

Flying Scot® Sailing Association  
**2016 Atlantic Coast Championship**  
**Greater New York Championship**

September 17-18, 2016 at Sandy Hook Bay  
Organized by Flying Scot Fleet 157  
Monmouth Boat Club

**SAILING INSTRUCTIONS**

1. Rules
  - a. Regatta will be governed by the rules as defined in RRS
  - b. US Sailing Prescriptions to RRS 63.2 and 63.4b will not apply
2. Notice to Competitors
  - a. Notice to Competitors will be posted on the official notice board located in the Atlantic Highlands Yacht Club
3. Changes to Sailing Instructions
  - a. Any changes to the Sailing Instructions will be posted before 0800 on the day they will take effect, except that any change in the racing schedule will be posted before 1800 the day before it will take effect
4. Race Committee Communications
  - a. The Race Committee will use CH 68 for radio communications with competitors
5. Signals Made Ashore
  - a. Signals made ashore will be displayed from a Flag Pole at the Atlantic Highlands Pier
  - b. When Flag AP is displayed ashore, "one minute is replaced with "not less than 60 minutes" in the Race Signals AP
6. Schedule
  - a. Racing will be Saturday and Sunday with a maximum of five races. See the schedule below. Three to four races are scheduled for Saturday and two to three races are scheduled for Sunday. No Warning Signal will be made after 1400 on Sunday. Dinner will be held at the Monmouth Boat Club (MBC)\* and the awards ceremony will be held at the Atlantic Highlands Yacht Club (AHYC)\*\*.
  - b. The race schedule is subject to change at the Race Committee discretion

Friday	Sept. 16th	1600-1800	On-Site Registration AHYC, Trailer Parking Assigned
Saturday	Sept. 17th	0830-0945	On-Site Registration AHYC, Trailer Parking Assigned
		1000	Competitors Meeting AHYC
		1030	RC departs for race course
		1200	Warning Signal for first race of the day
Sunday	Sept. 18th	1830	Social Hour and Dinner at MBC
		945	RC departs for race course
		1030	Warning Signal for first race of the day
		Post Race	Social and Awards Ceremony AHYC

\* MBC- Monmouth Boat Club, 31 Union St, Red Bank, NJ 07701

\*\* AHYC- Atlantic Highlands Yacht Club, 1 Simon Lake Drive, Atlantic Highlands, NJ 07716

## 7. Racing Area

- a. Racing will take place on open water of Sandy Hook Bay approximately a ½ mile from the AHYC.
- b. See Addendum 1

## 8. Courses

- a. Courses to be sailed are illustrated in Addendum 2
- b. There will be an offset mark at the windward mark
- c. There will be a leeward gate for the Windward-Leeward Courses. Boats shall sail between the gate marks in the direction from the previous mark and round either mark. If one gate mark is missing, the remaining mark shall be rounded to port
- d. Except for the leeward gate, all marks shall be rounded to Port
- e. The course designation will be displayed on a white board on the Signal Boat

## 9. Marks

- a. Original marks will be Orange Inflatables
- b. Change marks will be Yellow Ball
- c. The offset mark will be an Orange Ball
- d. The starting mark will be an Yellow Inflatable
- e. The finish mark will be between the Committee Boat and the Yellow Inflatable

## 10. The Start

- a. Prior to the first start each boat is required to check in at RC Signal Boat on starboard tack hailing her sail number until acknowledged. A boat failing to do so will be notified of its failure and for a subsequent infringement may be scored Did Not Start (DNS) without a hearing. This changes RRS A5 and 63.1.
- b. Races will be started in accordance with RRS 26
- c. The starting line will be an imaginary line between the yellow flag on the RC Signal Boat and the yellow inflatable
- d. As a courtesy, the Warning signal may be preceded by short repetitive sound signals to alert competitors that a starting sequence is about to begin
- e. As a courtesy, the race committee will, after the starting signal, hail the bow numbers of OCS boats and boats that have not complied with RRS30.1 via VHF Channel 68. The delay of such hails, the order of hailing, the failure of the Race Committee to hail, or the failure of a competitor to hear such a hail shall not be grounds for redress. This changes RRS 62.1 (a)
- f. A boat that starts later than 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A5 and 63.1.

## 11. Changed or Shortened Course

- a. In the event a Changed or Shortened Course affects only one Division, the Race Committee will display the class flag for the Division affected along with flag “C” or “S” or some other signal.

## 12. The Finish

- a. The finish will be between a staff displaying a yellow flag on a Race Committee boat and the course side of the finish mark.
- b. Boats that retire before finishing shall inform the RC as soon as possible. VHF notification may be accepted.
- c. Flag “A” displayed, with no sound, while boats are finishing means, “No more racing today.” Conversely if Flag “A” is not displayed, it will be the intention of the RC to run another race.

## 13. Time Limit

- a. The time limit for the first boat to pass the first mark will be 45 minutes, and for the first boat to sail the course and finish will be 120 minutes.
- b. If either of these limits is not met, the race for the division(s) will be abandoned.

- c. Boats failing to finish within 30 minutes of the first boat to sail the course and finish will be scored Time Limit Expired (TLE). This changes RRS 35, and A11.

#### 14. Alternative Penalties, Appendix “T1 and T2” (RTRS) Will Apply

- a. Appdx T1: RRS 44.1 1st two sentences are changed. “A boat may take a One-Turn Penalty when she may have broken a rule of Part 2, or rule 31 while racing. However When she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.”
- b. Appdx T2.1 After a race, a boat that may have broken a rule of Part 2 or rule 31 while racing may take a race penalty for that incident. The penalty shall be a scoring penalty, calculated as stated in rule 44.3 (c) However, rules 44.1(a) and (b) apply. A boat takes a post race penalty by informing the race committee in writing and identifying the race number and when and where the incident occurred.
- c. Appdx T2.2 The Post race penalty shall be:
  - i. 20% if taken before the protest Time Limit, or
  - ii. 30%, after the protest time limit, but before the beginning of a hearing involving the incident.

#### 15. Protests and Redress

- a. Protest forms will be available at AHYC and shall be filed there within 60 minutes of the Race Committee’s finish boat docking time after the last race of the day
- b. The order of protests will be posted within 15 minutes of the end of the protest time
- c. Protest Hearing will be held at the AHYC building
- d. Appeal: In the event a boat wishes to appeal a decision of the Protest Committee, it shall follow the instruction of the By-Law B- IX
- e. On the last day of the regatta a request for reopening a hearing shall be delivered (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day; (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 66.

#### 16. Scoring

- a. Five races are scheduled. One race is required to be completed to constitute a regatta
- b. The Low Point System of Appendix A of the RRS will apply.
- c. All races will be scored (Changes A-2)
- d.
- e. A boat scored TLE will be awarded points one greater than the last boat to sail the course and finish within the 30 minute time window. This changes RRS 35, A4, A4.2, and A5

#### 17. Towing

- a. Boats may be towed to and from the race area only if towing is made available to all participants. Otherwise, a boat accepting a tow without consent of the Race Committee shall be disqualified from its most recent race without a hearing. This changes RRS 63.1. Exceptions to this rule may be made by the Protest Committee in extenuating circumstances, i.e. breakdown, illness, or other factors that may be appropriate. Protests under this rule may be made only by the Protest Committee or the Race Committee. This changes RRS 60.1(a).

#### 18. Support Boats

- a. Support boats shall not be used, except for those available to all competitors provided by the Organizing Authority

19. Crew

- a. No Changes to crew will be allowed except with the written approval of the Race Committee
- b. The same number of persons shall sail throughout the event

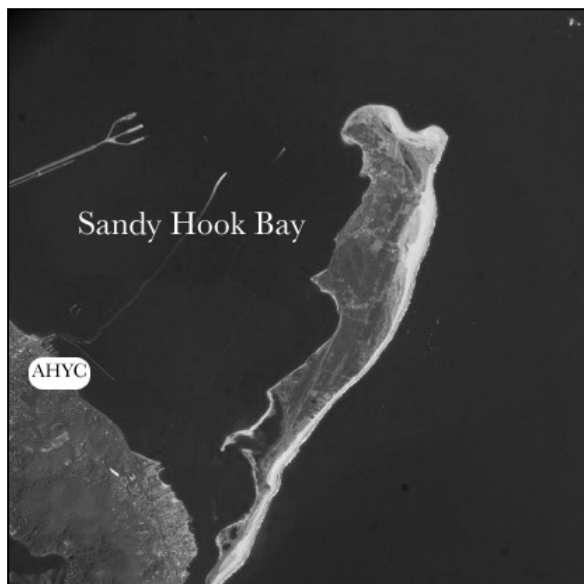
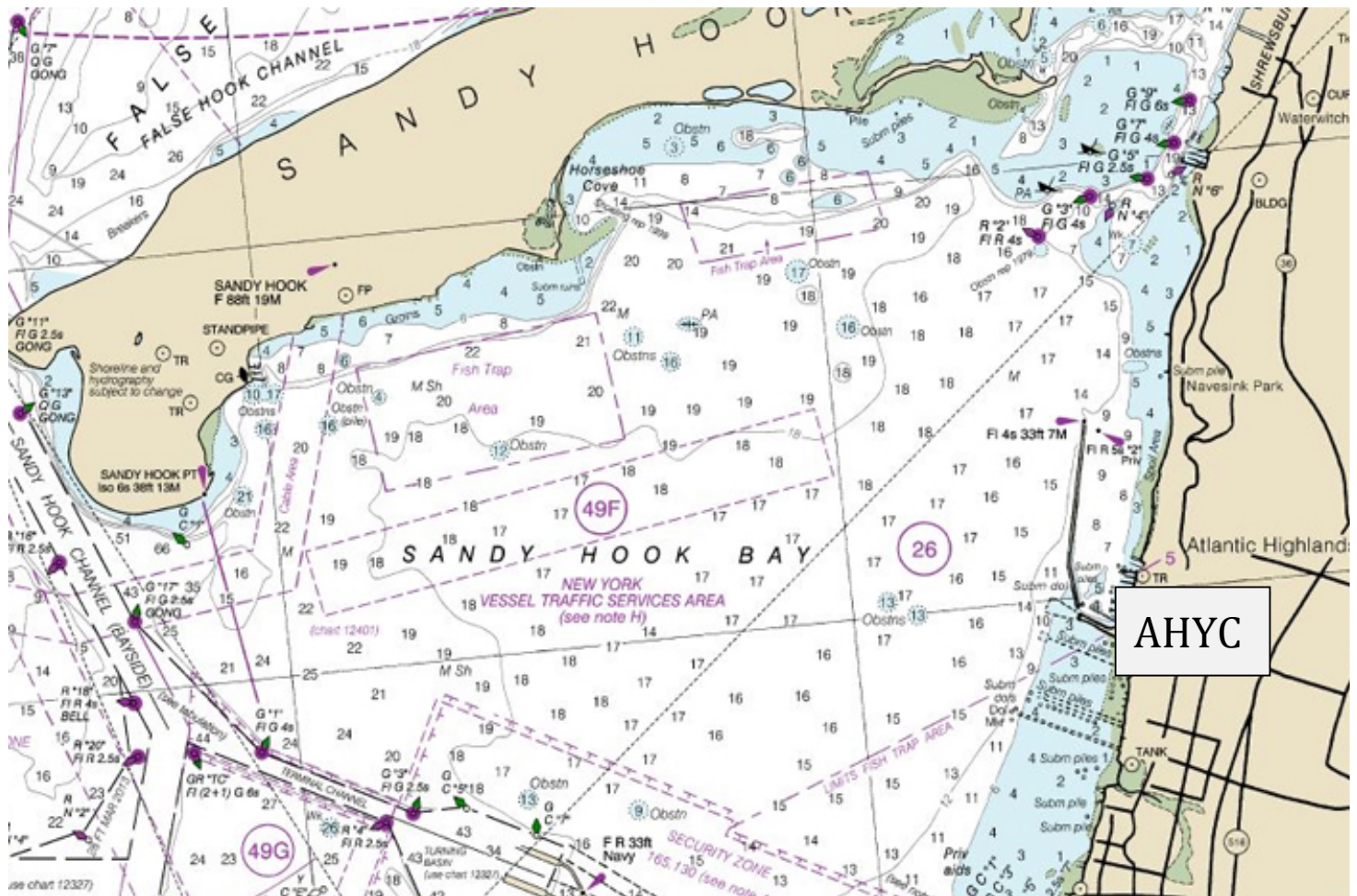
20. Trophies

- a. Trophies will be awarded to skipper and crew of the top 3 boats for the ACC and the GNY
- b. The ACC Perpetual trophies will be awarded to the winner of the ACC and GNY
- c. The Jack Or trophy will be given to the NY District boat that earns the most first place finishes

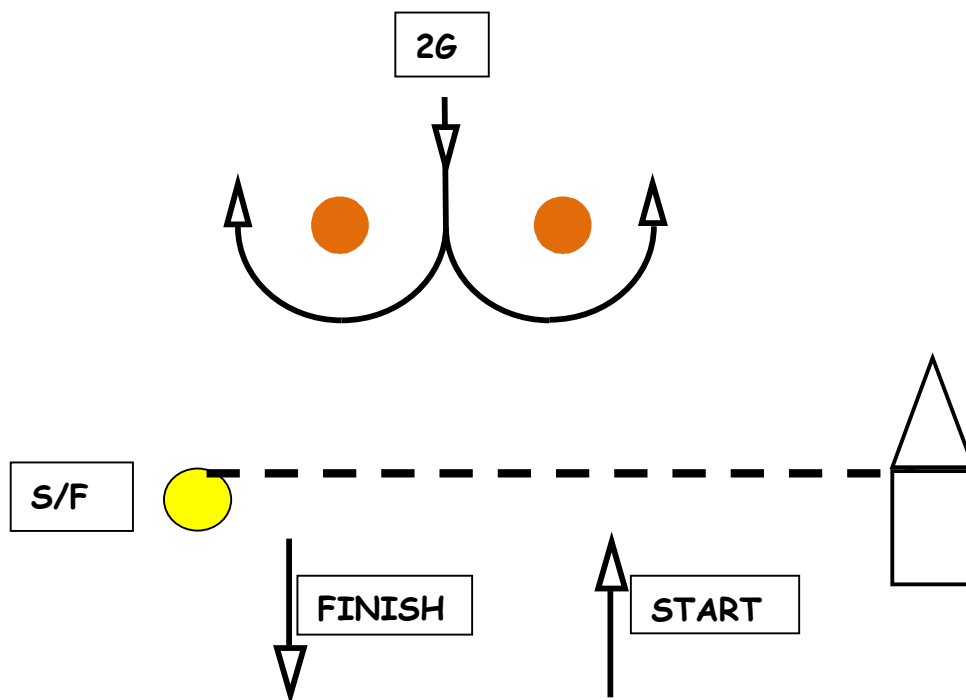
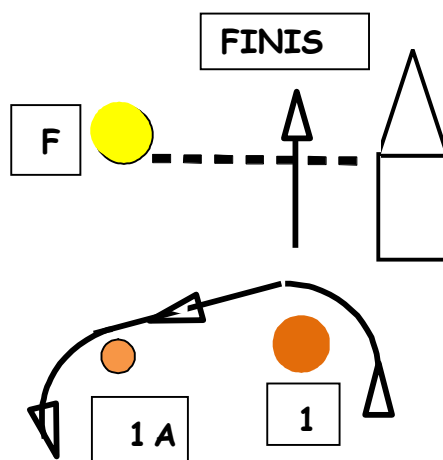
21. Disclaimer of Liability

- a. Competitors participate in this regatta entirely at their own risk. See RRS4 Decision to Race. The race organizer including MBC, AHYC, Race Committee, sponsors, volunteers or any other affiliated organization or official will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## ADDENDUM 1



## COURSE DIAGRAM



COURSE 1: START - 1 - 1A - 2G - FINISH (Upwind)  
COURSE 2: START-1 -1A - 2G -1-1A -2G - FINISH (Upwind)  
COURSE 3: START-1-1A - 2G - 1 -1A - FINISH (Downwind)