

Whale of a Sail
LONG DISTANCE RACE
SAILING INSTRUCTIONS
SATURDAY and SUNDAY September 17-18, 2015

1. RULES

This regatta shall be governed by the 2013-2016 Racing Rules of ISAF. No advertising shall be displayed on hulls or sails except a maker's mark limited to an area of 6 in, square unless permitted otherwise by class or rules.

2. ENTRY

All vessels may enter by properly completing the registration form, release form, and paying the entry fee. Entrants take special notice of Section 14 - Safety Equipment and Regulations.

3. NOTICES

Notices will be posted on the bulletin board located on the harbor grounds adjacent to the pavilion entrance.

4. CHANGES IN SAILING INSTRUCTIONS

Any changes to these instructions shall be approved by the Regatta Chairman and the Long Distance Principal Race Officer and shall be posted on the bulletin board.

5. NUMBER AND SCHEDULE OF RACE

5.1 There shall be a maximum two races in the series, and a minimum of one race.

5.2 Races will use a pursuit format. Start times will be published at the skippers meeting and posted on the notice board as Appendix B with the first yacht starting at 1100 (GPS Time) on Saturday, September 17 and 0930 (GPS time) on Sunday, September 18.

6. SIGNALS MADE ASHORE/DOCK

6.1 Signals made ashore shall be displayed from the Bulletin Board Adjacent to the pavilion and announced at the competitors' meeting.

6.2 Code Flag L (one audible signal) – a change to the sailing instructions has been posted on the bulletin board.

7. COURSE

The Long Distance course for Saturday September 17th shall be either Course A (Great Race) or Course B (Hound and Hare). The Course and the direction to be sailed will be announced at the skippers meeting and posted on the notice board. **Course B only** will be used for Sunday September 18th. Approximate GPS positions, compass headings and mileage are in Appendix A.

8. MARKS

The turning marks will be yellow sphere (West Marine) buoys. The wind direction will not be a consideration for the placement of the marks. Turning marks will be rounded according to the course direction.

9. STARTING

Races shall be started in accordance with ISAF Rule 26.1 amended as the following:

9.1 The start time will be based on PHRF and published in Appendix B. For your information, copy this time to your finish sheets (Appendix C (Saturday) and D (Sunday)).

9.2 The event will convene at 1100 on Saturday, September 17 and at 0930 on Sunday, September 18 regardless of whether or not there is wind.

9.3 The ends of the line will be red sphere buoys. The wind direction will not be a consideration for the starting or finish line.

10. RECALLS

Each yacht starts according to her designated starting time. Those yachts starting before their designated time will be penalized at the discretion of the Race Committee.

11. FINISHING

11.1 The finish line shall be between the two (2) red sphere buoys used for the starting line. After 6 hours (Saturday) and 3 ½ hours (Sunday) for those yachts that have not crossed the finish line, their finishes will be taken in order beginning with the yacht closest to the finish line.

11.2 SATURDAY, September 12: For scoring, turn in Appendix C by 1730 to the RC designee in the pavilion area.

11.3 SUNDAY, September 13: For scoring, turn in Appendix D by 1330 to the Pavilion RC designee.

12. PROTESTS AND PENALTIES

12.1 A yacht intending to protest shall inform the Race Committee Designee when handing in Appendix C or D the day of the protest. (Channel 69) or by hailing the Race Committee at the end of the race.

12.2 Any written protest shall be submitted on a US SAILING Protest Form (available at the Official Bulletin Board or from the One-Design Committee Boat) within one hour of docking. The official docking time shall be posted on the bulletin board.

12.3 Interested parties to protests shall remain within hearing range of the Official Bulletin Board until informed of a time and place for their proceedings.

13. SCORING

13.1 The Low-Point Scoring System of RRS Appendix A4.1 shall be used, except that there will be no discard. This amends RRS A.2.

13.2 Scoring shall be according to order of finish.

13.3 Low PHRF: The race course distance/individual start times are calculated according to the CYC/Carlyle Lake PHRF handicap ratings (spin and JAM).

13.3 High PHRF: The race course distance/individual start times are calculated according to the CYC/Carlyle Lake PHRF handicap ratings (spin and JAM).

14. SAFETY EQUIPMENT AND REGULATIONS:

14.1 All Illinois safety requirements regarding sailboats shall be observed. When sailing alone, it is strongly recommended that a life jacket be worn.

14.2 Entrants must have VHF channel 69 capability (and monitor channel 69) for the duration of their time underway. All requests for assistance shall be via VHF channel 69.

14.2 The following items of safety equipment must be aboard all boats, stowed for easy access, and secured to prevent their loss during capsize or violent weather. a. One Coast Guard approved flotation device for each person on board; type I, II, or III. In addition, boats 16 feet in length or over shall carry one type IV throwable device such as a ring buoy or buoyant cushion. b. An audible device such as a whistle shall be on board. c. A bow line of adequate length and strength for towing with a stout point of attachment on the hull at the bow, which shall be able to accommodate 1/2 inch line. d. An adequate anchor with a minimum of 50 feet of line attached. e. A bailing device. f. One paddle, minimum (cabin boats with motor auxiliary are exempt from this requirement). g. Lights conforming to Illinois law when sailing at night.

14.3 Capsize or Disabled: In the event of capsize or vessel becoming disabled, the skipper, crew, and passengers must be prepared to survive without assistance. Weather conditions, distance from potential rescue assets, and/or the number of capsized boats may make rescue

difficult, impossible, or a long time in coming. 3. If rescue does come, it may only be for the purpose of removing persons from the water. 4. For the above reasons, boat owners are strongly urged to provide their craft with self-rescuing capabilities and to adopt and practice the following self-rescue procedures: a. First, locate all persons and check for injuries; b. Don life jackets; c. Insure that all persons STAY WITH THE BOAT; and d. Proceed with righting, bailing etc.

14.4 It is the responsibility of the individual skipper to decide whether to start a race or continue a race. If you retire from a race, please notify the Race Committee as soon as possible.