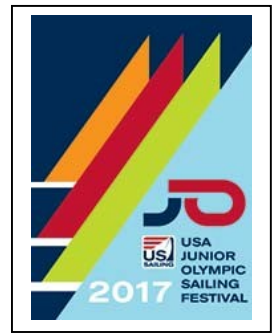




## USA JUNIOR OLYMPIC MID-ATLANTIC SAILING FESTIVAL

Monday July 24 & Tuesday July 25, 2017  
Island Heights Yacht Club  
65 River Avenue  
Island Heights, NJ, USA 08732

[www.ihyc.com](http://www.ihyc.com)



### SAILING INSTRUCTIONS

#### 1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing for 2017-2020 and the US Sailing Prescriptions.
- 1.2 The class rules of the Laser Radial, Laser 4.7, Club 420, Sunfish, FEVA and Optimist classes will apply. This is not a class sanctioned event.

#### 2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located on the first floor of the IHYC Yacht Club.

#### 3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.

#### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flag pole.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

#### 5 SCHEDULE OF RACES & SAILING AREAS

- 5.1 A total of 8 races are scheduled.  
Monday 7/24. The first warning signal will be at 11:30 am with up to six races sailed the first day.  
Tuesday 7/25 The first warning signal will be at 10:30 am.  
No warning signal will be made after 2:00 PM on the last day of racing.  
The Race Committee will sound a loud continuous horn when leaving the dock.
- 5.2 The Sailing Area will be as shown in Notice of Race.  
**Alpha Course**-Opti Gold      **Bravo Course**- 420, Laser Radial, Laser 4.7, Sunfish, Feva  
**Charlie Course**-Opti Silver

#### 6 CLASS FLAGS

- |   | <b>Class</b> | <b>Designator</b>   |
|---|--------------|---------------------|
| 6.1 Class designators will be as follows: | Optimist     | Optimist class flag |
|   | 420          | 420 class flag      |
|   | Laser Radial | Laser Radial flag   |
|   | Laser 4.7    | Laser 4.7 flag      |
|   | Sunfish      | Sunfish flag        |
|   | Feva         | F class flag        |

#### 7 THE COURSES

- 7.1 No later than the warning signal, the race committee will designate the course.
- 7.2 The course diagrams (Appendix A) show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 7.3 On courses where the Start and Finish are in the middle of the windward leg, all boats must avoid crossing the finish line unless finishing. Crossing the finish line if not finishing is automatic DSQ. (Gate is closed) This changes RRS A-5.

#### 8 MARKS

- 8.1 The shape and color of Marks will be shown at the competitor's meeting.

## 9 THE START

- 9.1 Races will be started by using RRS 26.
- 9.2 The starting line will be between a staff displaying an orange flag on the race committee vessel and the course side of the starting mark.
- 9.3 On Course Bravo, the order of starting sequence is Sunfish, 420 & Feva together, Laser Radial & Laser 4.7 together. There will be a short period of time between starts for each class.
- 9.4 Races will be started as follows:

|                 |           |                             |                 |
|-----------------|-----------|-----------------------------|-----------------|
| Notice of start |           | No flag                     | Series of Horns |
| Warning Signal  | 5 minute  | Class Flag up               | Sound horn      |
| Preparatory     | 4 minutes | P,I,U, Z or Black flag up   | Sound horn      |
| One-minute      | 1 minute  | P,I,U, Z or Black flag down | Sound Long horn |
| Start           | 0         | Class Flag down             | Sound horn      |

- 11.3 The starting line will be between a staff displaying an orange flag or shape on the race committee boat at the starboard end and a port-end starting line boat or orange mark.
- 11.4 Boats not in the 5-minute starting sequence shall keep clear of the starting area.
- 11.5 The RC may hail sail numbers of boats over the line starting at one minute. Failure to be hailed or hear a hail shall not be grounds for Redress. This changes RRS 29 and 62.1a.

## 10 CHANGE OF THE NEXT LEG OF THE COURSE

- 10.1 A change of course after the start will be signaled before the leading boat has begun the leg, although the new mark may not then be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.

## 11 THE FINISH

- 11.1 The finishing line will be between a staff displaying an orange flag on the race committee vessel and the course side of the finishing mark.

## 12 TIME LIMITS

- 12.1 The time limit will be 1 ½ hours for all classes. Boats failing to finish within 20 minutes after the first boat finishes will be scored Time Limit Expired. This changes RRS 35.

## 13 PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Competitors shall notify the Race Committee immediately after the race of the boat's sail # being protested. The protesting competitor must inform the boat protested that she is being protested at the time of the incident and should notify the protested boat again after the race, to assure all parties show up at the protest hearing.
- 13.2 Protest forms are available at the Official Notice Board. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 13.3 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, which ever is later.
- 13.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 13.5 Rule 60.1 (a) is changed to prohibit a boat from protesting another boat for an alleged breach of a class rule requiring class membership
- 13.6 All protests to be heard will be posted on the Official Notice Board within 10 minutes of Protest Time being closed
- 13.7 Protests will be heard in approximately the order of receipt, as soon as possible. Protests will be open hearings. Coaches of the protesting parties should be present.

## 14. SCORING

- 14.1 The Low Point scoring system, Appendix A, will apply. Eight races are scheduled. If five or more races are completed, a boat's series score shall be the total of her race scores excluding her worst score. For purposes of awarding trophies, one race will constitute a series.
- 14.2 Requests for Scoring Review shall be made on forms available at the Official Notice Board.

## 15 SUPPORT BOATS

- 15.1 Team leaders, parents, coaches and other support personnel shall not be in the racing area from the time of the warning signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. The penalty for failing to comply with this requirement may be banishment from the course area to disqualification of all team boats participating on that course, to be decided by the Protest Committee.
- 15.2 Coach boats are expected to help disabled boats needing assistance. Failure to observe this fundamental rule of sailing may result in the Coach being banned from further races, a letter to his/her employer as well as to US Sailing.

## 16 SAFETY

- 16.1 Each competitor shall wear a **USCG approved life jacket that is 100% dependent on foam** for flotation and the appropriate size for the sailor, at all times while on the water, except for brief periods while adding or removing clothing. This changes RRS 40.
- 16.2 All competitors must sail by the Race Committee Boat on starboard tack and yell out their sail number until acknowledged by the Race Committee before the first warning signal of each day.
- 16.3 Any competitor leaving the racing area shall attempt to notify the Race Committee that he/she is leaving the area.
- 16.4 Any boat requiring assistance shall wave and **blow their whistle.**
- 16.5 It is the sole responsibility of each skipper to determine whether to start and finish a race.
- 16.6 There may be an inspection at the end of each race at the discretion of the RC. Each boat is to have all safety equipment as specified in the class rules. Failure to have such equipment may be grounds for disqualification from that race.

## 17 MEASUREMENT

- 17.1 All sailors are responsible for their boats being in compliance with class rules.
- 17.2 All Laser Radial & 4.7 will be given sail numbers to be put on the top of the sail to aid in finishing.

## 18 RADIO COMMUNICATIONS

- 18.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats

## 19. ALCOHOL & DRUGS

- 19.1 No Competitor shall use or possess, either on or off the water, marijuana or any other substance if possession is illegal under state or federal law; or any alcoholic beverages.
- 19.2 An alleged breach shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached one of these rules, it shall hold a hearing. Penalties for a violation may range from a reprimand to dismissal from the regatta and/or a recommendation for further action under Rule 69. They may be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. The competitor's boat may be disqualified from all races of the series.

## 20 PRIZES

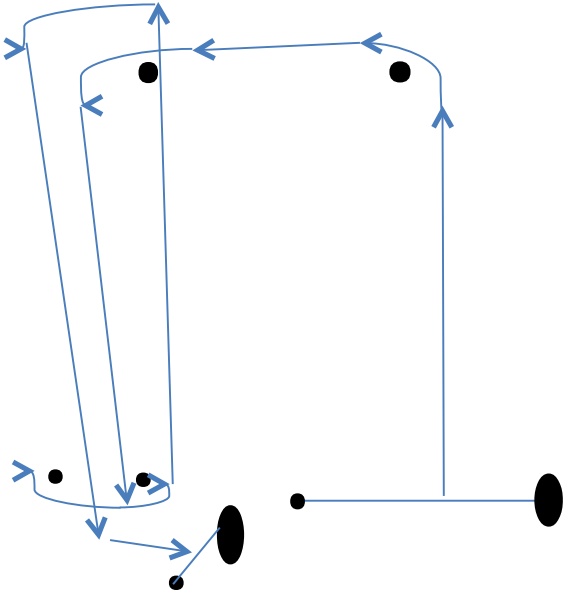
- 20.1 USA Junior Olympic medals will be awarded as follows:  
1-10 competitors – Top 3; 11-25 competitors-Top 5; 26 or more competitors-Top 10. This applies to overall fleet and divisions within a fleet. There are also keeper prizes for the top three finishers in all classes/divisions. The Optimist class will have separate scoring divisions for white, blue, & red divisions within the Gold & Silver fleet, as well as overall prizes.
- 20.2 **The Martin Trophy** will be awarded to the yacht club with the most number of first, second or third places in all classes (overall scoring) with a minimum of 5 people.
- 20.3 **The Egee-Duff Sportsmanship Trophy** will be awarded to that sailor(s) that best represents the ideal of competing hard but fairly, with respect for his or her competitors while having fun.

Attachment A- Courses

420/Laser/Sunfish Course Only

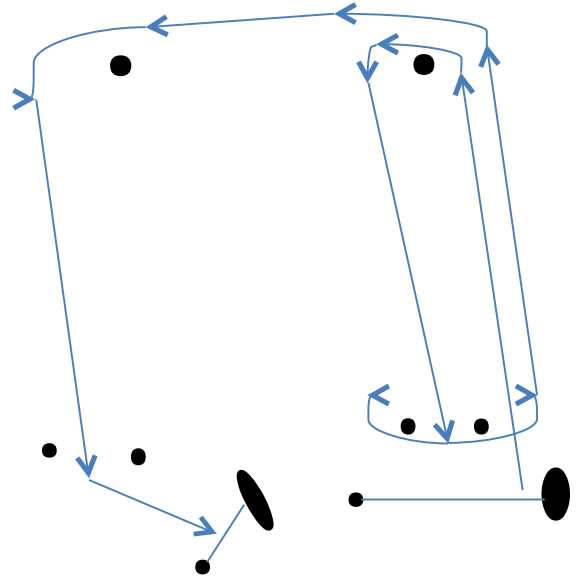
Trapezoid – Outside Course

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Trapezoid – Inside Course

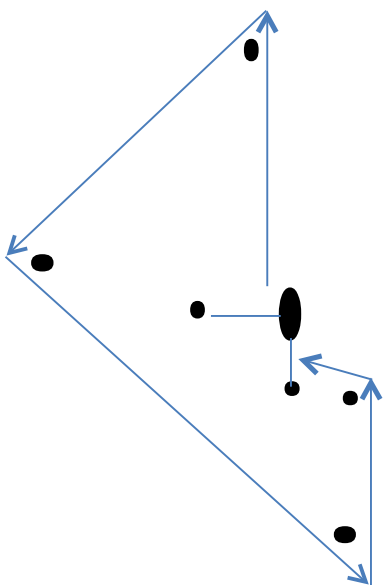
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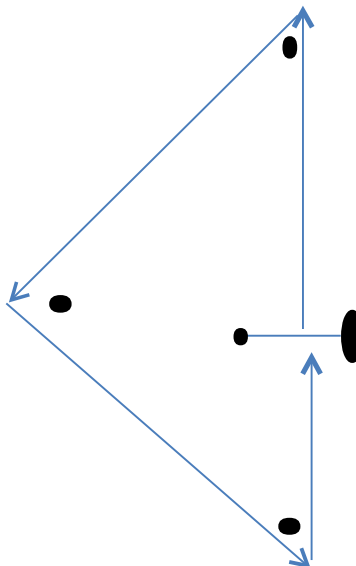
For Optimists Only

Modified Triangle “M”

– “Z”



Triangle “T”



Modified Trapezoid

