




1. RULES

- 1.1. The organizing authority is the Peconic Bay Sailing Association.
- 1.2. The Whitebread Race is a PHRF handicap race. The PHRF rating authority for the race is the Performance Handicap Racing Fleet of Eastern Long Island (PHRF/ELI). Each yacht entered shall hold either a current PHRF/ELI rating certificate or submit a completed PHRF Day Rating Application to the Race Committee. Yachts not in compliance with this requirement will be assigned a rating deemed appropriate by the Race Committee. Assigned ratings are not subject to appeal.
- 1.3. By the definitions of the RRS, in the case of conflict PHRF/ELI regulations supersede the rules of individual one-design classes even if a particular one-design class is given a separate class start. This changes RRS rule 78.
- 1.4. The prescriptions of US Sailing will apply with the following exceptions; the prescriptions to rules 40, 56, and 82. In the event of conflict these Sailing Instructions will prevail over the Notice of Race.
- 1.5. If there is a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall govern.

2. CHANGES

- 2.1. Written amendments to the Sailing Instructions will be posted on the [Official Notice Board](https://www.pbsa.us) accessible from <https://www.pbsa.us>. A broadcast of will be made on VHR Channel 72 following the Race Attention signal.

3. MINIMUM EQUIPMENT

- 3.1. Competitors are reminded that the government regulations and the Racing Rules of Sailing require certain minimum equipment be carried aboard each boat. Notwithstanding those requirements, as a minimum all boats must carry a personal floatation device (PFD) for each person aboard, a throwable PFD, an anchor with adequate anchor rode, and a working VHF radio (either fixed mount or hand held). The Race Committee reserves the right to inspect any boat for compliance with these requirements.
- 3.2. Furthermore, in compliance with RRS 40 when code flag Y  is displayed by the Race Committee Signal Boat prior to a division warning signal, all competitors in that division shall wear their personal floatation devices in a manner that is clearly visible for the duration of the race. Regardless of the display of code flag Y, boats not equipped with lifelines are required to have all crew members wear personal floatation devices in a manner that is visible at all times while racing.
- 3.3. Boats competing in a one-design class or holding a one-design handicap rating (ODR) shall carry whatever additional equipment may be mandated by their class rules. Maximum crew weight limits, if incorporated into the class rules, shall not apply.

4. RACE PACKETS

- 4.1. Race Packets will include a backstay division flag, Sailing Instructions and the scratch sheet. They will be available at the Friday night Pre-Race Party/Skippers' Meeting. Participants are strongly encouraged to attend the Pre-Race Party/Skippers' Meeting or arrange for a fellow competitor to pick up their Race Packet. Race Packets will NOT be available from the Race Committee boats prior to the start of the race.

5. DIVISION FLAGS

- 5.1. Division flags must be flown from the backstay (preferably) or stern of competing vessel. All classes within a division will fly the same division flag. It is permissible to supply your own correct color division flag. Failure to display a division flag does not constitute grounds for disqualification. Backstay flags designating division assignments will be as follows:

| DIVISIONS | WARNING | FLAG COLOR | DIVISIONS | WARNING | FLAG COLOR |
|---------------|---------|------------|--------------|---------|------------|
| 0 – Multihull | 09:40 | White | 4 – Cruising | 08:50 | Blue |
| 1 – Spinnaker | 09:30 | Orange | 5- Cruising | 08:40 | Yellow |
| 2- Spinnaker | 09:10 | Purple | 6- Cruising | 08:30 | Pink |
| 3- Spinnaker | 09:00 | Green | | | |






6. RACE ATTENTION

- 6.1. The Race Committee will signal Race Attention at 0730 by making a single sound signal from the Race Committee Signal Boat and announcing same over VHF channel 72. All changes and/or amendments to these Sailing Instructions will also be broadcast at that time.





7. CHECK IN AND SAIL NUMBERS

- 7.1. All competitors are required to check in with the Race Committee prior to starting. This shall be done either via VHF channel 71 or verbally by sailing past the auxiliary Race Committee boat with mainsail up so as to clearly display the boat's sail number. Please do not use VHF channel 72 for check in. If checking in by radio, it is suggested you wait for acknowledgment from a committee member before signing off. It is also requested that you refrain from checking in during the five minute starting sequence for each division. You are reminded not to interfere with any boat whose warning signal has been made.
- 7.2. Unless granted a special exception by the Race Committee, all competitors must have numbers or identifying letters on their mainsails and these numbers must match those listed for that boat on the scratch sheet. Sails other than mainsails need not have numbers but, if they do, they must match those on the mainsail. Notify the Race Committee during your pre-race check in if there is an error on the scratch sheet regarding your sail number.

8. THE COURSE

- 8.1. The course to be sailed will be selected from those described in **Attachment A "Marks of the Courses"**. Each mark of a course is to be observed as indicated: P means leave that mark to port; S means leave that mark to starboard. Government marks or other aids to navigation not listed as marks of the course may be passed on either side.
- 8.2. The Race Committee Signal vessel may display code flag "W"  at the start. Code flag "W" indicates the presence of an inflatable rounding mark to windward of the starting line to be rounded prior to sailing to the the first mark after the start described in Attachment A.
- 8.3. Please note the sequence of marks and the side on which they are to be passed in each course. Often some marks are required to be passed twice, leaving them on different sides each time. Other marks may be required marks of the course when passing them one time but not required marks when passing them a second time.
- 8.4. Note that "R18" may be used as a finish mark in the event the course is shortened.
- 8.5. The course for each division will be signaled by the code flag corresponding to the course's letter designation prior to the Warning Signal for that division.
- 8.6. In accordance with RRS 27.1, the course signal may be changed between division starts.
- 8.7. The Race Committee will supplement the course signals with broadcast announcements on VHF channel 72. Please note that all divisions may not sail the same course.
- 8.8. MARK "A" will be an inflatable mark set approximately 0.2 nm southwest of Mashomack Point.
- 8.9. CAUTION TO SKIPPERS: Courses A and B circumnavigate Shelter Island. When rounding Shelter Island in either direction you will encounter ferries at North Haven and Greenport. Be aware that in strong currents and at reduced speeds, ferries become less maneuverable and may be unable to take measures to avoid competitors sailing the course. Skippers are reminded that commercial vessels have right of way and are strongly advised to take prudent action to avoid such potentially dangerous situations.


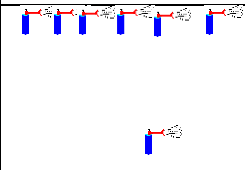







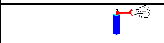
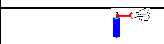
9. THE START AND START SEQUENCE



- 9.1. The starting line will be located between a Race Committee Signal vessel and R18 in Little Peconic Bay Race to starboard
- 9.2. If conditions warrant moving the starting line from the vicinity of R18, the Signal Boat will sound two(2) sound signals and display  "AP". A Race Committee vessel displaying  Code Flag L "Follow Me" will lead the competitors to the new starting area. The RC Signal boat will sound one (1) sound and lower  "AP". In accordance with RRS, the warning signal for the first start after the move of the starting line will be made one (1) minute after  "AP" is lowered.













- 9.3. If the starting line is moved from R18, the start line will be between an orange flag on the RC Signal Vessel and a yellow inflatable mark to port.
- 9.4. Boats whose warning signal has not yet been made shall keep clear of the starting area. Boats infringing this rule may be subject to protest and disqualification.
- 9.5. The Starting Sequence will be according to RRS 26.

| MIN. | SIGNALS | MEANING | |
|------|--|---|---|
| 6 | Alert and Course Signal OR the warning signal for the next start will be made one (1) minute after  "AP" is lowered. | Check course flag(s) Check course flag (s) |  |
| 5 | Division Flag(s) UP | Warning |  |
| 4 | "P" or "I" or "Z" or "Z/I" or "Black" UP      | Preparatory |  |
| 1 | Preparatory Flag(s) DOWN | Start in one (1) minute |  |
| 0 | Class Flag(s) DOWN | Start |  |



9.6. Multiple horns (6) will be sounded prior to the warning signal for each class. However, if AP  has been hoisted to postpone the start of any division,  AP will be removed with one horn sounded, and the warning for the next division will be sounded one minute thereafter. The warning times shown in the table below are approximate.

10. POSTPONEMENTS, INDIVIDUAL RECALL , GENERAL RECALL AND ABANDONMENT

- 10.1. Postponements will be signaled by the hoisting of code flag  "Answering Pennant" (AP) accompanied by two (2) sound signals. The "AP" flag will be lowered accompanied by one (1) sound signal one minute before the warning signal for the next division to start. When a postponement has been made for one division start, starts for all succeeding divisions shall be delayed accordingly. The Race Committee will supplement these signals with broadcast statements over VHF channel 72.
- 10.2. Individual Recall: In accordance with RRS 29, the Race Committee will signal premature starters by the display of code flag  "X" and one sound signal. The  flag will remain displayed until all premature starters have returned and are on the pre-race side of the line but no longer than four minutes after the starting signal. The Race Committee will also attempt to hail offending boats on VHF channel 72. Failure of a boat to see or hear her recall signal shall not relieve her of her obligation to start correctly.
- 10.3. General Recall: When at the starting signal for any division, the Race Committee is unable to identify all boats on the course side of the starting line or if there has been an error in the starting procedure, a general recall may be signaled by display of code flag  "First Substitute" together with two (2) sound signals. The Warning Signal for the class recalled will be made one (1) minute after the  "First Substitute" is lowered. The starts for all succeeding divisions will follow in order after the new warning signal. The Race Committee will supplement these signals with an announcement broadcast over channel 72. Failure of a boat to see or hear her recall signal shall not relieve her of her obligation to start correctly.
- 10.4. Abandonment: Should the Race Committee elect to abandon racing for all divisions prior to any starts, it will so signal by the display of code flags  "N" over  "A" accompanied by three (3) sound signals. If the race is to be abandoned only for certain divisions, the code flag  "N" will be flown over the division flags of those divisions for which racing has been abandoned. A supplemental announcement will be broadcast







over VHF channel 72. After at least one division has started, the Race Committee may elect to abandon racing if concerns arise over the safety of competitors. In such event, the Race Committee shall display code flags  "N" over  "H" accompanied by three (3) sound signals, indicating all racing is abandoned and competitors should make for the nearest port. An announcement will be made simultaneously over VHF channel 72.

11. THE FINISH

- 11.1. The finish line will be between the orange flag on the Signal Boat and mark C1 in Cutchogue Harbor.
- 11.2. Upon finishing boats must keep clear of all boats still racing. Boats infringing this requirement may be subject to protest and disqualification.

12. SHORTEN COURSE

- 12.1. In the event the Race Committee decides to shorten the course for one or more divisions, it shall position a race committee boat displaying a blue flag near a mark of the course at which the race is to be finished, sound two (2) signals, display code flag "S"  as well as the pennants for those divisions for which it is shortening the course. Yachts shall finish by sailing the shortest course from the prior mark to a line between the code flag "S" on the race committee boat and the nearby mark.
- 12.2. If no division pennants accompany code flag "S" , then the race is shortened at that mark for all divisions. These signals will be supplemented with an announcement broadcast over VHF channel 72. The finish line for all shortened courses will be between the rounding mark and the orange flag on the committee boat.
- 12.3. Conditions may require the race to be shortened at different marks for different divisions. In this case the Race Committee will shorten the course at one mark for Divisions 1, 2, and 3 and a different mark for Divisions 4, 5 and 6. The same signaling procedure will apply.

13. TIME LIMIT

- 13.1. Boats failing to finish the course by 1730 hours will be scored TLE (Time Limit Expired). If no boat in a class has finished by 1730 hours, the race shall be abandoned for that class. This changes RRS 35.

14. PROTESTS

- 14.1. Protests must be made in accordance with RRS 61. A boat intending to protest for an incident in the racing area that she was involved in or witnessed shall inform the protested boat(s) at the first reasonable opportunity. The protesting boat shall hail, "Protest" and conspicuously display a red flag at the first reasonable opportunity. The red flag must remain displayed until she is no longer racing. Upon finishing the protesting boat must inform the Race Committee of its intention to file a written protest. When leaving station after the race, the Race Committee will broadcast the protest log over VHF channel 72.
- 14.2. Written protests must be submitted to the Race Committee at Cutchogue Harbor Marina no later than one (1) hour after the Signal Boat docks. Protests will be heard as soon as possible after submission on the day of the race. The Protest Committee will post a schedule of hearing times on the Official Bulletin Board at Race Headquarters. It is the responsibility of all parties to a protest to inform themselves as to the time and location of the hearing.
- 14.3. Please remember that RRS 44.1 and 44.2 are in effect as written allowing a 720 degree turn as an alternate penalty for an infraction of a rule in Part 2 of the RRS.

15. SCORING

- 15.1. Scoring for each division will be PHRF time on time using PHRF of ELI ratings, either from a current certificate or as assigned by the Handicap Committee as a Day Rating. The Time Correction Factor (TCF) will be determined in accordance with the following formula: $TCF = 600 / (480 + PHRF)$.
- 15.2. Most divisions will be broken into multiple classes as indicated on the scratch sheet. These classes are for scoring purposes only; all classes within a division will maintain the same division flag, start together, sail the same course and effectively race together.
- 15.3. Scoring inquiries may be made from the [Official Notice Board](#) or at the protest desk.





16. WITHDRAWALS

16.1. Any boat withdrawing from the race MUST notify the Race Committee IMMEDIATELY either by radio on VHF channel 72 or by hail from close by a committee boat. If these methods of communication are not acknowledged by the Race Committee, call or text message to 410-340-9646.

17. RADIO COMMUNICATIONS

- 17.1. The Race Committee will utilize VHF channel 71 for check-in only and VHF channel 72 for all announcements to the fleet. All boats should monitor VHF channel 72 throughout the race.
- 17.2. Competitors are advised that the Race Committee is not obligated to respond to questions which, in its judgment, are fully answered or explained by these Sailing Instructions or the Racing Rules of Sailing (RRS).
- 17.3. Announcements by the Race Committee given over the radio are provided as a courtesy to sailors. Failure to hear such announcements shall not be grounds for redress.

18. DISCLAIMER OF LIABILITY




18.1. Competitors participate in this race entirely at their own risk. See RRS 4, "Decision to Race". The organizing authority, the Race Committee and the individuals serving in any capacity to organize, administer and conduct this race will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during or after the race.



| APPENDIX A: SELECTED SIGNAL FLAGS AND ACCOMPANYING SOUNDS | | | | | | |
|---|---|--------|----------------------------|-----------|-------------------------------|---|
| ↑ | ↓ | FLAG | MEANING | FLAG | MEANING | ↑ |
| | | | Race Committee Vessel | | Individual Recall | |
| | | | Come within hail/Follow me | | General Recall | |
| | | | Pfd required | | Abandonment | |
| | | | Windward mark | | Abandon all not yet started | |
| | | | Postponement | | Abandon for classes displayed | |
| | | | Prep | | Abandon all racing | |
| | | | I Flag start | | Finish Here | |
| | | ORANGE | Start/ Finish Line | NAVY BLUE | RC on Station | |
| | | | | | Mark Missing | |





ATTACHMENT A: MARKS OF THE COURSES

|  ALPHA | Around Shelter Is Counterclockwise 25 NM | |  BRAVO | Around Shelter Is Clockwise 25 NM | |  ECHO | Short Course for Light Air 17.7 NM | |
|--|---|-----------------|--|--|-----------------|---|---|---------------|
| START | | At R "18" | START | | At R "18" | START | | R "18" |
| G "17" | S | Jessup Neck | R "12" | P | Paradise Point | R "22" | P | Robins Island |
| G "15" | S | Tyndal Point | G "11" | S | Jennings Point | G "17" | S | Jessup Neck |
| "A" | P | Mashomack Point | R "10" | P | Fanning Point | R "16" | P | Noyack Bay |
| N "6" | P | Mashomack | G "7" | S | Hay Beach Point | N "14" | P | West Neck |
| N "4" | P | Nicoll Point | RW N | S | Mo A | R "18" | S | Hog Neck Bay |
| RW "N" | P | Mo A | N "4" | S | Nicoll Point | R "20" | S | Nassau Point |
| G "7" | P | Hay Beach Point | N "6" | S | Mashomack | FINISH | | At C "1" |
| R "10" | S | Fanning Point | "A" | S | Mashomack Point | | | |
| G "11" | P | Jennings Point | G "15" | P | Tyndal Point | | | |
| R "12" | S | Paradise Point | G "17" | P | Jessup Neck | | | |
| R "18" | S | Hog Neck Bay | R "18" | S | Hog Neck Bay | | | |
| R"20" | S | Nassau Point | R "20" | S | Nassau Point | | | |
| FINISH | | At C "1" | FINISH | | At C "1" | | | |

|  FOXTROT | Inside the Bays East then West 22.9 NM | |  GOLF | Inside the Bays West then East 26.6 NM | | Warning Time | Division/Flag Color | |
|--|---|----------------|---|---|----------------|-------------------------|----------------------------|------------------|
| START | | At R "18" | START | | At R "18" | 08:30 | 6 | Cruising/Pink |
| G "17" | S | Jessup Neck | R "20" | S | Nassau Point | 08:40 | 5 | Cruising/Yellow |
| N "14" | S | West Neck | R "24" | S | Windmill Point | 08:50 | 4 | Cruising/Blue |
| R "16" | S | Noyack | R "2" | S | Near Jamesport | 09:00 | 3 | Spinnaker/Green |
| G "17" | P | Jessup Neck | R "24" | P | Windmill Point | 09:10 | 2 | Spinnaker/Purple |
| R "20" | S | Nassau Point | G" 17" | S | Jessup Neck | 09:30 | 1 | Spinnaker/Orange |
| R "24" | S | Windmill Point | N "14" | S | West Neck | 09:40 | 0 | Multihull/White |
| R"2" | S | Near Jamesport | N "16" | S | Noyack | | | |
| R "24" | P | Windmill Point | G "17" | P | Jessup Neck | | | |
| R "20" | P | Nassau Point | R "20" | S | Nassau Point | | | |
| Finish | | At C "1" | Finish | | At C "1" | | | |

Please note that code flag "W"  may be displayed with the course flag. This indicates the presence of an inflatable drop mark to windward of the starting line that must be rounded on the way to the first mark listed in the lists of marks above.

