



BERKELEY YACHT CLUB

2016 EXPRESS 37 NATIONAL CHAMPIONSHIP

October 7nd – 9th, 2016

SAILING INSTRUCTIONS

ORGANIZING AUTHORITY: THE BERKELEY YACHT CLUB

BERKELEY, CALIFORNIA

1 RULES

- 1.1 This regatta will be governed by the rules as defined in the *Racing Rules of Sailing* (RRS).
- 1.2 Express 37 class rules shall apply.
- 1.3 RRS 40 is changed as follows: Competitors shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment.
- 1.4 RRS Appendix T Section A (PENALTIES WHILE RACING) shall apply.
- 1.5 Where there is a conflict between the Notice of Race and the Sailing Instructions (SIs), the SIs shall prevail. This changes RRS 63.7.

2 **NOTICES TO COMPETITORS** Notices to competitors will be posted on the official notice board located in the BYC clubhouse.

3 **CHANGES TO SAILING INSTRUCTIONS** Any change to the sailing instructions will be posted before 0930 on the day it will take effect, except that any change to the schedule of races will be posted by 1930 on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the balcony above the main entrance to the BYC Clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in race signal AP.

5 SCHEDULE OF RACES

Friday, October 7th

- 0930 hours: Skipper's meeting at BYC clubhouse.
- 1130 hours: First warning signal for buoy race.
- Distance race to follow
- No host bar and Friday Night BBQ (\$10 - \$17) at the BYC clubhouse after racing.

Saturday, October 8th

- 1130 hours: First warning signal. Two buoy races scheduled.
- Regatta Reception and Paella Party at the BYC clubhouse after racing.

Sunday, October 9th

- 1130 hours: First warning signal. Two buoy races scheduled.
- 1430 hours: No starts to take place after this time.
- No host bar and trophy presentation at the BYC clubhouse after racing.

5.2 After the first race each day, the warning signal for each succeeding race will be made as soon as practicable. To alert boats that another race will begin soon, a series of short sound signals and a radio announcement may be made.

5.3 No race will be started after 1430 on Sunday October 9th.

6 CLASS FLAG The class flag will be code flag A.

7 RACING AREA The starting area for all starts will be in the vicinity Berkeley Circle “XOC”

8 THE COURSES

8.1 Attachment A shows the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 The course to be sailed will be designated by flags displayed from the race committee signal boat.

9 MARKS Marks will be as described in Appendix A, except new marks, as provided in instruction 11.

10 THE START The starting line will be between an orange flag on the race committee boat and an orange mark.

11 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12 THE FINISH The W/L finish line (courses 1 and 2) is on the opposite side of the signal boat from the starting line. The distance race finish line (courses 3, 4, and 5) is the same as the starting line.

13 RESTRICTED AREAS

- 13.1** For safety reasons, each of the lines bounded by the following points is an obstruction:
- a) The green/red bell buoy off the west end of Alcatraz Island and the nearest point of land on Alcatraz Island.
 - b) Point Blunt buoy off of Angel Island, and the nearest point of land on Angel Island.
 - c) The west end of the ruins of Berkeley Pier, and the west end of the Berkeley Fishing Pier.
- 13.2** Boats are prohibited from sailing across any of these lines while racing.

14 PENALTIES AT THE TIME OF THE INCIDENT. The first two sentences of rule 44.1 are changed to: ‘A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.’

15 PROTESTS AND REQUESTS FOR REDRESS

15.1 Protest forms will be available at the Regatta Table in the club house. Protests shall be delivered

to the race committee representative at the Regatta Table within the protest time limit, which shall be one hour after the race committee signal boat returns to the dock. The time will be posted on the official notice board.

15.2 Notices will be posted on the Official Notice Board within 60 minutes of the conclusion of the protest time limit to inform competitors of hearings to which they are parties, along with the time and location of the hearing. Such notice shall serve as notification per RRS 63.1 and 61.1(b).

15.3 Requests to reopen a hearing held on October 9th shall be delivered to the race committee representative at the regatta table within 30 minutes of a party receiving the hearing results in writing. This changes RRS 66.

16 SCORING

16.1 Six races are scheduled, of which three must be completed to constitute a series.

16.2 Scoring will use the Low Point Scoring System of RRS Appendix A

16.3 A boat's series score shall be the total of her race scores. This changes Appendix A2.

17 SAFETY REGULATIONS A boat that retires from a race shall notify the race committee as soon as possible. Boats leaving the racing area prior to the conclusion of racing are requested to notify the race committee on VHF 78.

18 INTERFERENCE WITH COMMERCIAL VESSELS: Yachts shall not impede the passage of ship traffic while racing. Rule 9 of the Inland Rules of the Road applies with respect to all shipping traffic on San Francisco Bay and its tributaries. A violation of Rule 9 is subject to protest by any competitor and or the race committee. Compliance with RRS 60-63 will not be required with respect to a protest involving a Rule 9 infraction. A violation of Rule 9 may not be exonerated by an alternate penalty.

19 RADIO COMMUNICATION The Race Committee may use VHF channel 78 to communicate information about course selection and the sail numbers of boats that are OCS or have violated RRS 30. Neither failure of the race committee to communicate the sail numbers of recalled boats in a timely manner, nor failure of a recalled boat to receive or hear transmitted information, will be grounds for redress. This changes RRS 62.1.



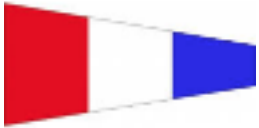
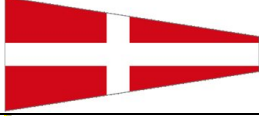
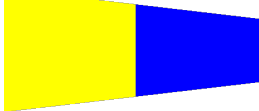
20 PRIZES Prizes will be awarded after the racing, on Sunday, October 9th, at the BYC clubhouse.

21 DISCLAIMER OF LIABILITY Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Michael Whitfield – Regatta Chair

Hans Opsahl – Principal Race Officer

APPENDIX A – COURSES

Course	All marks shall be rounded to port, except course 5 as noted.	
1	Start – W – Finish	
2	Start – W – L – W – Finish	
3	Start – 17 – 18 – L – Finish	
4	Start – PB – Finish	
5	Start – 12s – AIs – G1p – AIp – 12p – Finish	

For courses 1 and 2, the finish line is on the opposite side of the signal boat from the starting line.
 For courses 3, 4, and 5 the finish line is the same as the starting line.

Mark W is a green tetrahedron.
 Mark L is a yellow tetrahedron.

Mark 12 is G “1” Fl G4s, Little Harding Rock
 Mark AI is Angel Island
 Mark G1 is Southampton Shoal Channel G “1” Fl G4s approx 1.2nm ENE of Pt Bluff
 Mark 17 is RG “HR” Fl (2+1) R6s Harding Rock
 Mark 18 is RG “BR” Fl (2+1) G6s Bell, Blossom Rock
 Mark PB is Point Bonita RG Fl(2+1) R6s Bell

APPENDIX B – COURSE DIAGRAM
(courses 1 and 2, not to scale)

