



**U.S. SINGLEHANDED
CHAMPIONSHIPS**

2016 Laser Class US National Championships & US Singlehanded Men's and Women's
Divisions

Laser, Laser Radial, and Laser 4.7

July 7-10, 2016

Mentor Harbor Yacht Club, Mentor, Ohio

1 Rules

1.1 The regatta will be governed by the Racing Rules of Sailing (RRS), the prescriptions of the United States Sailing Association (US SAILING), the rules of the International Laser Class Association (ILCA) and this Notice Of Race, except as any of these are changed by the Sailing Instructions or any appendices to the Sailing Instructions.

1.2 The organizing authority is the Mentor Harbor Yachting Club (MHYC) on behalf of the ILCA and US Sailing. The event will be held at MHYC and sailed off the south shore of Lake Erie.

1.3 Competitor advertising will be restricted to ISAF Regulation 20 and the ILCA class rules.

1.4 For competitors who are also sailing for the U.S. Singlehanded Championship, US Sailing's Championship Conditions and the Conditions for the U.S. Singlehanded Championship will apply. www.ussailing.org/racing/championships

1.6 US Sailing Regulations 2, 10 and 13 will apply to all competitors in sailing for the US Singlehanded Sailing Championship.

2 Language

The official language for this regatta will be English.

3 Inspection and Measurement

Sails may be inspected prior to racing. Note that numbers and letters drawn on the sail with permanent ink pens are not legal. Refer to <http://www.laserinternational.org/sailnos.htm> for detailed instructions.

4 Eligibility and Entry

4.1 Laser, Radial and Laser 4.7 competitors who are members of the ILCA-NA or their national Laser Class Association may enter by completing registration with the organizing authority. A minimum of five entries are required to constitute a class.

4.2 To be eligible for the U.S. Singlehanded Sailing Championship competitors must be at least age 17 in the calendar year of 2016; and be a current member of US Sailing. Additionally, these competitors must be a member of a Sailing Club, Sailing Organization, or District Laser Class Association (LSO), belonging to a Regional Sailing Association (RSA) recognized by US Sailing; or a sailing club, sailing organization, or Laser Class Association, belonging directly to US Sailing, or a Community Sailing Program (CSP) which is a member of an RSA recognized by US Sailing.

4.3 When registering, sailors shall indicate if they are competing for the Men's Division (Laser) or the Women's Division (Radial) and provide a current US Sailing membership number.

5 Risk

5.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

5.2 The competitor will accept full responsibility for all his/her actions during any activity related to the event. This includes on-shore activities before, during, and after the regatta.



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6 Schedule of Events

Wednesday July 6

- 1200 Registration opens for competitors, coaches, and support boats
- 1700 Welcome social party, heavy appetizers at pool deck
- 1800 Registration Closes

Thursday, July 7

- 0800 Registration & Breakfast
- 0900 Registration Closes
- 0930 Skippers meeting
- 1100 First warning signal, races to follow
- 1600 Following races cookout social at pool deck and social to follow

Friday, July 8

- 0800 Breakfast
- 1030 First warning signal, races to follow
- 1600 West beach party immediately following races (hot dogs and social)
- 1730 Taco night at pool deck

Saturday, July 9

- 0800 Breakfast
- 1030 First warning signal, races to follow
- 1800 Regatta banquet inside MHYC (collared shirts required)

Sunday, July 10

- 0800 Breakfast
- 1030 First warning signal, races to follow
- Awards to follow immediately after racing

6.2 No warning signal will be made after 1500 on the final day of the regatta

7 Registration

Competitors may register in advance through Regatta Networks:

https://www.regattanetwork.com/clubmgmt/applet_registration_form.php?regatta_id=12513

The full website is available here: <http://www.regattanetwork.com/event/12513>

8 Fees

- 8.1 Required fees shall be made through Regatta Network event registration page.
- 8.2 The entry fee for Laser, Radial and 4.7 entries is \$200.
- 8.3 An additional \$25 will be charged to entries submitted after June 30th at 2300.
- 8.4 The entry fee includes breakfast, dinner, energy bars, social parties and live entertainment.
- 8.5 A Gill regatta T-shirt will be provided at no additional cost for each competitor.
- 8.6 Additional "social tickets" may be purchased at time of registration for \$50. The social ticket includes continental breakfast, post racing socials (hors d'oeuvres, keg beer, soft drinks, snacks), and dinner Wednesday, Thursday, Friday, Sunday (Saturday banquet not included).
- 8.7 Additional Saturday banquet tickets can be purchased for \$20 each at registration.
- 8.8 Valid ILCA membership is required for the Laser Class US Nationals.
- 8.9 Valid US Sailing membership is required for those competing in the Men's and Women's US Singlehanded Championships (eligible for US Sailors only).

9 Sailing Instructions

The sailing instructions are located in the registration room and posted to the event registration page.



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10 Courses & Racing Area

10.1 Courses will be standard ILCA-NA courses as described in the ILCA-NA Regatta Guidelines.

10.2 The race course will be set approximately 1.5 nautical miles north of the Mentor Harbor Yacht Club harbor entrance. Favorable conditions may allow the course be setup closer to shore for enhanced spectator viewing.

11 Scoring

11.1 The Low Point Scoring System, Appendix A4, will be used except as modified below.

11.2 (12) races are scheduled; a minimum of (3) races must be completed to constitute a regatta.

11.3 When (6) or more races are completed a sailor may discard their worst score.

12 Housing, Logistics, Charter Boats

12.1 Hotel and housing options are posted on the event website in the forms section, located at <http://www.regattanetwork.com/event/12513>

12.2 Extremely limited tenting available on first come first serve basis. Please RSVP in advance with regatta Chair by emailing request to: gretchen@kubicek.net.

12.3 US Sailing has teamed with United Airlines and Hilton Hotels to provide discounted travel to the championship (up to 15% discount). To get the discount, sailors must log in to US Sailing's website under <http://www.ussailing.org/membership/benefits>. This discount applies only to specified US Sailing events but can be used by sailors, officials, and other US Sailing members traveling to the championship. It must be booked directly and cannot be booked through a travel agency.

12.4 Charter boats have been made available by Sturgis Boatworks!
(www.sturgisboatworks.com)

13 Safety

13.1 Parents/guardians/or competitors 18 or over at the time of the start of the event are responsible for the safety of the competitors. It is the responsibility solely of the parent(s) of the competitors, or in the instance of the competitor who is 18 or over, the competitor, to decide if the competitor should sail in the weather and sea conditions that might arise during the event. Parents of competitors under 18 not personally attending any part of the event must ensure that another adult is authorized and designated to make these decisions for their child.

13.2 Sailors who are competing for the U.S. Singlehanded Championship shall wear US Coast Guard (USCG) approved personal flotation device (PFD) while on the water other than for brief periods while adding or removing clothing. The PFD shall depend 100% on foam for flotation. No modifications of the PFD are permitted and shall be the appropriate size for the sailor. The PFD must be worn outside of all clothing except that a thin shirt may be worn over the PFD to prevent snagging.

13.3 Competitors from outside the U.S. may wear a PFD approved by their nations' certification authority to the extent permitted by international treaty.

14 Prohibited Substances (US Sailing Regulation 10)

A. For adult US Sailing championship events, no competitor shall use or possess, either on or off the water: marijuana or any other substance if possession is illegal under state or federal law.



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B. An alleged breach of one of these regulations shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached one of these regulations, it shall follow the process described in the Championships Code of Conduct. If a competitor found to have breached one of the elements within the Code of Conduct, they shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. The competitor's boat shall be disqualified from all races of the series.

15 Coach and Support Boats

All coach and support boats shall register with the race committee before the event during Wednesday or Thursday morning registration. The Race Committee reserves the right to request assistance from coach and support boats to assist competitors deemed unsafe or in need of assistance.

16 Prizes

US Laser National Championship

Laser: 1-8

Radial: 1-8

Laser 4.7: 1-3 (if applicable)

U.S. Singlehanded Championships

Prizes will be awarded in the following categories to competitors meeting the eligibility rules for the US Sailing Championship

George D. O'Day Trophy to the overall highest placing male in Laser Full Rig

Helen Willis Hanley Trophy to the overall highest placing female in Laser Radial

Peter J. Barrett Sportsmanship Trophy may be awarded

U.S. Sailing medals will be awarded to the top three positions in each fleet.

17 Further Information

17.1 Websites

<http://www.mhyc.us>

<http://www.ussailing.org/racing/championships/adult/singlehandedchamps/>

<http://laser.org>

<http://www.regattanetwork.com/event/12513>

17.2 Regatta Management

For additional Information please contact the following:

Regatta Chair: Gretchen Kubicek

[\(gretchen@kubicek.net\)](mailto:gretchen@kubicek.net)

Regatta Co-Chair/LaserClass: John Shockey

[\(JohnRShockey@gmail.com\)](mailto:JohnRShockey@gmail.com)

Registrar: Kathy Allyn

[\(kathyallyn@gmail.com\)](mailto:kathyallyn@gmail.com)

US Sailing: Liz Walker

[\(LizWalker@USSAILING.ORG\)](mailto:LizWalker@USSAILING.ORG)

Principal Race Officer: Jamie Jones

[\(jjone45@columbus.rr.com\)](mailto:jjone45@columbus.rr.com)