SAILING INSTRUCTIONS

ODP Training Camp

The Organizing Authority (OA) for this regatta is the Olympic Development Program with launching and berthing at the U.S. Sailing Center for 29ers and Laser Radials and Coconut Grove Sailing Club for the I-420, Miami, Florida.

1. RULES

- 1.1 The 201 ODP Training Camp will be governed by the *rules* as defined in the current Racing Rules of Sailing (*RRS*), rules of the participating Class Associations, the Notice of Race and these Sailing Instructions.
- 1.2 If there is a conflict between a rule in the NOR and these Sailing Instructions, the Sailing Instructions will take precedence. (This changes *RRS* 63.7.) If there is a conflict between a Class Rule and these Sailing Instructions, the Sailing Instructions will take precedence to the extent allowed by the Class Rules.
- 1.3 While aboard their boat, except briefly when changing clothes, competitors shall wear an US Coast Guard or Class Rules compliant personal floatation device (PFD). This changes the preamble to Part 4 of the RRS and RRS 40.
- 1.4 A boat shall neither make nor receive radio communications or mobile telephone calls not available to all boats.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board located on the first floor of the United States Sailing Center.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Written changes will be posted by 0830 on Friday, and thereafter by 0830 on the day they will take effect. However, any changes in the Schedule of Races will be posted by the protest time limit on the day before they take effect (see SI 16.2).
- 3.2 Oral changes to the Sailing Instructions may be given on the water in accordance with *RRS 90.2(c)*. The Race Committee Signal Boat shall display Code Flag "L," (with one sound) and Competitors shall approach the Signal Boat to receive the change.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the main flagpole at the U.S. Sailing Center.
- 4.2 Code Flag "L", when displayed ashore signifies that a change in Sailing Instructions or other notice to competitors has been posted on the Official Bulletin Board.
- 4.3 Code Flag "AP" when displayed ashore means that the start has been postponed. The Warning Signal will be made not less than 60 minutes after the lowering of this signal. This changes *RRS Race Signals AP*.

5. SCHEDULE OF RACES

5.1 The scheduled time for the Warning Signal for the first race practice start each day is a	rune	ianai i	Sidi	ına -	/armir	vva	.ne v	or tr	e io	ume	ea י	ıuıe	scneai	rne	O. I
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Friday,

Saturday,

Sunday, 1100

5.2 On the final day of the regatta, no Initial Warning Signal will be made after 1400 hours

6. CLASS FLAG

6.1 The Class Flag will contain the Class Insignia.

7. RACING AREAS

7.1 All racing will be on Biscayne Bay in an area approximately 1 to 3 miles ESE of Channel Marker "2", commonly referred to as Quickflash.

8. THE COURSES

- 8.1 Courses will be as described below, and depicted in "ADDENDUM No. 1-COURSE ILLUSTRATIONS".
- 8.2 Course Designations:

- 8.3 If Marks 3S/2P and marks 4S/4P are present when boats are on their last leg to the finish they are not marks of the course.
- 8.4 Courses will be posted on the Race Committee Signal Boat course board prior to the Warning Signal of each race.

9. MARKS

- 9.1 Course Marks, except for the Offset Mark(s), will be inflatable marks.
- 9.2 The original Windward Marks, and Gates will be yellow marks.
- 9.3 The Offset Mark(s) will be inflatable marks.
- 9.4 All Marks shall be left to port, except that the Gate (Mark 2S/2P and Mark 4S/4P) shall be left as per RRS 28.2(c).
- 9.5 If the Windward Mark or the Offset Mark is missing, and no Code Flag "M" is displayed in its place by a nearby Race Committee boat, the only remaining Mark shall be left to port.
- 9.6 If one Gate Mark is missing, and no Code Flag "M" is displayed in its place by a nearby Race Committee boat, the only remaining gate mark shall be left to port.
- 9.7 Starting and Finishing Marks are as provided in SI 10.1 and 13.1, respectively.
- 9.8 The positional relationships among the Marks are depicted in Addendum 1, hereto.

10. THE START

- 10.1 The starting line for the I-420 and Laser Radial will be between a staff displaying an orange flag on the Race Committee Signal Boat and on the leeward end on the course side of a green starting mark. The starting line for the 29er fleet will be between a staff displaying an orange flag on the Race Committee Signal Boat and on the windward end on the course side of a green starting mark.
- 10.2 A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. (This changes *RRS A4.1* and *63.1*)

11. RECALLS

11.1 In the event of an individual recall, the Race Committee will not attempt to hail the sail numbers or identification of any boat or boats that are identified as OCS.

12. CHANGING THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the Race Committee move the original mark to its new location.
- 12.2 If the direction of the next leg will be changed significantly, the direction will be signaled in accordance with RRS 33(a)(2).

13. <u>FINISH</u>

13.1 The Finish line(s) will be between a staff displaying an orange flag on the Race Committee Finish Boat and on the course side of that fleets original green starting mark.

14. TIME LIMITS

14.1 The time limit and target time (in minutes) are as follows:

First Mark	Race	Target Time
20	60	35

- 14.2 Any race in which no boat rounds the first mark within the above First Mark Time Limit following the start, or no boat finishes within the Race Time Limit following the start, shall be abandoned.
- 14.3 Any boats not finishing within 15 minutes of the finish time of the first boat (which has sailed the course in compliance with *RRS 28*) will be scored Did Not Finish without a hearing. This changes *RRS 35*, *A4* and *A5*.
- 14.3 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

15. PENALTY SYSTEM

15.1 Rules 44.1 and 44.2 are changed such that only one turn, including one tack and one gybe, is required.

16. PROTESTS AND REQUESTS FOR REDRESS

16.1 A boat intending to protest is requested to notify a Race Committee Finish Boat of

It's intention and the identity of the protested boat(s) as soon as possible after finishing.

- 16.2 Protest forms will be available at the Regatta Desk at USSC. Protests and requests for redress shall be delivered to the Regatta Desk within the protest time limit. The time limit is one (1) hour after the Race Committee Finish Boat docks or when a race is abandoned ashore. Protest hearings will be conducted at USSC on Saturday and Sunday only. The hearing schedule will be posted as soon as possible, hearings will be conducted in the approximate order in which they were filed.
- 16.3 Breaches of Sailing Instruction 19 or rule 55 will not be grounds for protest by a boat. This changes RRS 60.1.
- 16.4 On the last day of racing, a request for reopening a hearing shall be delivered
 - (a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day; or
 - (b) No later than 20 minutes after the party requesting reopening was informed of the decision on that day. This changes *RRS* 66.

16.5 On the last day of racing, requests for redress and scoring inquiries shall be delivered within the protest time or within 30 minutes of the incident or the information being posted, whichever is later. This changes *RRS* 66.

17. SCORING

- 17.1 A minimum of three races must be completed to constitute a regatta.
- When fewer than five (5) races are completed, a boat's series score will be the total of her race scores. When five (5) through ten (10) races are completed, a boat's series score will be the total of her race scores, excluding her worst finishing score. This changes RRS A2.

18. SAFETY REQUIREMENTS

- 18.1 All boats must check in with the Race Committee prior to the Warning Signal of the first race each day by sailing past the stern of the Signal Boat on starboard tack and hailing her sail number until acknowledged by the Race Committee. Failure to comply with this SI will result in a three place penalty in each race that day without a hearing. This changes RRS 63.1.
- 18.2 A boat that retires from a race or does not intend to start a scheduled race shall promptly report this to the Race Committee via hailing. If this is not possible, she shall promptly report her actions to the Regatta Desk on shore at USSC.

19. <u>DISCLAIMER OF LIABILITY</u>

19.1 Competitors participate in the regatta entirely at their own risk. See *RRS 4*, Decision to Race. The Organizing Authorities, Host Club, and their officers, employees, Race Committee, agents, and volunteers will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the Regatta.

OLYMPIC DEVELOPMENT PROGRAM TRAINING CAMP

I-420, 29er, LASER RADIAL RACE COURSES

