

2016 Sail East

Presented by Volvo Cars of Canada



July 21-24, 2016

Charlottetown Yacht Club

GREEN FLEET SAILING INSTRUCTIONS

These sailing instructions generally conform to the Canadian Optimist Dinghy Association standards for Green Fleet racing. They are based on the US Sailing Simplified Sailing Instructions, but are more suitable for use by race committees and coaches in support of the Green Fleet than as direct reading by younger Green Fleet competitors.

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Racing Rule 40 is changed to apply at all times while afloat without the display of code flag Y. This modifies the preamble to Part 4.
- 1.3 The last sentence of Rule 90.2(c) is deleted and replaced by: "Oral changes may be given afloat or ashore, either at a pre-race briefing ('Skippers' meeting') or post-race de-brief."
- 1.4 Since Green Fleet races are not scored:
 - 1.4.1 redress is not available to competitors under Rule 62.1(a) for an improper action or omission of the Organizing Authority or the Race Committee; and,
 - 1.4.2 Rule 64.1 is changed so that the protest committee is not required to impose a penalty when they find that a party to a protest hearing has broken a rule and is not exonerated.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located on the water side of the CYC.
- 2.2 The Race Committee may give oral instructions, including amendments to sailing instructions, to Green Fleet competitors, including changes to sailing instructors, by communicating directly with individual competitors or communicating indirectly through designated Green Fleet coaches.
- 2.3 The race Committee will signal that oral instructions are available by displaying Code Flag 'L' with one sound signal.
- 2.4 The Race Committee may display a summary of oral instructions afloat by means of a whiteboard.
- 2.5 A record of oral instructions that change sailing instructions will be posted on the official notice board at the end of a day's sailing, if further sailing is scheduled the next day.

3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed from the flagpole located on the water side of the SMSC Main Clubhouse.
- 3.2 If a postponement is signaled ashore, the warning signal will be made not less than 45 minutes after flag AP is lowered.



4 SCHEDULE and CLASS FLAGS

Saturday, July 23, 2016		Sunday, July 24, 2016	
09:30	Skippers and coaches meeting	09:30	Skippers and coaches meeting
11:00	First warning signal Subsequent races to follow	11:00	First warning signal Subsequent races to follow
		14:30	Last warning signal

4.1 Class flags are as follows:

4.1.1 The Optimist flag is the Optimist insignia on a white background.



4.1.2 The Club 420 flag is 'C420' on a white background.

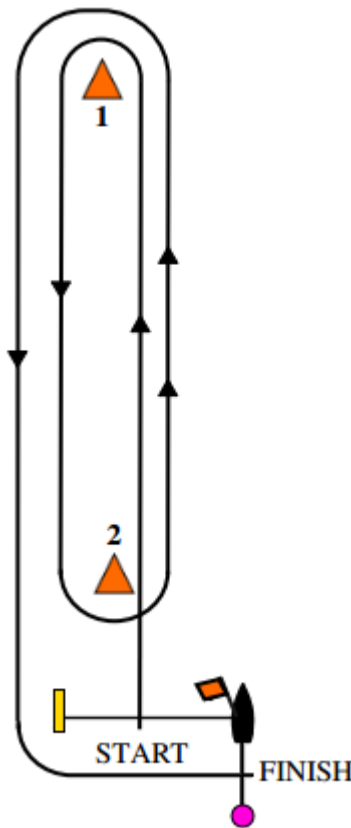


5 RACING AREA

The racing area will be inside Charlottetown, east of the yacht club.

6 COURSE[S] and MARKS

6.1 Green Fleet will sail a simplified course, as shown below. Marks will be left to port.









START – 1 – 2 – 1 – Start Pin – FINISH





- 6.2 Marks 1 and 2 will be yellow inflatable tetrahedrons.
- 6.3 The start pin will be a buoy (with or without an orange flag)
- 6.4 The finish pin will be a buoy (with or without an orange flag)

7 STARTING AND FINISHING LINES; STARTING SYSTEM

- 7.1 The starting and finishing lines will be between the staff on the Race Committee boat flying an orange flag and a nearby start/finish mark.
- 7.2 Races will be started using Rule 26 with the warning signal made five minutes before the starting signal, that is:

Time to Start	Description	Flag
5 Minutes	Class flag raised with one sound signal	 
4 Minutes	Preparatory flag raised with one sound signal	
1 Minute	Preparatory flag lowered with one sound signal	
Start	Class Flag lowered with one sound signal	 

- 7.3 If one or more boats are on the course side of the starting line at the starting signal the race committee may signal an individual or a general recall signal, that is:

Individual Recall	One sound signal with Flag X	
General Recall	Two sound signals with Flag 'first substitute'	

8 PROTESTS

- 8.1 Protests shall be delivered to the Race Committee before the post-racing debrief. Open hearings will be held during the post-race debrief to familiarize the competitors with protest procedures. The results of the hearing will be given orally. Written decisions will not be prepared unless requested.
- 8.2 As an alternative to a formal protest hearing, at the request of a competitor or coach a member of the protest committee may hold an informal debrief with the competitors and their coaches.

9 SCORING AND PRIZES

- 9.1 The Race Committee will offer as many races as practical within a target time of approximately 3 ½ hours on the water per day.
- 9.2 Races will not be scored but the raw finishing order will be posted for each race.
- 9.3 Series prizes will be awarded by draw.



9.4 Recognition (ribbons or medals) will be given to race winners (the first competitor to cross the finishing line that started correctly and sailed the course properly)

10 ON-WATER COACHING AND SUPPORT BOATS

10.1 Coaches may coach competitors during racing but should not coach a competitor when in close proximity to another unless coaching support is supplied to both.

10.2 Spectator and support boats not coaching should not enter the race course during racing.

10.3 Support boats are requested to monitor the Race Committee working channel. It is recognized that coaches are essential to the safety plan of the regatta and they are required to assist in providing safety cover to competitors on the water. The Race Committee working channels will be:

Course	Channel
Alpha	71
Bravo	72
Charlie (Green)	69

11 TRASH DISPOSAL

Boats shall not put trash in the water. Coach boats, Race Committee boats and all other support boats will accept trash.

Course Diagram – not for navigation

