



AYC MAYRA Regatta for
Flying Scots, Lasers and Sunfish

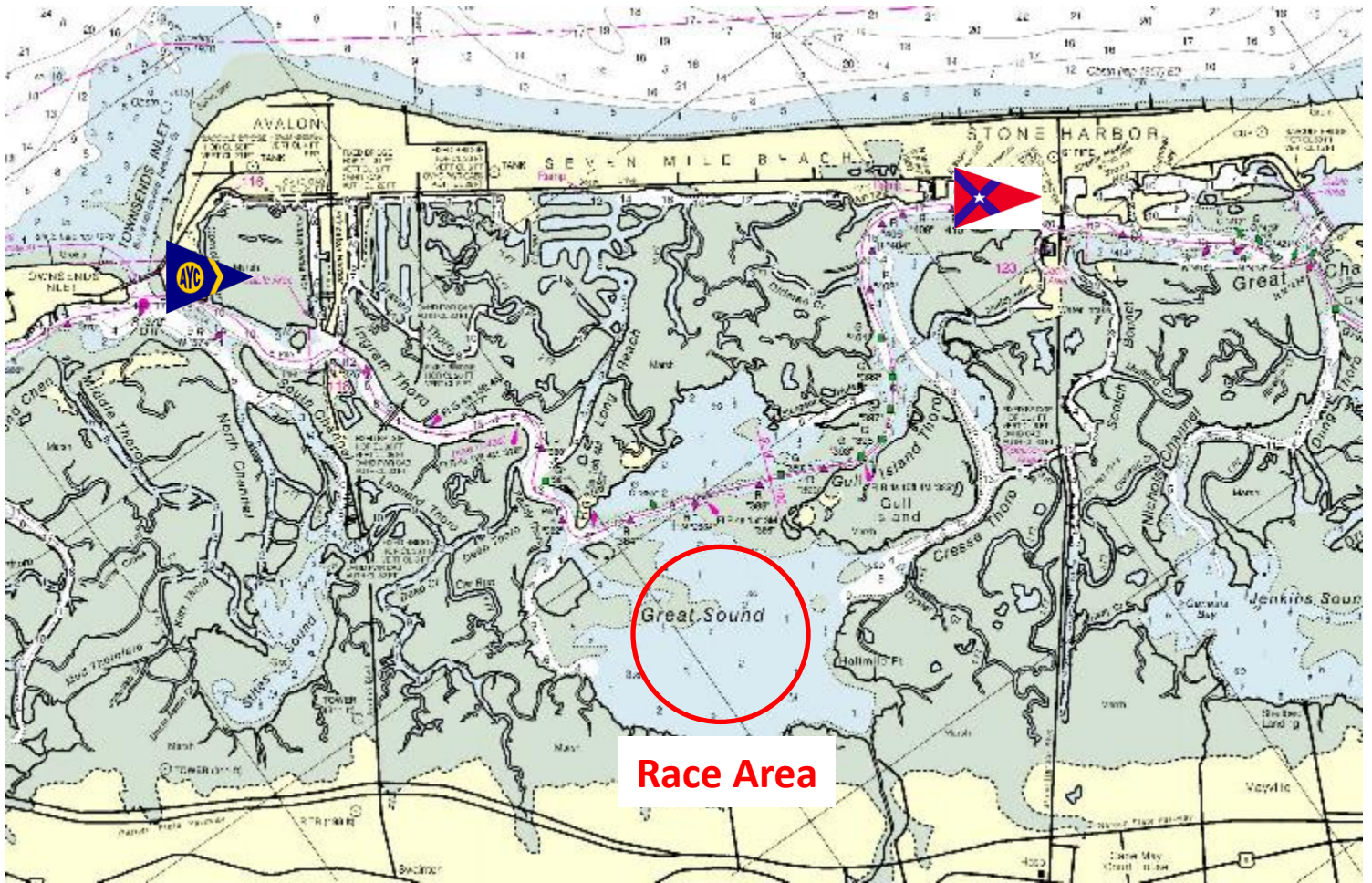
July 23rd 2016

Sailing Instructions

Hosted by the Avalon Yacht Club

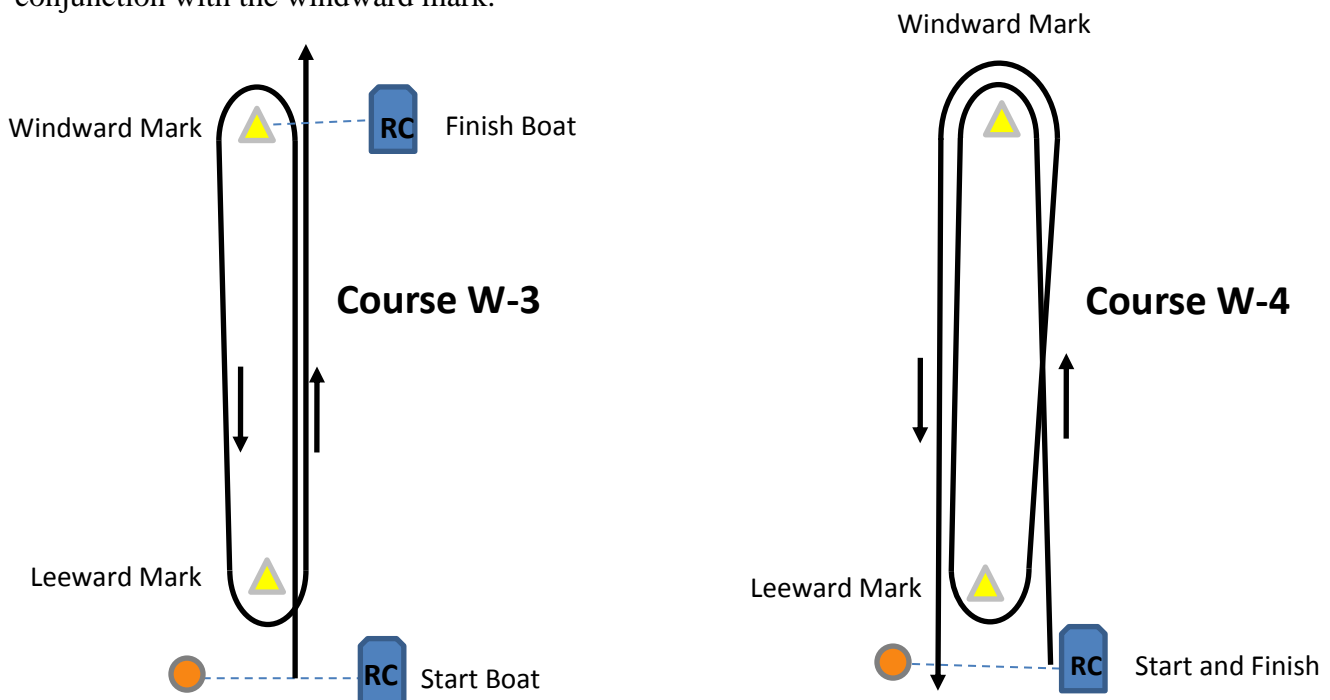
1. **Rules.** The race will be governed by the rules as defined in *The Racing Rules of Sailing*, prescriptions of MAYRA, The Fling Scot Class Rules and the Sailing Instructions.
2. **Notice to Competitors.** Notices to competitors will be posted on the official notice boards located at the Avalon Yacht Club.
3. **Sailing Instructions.** Sailing Instructions will be provided to all competitors at the skippers meeting. Any change to the sailing instructions will be posted no later than 9:30 on July 23rd.
4. **Signals Made Ashore.** Signals made ashore will be displayed on the main club flag staff. When flag AP is displayed ashore '1 minute' is replaced with 'not less than 45 minutes' in the RRS race signal AP.
5. **Schedule of Events.**
Saturday July 23rd 2016
 - 8:00 am Early skippers meeting at YCSH for boats launching out of YCSH
 - 9:00 am Registration, check-in and lunch pick-up at the AYC Sailors Room
 - 9:15 am Skippers meeting at AYC for boat launching out of AYC
 - 9:30 am Launch from the AYC and YCSH
 - 10:30 am First Race in the Great Sound, multiple races to follow
 - 12:15 pm High Tide in the Great Sound
Awards at the AYC to follow sailing
6. **Class Flags.** Flying Scot, Laser and Sunfish Class Flags will be used to identify the corresponding starting sequence.

7. **Racing Area.** The racing area will be the Great Sound which is approximately a 45 minute sail from both the AYC and YCSH. Approximate locations are shown below.



8. **The Courses.**

Courses will be either W-3 or W-4 as shown in the course diagram below. An offset mark may be used in conjunction with the windward mark.



9. **Marks.**
The starting mark will be an orange ball. All other marks will be yellow inflatable tetrahedrons and will be left to port. If an offset is used, it will be a small orange ball. In case of a mark substitution, the new mark will be an orange ball.
10. Section not used
11. **The Start**
 - 11.1 Races will be started by using Appendix S (3 minute dinghy starts)
 - 11.2 The starting line will be between a staff flying an orange flag on the race committee boat and the starting mark.
 - 11.3 In addition to the prescriptions of RRS 29 for individual recalls, the Race Committee will attempt to hail boats identified as On the Course Side (OCS) by verbal hails. The failure to hail, the hail of some but not all boats, untimely hail of a boat or boats shall not be grounds for granting redress (changes RRS 62.1 (a)).
12. **Shortening of the course** shall be governed according to RRS 32.2
13. **Change of the next leg of the course** shall be governed according to RRS 33.
14. **The Finish** The finishing line shall be between a staff displaying an orange flag on the race committee boat and the finishing mark.
15. **Penalties** shall be governed by Appendix P2 of the RRS.
16. **Time Limits.**
 - 16.1 The time limit for the first boat to finish in each race is 45 minutes.
 - 16.2 Boats failing to finish within 15 minutes of the first boat to finish will be scored Did Not Finish
 - 16.3 No race shall begin after 1:30 pm
17. **Protests and Requests for Redress**
 - 17.1 All competitors have a right to protest as described in RRS part 5.
 - 17.2 If a competitor intends to file a protest, she shall notify the Race Committee at the time of finishing by verbal hails.
 - 17.3 A written protest shall be filed to the Race Committee using US Sailing Protest Form within 30 minutes of reaching the dock.
 - 17.4 A Protest Hearing shall be scheduled immediately upon receiving the completed protest form from the protesting party.
18. **Scoring.**
 - 18.1 One race shall constitute a series.
 - 18.2 The Low Point Scoring Systems, RRS A2 and A4, shall apply with the exception that each competitors worst score shall *not* be excluded. This modifies RRS A2.

19. **Safety Regulations.** Each boat must check in with the race committee boat before the start on race day. A boat that retires from a race shall notify the race committee as soon as possible.
- 20 – 21. Sections not used
22. **Official Boats.** All official boats of the race committee shall display the Race Committee flag.
- 23 – 26. Sections not used
27. **Radio Communication and Emergency Conditions.** The Race Committee and regatta patrol boats will monitor and communicate on VHF Channel 72. Emergency conditions should be reported directly to the Race Committee or patrols immediately.
28. **Prizes.** Regatta prizes will be awarded at the Avalon Yacht Club after the conclusion of racing.
29. **Disclaimer of Liability**
Competitors participate in the regatta entirely at their own risk. See RRS rule 4, decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regattas.

Addendum to Sailing Instructions

RRS Appendix S

- S1 Course and postponement signals may be made orally.
- S2 Audible signals shall govern, even when supplemental visual signals are also used.
- S3 The starting sequence shall consist of the following sound signals made at the indicated times:

| <i>Signal</i> | <i>Sound</i> | <i>Time before start</i> |
|---------------|-----------------|--------------------------|
| Warning | 3 long | 3 minutes |
| Preparatory | 2 long | 2 minutes |
| | 1 long, 3 short | 1 minute, 30 seconds |
| | 1 long | 1 minute |
| | 3 short | 30 seconds |
| | 2 short | 20 seconds |
| | 1 short | 10 seconds |
| | 1 short | 5 seconds |
| | 1 short | 4 seconds |
| | 1 short | 3 seconds |
| | 1 short | 2 seconds |
| | 1 short | 1 second |
| Starting | 1 long | 0 |