





2017 Subway Sail East

July 13-16, 2017

Royal Kennebeccasis Yacht Club

Organizing Authority: Sail Canada

GREEN FLEET Sailing Instructions

These sailing instructions generally conform to the Canadian Optimist Dinghy Association standards for Green Fleet racing. They are based on the US Sailing Simplified Sailing Instructions, but are more suitable for use by race committees and coaches in support of the Green Fleet than as direct reading by younger Green Fleet competitors.

1. RULES

- **1.1.** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- **1.2.** The last sentence of Rule 90.2(c) is deleted and replaced by: "Oral changes may be given on the water or ashore, either at a pre-race briefing ('Skippers' meeting') or post-race de-brief."
- 1.3. Since Green Fleet races are not scored:
- **1.4.** Redress is not available to competitors under Rule 62.1(a) for an improper action or omission of the Organizing Authority or the Race Committee; and,
- **1.5.** Rule 64.1 is changed so that the protest committee is not required to impose a penalty when they find that a party to a protest hearing has broken a rule and is not exonerated.

2. NOTICES TO COMPETITORS

- **2.1.** Notices to competitors will be posted on the official notice board located on the wall outside the main door to the RKYC clubhouse.
- **2.2.** The Race Committee may give oral instructions, including amendments to sailing instructions, to Green Fleet competitors, by communicating directly with individual competitors or communicating indirectly through designated Green Fleet coaches.
- **2.3.** The race Committee will signal that oral instructions are available by displaying Code Flag 'L' with one sound signal.
- **2.4.** The Race Committee may display a summary of oral instructions afloat by means of a whiteboard.
- **2.5.** A record of oral instructions that change sailing instructions will be posted on the official notice board at the end of a day's sailing, if further sailing is scheduled the next day.

3. SIGNALS MADE ASHORE

- **3.1.** Signals made ashore will be displayed on the flagstaff located on the front lawn outside the RKYC Clubhouse.
- 3.2. If a postponement is signaled ashore, the warning signal will be made not less than 30













minutes after flag AP is lowered. This changes race signal AP.

3.3. Code Flag D with one sound signal means: "The warning signal will be made not less than 30 minutes after code flag D is displayed". **Boats shall not launch until this signal is made. (DP)**

4. SCHEDULE and CLASS FLAGS

4.1. The schedule shall be:

Date	Time	Event
Saturday, July 15	0800-1000hrs	On-Site Regatta Check-in/Registration
	0900 hrs	Coaches Meeting
	0930 hrs	Green Fleet meeting (will follow competitors meeting)
	1100 hrs	First Warning Signal, all classes
Sunday, July 16	0900 hrs	Coaches Meeting
	0930 hrs	Green Fleet meeting
	1100 hrs	First Warning Signal
	1430 hrs	Latest Warning Signal

4.2. Class flags are as follows:

The Class flag is the Number 9 Pennant.

5. RACING AREA

5.1. The racing area will be inside Brothers Cove, in front of the yacht club unless conditions make it advisable to move outside the cove.

6. COURSE[S] and MARKS

6.1. Green Fleet will sail a simplified course, as shown below. Marks will be left to port.



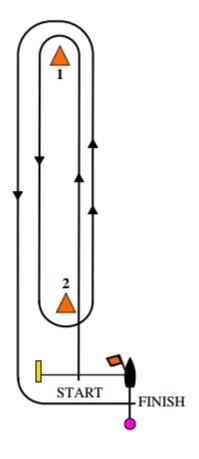












START – 1 – 2 – 1 – Start Pin – FINISH

- **6.2.** Marks 1 and 2 will be yellow inflatable tetrahedrons.
- **6.3.** The start pin will be a buoy with an orange flag.
- **6.4.** The finish pin will be a buoy with an orange flag.













7. STARTING AND FINISHING LINES; STARTING SYSTEM

- **7.1.** The starting and finishing lines will be between the staff on the Race Committee boat flying an orange flag and a nearby start/finish mark.
- **7.2.** Races will be started using Rule 26 with the warning signal made five minutes before the starting signal, that is:

Time to Start	Description	Flag
5 Minutes	Class flag raised with one sound signal	
4 Minutes	Preparatory flag raised with one sound signal	and the same of th
1 Minute	Preparatory flag lowered with one sound signal	and the second s
Start	Class Flag lowered with one sound signal	

7.3. If one or more boats are on the course side of the starting line at the starting signal the race committee may signal an individual or a general recall signal, that is:

Individual Recall	One sound signal with Flag X	S. Sylvania
General Recall	Two sound signals with Flag 'first substitute'	A Production of the Control of the C

8. PROTESTS

- **8.1.** Protests shall be delivered to the Race Committee before the post-racing debrief. Open hearings will be held during the post-race debrief to familiarize the competitors with protest procedures. The results of the hearing will be given orally. Written decisions will not be prepared unless requested.
- **8.2.** As an alternative to a formal protest hearing, at the request of a competitor or coach a member of the protest committee may hold an informal debrief with the competitors and their coaches.

9. SCORING AND PRIZES

- **9.1.** The Race Committee will offer as many races as practical.
- **9.2.** Races will not be scored but the raw finishing order will be posted for each race.
- 9.3. Series prizes will be awarded by draw.
- **9.4.** Recognition (ribbons or medals) will be given to race winners (the first competitor to cross the finishing line that started correctly and sailed the course properly)













10. ON-WATER COACHING AND SUPPORT BOATS

- **10.1.** Coaches may coach competitors during racing but should not coach a competitor when in close proximity to another unless coaching support is supplied to both.
- **10.2.** Spectator and support boats not coaching should not enter the racecourse during racing.
- **10.3.** Support boats are requested to monitor the Race Committee working channel. It is recognized that coaches are essential to the safety plan of the regatta and they are required to assist in providing safety cover to competitors on the water. The Race Committee working channels will be:

Course	Channel
<u>Alpha</u>	<u>71</u>
<u>Bravo</u>	<u>72</u>
Charlie (Green)	<u>69</u>

11. TRASH DISPOSAL

11.1. Boats shall not put trash in the water. Coach boats, Race Committee boats and all other support boats will accept trash.













Racing Areas Chart - not for navigation

