

**NEW BEDFORD YACHT CLUB JUNIOR REGATTA**  
July 9-10, 2016 – Padanaram, Massachusetts  
Host: New Bedford Yacht Club (NBYC)

**SAILING INSTRUCTIONS**  
Club 420's, Lasers & Optimists

**1. RULES**

The Regatta will be governed by the current Racing Rules of Sailing (“RRS”), the prescriptions of US Sailing, the NOR, the rules of each class concerned (except as any of those that are altered by these sailing instructions) and by these Sailing Instructions.

In the event of a serious break of good sportsmanship by a skipper or a crewman, failure to comply with a reasonable request of an official, or lack of good sportsmanship or courtesy; the New Bedford Yacht Club Junior Regatta Committee may remove from the regatta or any portion thereof the boat with which the offender is associated. This changes RRS 63.1.

Boats shall not discharge trash of any kind into Buzzards Bay. The penalty for breaking this instruction shall be disqualification from all races sailed that day. This changes RRS 64.1.

**2. ENTRY**

Boats declared eligible by the New Bedford Yacht Club Junior Regatta Committee may be entered by completing registration with the regatta organizing authority.

**3. NOTICES TO COMPETITORS**

Notices will be posted on the regatta notice board located at NBYC. Notices concerning protests will be posted on the protest notice board at the NBYC

**4. CHANGES IN SAILING INSTRUCTIONS**

Any change in the sailing instructions will be approved by the chairman of the race committee (or his/her delegate) and posted before 0900 on the day it will take effect.

**5. SIGNALS MADE ASHORE**

Signals made ashore will be displayed from the NBYC flagpole located in the front of the clubhouse.

Flag “AP”, Answering Pennant, with two guns (one gun when lowered) means “The races are postponed. Do not leave the harbor area.” The time of the warning signal for the first class will be posted before the lowering the “AP”.

**6. SCHEDULE OF RACES**

**Saturday, July 9, 2016**

7:30-8:45am: Registration & Breakfast Buffet for sailors

9:00am: Skippers' meeting/Launching/Races to follow

Box lunch on the water

3:00-5:00 pm Cookout for sailors under the tent immediately following the races

**Sunday, July 10, 2016**

9:00am: Skippers' meeting/Launching/Races to follow

Snack on water

12:30pm – Last Optimist Green Fleet race to start no later than 12:30PM

1:00pm: Last Optimist race to start no later than 1:00PM

2:00pm: Last 420 and Laser race to start no later than 2:00PM

Lunch for sailors and awards ceremony following the races  
 \*Green Fleet Award Ceremony will take place at approximately 1:15PM

**7. CLASS SIGNALS**

Class flags will be the class insignia.

**8. COURSES**

The diagrams for courses are on a course card. The identifying letter for the course, the approximate compass bearing (420 Circle) and the distance to the first mark will be displayed from the race committee signal boat on a board before or with the warning signal.

**9. MARKS**

- 9.1 For Optimist Green Fleet Marks will be Orange Balls
- 9.2 For Opti Championship Fleet Marks will be inflatable marks and/or Orange Balls
- 9.3 For 420 Marks will be inflatable marks and/or Orange Balls
- 9.4 Laser Fleet Marks will be inflatable marks and/or Orange Balls

**10. THE START**

10.1 Optimists Green fleet will be started in accordance with the 3 minute Sound Signal Starting System.

Optimist Championship Fleet, Lasers and 420's will be started in accordance with RRS 26.

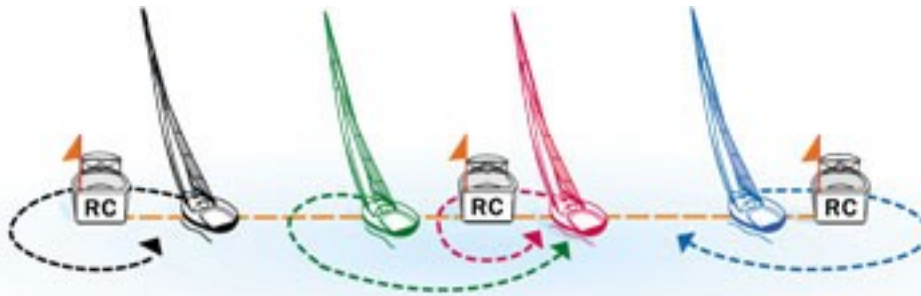
<u>SIGNAL FLAG AND</u>	<u>SOUND</u>	<u>MINUTES BEFORE START</u>
Warning Class flag;	1 sound	5 minutes
Preparatory P, I, V, V and I, <u>Black</u> ;	1 sound	4 minutes
One-minute Preparatory flag removed;	1 sound	1 minute
Start Class flag remove;	1 sound	Start

The starting line will be between a staff on the race committee boat from which an orange flag is displayed and the nearby racing mark or another boat displaying an orange flag.

10.2 The 420 and Optimist starting line may be in two or more segments and will be between the staffs displaying orange flags on the RC Signal boat, the mid-line boat, and the port pin boat or Pin Mark. The Race Committee may at its discretion add another mid line boat.

10.3 RRS 30.1 is changed as follows:

If flag "P" has been displayed, and any part of a boat's hull, crew or equipment is on the course side of the starting line or its extensions during the last minute before her starting signal, she shall thereafter either: (a) sail from the course side across an extension of the starting line beyond either the port- or starboard-end line boat to the pre-course side before starting, or (b) round the mid-line signal boat before starting, leaving it to port. (see the diagram below).



A boat starting later than 4 minutes after the starting signal will be scored Did Not Finish. This changes Rule A4.1.

Procedure for Gate Start – 420's Only

**10.4**

**10.4.1** When a gate start is used, the Race Committee will display flag “G” on the Race Committee signal boat no later than the warning signal.

**10.4.2** The starting line (except for the Pathfinder) will be between the port end starting mark and the center of the stern of the Gate Launch, displaying flag “G”.

**10.4.3** Signals will be displayed from the Race Committee signal boat near the port end starting mark and may be duplicated on the Gate Launch.

**10.4.4** The Pathfinder for the first race will be appointed by the Race Committee. The Pathfinder for subsequent races will be the boat that finished seventh (7<sup>th</sup>) in the preceding race. When this boat is unable to race, or has been Pathfinder previously in the event, the Pathfinder will be the boat that finished eighth (8<sup>th</sup>) in the preceding race, and so on.

**10.4.5** The sail number of the Pathfinder will be displayed on the Race Committee signal boat prior to the warning signal.

**10.4.6** No later than the warning signal, the Race Committee will signal the length of the time between the starting signal and when the Gate Launch will stop at the starboard end of the starting line.

**10.4.7** Prior to the warning signal, the Pathfinder shall report to the Gate Launch, also displaying flag “G” and positioned near the Race Committee signal boat. The Pathfinder shall follow the Race Committee’s instructions. If the Pathfinder fails to comply with this instruction, she may be disqualified without a hearing and shall be ineligible for any restart of that race.

**10.4.8** Within 10 seconds *after* the starting signal being made, the Pathfinder shall pass the port-end starting mark on a close-hauled port tack course. The Gate Launch will keep station close astern of the starboard quarter of the Pathfinder. The Gate Launch Guard Boat may keep station on the starboard side of the Pathfinder. The starting line will be open and boats may start once the Gate Launch has cleared the port end starting mark, regardless of the starting signal. RRS 29.2 (Individual Recall) shall not apply.

**10.4.9** The Pathfinder shall sail her close-hauled course until released by a whistle or sound signal from the Gate Launch, after which she ceases to be a starting mark and may continue or tack onto starboard tack.

**10.4.10** After the release of the Pathfinder the Gate Launch will maintain her course and speed until the time signaled by the Race Committee has elapsed. She will then stop, lower flag “G” half way and make a long sound signal. One minute after the Gate Launch stopped, the Race Committee will signal the closure of the starting line by lowering flag “G” on both the Gate Launch and the Race Committee signal boat and make a short sound signal. Any boat starting after lowering flag “G” will be scored DNS without a hearing.

**10.4.11** All boats except the Pathfinder shall start on starboard tack.

**10.4.12** A boat not having started correctly and which is on the port side of the extension of the Gate Launch’s course between the starting signal and the closure of the starting line shall not cross the starting line from the course side.

**10.4.13** A boat that touches the Gate Launch or the Gate Launch Guard Boat after the preparatory signal shall take a one-turn penalty according to RRS 44.2.

**10.4.14** After the preparatory signal a boat shall be disqualified without a hearing and shall be ineligible for any

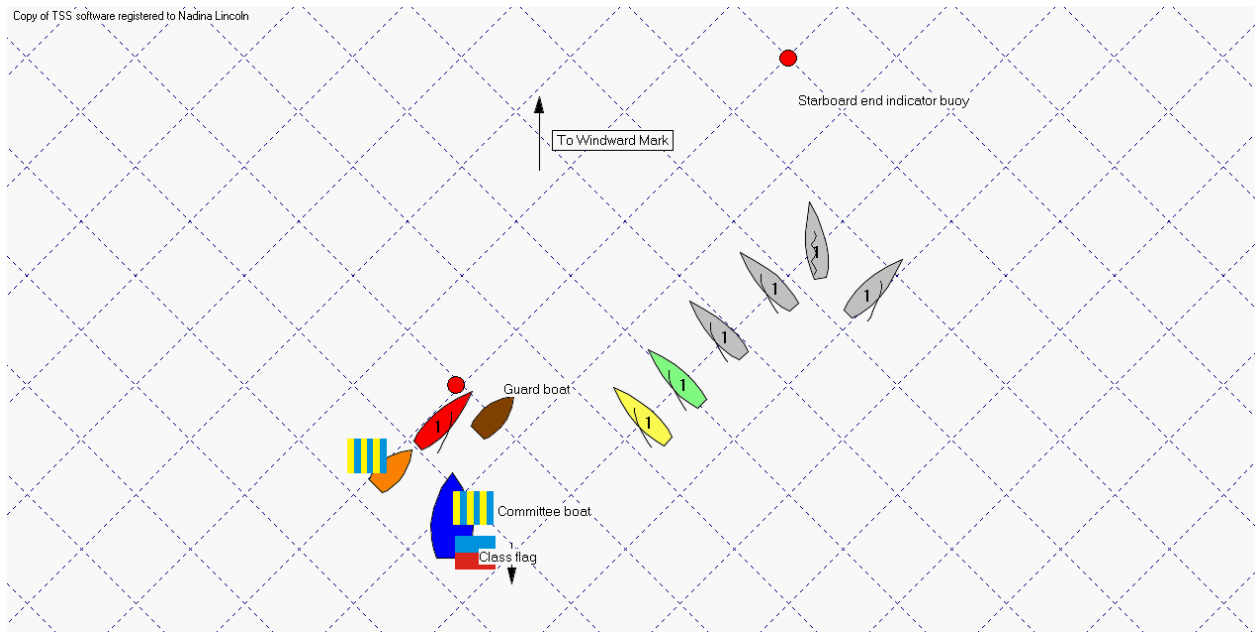
restarts of that race and will be scored DNE if while approaching the line to start she:

- (1) causes the Pathfinder or Gate Launch or Gate Launch Guard Boat to alter course or speed, or
- (2) touches the Pathfinder, or
- (3) passes between or attempts to pass between the Pathfinder and the Gate Launch and/or Gate Launch Guard Boat.

If the race is restarted on the same day SI 10.4.15 will apply.

**10.4.15** If a boat has been disqualified according to SI 10.4.7 or SI 10.4.14 and the race is restarted on the same day, her sail number shall be displayed on the Race Committee signal boat for at least three (3) minutes prior to the new warning signal. A boat whose number has been displayed shall leave the starting area before the next warning signal; however, a boat breaking this rule may participate in the restarted race providing she advises the Race Committee prior to the warning signal that she intends to protest another boat and/or requests a redress in connection with the incident. If either her protest is dismissed or her request for redress is denied, she shall be scored DNE for the race in question. This changes RRS 36, 62.2, 63.1 and Appendix A5.

**10.4.16** The Race Committee may abandon a start in case of great disadvantage to some boats e.g. through the wind conditions or an interference with the Pathfinder/Gate Launch. Failure to comply with this instruction is no grounds for redress.



## 11. RECALLS

11.1 When an individual recall is signaled with the X flag and one horn blast, the race committee will attempt to hail the sail number(s) of the boat(s) that are over early. When the Round-the-End Rule is in effect, the race committee may hail sail numbers during the minute before the start.

11.2 When a general recall is signaled with the first substitute flag and two sounds, the warning signal for the recalled class will be one minute after the flag is lowered.

11.3 The race committee procedure for hailing boats that were OCS shall not be grounds for redress.

## **12. CHANGE OF THE POSITION OF THE NEXT MARK (420 CLASS ONLY)**

To change the position of the next mark the race committee will move the original mark (or the finish line) to a new position. The change will be signaled before the leading boat has begun the leg, although the mark may not be in the new position. Any marks to be rounded after rounding the moved mark may be relocated without further signaling to maintain the course configuration.

## **13. THE FINISH**

The finish line will be between a staff on the committee boat from which an orange flag is displayed and the nearby mark of the course.

## **14. TIME LIMIT**

If no boat has passed mark 1 within one half hour of the start, the race will be abandoned. The time limit for the first boat will be 1-1/2 hours. Boats failing to finish within 30 minutes after the first boat sails the course and finished will be scored Did Not Finish. This changes RRS 35 and A4.1.

## **15. PROTESTS**

**15.1** Any Boat protesting another shall do so in compliance with RRS 61 with the following changes:

A boat intending to protest shall after finishing or retiring, notify the race committee on the water of the sail number of the protested boat.

A boat intending to protest shall deliver a written protest to the protest desk within one hour of the time the committee boat reaches its berth. Protests form will be available at the protest desk.

The sail numbers of the boats known to be involved in protests will be posted on the protest notice board after the last race of the day. Skippers must check the board since this posting shall constitute notice of a hearing required by RRS 63.2. Hearings may begin 30 minutes after the return of each committee boat, or sooner if the parties to the protest are present.

## **16. SPINNAKERS**

1.1 When flag "V" (White with a Red X) is displayed, either at the start or at a rounding mark, no spinnakers are to be used.

1.2 When flag "V" is displayed at the same time as a class flag, no spinnakers are to be used by that class.

1.3 If code flag "V" is flown at a rounding mark, either with or without a class flag, it will be accompanied by repeated sound signals.

## **17. SCORING**

The low point scoring system of Appendix A will apply. As many races as practical will be run. However, if only one is completed, it shall constitute as a series. There will be one throwout for every 5 races completed.

## **18. SAFETY**

All competitors are required to comply with the following US Sailing PFD Prescription. All Personnel on deck shall wear personal flotation while starting and finishing (without exception), and at all other times while racing.

A boat that retires from a race shall notify the race committee or a safety boat either before leaving the course or, if that is not possible, immediately after arriving ashore.

All skippers are reminded that the rights of boats racing in other classes must be observed. Failure to do so, even while not racing, may be grounds for a protest (see RRS 22).

If flag "L" is displayed before the first warning signal of the day, each boat shall pass the stern of the race committee signal boat on starboard tack in single file and hail her sail number. 420's must also hail the last name of the skipper, which will be acknowledged by the race committee. Failure of a boat to comply with this requirement may result in her being scored DNS for that race without a hearing.

## **19. PRIZES**

420's—Prizes will be awarded to Skipper and Crew of first through third place

Opti's (Red, White & Blue Fleets—Prizes will be awarded for the first through third places in each fleet, as well as overall.

Opti's (Green Fleet)—Each sailor will receive a participation prize.

Lasers—Prizes will be awarded for the first through third places.

## **20. GREEN FLEET: GREEN FLEET POLICIES APPLY**

Coaching of the green fleet skippers while racing is permitted, however coaching shall be limited to skippers in the bottom half of the fleet in any given race. Only boats, which have registered with the organizing authority and carry identification satisfactory to the organizing authority, will be allowed in the race area. All individuals on such registered boats are required to wear PFD. Coach boats shall neither create wakes nor otherwise interfere with competitors. Violation of this instruction may result in ant penalty, which the jury deemed appropriate, up to and including the disqualification of the coached skipper from the regatta.

## **21. RESPONSIBILITY FOR SAFETY**

As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the New Bedford Yacht Club, the owner, helmsperson and each crewmember agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the New Bedford Yacht Club and each of their officers, trustees, members, committees, employees or agents, rising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each competitor, as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support coats and from personnel aboard them is at risk of the participant.