



**2016 President's Cup Regatta**  
**Potomac River Sailing Association, Alexandria, VA**

**Regatta Sailing Instructions -- Lower Course**

**1. RULES**

The series will be governed by the rules as defined in the Racing Rules of Sailing.

**2. NOTICES TO COMPETITORS**

Notices to competitors will be posted at the official notice board located in the lawn area at the end of the boat racks.

**3. CHANGES TO SAILING INSTRUCTIONS**

Any changes to these sailing instructions will be posted 45 minutes before the scheduled start of the first race (just after the conclusion of the skipper's meeting).

**4. SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed from the signal boat at the finger pier of the ramp launch area.
- 4.2 When flag AP is displayed ashore, the warning signal will be made not less than 30 minutes after the AP flag is lowered. This changes Race Signal AP.

**5. RACING AREA**

- 5.1 Races will be conducted on the Potomac River east of the launch area just south of the airport pier *or* farther south on the Potomac River off of the Power Plant.
- 5.2 Channel-bound vessels within the racing area are obstructions. Boats that are racing must keep clear of such vessels.

**6. PLANNED SCHEDULE & NUMBER OF RACES**

- 6.1 Competitor's meeting: 1000 in the crane area.
- 6.2 First race for the first class: The warning signal for the 1st race of the day for the first class to start is 1130.
- 6.3 First race for the other classes: There will be a short time after the start of one class and the warning for the next class (no rolling starts).
- 6.4 Subsequent races: The RC intends to start subsequent races for some classes before all the classes have finished.

- 6.5 Number of Races: As many races as time and conditions allow. 1 completed race will constitute a regatta.
- 6.6 End of racing: No warning signal will be made after 1600 on Saturday and 1500 on Sunday.

## 7. CLASS FLAGS

<u>Class</u>	<u>Class Flag</u>
Albacores	AL on white
Laser	Laser burst on white
Penguin	Penguin logo on yellow
El Toro	El Toro logo on white

## 8. ORDER OF STARTS

- 8.1 The order of starts of will be announced at the skippers meeting.
- 8.2 Subsequent races: The RC intends to start a subsequent race as soon as all competitors in class have finished even if that changes the order of starts for the subsequent race.

## 9. THE COURSE & MARKS

The Race Committee will hail the designated course prior to the start of the starting sequence for each race.

## 10. THE START

- 10.1 The starting sequence will be as described in Appendix S (a U.S. prescription which is reproduced below) of the RRS (**3 minute starts**).
- 10.2 A boat shall not start later than 10 minutes after her starting signal.

## 11. RECALLS

- 11.1 See Appendix S, paragraphs 6 and 7.

## 12. TIME LIMIT

- 12.1 The time limit will be 60 minutes for the first boat to finish in each class. Boats finishing more than 20 minutes after the first boat that sails the course and finishes will be scored TLE: the number of boats finishing within the time limit plus 1 point, not to exceed the score of Did Not Finish. This changes RRS 35.

## 13. PENALTY SYSTEM

- 13.1 RRS/US Appendix T, Section A (Penalties While Racing) will apply.
- 13.2 The first two sentences of RRS 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or RRS 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.' (Appendix T1)
- 13.3 Penalties after racing: RRS/US Appendix T, Sections B (Post-Race Penalties) and D (Arbitration) will apply.

## 14. PROTESTS

- 14.1 Protest Forms are available from the Regatta Chairman. Protests shall be delivered to the Race Committee within one hour after the official docking of the designated (RC ensign) Race Committee Boat. The Time of docking will be posted on the official Notice Board.
- 14.2 Protests will be heard in approximately the order of receipt as soon as possible.

- 14.3 Protest notices will be posted within approximately 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses.
- 14.4 Rule 66 is changed by adding this sentence: "On the last day of racing, a party to the hearing may ask for a reopening no later than 30 minutes after being informed of the decision."

**15. ARBITRATION**

If an arbitrator is present, Arbitration will be held in accordance with Appendix T, Section D of the 2013-2016 US Sailing Prescriptions

**16. SCORING**

If there are 5 or fewer races, no scores will be excluded. Otherwise, a competitor's worse score will be excluded. This changes RRS Appendix A2.

**17. PRIZES**

Trophies will be awarded at the post-race picnic. Depth of awards will be based on the number of registered boats in each class.

**APPENDIX S – SOUND-SIGNAL STARTING SYSTEM**

This appendix is a US Sailing prescription.

US Sailing prescribes that, when the sailing instructions so indicate, the Sound-Signal Starting System described below shall be used. This system is recommended primarily for small-boat racing and makes it unnecessary for competitors to use stopwatches. Supplemental visual course and recall signals are also recommended when practicable.

S1 Course and postponement signals may be made orally.

S2 **Audible signals shall govern**, even when supplemental visual signals are also used.

S3 The starting sequence shall consist of the following sound signals made at the indicated times:

Signal Sound : Time before start

Warning 3 long : 3 minutes

Preparatory 2 long : 2 minutes

1 long, 3 short : 1 minute, 30 seconds

1 long : 1 minute

3 short : 30 seconds

2 short : 20 seconds

1 short : 10 seconds

1 short : 5 seconds

1 short : 4 seconds

1 short : 3 seconds

1 short : 2 seconds

1 short : 1 second

Starting : 1 long 0

S4 Signals shall be timed from their commencement.

S5 A series of short signals may be made before the sequence begins in order to attract attention.

S6 Individual recalls **shall** be signalled by the hail of the sail number (or some other clearly distinguishing feature) of each recalled boat. Flag X need not be displayed.

S7 Failure of a competitor to hear an adequate course, postponement, starting sequence or recall signal shall not be grounds for redress.