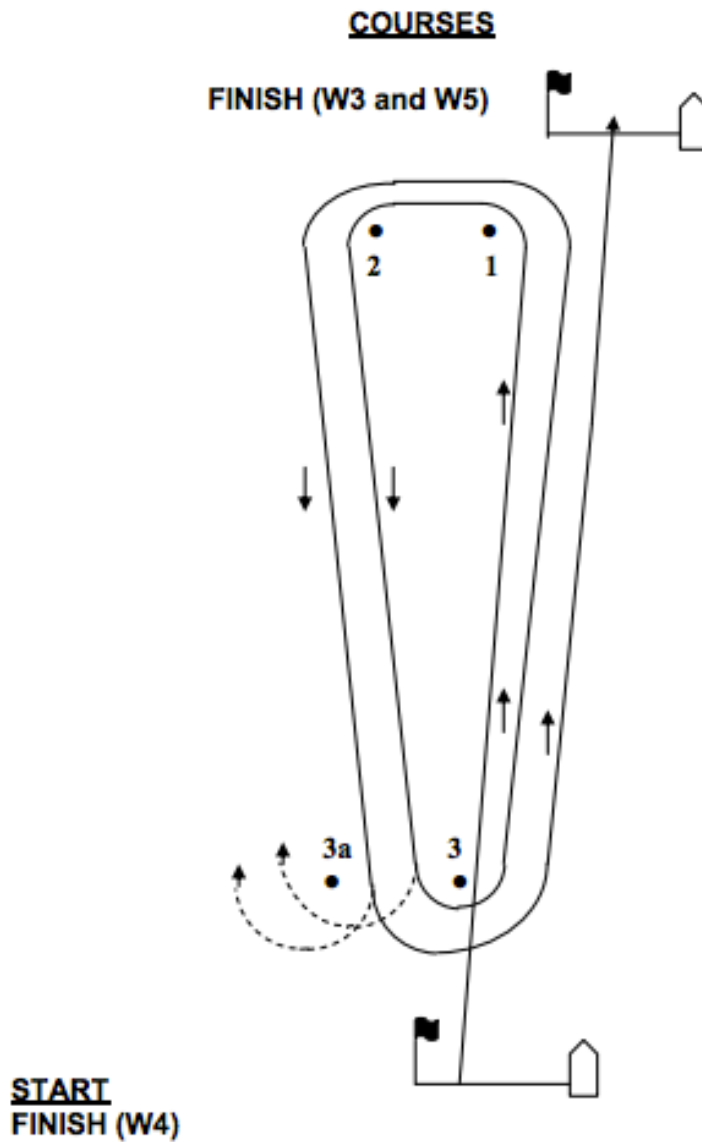
Prizes will be given as follows: Prizes will be awarded to the top five in each division. In the event that there is more than five Optimist Green Fleet entrants top three in the green fleet subdivision will be awarded prizes. An overall Sportsmanship award will be awarded at the discretion of the Race Committee.

25 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

ATTACHMENT A
COURSE ILLUSTRATIONS

W Course (1 of 2 Courses)



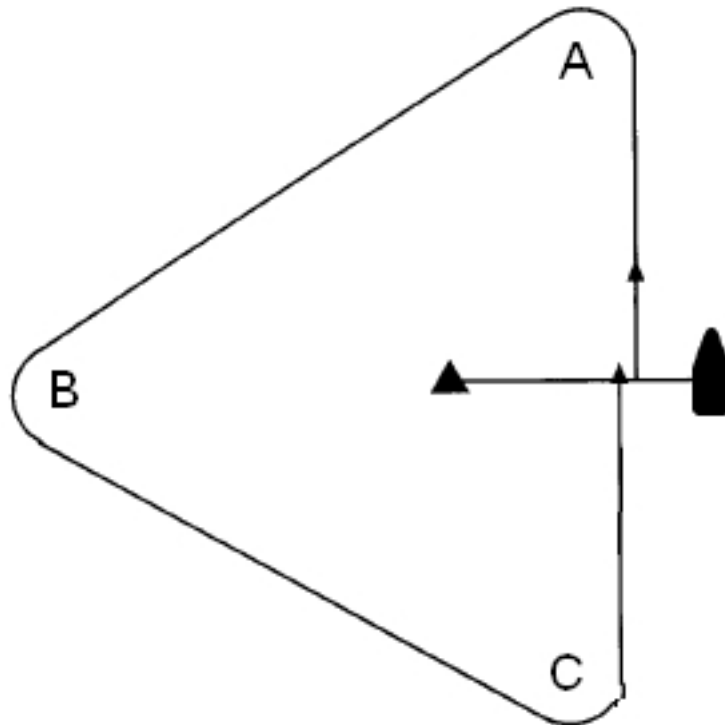
Course "W3" Once around – finish upwind

Course "W4" Twice around – finish downwind

Course "W5" Twice around – finish upwind

Leeward Gates may be replaced by a Leeward mark that is to be rounded to port.

T Course (2 of 2 Courses)



T1 – Start – A – B – C – Finish

T2 – Start – A – B – C – A – B – C - Finish

ADDENDUM B

RACING AREA

