

**2016 WHALE OF A SAIL
CABIN BUOY COURSE
SAILING INSTRUCTIONS
17-18 September 2016**

1. RULES

This regatta shall be governed by the 2013-2016 Racing Rules of ISAF. ISAF Regulation 20 and class regulations on advertising shall apply.

2. ENTRY

All yachts may enter by properly completing the registration form, release form, and paying regatta fees.

3. NOTICES

Notices will be posted on the bulletin board located on the harbor grounds adjacent to the pavilion entrance.

4. CHANGES IN SAILING INSTRUCTIONS

Any changes to these instructions shall be approved by the Regatta Chairman and the Cabin Fleet Principal Race Officer and shall be posted on the bulletin board prior to the first affected race.

5. NUMBER AND SCHEDULE OF RACES

1. There shall be a maximum of seven (7) races in the series, and a minimum of one race.
2. The warning signal for the beginning of racing shall be: on Saturday, 17 September at 1100 and on Sunday, 18 September at 0930.
3. Up to four (4) races may be sailed on Saturday, weather permitting.
4. No race shall be started after 1300 on Sunday.

6. SIGNALS MADE ASHORE

1. Signals made ashore shall be displayed from the cabin committee boat.
2. Code Flag L (one audible signal) – a change to the sailing instructions has been posted.
3. Code Flag AP (two audible signals) – the next race is postponed. The time of the next warning signal shall be not less than ½ hour after the striking of the AP with one audible signal.

7. OTHER SIGNALS

1. Orange Flag (one audible signal) upon leaving the harbor which is approximately ½ hour prior to the start of Division One. The dousing of the Orange Flag (one audible) is one minute prior to hoisting the yellow flag.
2. Yellow Flag (one audible signal) is flown for an indeterminate length and is doused one minute prior to the Warning Signal (hoist of Numeral Pennant One).
3. Orange Flag is flown at the finish line when a back-to-back race will follow.

8. COURSES

8.1 The cabin boat course shall be east of CSA as indicated on the map posted on the official bulletin board.

8.2 The course may be

- W 3 (Windward-Leeward 3 times around)
- W 2 (Windward-Leeward 2 times around)
- W 1 (Windward-Leeward 1 time around)
- O1 (Triangle Windward-Leeward)
- T 1 (Triangle)

8.3 A panel shall be displayed indicating the course types prior to preparatory signal of Division One as well as the three digits to the approximate compass heading to the weather mark. All marks shall be left to port.

9. MARKS

The turning marks (tall red-orange cylinders) will be displayed at the dock prior to racing.

10. STARTING

10.1 Races shall be started in accordance with ISAF Rule 26.

10.1 The mast or the helmsman's seat of launch defines the starboard end of the line.

10.2 The port end of the line is an orange spar.

10.3 Divisions will be posted on the Official Bulletin Board prior to the harbor signal.

11. RECALLS

11.1 After an Individual Recall signal is made, the Race Committee may attempt to hail the sail numbers of OCS boats as a courtesy only.

11.2 In the event of a General Recall, the recalled division will move to the end of the rolling sequence. The First Substitute pennant will fly until the Preparatory signal of the next division in the sequence is doused.

12. SHORTENING COURSE

A shortening of the course shall be signaled from a boat stationed near the mark beginning the leg containing the finish line. This leg may not be of full original length. The boat shall display code flag S and shall make periodic sound signals.

13. TIME LIMIT

Two (2) hours for the entire course or forty (40) minutes to the first mark is the time limit. The PRO may start the next race of the day even if some boats in the previous race have not finished scored at place of finished determined by race committee. This provision will only be used when a boat(s) is significantly behind the remainder of the competitors taking in account the PHRF number.

14. FINISHING

The finish line shall be between the flag mast of the Committee Boat which is flying the blue flag and the orange spar, sailing from the direction of the previous mark of the course. If another race is to be sailed back-to-back, it shall be indicated by display of the orange flag from the Committee Boat.

15. PROTESTS AND PENALTIES

15.1 A yacht intending to protest shall inform the Committee Boat of same at the finish line.

15.2 Any written protest shall be submitted on a US SAILING Protest Form (available at the Official Bulletin Board).

15.3 Interested parties to protests shall remain within hearing range of the Official Bulletin Board until informed of a time and place for their proceedings.

16. SCORING

16.1 The Low-Point Scoring System of ISAF RRS Appendix A4.1 shall be used.

16.2 Paragraph A2 of the RRS is modified to read, "Each yacht's series score shall be the total of her race scores. No scores will be excluded."

16.3 All Fleets shall be scored according to the PHRF CYC Rating using the Low Point System as defined in Appendix A of *The Racing Rules of Sailing* for 2013 – 2016.

17. SAFETY

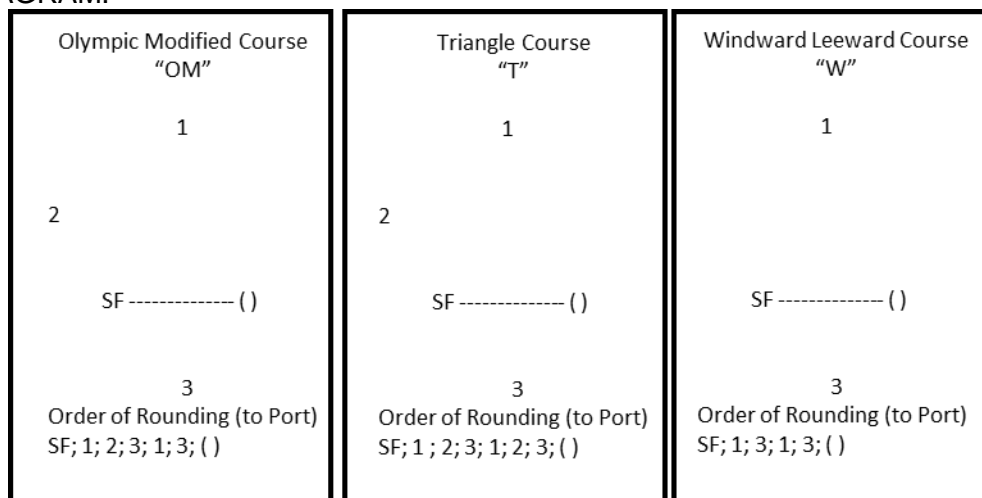
17.1 All Illinois safety requirements regarding sailboats shall be observed.

17.2 It is the responsibility of the individual skipper to decide whether to start a race or continue a race. If you retire from a race, please notify the Race Committee as soon as possible.

18. RADIOS

The Cabin Boat radio channel will be 69. Channel 69 will be used by competitors in emergency only.

19. COURSE DIAGRAM:



S = Starting Mark
F = Finish Mark
() = Committee Boat