



Sailors Code of Conduct

I. Introduction

Being a LLSC Junior Sailing member is a sailor's choice and thereby a privilege, on that, along with being a lot of fun, is an honor, and carries with it responsibility.

- A. LLSC Junior Sailing members are expected to conduct themselves as young sailor at all times, and to strive to model their behavior after yachting ideals.
- B. LLSC Junior Sailing members are one of the most visible groups in the LLSC community. Consequently, what you do, and the way in which you do it, requires very good behavior at LLSC and at regattas. Basic courtesies and your responsibilities as a representative of the LLSC Junior Sailing require that you adhere to the following Code of Conduct:

II. Code of Conduct

- a. I will treat my team members, coaches, program directors, competitors, regatta officials, hosts and all others with respect, regardless of race, religion, gender, national origin, or abilities. I understand that I may expect similar treatment from others.
- b. I will maintain appropriate behavior towards team members of the opposite gender, and will not tolerate unseemly behavior by other team members.
- c. I will not abuse my teammates, whether verbally, physically, or emotionally, or tolerate such conduct in others, understanding that every team member has a right to enjoy their participation on the LLSC Junior Sailing program. I understand that swearing, in any context, is unacceptable behavior.
- d. I will not use, or tolerate the use by other team members, alcohol, tobacco, or non-prescribed drugs, understanding that a drug-free environment is necessary to achieve individual and team success.
- e. I will encourage good sportsmanship from fellow sailors, coaches, and parents.
- f. I will meet or exceed expectations for my grades and my performance in school. I will not use practices or regattas during the school year as an excuse for not getting my schoolwork done on time.
- g. I will promptly follow all safety procedures given by my coaches and other responsible adults. I will immediately notify a coach or other responsible adult if I feel that another sailor is in danger. I will not deliberately place myself and my vessel, or any other sailor and vessel, in danger.
- h. I will listen to and strive to learn from my coaches.
- i. I will behave and dress at all times in a manner consistent with the high standards expected of my team, of LLSC, of my family, and of myself.
- j. I promise to maintain a positive attitude and to be responsible for my conduct as a LLSC Junior Sailing member, by following these rules and regulations, and any other rules given by my coach or program directors, at all times.

III. Attendance and Participation

- a. I will be prepared for all meetings, be attentive, and be active participant in discussions.
- b. I will never leave my training site or regatta without first obtaining my coach's or parents personal permission. I understand that it is not permissible to have another person convey a message that I am leaving.

IV. Equipment

- a. I will be responsible at all times for the transportation, safe storage, maintenance and setup of my boat and other equipment.
- b. I will respect the property of others, neither stealing, damaging, destroying, or borrowing another's property without permission, or will I tolerate such behavior by other team members.
- c. I will respect the grounds and the waters on which I practice and compete, neither littering nor damaging them, and I will leave these sites in order when I finish for the day.

V. Acceptance

I understand that failure to comply with the above conditions will result in disciplinary action by the LLSC Junior Sailing directors. This disciplinary action may also result in suspension of activities or removal from the program.

_____ Sailor _____ Parent _____ Date