USA JUNIOR OLYMPIC SAILING FESTIVAL 2016 NOTICE OF RACE GUIDELINES

Refer to the Racing Rules of Sailing 2013 - 2016, Appendix J, Notice of Race and Sailing Instructions and Appendix K, Notice of Race Guide for additional information.

The Organizing Authority (OA) is the Mentor Harbor Yachting Club.

NOTICE OF RACE

RULES

- The Junior Olympic Festival will be governed by the *rules* as defined in the Racing Rules of Sailing (RRS).
- . For the purposes of the definition of *rule*, the class rules shall be the rules of the Optimist, Laser Radial, Thistle and Club 420 classes.
- Certain rules may be changed and these changes will appear in full in the Sailing Instructions.

ADVERTISING – Advertising shall be in accordance with ISAF Regulation 20. Competitors may be required to display graphics on the side of their hulls; these graphics will be supplied by the OA.

ELIGIBILITY & ENTRY

• AGE

Applicants for all classes can race up through the summer after their senior year of high school in the year of the event. Optimist class age rules apply.

• US SAILING MEMBERSHIP

Membership in US Sailing is required for each competitor (helmsman and crew for doublehanded classes). Competitors may sign up at registration. If you are already a member, bring your membership card to registration - *it will be checked*. Sailors can join online at http://membership.ussailing.org/.

• CLASS ASSOCIATION MEMBERSHIP

US Sailing recommends that competitors are members of their respective class associations (i.e., Optimist, Laser, Club 420, etc.).

• GREEN REGATTA

This regatta is a Sailors for the Sea "Clean Regatta." As such, all competitors are encouraged to use non-single use water bottles and recycle all appropriate items. Competitors are reminded of rule 55 which states that competitors "shall not intentionally put trash in the water."

BOATS/MEASUREMENT

- Boat class Optimist with crew of one (1) including helmsman, will be used.
- Boat class Laser Radial with crew of one (1) including helmsman, will be used.
- Boat class Laser 4.7 with crew of one (1) including helmsman, will be used.
- Boat class Club 420 (Spinnaker) with crew of one (2) including helmsman, will be used.
- Boat class Club 420 (Non-Spin) with crew of one (2) including helmsman, will be used.
- Boat class Thistle (Spinnaker) with crew of two (3) including helmsman, will be used.
- Competitors will bring their own boats.
- All boats must have a floating bowline of appropriate length.
- Each competitor will be responsible for their boats being in compliance with the class rules.

FEES - The entry fee for all classes is \$ 135 per competitor (\$270 for a 420 team, \$405 for a Thistle team). The entry fee includes an official USA Junior Olympic T-shirt, breakfasts, lunches, dinners, clinic, trophies. The first 150 registrants will also receive a goodie bag.

SCHEDULE OF EVENTS

Thursday, June 9, 2016 Welcome Reception, Check-in/Registration 5-8p. Coaches clinic 6-8p.

Friday, June 10, 2016 Morning: Registration & check-in, breakfast, competitor briefing, sailor and coach clinics on land Afternoon: lunch on land, clinics on water, potential afternoon racing (weather permitting). Fleet Debriefs/Dinner and Party after racing.

Saturday, June 11, 2016 Breakfast on land, First or additional races in the series, of **11** races scheduled, lunch served on water. Fleet Debriefs/Dinner and Party after racing.

Sunday, June 12, 2016 Breakfast on land, Additional races with lunch served on the water, Dinner and Awards presentation

ADVANCE REGISTRATION - Competitors shall register in advance by registering online at <u>*http://www.regattanetwork.com/event/12463*</u>, and submitting it with proof of US Sailing membership. <u>Early Entry deadline is June 1</u>. Late fees apply thereafter.

SAILING INSTRUCTIONS - The Sailing Instructions (SIs) will be available at

registration and on the web at: <u>http://www.regattanetwork.com/event/12463</u> Please note our intention for the following courses for planning purposes:

- Course 1: c420, Laser Radial, Thistle Fleets
- Course 2: Opti Red/White/Blue Fleets
- Course 3: Opti Green Fleet

PENALTY SYSTEM - Appendix P, Immediate Penalties for Breaking Rule 42, Propulsion, will apply.

SCORING - A maximum of eleven (11) races are scheduled, of which one (1) shall be completed to constitute a series. If seven (7) or more races are sailed, a boat's worst score shall be discarded. This changes rule A2.

COACHES - Coaches are required to register at the event, and each team shall provide a coach/safety boat for the event. Coaches who are able to bring proof of US Sailing certification will be given appropriate access to participants and recognition.

SAFETY - A US Coast Guard approved personal flotation device shall be worn, properly fastened, at all times while launching and when sailing. Failure to comply with this rule may result in disqualification. A boat retiring from a race shall notify a Race Committee vessel before leaving the course, or when that is impossible, report to the Safety Officer located at the Pool Deck immediately after arrival ashore. Additionally, each team shall supply (1) "shore parent" per day who shall check in with registration desk and be on call for any emergencies or issues that arise with a member of their club's team.

MEDIA RIGHTS - By participating in this regatta, a competitor (or parent/guardian if under age 18) grants to the OA and its sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any photographs, motion pictures and live, taped or filmed television and other reproductions of him or her during the period of the competition without compensation.

DISCIPLINE

- Per US Sailing Regulation 5.03 no contestant shall use, either on or off the water, during any US Sailing sanctioned event: marijuana or any other controlled substance (as defined in 21 U.S. Code 802) the possession of which is unlawful under 21 U.S. Code 841, or alcoholic beverages (distilled spirits, wine and beer, each as defined in chapter 51 of the U.S: IRC Code and intended for beverage use). This regulation is in effect from date and time of arrival through date and time of departure from the locale. The penalty shall be that the contestant after a proper hearing, be immediately removed from the regatta venue and, where practical, sent home.
- All competitors are expected to maintain the highest level of conduct throughout the entire event. When the Protest Committee, from its own observation or a report received from any source believes that a competitor may have committed a breach of a rule, good manners, or sportsmanship, or may have brought the sport into disrepute, it may call a hearing. After a proper hearing the penalty may range from

a reprimand to dismissal from the regatta and additional action may be taken under RRS 69.

 Hearings will be held generally in accordance with the recommendations of Appendix M5 of the RRS. The officers for hearing a violation will consist of the Chief Judge, acting as chairman of the hearing, the Protest Committee and the event chair.

PRIZES

USA Junior Olympic medals will be awarded to competitors placing first through third in all divisions.

FURTHER INFORMATION

Contact *Kathy Allyn, Regatta Chair, 5330 Coronada Drive, Mentor on the Lake, Ohio* 44060. <u>mhycsailcamp@gmail.com</u>, and check the web site for further information. Mhyc.us

Host Club/Organizing Authority:

Mentor Harbor Yachting Club 5330 Coronada Drive, Mentor-on-the-Lake, OH 44060 Phone: 440-257-7214 Email address: mhycsailcamp@gmail.com Web address: www.mhyc.us

Regatta Chair: Kathy Allyn, mhycsailcamp@gmail.com Head Coach, Skill Builder Clinic: John Pearce, GWU Head Sailing Coach Head PRO: Joe Colling: <u>usa3757@gmail.com</u> Scoring: Jacqueline Cerar: drcerar@sbcglobal.net Head Judge: Nancy Zangerle: nzangerle@yahoo.com Fundraising Chair: Colleen Gallagher telecomcolleen@gmail.com Safety Officer: Jim Gallagher jim@supergrind.com

ADDITIONAL RECOMMENDATIONS

LIFE JACKETS

All support people on the water – race committee, mark and safety boat operators, parents, etc. – are strongly encouraged to wear PFDs.

USA Junior Olympics Sailing Festival & Skill Builder Clinic @ MHYC





Mentor Harbor Yachting Club, June 10-12, 2016

REGISTRATION NOW OPEN! http://www.regattanetwork.com/event/12463 Save Money and Register by June 1!

Kick off your Summer Season with the US Sailing Junior Olympics Skill-Builder Clinic

Racing and Clinics overseen by collegiate/national level coaches, assigned by US Sailing featuring the return of John Pearce, head coach for the George Washington University Sailing Team.

Fleets: Laser Radial, c420, Opti R/W/B, Opti Green, Thistle

Eligibility: All levels of sailors welcome. Anticipating 130-150 sailors.

Lodging: MHYC Local Member homes, MHYC neighborhood yards for camping, MHYC Beach for campers/RVs. First come, first served! Hotel blocks with discounted rates are <u>reserved</u> <u>until MAY 20th.</u> Refer to the regsitration website for housing information.

Safety Requirements: 1 chase boat per team, plus additional "shore parent" (2 adults total) will be required for each team/day during racing.

Entry Fees:

- Sailors:\$135 per sailor for the weekend, including 3 meals/day, t-shirt, 2 parties, awards/prizes. Registrations after June 1 will incur a late fee. First 150 registrants receive a great swag bag.
- Coaches participating in the Coach Clinic will have same perks, \$100 per coach. Specific Coaching clinic will be held 6/9 (6-8p) and 6/10 (9-4p) with additional fleet coach access from on 6/11-6/12.

Registration Information is here: <u>http://www.regattanetwork.com/event/12463</u> **Donations Needed!** Looking to donate to our great cause of spreading excellence in sailing education to our region's junior sailors? Please contact <u>telecomcolleen@gmail.com</u> for more information. Thanks to our national sponsors Gill, Sperry, New England Ropes; and, local sponsors: Mentor Harbor Youth Sailing Association, Sailing Inc./Quantum Sails

USA Junior Olympics Sailing Festival & Skill Builder Clinic @ MHYC

REGISTRATION NOW OPEN! http://www.regattanetwork.com/event/12463 Save Money and Register by June 1!

SCHEDULE OF EVENTS:

Thursday 6/9 : Registration

5-8pm Unpack boats, Register, Welcome!6-8p COACH CLINIC with Professional Coach Nick Turney (Pizza party)

Friday 6/10 Registration, Clinics on Land/Potential Racing*

8-10a Registration/Breakfast 10-5p COACH CLINIC with Professional Coach Nick Turney 10-5p Sailor Skills Clinic/Lunch/Racing/Debrief (not necessarily in that order) 10-5pm Pool Party/Dinner *Based on 2015, We will likely keep our options open!

Saturday 6/11 – Racing, Debriefs

Breakfast 8-10am Coach Chalk talks, Regatta, Lunch on the Water, Coach Debrief Ice Cream Truck, REACH tent 3:30- 5:30 Dinner/Beach Party 5:30-8:30

Sunday – 6/12 Racing, Debriefs, Awards

Breakfast Regatta 9-3, Lunch on the Water, Coach Debrief Dinner/Awards 4-5pm – Regatta results and fun awards/prizes, and drawings.

Please contact <u>mhycsailcamp@gmail.com</u> for more info or refer to the registration website at <u>http://www.regattanetwork.com/event/12463</u>

Mentor Harbor Yachting Club | <u>www.mhyc.us</u> | 440-257-7214 | <u>mhycsailcamp@gmail.com</u> Contact: Kathy Allyn, MHYC Junior Activities & Junior Olympics Chair

Housing Accommodations

Junior Olympics Sailing Festival 2016 Mentor Harbor Yachting Club June 10-12, 2016

MHYC is located in Mentor on the Lake, OH, just 20 miles East of Cleveland. 5330 Coronada Drive Mentor on the Lake, OH 44060 440-257-7214 mhyc.us

Teams traveling to the Junior Olympics and requiring overnight accommodations have several options, listed here from least to most expensive. *Hotel room blocks expire in mid-May!*

Note: Registration and Check-In opens Thursday evening, and the coach clinic will also begin Thursday evening. We recommend non-locals to be here on 6/9, so that you are rigged and ready to roll on Friday!

MHYC Beach Camping

MHYC has approved the use of the West Beach for RVs and Campers. (No tents). Port-a-potties will be made available, and shower/bath facilities are within walking distance under the Club pool deck. First come, first served. To request a spot for your vehicle on the beach, email <u>mhycsailcamp@gmail.com</u> by June 1 with the following information: Number of adults, number of sailors, team name/Club affiliation, adult contact email and cell.

Local host homes

Several of our MHYC members are generously opening up their homes and yards for this event. If you prefer to camp in a tent on a lawn within walking distance of MHYC, or if you prefer to sleep in a cozy bed, let us know! Space is limited, so first come, first served. **To request yard space or rooms, email** <u>mhycsailcamp@gmail.com</u> by June 1 with the following information: Number of adults, number of sailors, team name/Club affiliation, adult contact email and cell.

Overnight "Sleep Aboard" Dockage at MHYC

Families and spectactors are welcome to bring their yachts – power or sail – to MHYC to spend the weekend. Dockage rates apply. Please contact the MHYC Harbor Master Dan Miller to reserve a dock space in the MHYC harbor.. <u>harbormaster@mhyc.us</u>, or 440-257-7214. (Note: There is no charge for coach/safety chase boats to be stored on property during the event.)

Local Hotel Rooms

We have blocked rooms at two local hotels starting June 9-12. Reservations are required for the block discount rate by the end of May – see details:

Quail Hollow Resort – <u>Block will be released May 12.</u>

Queen beds (2) per room to sleep 4. This resort is 10 miles, or 17 minutes, from MHYC. There is an indoor/outdoor pool at the resort and is located with access on a golf course. Breakfast on site is \$10 per person, but we will be offering breakfast at MHYC. **Rate is \$109/night.** Address: 11080 concord Hambden Rd., Painesville, OH 44077.

Best Western Lawnfield Inn and Suites – <u>Block will be released May 12</u>.

King beds with a double bed pull-out couch, or a double room. Just 5 miles (less than 10 minute drive due South) from the Club in the heart of Mentor. **Special rate is \$135/night.** Breakfast is included. E-mail <u>csmith@lawnfield.com</u>. There is an outdoor heated pool. Address: 8434 Mentor Ave. Mentor, Ohio 44060.