

APRIL 1ST-3RD
DAVE PERRY
SOUTHERN YACHT CLUB
2016
TEAM RACE CLINIC



Goal of the Clinic

To provide a structured event in which every participant comes away knowing more about team racing, more about boat handling and boat speed in their boats, where the Club is a stronger team racing Club, and where everyone has a great time participating.

Schedule

- Friday afternoon, 3:00 – 5:30..... Individual on-water coaching in the club’s boats with a focus on boat handling and boat speed, particularly as it relates to team racing
- Friday evening, 7:00 – 9:30..... Global Tactics & Strategies in Team Racing (something for everyone!)
- Saturday, 9:00 – 5:30..... combination of on-land talks and walk-throughs, and on-water training
- 6:00..... informal group dinner
- 7:00 – 8:30..... video debrief and general Q&A discussion
- Sunday, 9:00 – 5:00..... Mark Traps and other advanced elements; lots of coached team racing!

Cost

\$75 for Adults
\$35 under the age of 24

Brief bio for Dave

2-time All American sailor and Dinghy National Champion at Yale
3-time North American Ideal 18 Champion
4-time National Match Racing Champion
2-time Hinman Masters Champion
Coach and Rules Advisor for the U.S. Olympic Sailing Team
Author of three books on racing, including the best seller *Winning in One-Designs*

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