

Sausalito Waterfront Standup Paddleboard Race

Date Of Race: June 18, 2016 – Hosted By: Desolation Outdoors & Sausalito Yacht Club

OFFICIAL RACE RULES AND REGULATIONS

These Official Race Rules and Regulations (the “Rules”) have been established for the Sausalito Waterfront Standup Paddleboard Race to be held on June 18, 2016 (the “Race”). (Rules written on May 2, 2016)

PRE-RACE REQUIREMENTS:

Each Participant must carefully read and familiarize himself or herself with these Rules prior to the Race. Compliance with these Rules is a requirement of being allowed to participate in the Race.

Each Participant must attend a pre-Race meeting (held on the day of the event at the venue, prior to the 1st start) and comply with all instructions provided at that time. They must also read all postings to keep themselves informed of Race conditions.

Each Participant must have the following: (1) a lifejacket on board their Standup Paddleboard (SUP); (2) a leash attached to their SUP and one ankle.

NOTE: This is bring what you choose SUP racing. All board sizes, models, shapes, sizes and genders will race against one another.

SAFETY:

The Race Sponsors have designated individuals (“Event Personnel”) to monitor and oversee the Race, both on water and off-water. The primary responsibility of Event Personnel is to safeguard, to the best of their ability, the well being of Race participants, spectators, and others who are involved in the Race. Each Participant must at all times comply with the instructions and directives provided by Event Personnel, as such instructions and directives that may be given from time to time. These may include, but are not limited to, oral statements, hand gestures, and physical contact if called for under the circumstances.

If a Participant is injured or is in need of help during the Race, he or she should (1) shout for help, (2) waive his or her hands visibly outside of the water, and (3) place his or her paddle outside of the water, vertically in the air (pointing toward the sky) and waiving it in order to draw attention.

Participants must not collide with, obstruct, interfere with, cause bodily injury or harm to, damage the property of, use profane language toward, or act disrespectfully toward any other Participant. Creating more challenging conditions for other Participants as a result of one’s own conduct is prohibited. Participants must act in a sportsmanlike fashion at all times.

Each Participant should be alert for others who may require assistance during the Race and alert Event Personnel if someone appears to be in danger.

ALLOWED ACTIONS:

Each Participant must stand on their SUP while paddling once the Race has started until crossing over the finish line. It is permissible to sit, lay, or kneel to rest on the SUP without making forward progress. If a Participant takes more than five strokes while sitting, laying, or kneeling once the Race has started, he or she may be disqualified, with the following exception: If the Participant needs to sit, lay, or kneel for safety reasons to avoid a potentially dangerous situation that would put him, her, or others at risk of injury and/or property damage.

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A Participant shall only use the paddle, waves, and wind to propel the SUP forward during the Race. No outside assistance such as drafting a vessel not in the race, any form of sail such as clothing designed to catch wind, or any other speed device not considered the norm in SUP racing is permitted (boat wakes are considered natural conditions unless a Participant is deemed as receiving an unfair advantage over other Participants as a result of such wake).

A paddler overtaking (passing) another competitor must give right of way to the paddler being overtaken.

THE START/FINISH:

The start/finish line will be off of the Sausalito Yacht Club deck. The start/finish line will be defined by an orange flag on the club flag pole, and a Yellow Inflatable Mark (buoy) due east of the flag pole.

A 10 second countdown will be made for each start.

No part of a competitor, board or paddle may be on the course side of the line before the start. If a participant crosses the starting line early, their number will be hailed and they must go back to the pre-start side of the line and re-start while staying clear of other competitors. Failure to do so will result in disqualification.

EXPERT –	Start 1000	(6.5 nautical miles)
INTERMEDIATE –	Start 1010	(4.5 nautical miles)
BEGINNER –	Start 1020	(3.5 nautical miles)

THE COURSES:

Expert* – Start – pass under the Golden Gate Bridge, round an Orange Inflatable Mark at Kirby Cove (keep mark to your right while rounding), paddle back to “Cone Rock” (keep Cone Rock to your left while passing), paddle to an Orange Inflatable Mark off Clipper Marina in the Sausalito Channel (keep mark to your left while rounding) back to the Start/Finish line.

*Expert competitors will encounter heavy currents during the race. Experts are advised to stay 100-200 yards off shore while paddling out to Kirby Cove. On the return, paddlers are advised to stay close to the shore for the best relief from current.

The expert course is for experts only. Intermediate paddlers should not paddle in this category due to strong currents.

Intermediate** – Start – paddle to “Little Harding” buoy and round the mark (keep mark to your left while rounding), paddle to “Cone Rock” (keep Cone Rock to your left while passing), paddle to an Orange Inflatable Mark off Clipper Marina in the Sausalito Channel (keep mark to your left while rounding) back to the Start/Finish line.

**Intermediate competitors will encounter a strong cross current on the way to Little Harding. You are advised to paddle in a more northerly direction and let the current push you down towards the mark.

Beginner*** – Start – paddle to Sausalito Channel Entrance Day Mark “2” and round (keeping the mark to your left while rounding), paddle past “Cone Rock” (keeping the rock to your left while passing), paddle to an Orange Inflatable Mark off Clipper Marina in the Sausalito Channel (keep mark to your left while rounding) back to the Start/Finish line.

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THE FINISH:

The finish line will be the same as the Start line.

Once a competitor has finished, they must stay clear of the finish line and should paddle back to the Sausalito Yacht Club.

Failure to comply with these Rules and/or any instructions and directives given to a participant by Race personnel will result in the revocation of a Participant's right to continue to participate in the Race and the Participant's removal from the area in which the Race is held.

Post-Race Fun

Race participants are welcome to enjoy the club after the race has completed. Credit cards are the only form of payment accepted at the club bar and galley.