

**Rock, Paper, Scissors Regatta**  
**Birmingham Sailing Club**  
**August 26-27, 2017**

## Sailing Instructions

### 1 Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020 and the respective class rules. Competitors must be rising high school seniors and under.

### 2 Notices to Competitors

Notices will be posted on the Official Regatta Notice Board, which is located to the left of the clubhouse door as you enter from the parking lot. Changes to the sailing instructions will be posted at least one hour before the first race of each day.

### 3 Signals Made Ashore

Signals made ashore will be displayed from the flagpole near the shore in front of the clubhouse. Code flag AP with two sound signals means racing is postponed. Lowering with one sound signal means the next warning signal will be made in not less than 30 minutes.



*Code flag AP*  
*(Alternating Red and White Stripes)*

### 4 Schedule

- 4.1 The race committee will run as many races as is reasonably possible. At least one race must be completed to have a series.
- 4.2 The racing schedule is as follows (schedule may change at the discretion of the organizing and race committees):

#### Saturday, August 26th

Registration	0900-1030	<i>Clubhouse</i>
<i>Laser sailors must commit to their choice of rig by the end of registration</i>		
Competitors' Meeting and lunch on shore	1100	<i>Patio in front of clubhouse</i>
First Warning Signal <i>not less than 45 minutes after meeting</i>		
Snacks	1600	
Rock, Paper, Scissors Tournament	1730	<i>Clubhouse</i>
Dinner	1830	<i>Clubhouse</i>
Movie and Popcorn	2000	<i>Clubhouse</i>

#### Sunday, August 27th

Breakfast	0800	<i>Clubhouse</i>
First Warning Signal	0930	
No warning signal will be made after 1200		

**5. Class Flags**

- 5.1 The Optimist class will be divided into Green and White/Blue/Red. The Green fleet is intended for beginning racers.
- 5.2 Class flags will be announced at the Competitors' meeting.

**6 Racing Area**

The racing area will be adjacent to the Birmingham Sailing Club.

**7 Safety**

- 7.1 Before the first warning signal of the day, all competitors shall check in by sailing or towing past the stern of the race committee boat and hailing their sail number.
- 7.2 A boat that does not finish a race shall notify a race committee boat before leaving the race area. If this is impossible, the competitor shall notify a regatta representative immediately after arriving ashore.
- 7.3 All competitors shall wear life jackets and have a whistle attached to their clothing at all times while on the water.
- 7.4 All boats shall have a painter with a loop in the end for towing.
- 7.5 Participants shall not leave the launch area unless the race committee has left the mooring area or a support boat is present.

**8 Support Boats**

- 8.1 Coaches, parents and other support personnel shall stay at least 50 feet away from and shall not communicate with any racing competitor on the Championship race course from the time of the preparatory signal for the race until after the competitor has finished or the Race Committee signals a postponement or abandonment.
- 8.2 Support boats shall neither create wakes nor interfere with competitors.
- 8.3 Support boats shall remain off the course (well outside the laylines) unless a competitor requires assistance. In this event, the support boat shall hail the race committee before entering the course.
- 8.4 In the event of bad weather or other emergency, support boats will assist in towing any boat, not just their team or sailor.
- 8.5 Support persons are advised to read and adhere to the requirements of RRS 3, Acceptance of the Rules.

**9 Disclaimer of Liability**

Competitors participate in the regatta entirely at their own risk. Birmingham Sailing Club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

*The remaining sections below do not pertain to the optimist green fleet*

**10 Marks**

Marks are yellow or orange tetrahedra. The race committee shall place the marks of the course as needed. The course to be sailed shall be designated as follows, by letters placed on the sides of the committee boat.

- A The windward mark
- B The reaching mark
- C The leeward mark
- X The finishing mark

Not all of these marks need be used in a race.

## 11 The Course

- 11.1 The race committee boat will display letters and numbers designating the marks of the course in the order to be sailed, including the finishing mark, but not the starting mark. The last letter displayed designates the finishing mark.
- 11.2 The leeward mark will be positioned a short distance in front of the start/finish line.
- 11.3 Finishes will be downwind.
- 11.4 The laser, 420, and optimist white/blue/red fleets will race on the same course. However, the optimist fleet may have a different windward mark than the 420 and laser fleets. If different marks are used, they will be distinguished by color as explained in the competitor's meeting.
- 11.5 Marks shall be left to port.
- 11.6 The starting line is not an obstruction; there is no closed gate.
- 11.7 See Attachment A for examples of courses.

## 12 The Start

- 12.1 The starting line will be between an orange flag on the committee boat and the adjacent mark.
- 12.2 A series of short sounds may be made before each warning signal.
- 12.3 Races will be started in accordance with racing rule 26:
  - At 5 minutes before the start, the class flag will be raised and a horn will sound. This is the warning signal.
  - At 4 minutes before the start, the class' preparatory signal flag will be raised and a horn will sound. This is the preparatory signal, and may be a P flag, an I flag, a Z Flag, a U flag, or a Black Flag. See Rule 26 and Rule 30.



*The P flag  
(blue with white center)*

- At one minute before the start, the preparatory signal flag will be lowered and a horn will sound.
  - At the start, the class flag will be lowered and a horn will sound.
- 12.5 Additional races may start very soon after each fleet completes the preceding race.
  - 12.6 A boat not starting within 5 minutes of her starting signal will be scored DNS without a hearing. This changes RRS 63.1, A4.1 and A5.

## 13 Recalls

- 13.1 Individual recalls will be signaled by Flag “X” and one sound signal. The race committee will attempt to hail the sail numbers of boats that are over early. Provided, however, that failure to receive such a hail shall not be grounds for redress. This changes RRS 41 and 62.1(a).
- 13.2 A general recall will be signaled by flag “First Substitute” and two sound signals. After a general recall, the five-minute sequence will begin one minute after the lowering of flag “First Substitute.”



*Code Flag X*  
*(blue cross on white background)*



*First Substitute*  
*(yellow with blue border)*

#### **14 The Finish**

The finishing line will be between an orange flag on the race committee boat and the adjacent finishing mark.

#### **15 Penalty System**

The following sections of Appendix V shall apply:

#### **VI PENALTY AT THE TIME OF AN INCIDENT**

The first two sentences of rule 44.1 are changed to: ‘A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.

#### **16 Time Limit**

The time limit for the first boat in each fleet in each race to finish will be 60 minutes. Those boats that do not finish within 20 minutes of the first boat in their fleet will be scored "DNF" without a hearing. This changes RRS 63.1, A4.1 and A5.

#### **17 PROTESTS**

- 17.1 Protests shall be in writing and delivered to the regatta office within 45 minutes after the time of the docking of the race committee signal boat for that competitor’s course. Protest forms will be available at the regatta office.

- 17.2 Protest notices will be posted as soon as possible after a protest has been delivered, but not later than 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses. This posting shall constitute the notification required by RRS 63.2 and RRS 61.1(b).
- 17.4 The following sentence is added to rule 66. "On the last day of racing, a party to the hearing may ask for a reopening no later than one hour after being informed of the decision." This changes rule 66.
- 17.5 The penalty, if any, for an infringement of a rule other than a rule of Part 2 will be at the discretion of the Protest Committee and may be less than disqualification.

## **18 PENALTIES TAKEN AFTER A RACE**

- 18.1 After a race, a boat that may have broken a rule of Part 2 or rule 31 while racing may take a Post-Race Penalty for that incident. The penalty shall be a Scoring Penalty, calculated as stated in rule 44.3(c). However, rules 44.1(a) and (b) apply. A boat takes a Post-Race Penalty by informing the race committee in writing and identifying the race number and when and where the incident occurred.
- 18.2 The Post-Race Penalty shall be
- (a) 20%, if taken before the protest time limit, or
  - (b) 30%, if taken after the protest time limit but before the beginning of a hearing involving the incident.

## **19 PROTEST ARBITRATION**

When 19- PROTEST ARBITRATION applies, a boat may take the applicable Post-Race Penalty in 18 – PENALTIES TAKEN AFTER A RACE without participating in an arbitration meeting.

- 19.1 An arbitration meeting will be held prior to a protest hearing for each incident resulting in a *protest* by a boat involving a rule of Part 2 or rule 31, but only if each *party* is represented by a person who was on board at the time of the incident. No witnesses will be permitted. However, if the arbitrator decides that rule 44.1(b) may apply or that arbitration is not appropriate, the meeting will not be held, and if a meeting is in progress, it will be closed.
- 19.2 Based on the evidence given by the representatives, the arbitrator will offer an opinion as to what the protest committee is likely to decide:
- (a) the *protest* is invalid,
  - (b) no boat will be penalized for breaking a rule, or
  - (c) one or more boats will be penalized for breaking a rule, identifying the boats and the penalties.
- 19.3 A boat that may have broken a rule may take a Post-Race Penalty as provided in 20 – PENALTIES TAKEN AFTER A RACE. However, the penalty in 19.2(a) is available only until the protest time limit or until the beginning of the arbitration meeting, whichever is earlier. During a meeting, a boat may take a penalty by acknowledging her acceptance of the penalty in writing.

## **20 Scoring**

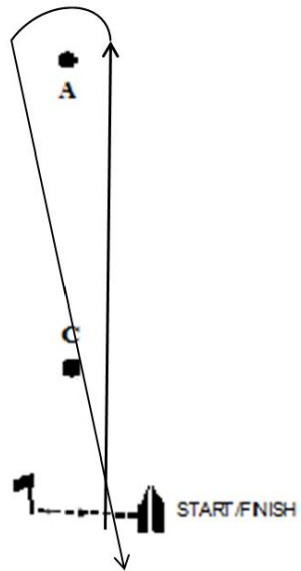
The Low Point Scoring System, Appendix A of The Racing Rules of Sailing, will apply. A boat's worst race will be excluded if at least 6 races are completed.

## Attachment A

### Example Courses

The illustrations below are examples only and subject to modification as described in the skipper's meeting. It is anticipated that the X mark will be used as the finishing mark, left to port with the committee boat left to starboard.

**AX**



**ACAX**

