



24th Annual Peninsula Cup Regatta September 16th – 18th, 2016 SAILING INSTRUCTIONS



1. RULES

- 1.1. The Regatta will be governed by the Racing Rules of Sailing, 2013-2016 Edition (“RRS”), available at www.ussailing.org, the Lake Norman Keelboat Council’s (www.lnkc.com) Lakewide Sailing Instructions (“LWSI”), and these Sailing Instructions (“SI”).
- 1.2. The US Sailing Prescriptions of Appendix T (Alternative Procedures for Dispute Resolution) Sections A, B, and C will be in affect.

2. NOTICE TO COMPETITORS

- 2.1. Notices to competitors will be posted on a Notice Board located inside the Ship’s Store on the lower level of the clubhouse.

3. CHANGES TO RULES AND SAILING INSTRUCTIONS

- 3.1. Lakewide Sailing Instructions Section 12 is amended to allow the Race Committee (“RC”) to use alternate finish locations as described in Section 9.0 of this document.
- 3.2. Lakewide Sailing Instruction Section 8, Windward-Leeward Courses, is amended per Section 6 below.
- 3.3. Any additional change to the Sailing Instructions will be posted within thirty minutes after the Skippers’ Meeting, or before 0900 on the day it will take effect. Any changes to the Regatta schedule will be posted the night before.

4. SIGNALS MADE ASHORE

- 4.1. Lake-wide Sailing Instructions Rule 5.2 is amended such that in the event of postponement ashore the first warning signal will not be sounded less than 45 minutes after lowering of the “AP” ashore with one sound signal.

5. SCHEDULE OF RACES

5.1.

The anticipated schedule of races:

Race	Day, Date	Est. time of first Warning Signal
Practice Race	Friday, September 16	1525 hrs.
Saturday Race 1	Saturday, September 17	0955 hrs.
Subsequent Races	Saturday, September 17	ASAP after Race 1
Sunday Race 1	Sunday, September 18	0955 hrs.
Subsequent Races	Sunday, September 18	ASAP after Race 1

No race will start after 12:30 PM on Sunday, September 18th.

6. THE COURSES

- 6.1. For all Fleets the courses will be Windward-Leeward Courses per the Lakewide Sailing instructions Section 8, except that the leeward mark for Courses W-2 and W-3 will be an Orange tetrahedron.
- 6.2. For the Non-Spinnaker and Cruising Fleets the Windward Mark will be a Yellow Tetrahedron and will be a shorter course than that for the Spinnaker Fleet. The leeward mark for Courses W-2 and W-3 will be the same Orange tetrahedron as for the Spinnaker Fleet.
- 6.3. If the LNKC permanent marks are used for any race the courses will be signaled as per the Lakewide Sailing Instructions Section 6.

7. THE RACE STARTS

- 7.1. Races will be started in accordance with RRS rule 26.
- 7.2. The Starting Line for the PHRF Classes will be in the vicinity of the Shoal Marker (SM) 0.4 NM WNW of channel marker 2 between the RC flagstaff on the Committee Boat and a floating pin.
- 7.3. On the PHRF course the class flag for the Spinnaker fleet will be the numeral flag 1 and the Spinnaker fleet will be the first start. The class flag for the Non-Spinnaker fleet will be the numeral flag 2 and the Non-Spinnaker fleet will be the second start. The class flag for the Cruiser fleet will be the numeral flag 3 and the Cruiser fleet will be the third start.
- 7.4. Additional starts and class flags for one-design keelboat Fleet(s) will be determined at the Sail Fleet Captain's Reception on Friday 9/16.
- 7.5. Class ribbons will be issued with the skipper's package. Class ribbons shall be flown from the backstay while racing. Failure to fly a class ribbon will result in a score of DNF without a hearing.
- 7.6. The Starting Line for the One-Design Centerboard Course will be in the vicinity of Channel Marker D1 between the RC flagstaff on the Committee Boat and a nearby mark.
- 7.7. On the One-Design Centerboard Course, Class flag(s) will be numeral pennants as assigned and announced during the Sail Fleet Captain's Reception on Friday 9/16.
- 7.8. **The Friday Practice Race Only:** There will be three separate starts as described in the Lakewide Sailing Instructions for Spinnaker, Non-Spinnaker, and Cruising. Courses will be Windward Leeward Courses as described in the LWSI. An alternate finish location may be established for the practice race in accordance with section 9.

8. MARKS

- 8.1. The Starting Pin will be an orange and white floating pin.
- 8.2. Marks for the courses shall be either Orange or Yellow tetrahedrons.
- 8.3. LNKC permanent marks may be used at the option of the Race Committee.

9. THE FINISH

- 9.1. Flag "K" used with the course flags designates a finish in PYC harbor between the "RC" Flag on a staff on the end of K dock and an orange tetrahedron set in the harbor.
- 9.2. For other courses, the finish will be as prescribed by the LWSI.

10. SAFETY REGULATIONS

- 10.1. Prior to the first warning signal of her first race of each day, each boat is required to check in by passing astern of the race committee signal boat on starboard tack and hail her bow or sail number until acknowledged by the race committee. Failure to check in shall result in a 20% scoring penalty without a hearing. This changes RRS 63.1 and A5.
- 10.2. Boats that retire from a race shall notify the RC as soon as possible.

- 10.3. Boats that leave the racing area between races shall notify the RC as soon as possible.
- 10.4. Boats not leaving the harbor for any of the day's racing shall notify the RC as soon as possible.

11. PROTESTS

- 11.1. For the PHRF course, protests must be filed at the RC boat, located on K Dock or at the Race Concierge, within thirty minutes of the Race Committee's return to the dock after each day's racing. A single horn blast will announce the arrival of the Race Committee at the dock.
- 11.2. For the One-Design Centerboard Course, protests must be filed at the RC boat located at LNYC within 30 minutes of the Race Committee's return to the dock after each day's racing. A single horn blast will announce the arrival of the Race Committee at the dock.
- 11.3. A Protest Notice will be posted on the downstairs Notice Board within 15 minutes of the expiration of the protest time to inform competitors that are party to a hearing and list any witnesses. The Protest Notice will state the time and place of the Protest Hearing. It is the sole responsibility of the Party to review the notice board.

12. SCORING

- 12.1. The PHRF Time on Time low point scoring system shall apply.
- 12.2. Only one race is required to be completed to constitute a regatta. All races started will be counted towards standings. There will be no throw-outs.
- 12.3. The Practice Race on Friday evening will not be scored as part of the Peninsula Cup Regatta.

13. AWARDS

- 13.1. Practice Race: Each Fleet will be scored separately and the winner of each class will be awarded a prize.
- 13.2. Peninsula Cup Regatta: Each Fleet (or Divisions within Fleets, if any) will have a First and a Second Place Trophy.

14. EVENT IDENTIFICATION STICKERS

- 14.1. Boats shall display event advertising supplied by the organizing authority at all times while racing.
- 14.2. Boats may only display advertising as per ISAF Regulation 20 and are restricted to only the hull.

15. RADIO COMMUNICATIONS

- 15.1. Use of hand held VHF radios will be permitted for communication from the race committee to competitors on channel 69. The race committee intends to use VHF radio to identify OCS (On Course Side of the line) boats after starts and otherwise communicate with the fleet on the water. Failure to receive a hail, for a hail to be made, the order of hails made, or receive other communications to the fleet shall not be cause for redress. This instruction changes RRS 41 and 62.1.
- 15.2. Other use of any communication device is prohibited and such use shall require withdrawal from the race unless determined by the race committee to have been for emergency purposes. Failure to receive a hail, for a hail to be made, the order of hails made, or receive other communications to the fleet shall not be cause for redress.

16. DISCLAIMER OF LIABILITY

- 16.1. Competitors participate in the regatta entirely at their own risk (See RRS4, Decision to Race). Neither the Organizing Authority, nor PYC, accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 16.2. The safety of a boat and its crew is the sole and inescapable responsibility of the Skipper who shall ensure that the boat is fully sound, thoroughly seaworthy, and manned by an experienced and

physically able crew. Neither the establishment of regulations or inspection of a boat in any way limits or reduces the complete and unlimited responsibility of the Skipper.