



March 2, 2016

Hello OptiFest Competitors & Families,

Thank you for supporting the USSCMC Spring OptiFest

Please find the attached competitors' information package. Which includes:

- Vehicle & Trailer Parking Map (Aerial View)
- Boat Dolly and Rigging Spot Instructions
- Lunch Procedure / Instructions
- Coach / Spectator Boat Instruction
- Hotel/Motel Information Data Sheet (REQUIRED AT CHECK-IN)
- Sailing Instructions
- Green Fleet Sailing Instructions

Please know your sail number and complete the **required** Hotel Motel Information Data Sheet prior to getting in the registration line. By completing the Hotel Motel Information Sheet you are helping the USSCMC to receive funding from the local Tourism Council. We appreciate your cooperation and support.

### **ARRIVAL INSTRUCTIONS**

Please keep all vehicles off of the east rigging yard at all times. Off-loading trailers is permitted along the sidewalk east of Regatta Headquarters. **PLEASED DO NOT BLOCK THE SIDEWALK WITH YOUR VEHICLE.** You will NOT be allowed to park here, it is only for loading and unloading. *Per local ordinance, please keep all vehicles off this grass shoulder throughout the weekend.*

There is ample space on our east rigging yard for all competitors; therefore, rigging spots will NOT be assigned and the yard is not lined with parking spots and lanes. We are confident that 50 Optimists will have no difficulty finding space to rig. Please make sure your dolly is well marked with your name as dolly tags will not be distributed for this event.

All power boats should be launched at the adjacent boat ramp north of the Sailing Center. Coach Boats should not be docked at the USSCMC dock. Rafting coach boats is permitted on the outside areas of the launch docks. (see diagram attached) We recommend that you pull your coach boat each night and put it on its trailer. Overnight parking of boats on trailers should make use of LOT #1. Race days we request that all trailers be parked at **LOT #1** west of Indian River Drive across from the boat ramp. Once the west lot is full large empty boat trailers may be parked at the boat ramp LOT #2. Parents, Coaches and Spectators in vehicles without trailers are asked to park in LOT #1 (West lot) or LOT #3 (south lot).

Four Fish Marina has graciously allowed us to use LOT #1 for our regatta, so we wish to return their generosity with our courtesy. Please keep these lots clean and keep your cars parked neatly.

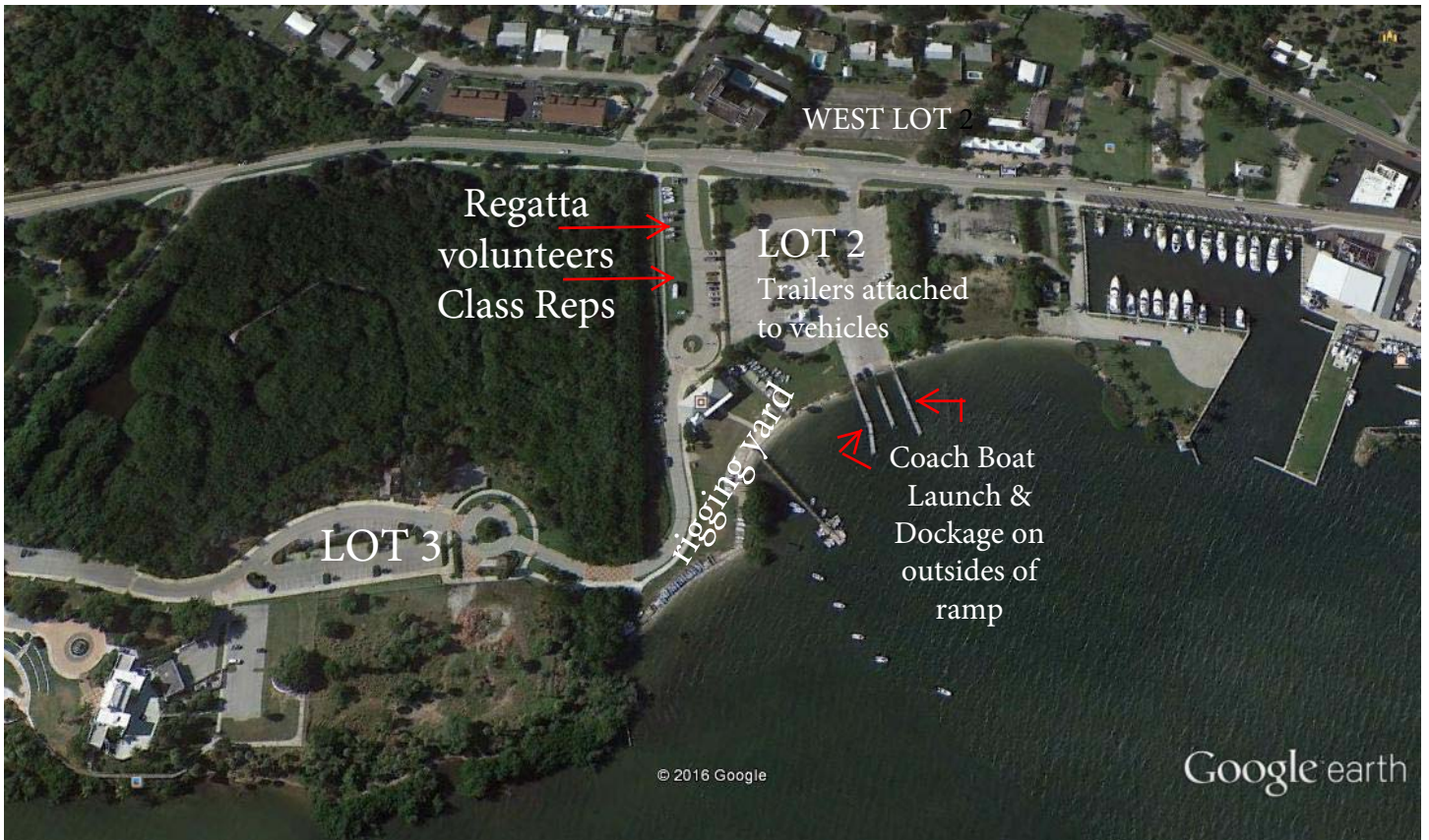
We are looking forward to an exciting weekend. Thank you for supporting the 2016 USSCMC Spring OptiFest.

Sincerely,

Alan Jenkinson

1955 NE INDIAN RIVER DRIVE • JENSEN BEACH, FLORIDA 34957

TEL: 772-334-8085 • FAX: 772-334-2997 • WWW.USSCMC.ORG • A 501©(3) NON PROFIT ORGANIZATION



Google earth

feet  
meters



# SITE MAP FOR PARKING, RIGGING, BOAT LAUNCHING & DOCKAGE

# OptiFest Course Locations



Google earth





## **Lunch, Beverage & Sign Out Notes**

Bagels, Coffee & Hot Chocolate will be provided early morning each day before launching.

The Race Committee will have drinking water available for those needing hydration. We remind you that the entire community of sailing is pushing towards being environmentally friendly, so we encourage our competitors to bring their own reusable water bottles and make every effort to keep trash from getting in the river.

A subway sandwich will be available for pickup each morning approximately 8 AM on the ground floor beneath the upper deck. When collecting the competitors lunch the parent, coach or competitor must provide the name of the competitor and confirm that they are prepared to sail that day. This will be the "check-out" procedure. Check-in will be at the same location after the day of sailing.

The USSCMC will be providing an evening cookout Saturday after racing. This is free for competitors and coaches. Parents may obtain a meal for a donation.



## Coach & Spectator Boat Instructions

All Coach Boats and Spectator Boats should refer to the Sailing Instructions regarding flag requirements and other details.

To ensure the safety of your powerboats overnight, it is recommended that all power boats be launched each day from the boat ramp adjacent to the US SAILING Center. For the coach's convenience, Coach Boats may tie up and raft up at the boat ramp on the outsides of the launch area. **DO NOT LEAVE A BOAT ON THE INSIDE OF THE RAMP LAUNCH AREAS.**

Throughout the weekend we ask that all powerboats stay off the USSCMC boat dock to leave room exclusively for Safety Boats & Race Committee. Mid-day during racing these docks may be free for pick-up and drop-off of passengers, but please do not tie up to these docks and leave a boat unattended at any time. Any boat left unattended at these docks is subject to removal by USSCMC staff.

Single boat trailers with vehicles attached may be left at the boat ramp parking area at any time. During the day, if a vehicle is not attached to the trailer it should be left in the WEST Parking Lot #1; **NOT THE BOAT RAMP LOT.** Only 40'+ oversized multi-boat trailers should be left in trailer parking spots at the boat ramp lot without a vehicle attached.

*PLEASE BE RESPECTFUL OF OUR LOCAL COMMUNITY OF BOATERS WISHING TO LAUNCH FROM THE BOAT RAMP DURING OUR REGATTAS. IT IS THEIR TAX DOLLARS THAT MAKE THESE RAMPS AVAILABLE TO YOU AT NO COST.*



The USSCMC is supported by the Treasure Coast Sports Commission. The USSCMC benefits financially as a direct result of the economic impact you bring to our community. Thank you for taking the time to complete this form. One form needed per family. If hotels were booked under a team or club name please provide info.

EVENT NAME: *2016 Spring Opti-Fest*  
*Hosted by US Sailing Center Martin County, Jensen Beach, FL*

DATE OF EVENT: *March 5-6, 2016*

COMPETITOR(S) NAME(S) : \_\_\_\_\_

PARENT NAME: \_\_\_\_\_ CLUB NAME: \_\_\_\_\_

**TYPE OF LODGING**

- Local or w/ Friends Residence       Camping       Commuting from home       Hotel / Motel

**NAME OF HOTEL/MOTEL & CITY WHERE YOU'RE STAYING:**

Hotel \_\_\_\_\_ City \_\_\_\_\_

Booked as a group/club Yes / No      Group name if YES \_\_\_\_\_

CHECK-IN DATE: \_\_\_\_\_ CHECK-OUT DATE: \_\_\_\_\_

\_\_\_\_\_ # OF NIGHTS PER RESERVATION  
 x \_\_\_\_\_ # OF ROOMS BOOKED PER RESERVATION  
 = \_\_\_\_\_ = TOTAL # OF ROOM NIGHTS

# OF PARTICIPANTS IN ROOM: \_\_\_\_\_ # OF ADULTS IN ROOM: \_\_\_\_\_ # NON COMPETITOR YOUTH \_\_\_\_\_

**TRANSPORTATION TO TREASURE COAST:**

- Airline       Car Rental       Drive       Other \_\_\_\_\_

**WHILE VISITING THE TREASURE COAST CHECK THOSE YOU WILL LIKELY VISIT**

- Fast Food Restaurant       Boat Fuel Marina       West Marine  
 Restaurant Dining       Mall       Walmart, Target, Publix (other)  
 Auto Fuel Station       Local Entertainment

Other than sailing list any activities you look forward to while visiting the Treasure Coast (continue on back if needed):

\_\_\_\_\_

PLEASE COMPLETE THIS FORM AND RETURN IT TO REGISTRATION COORDINATOR



**SAILING INSTRUCTIONS**  
**Spring OptiFest**  
**5-6 MARCH 2016**

(These instructions **DO NOT** apply to Green Fleet)

US SAILING Center of Martin County  
1955 NE Indian River Drive  
Jensen Beach, Florida



1. RULES
  - 1.1 This regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
2. ELIGIBILITY AND ENTRY
  - 2.1 Individual or family membership in US SAILING and their respective class associations is required for each applicant, helmsperson and crew, at the time of application.
  - 2.2 Eligible sailors may be entered by completing an entry form, registering with the organizing authority and paying the entry fee.
3. NOTICES TO COMPETITORS
  - 3.1 Notices to competitors will be posted on the Official Notice Board located on the second floor of Regatta Headquarters. Each competitor has the responsibility to check this Board for information pertaining to the race.
4. CHANGES IN SAILING INSTRUCTIONS
  - 4.1 Any change in the Sailing Instructions will be posted before 0830 on the day on which it will take effect.
  - 4.2 Changes to the schedule of races will be posted before 1830 on the day before the change is to take effect.
5. SIGNALS MADE ASHORE
  - 5.1 Signals made ashore will be displayed on the flagpole at the end of the dock at Regatta Headquarters. Flag "AP" (Answering Pennant) with two sounds, means: "The racing is postponed. Do not leave the harbor." The first warning signal will be displayed not less than 45 minutes after "AP" is lowered (one sound).
6. SAILING AREA
  - 6.1 Racing will take place on the Indian River east of the Sailing Center.
7. COMPETITORS' MEETING
  - 7.1 The competitors' meeting for RWB Optis will be held at 1000 on Saturday, 5 March 2016 at Regatta Headquarters. The Green Fleet Competitor's Meeting will be at 1030. Attendance is mandatory.
8. SCHEDULE OF EVENTS
  - 8.1 Fifteen races per class are scheduled; one race per class constitutes a regatta.

8.2 The schedule is as follows:

Saturday 5 Mar	0800	Continental Breakfast Coach/Spectator Flag Check-in
	0800-1000	Competitor Check-in
	1000	Competitors' Meeting (RWB OPTI)
	1030	Competitors' Meeting (Green Fleet)
	1100	First Signal RWB
	1130	First Signal Green Fleet
	1700	Cook out at the USSCMC
Sunday 6 Mar	0800	Continental Breakfast
	0900	Competitors' Meeting (Green Fleet)
	0930	First Signal, RWB
	1000	First Signal Green Fleet
	1430	No warning after this time
		Awards - as soon as practical after racing

## 9. COURSES

- 9.1 See attachments
- 9.2 The course will be designated by letters and/or numerals displayed on the white board on each circle's RC signal boat.
- 9.3 A gate at the leeward mark may be used. If a gate mark is missing, round the remaining one to port.
- 9.4 An offset mark may be used at the windward mark.

## 10. STARTING SIGNALS

- 10.1 Start line will be either:
  - 10.1.1 between a staff displaying an orange flag on an RC Boat at the starboard end of the line and the port end starting mark, or,
  - 10.1.2 between staffs displaying orange flags on RC Boats at each end of the starting line.
- 10.2 A boat starting later than 5 minutes after her starting signal will be scored, "Did Not Start" (DNS). This changes Rule A4.1 and A5.
- 10.3 The time limit for each race is 45 minutes.
- 10.4 If Flag U has been displayed as the preparatory signal, no part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the Starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified she shall be disqualified without a hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes RRS rule 26 and rule 30.

## 11. FINISH

- 11.1 Finish line will be either:
  - 11.1.1 between a staff with an orange flag on a RC boat and the port end finish mark or,



- 11.1.2 between staffs displaying orange flags on RC Boats at each end of the line.
  - 11.2 RRS 35 is modified such that if a boat or boats are unreasonably delaying the completion of a race and the start of subsequent races the Race Committee may award a boat or boats that have not finished and are still racing a finish place on the water or award them points equal to the average of the places they would have received had they finished and direct them to return to the starting area. Fractions are rounded up.
- 12 SCORING
- 12.1 When eight or more races have been completed, each boat's series score shall be the total of her races scores excluding her worst score.
  - 12.2 In the event the fleet is split into divisions, when a competitor has completed eight or more races, each boat's series score shall be the total of her race scores excluding her worst score.
  - 12.3 If we split the fleet into four divisions, RRS 30.2 44.3(c) and A4.2 are changed so that scores are based on the combined number of boats registered in the two largest divisions.
  - 12.4 If time, wind, weather or other contingencies make the completion of a current or an additional scheduled round robin impractical, the regatta may be terminated and the results based on the standings at the completion of the immediate prior round robin this changes RRS A2.
- 13 PENALTY SYSTEM
- 13.1 Rule 44.1 is modified to allow a boat a Scoring Penalty for a breach of a rule of Part 2 after the incident, but prior to the protest hearing, by acknowledging the infringement before arbitration or by accepting the opinion of the arbitrator. This scoring penalty shall be 40% of the number of boats entered (rounding 0.5 upward), but shall not be less than four places, added to her actual finish position. However, she shall not be scored worse than Did Not Finish (DNF).
- 14 ARBITRATION
- 14.1 For protests involving an alleged breach of a rule of Part 2, a short arbitration hearing may be held prior to a protest hearing. If an arbitration hearing is held, SI 14.2 through 14.4 shall apply.
  - 14.2 After a written protest form is delivered to the Protest Desk, one representative from each boat will meet with the arbitrator unless the protestor requests that the protest be withdrawn. No witnesses will be allowed. Protests not resolved by arbitration will be forwarded to the protest committee.
  - 14.3 A boat that accepts the arbitration's opinion that she broke a rule of Part 2, shall receive a penalty score of 40% as detailed in Sailing Instruction 13.1.
  - 14.4 The acceptance of an arbitration penalty cannot be grounds for redress or be appealed.
- 15 PROTESTS
- 15.1 Add 61.1 (a) (5) Immediately after finishing or withdrawing from the race in which the infraction occurred, a protesting yacht shall notify the RC of the racing number of

any and all protested boats. Notice shall be given to the Finish boat. If that boat is not on station, the report can be given to any other Race Committee boat. The Race Committee must acknowledge the hail by protesting boats.

- 15.2 Upon landing, the Race Committee shall post on the official notice board the time of landing of the Race Committee Signal boat, the numbers of all boats protesting and being protested that were received and all boats penalized by the Race Committee on the Official Notice Board.
- 15.3 Protests shall be written on forms available at Regatta Headquarters and filed within the protest time limit which is 30 minutes after the landing of the Race Committee Signal Boat at the Sailing Center. This changes RRS 61.3.
- 15.4 Protests will be heard in the approximate order in which they were received and the hearings will start as soon as practical but not later than the close of protest time.
- 15.5 RRS 62.1 shall be modified by adding: 62.1(e) failure of equipment chartered from USSC, Martin County.

## 16 SAFETY AND CHECK-OUT / CHECK IN-PROCEDURES

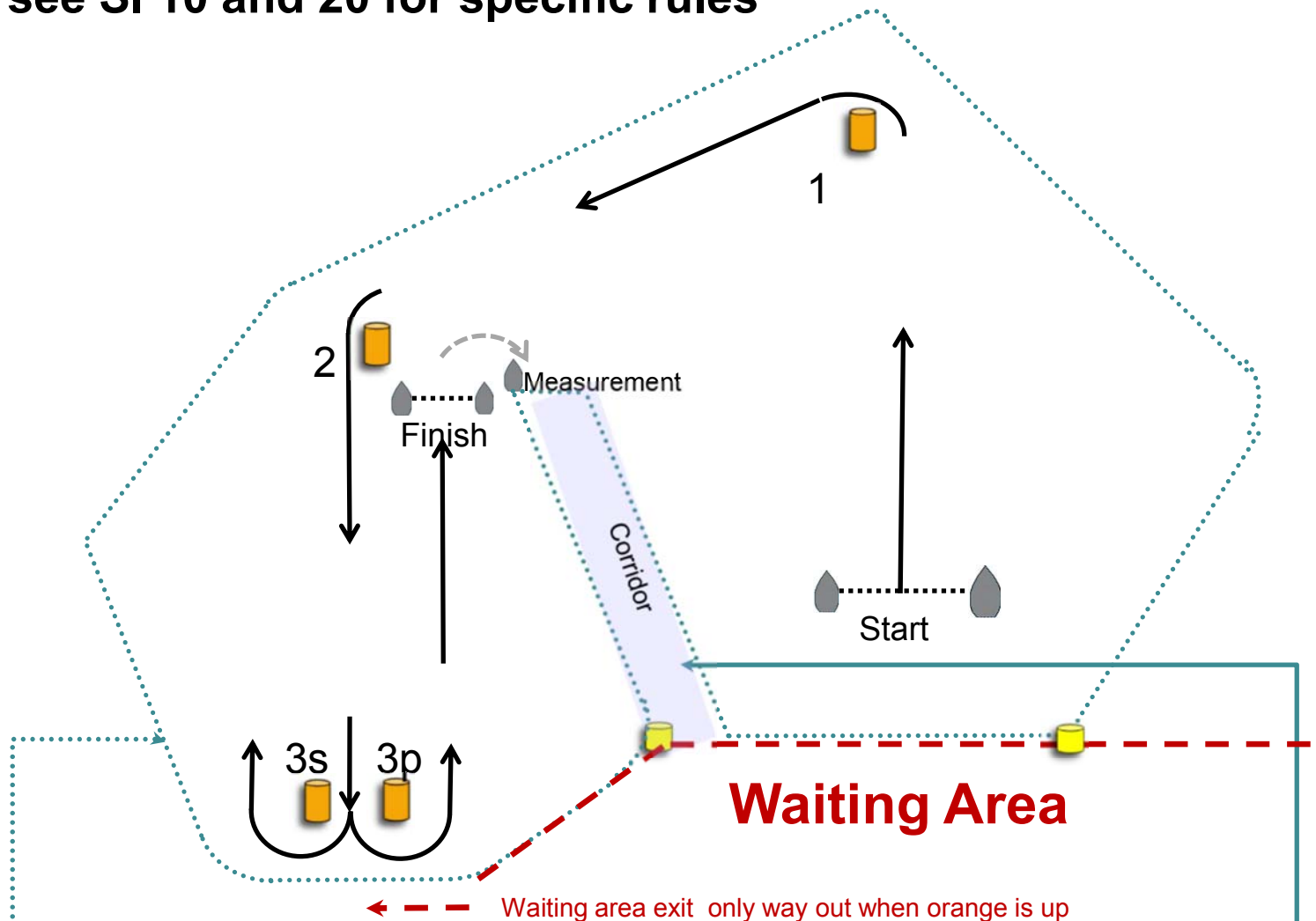
- 16.1 Competitors who are US citizens or US residents must wear a US Coast Guard approved personal flotation device (PFD), properly secured at all times, from dock to dock except when temporarily adding or removing clothing. Competitors who are citizens or residents of another country shall wear either a US Coast Guard approved PFD or a PFD approved by the country of their citizenship or residence, properly secured at all times, from dock to dock except when temporarily adding or removing clothing. Wet suits, dry suits and inflatable PFD's do not constitute adequate personal buoyancy. Failure to do so is protestable only by Race Committee.
- 16.2 If any boats have finished a race before the onset of foul or threatening weather and the Race Committee determines to clear boats from the water, the RC signal boat will blow three (3) horns and display Code Flag "H" at which time all remaining boats racing shall immediately abandon the race and go ashore. The Chief Judge may either score any boats not finished or order the race abandoned.
- 16.3 Each Optimist must be equipped with a suitable towline and a bailing scoop.
- 16.4 A boat that withdraws or retires for any reason shall inform the RC of their intention for that race and any other scheduled races, or, when that is impossible, immediately upon arriving ashore. Failure to do so may result in disqualification from subsequent races that day.
- 16.5 Each boat shall check in on the water with the Race Committee boat displaying Code Flag "L" before the first race of each day.
- 16.6 Each day, every competitor **must** check out before launching and check in upon returning to shore after racing. The Check-In/ Check-Out table will be at the same location as the lunch table on the first floor below the upper deck of Regatta Headquarters. This safety tracking procedure is mandatory for all competitors.
- 16.9 A competitor retiring from a race shall notify a Race Committee boat or safety boat before leaving the course, and notify the Race Committee. Immediately upon returning to shore the competitor shall notify the safety officer at the check-in table. If the safety officer is not stationed at the check-in table, then the competitor shall report to the USSCMC office on the second floor indicating that they are safe on shore and have retired from racing for the day.

17 COACH AND SUPPORT BOATS

- 17.1 Team leaders, coaches and other support personnel shall not be in the racing area, or within 300 feet of boats racing, from the time of the warning signal for the first class to start until all boats have finished that race or the race committee signals postponement, general recall or abandonment. If the jury receives a report of a violation of this rule, it may call a hearing to investigate the incident and may report the infraction to their Club and US SAILING or penalize boats associated with the support personnel who do so.
- 17.2 Coaching will be allowed for only the bottom half of the Green Fleet, the procedures for which will be discussed at the Competitors' Meeting.



# Coach and Support Boat “Go” and “No-Go” Guidance, see SI 10 and 20 for specific rules



## Waiting Area

← - - - - - Waiting area exit only way out when orange is up

Waiting area: only place support boats may anchor...should be below the red line while RC is flying orange starting flags, except that you can leave to follow first start of a set but *only* to the LEFT around marks 3s/3p. After the 2<sup>nd</sup> start, you can go up either side as long as you keep out of the racing area

After a first start, flag F allows sailors in the second start to leave the waiting area, but NOT coach and support boats. Wait for orange to be dropped.

Corridor – coach boats *only* allowed to talk briefly to sailors after finishing.

Racing area – no go while boats are racing! ALSO extends to exclude any area within 100 yards of a racing boat.



## **USSCMC Spring OptiFest Regatta**

**March 5-6, 2016**

**US SAILING Center of Martin County**

### **GREEN FLEET SAILING INSTRUCTIONS**

USODA Philosophy: GREEN FLEET is its introductory fleet for novice sailors. The Rules of Sailing are important and taught, but learning to race while having fun is equally stressed. These sailing instructions are structured within The Racing Rules of Sailing to provide a flexible, less formal racing environment. Green Fleet is not scored; all participants receive participation awards. While race placement and progress may be tracked, who places first is less important than learning, improving and having fun along the way. Parents and competitors who are looking for a more competitive environment should consider the red, white and blue racing divisions.

#### **1 RULES**

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Competitors, Coaches, Parents, and Guardians shall abide by the USODA 'Code of Conduct'. This includes behavior both on and off the water including respect for all other persons, personal property of others, USSCMC, and the City of Jensen Beach

#### **2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official green fleet section of the notice board located on the upper deck of the Sailing Center.

#### **3 CHANGES TO THE SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted on the official notice board by the end of the competitors meeting each day.
- 3.2 The race committee may change the sailing instructions on the water by hoisting flag L with one sound and hailing the change by loud hailer.

#### **4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed from the flag pole near the end of the main dock.
- 4.2 AP displayed ashore means "Racing is postponed, do not leave the beach." When AP is displayed ashore, 1 minute is replaced by 30 minutes in Race Signals "AP".

#### **5 SCHEDULE OF RACING**

The schedule is as follows:

Saturday 5 March	0800-0900	Continental Breakfast
	0800-0930	Competitor and Coach/Spectator Flag Check-in
	1030	Green Fleet Competitors, Coaches and Parents Meeting
	1130	First Warning – Green Fleet
		Lunch on the Water
	After Racing	Cook-out on upper deck of Sailing Center

Sunday 6 March	0730-0830	Continental Breakfast
	0900	Green Fleet Competitors, Coaches and Parents Meeting
	1000	First Warning – Championship Fleet Lunch on the Water
	1400	No first Warning Signal after this time
	After Racing	Awards ceremony

**6 CLASS FLAG**

The class flag will be a Green flag with the OPTI logo.

**7 RACING AREA**

The racing area will be announced at the Green Fleet competitors meeting. This may change each day based on conditions.

**8 THE COURSE**

The courses will be as shown on the course diagram.

**9 MARKS**

Primary marks will be orange inflatable cylinders. Start and finish marks will be yellow.

**10 THE START**

The starting line will be between a staff displaying an orange flag on the signal boat and the course side of the nearby inflatable mark.

**11 CHANGE OF THE NEXT LEG OF THE COURSE**

The race committee will make slight adjustments to the course by dragging the original marks.

**12 THE FINISH**

The finish line will be between a staff displaying an orange flag on the finish boat and the course side of the nearby inflatable mark.

**13 PENALTY SYSTEM**

The penalty system described in rule 44.1 and 44.2 is changed so that only one-turn, including one tack and one jibe is required.

**14 PROTESTS AND REQUESTS FOR REDRESS**

Green Fleet is not scored. Protests are teaching opportunities. The hearing will be open to all competitors, parents and coaches. An expedited hearing procedure in accordance with Appendix T Section C will be used.

**15 SCORING**

Green Fleet is not scored. All participants receive participation medals. While placement and progress may be tracked, who places first is less important than learning and improving, and having fun along the way.

## **16 COACHING**

Coaching is allowed at the discretion of the race committee. Coaching should focus on the bottom half of the fleet. Individual coaching is not allowed, coaching on the water is for all and all coaches are required to assist all sailors. All coaches are required prominently display their coach flag and number and to have VHF radios on and operating on the Green Fleet race committee channel at all times with racing is underway. The race committee has the right to remove from the Green Fleet course any coach who disregards the instructions of the race committee.

## **17 SAFETY**

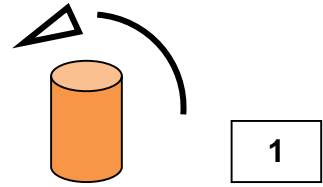
- 17.1 Competitors shall wear a personal floatation device at all times while on the water. The PFD shall be approved by the USCG or by the appropriate government agency in the competitor's permanent country of residence. This changes RRS 40.
- 17.2 Competitors shall not leave the beach without a support boat to accompany them. Competitors shall check in with the Signal Boat when on station by sailing, or being towed, past the transom and hailing their sail number. No competitor is to leave the sailing area without notifying the Race Committee. All competitors shall be accompanied by a support boat when returning to the sailing center.
- 17.3 All competitors must comply with the onshore regatta safety sign in/out system.

## **18 REGATTA SAFETY CHECK-OUT / CHECK-IN PROCEDURES**

- 18.1. Each competitor will receive a numbered wrist band upon registration/ check in. The wrist band will be numbered to match the rigging spot assignment. Every competitor SHALL have their wrist band with them while sailing and be able to show their wrist band if asked by Race Committee. Upon returning to shore the wrist band must be placed on the Wristband/Check-Out Board located on the north wall of the center hallway on the first floor of Regatta Headquarters.
- 18.2. Since this is for the SAFETY of all competitors, wrist bands shall be hung up on Wristband/Check-Out Board IMMEDIATELY upon returning to shore.
- 18.3. If a wrist band is lost, to avoid being disqualified, the competitor should personally check-in with the safety attendant prior to the expiration time noted in SI 18.2. The safety attendant will be found at the Wristband/Check-Out Board.



# 2016 OPTI-FEST GREEN FLEET TRIANGLE COURSE



***COURSE NOT TO SCALE***

