

*Junior Sailing and/or
High School
Sailing
At
Fairhope Yacht Club*

Informational Packet

Consent Form

Junior Membership

Application

2016

Junior Sailing and/or High School Sailing (HSS)

Welcome to Junior Sailing and HSS at Fairhope Yacht Club and to the sport of Sailing! The FYC Junior Sailing and HSS Program has many learning opportunities for your young sailors that are both fun and exciting. Please read the information that follows. You will need to complete the consent form and return prior to participating in this year's program.

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I. Requirements

If your family is not already a member of the Fairhope Yacht Club, prior to participation in Fairhope Yacht Club Junior Sailing and High School Sailing, you must submit an application for Junior Membership at the Fairhope Yacht Club. Currently, Junior Yacht Club Membership entitles the Junior Member to participate in sailing and high school activities not a full club or family membership. These activities are largely specific to the Junior Sailing and HSS Programs and may include sailing activities, parties, camp-outs, and other organized water related activities during sailing camps, clinics or pertaining specifically to FYC Junior Sailing and HSS. Junior Members do not have guest, or pool privileges and are valid only during the calendar year in which they are registered. Junior or Family memberships are REQUIRED in order to participate in Clinics, Open Sailing, Racing Practice, Racing, Regattas, and other Junior Yacht Club and HSS activities.

II. Sailing Opportunities at FYC

Boat Classes Sailed at FYC: Generally, sailors younger than about 14 or 15 will be encouraged to sail a boat called the "Optimist Dinghy." The Optimist (or "Opti") is recognized as the international youth sailing class, and is actually the largest class in the world. As the sailors become more experienced, there are other types of boat to move into, but the FYC Junior Program principally emphasizes (in addition to Optis) the Laser and the 420. The 420 is a double handed boat (two sailors: HSS focuses on the 420), which even Opti sailors can sail on to some degree. The Laser actually provides three different rigs for different size sailors. The smallest rig is called the "4.7"; the next size up is the "Radial" and the largest is the "Full" rig Laser. The optimal weight for the 4.7 is about 110-120 pounds. The optimal weight for the Radial is 121-159 pounds. The full rig is for sailors who weigh 160 or larger. In addition, the FYC Junior Program also supports sailing the Gulf Yachting Association's (GYA) designated one design fleet, which is currently the Flying Scot, and annually fields a team in the GYA Junior Championship known as the "Junior Lipton Cup" regatta.

Summer Sailing Camp: We recommend FYC's summer sailing camp for *every* first time youth sailor. Sailing Camp is held throughout the summer (see FYC website and current fliers) and introduces the fundamentals of sailing. There are also opportunities for more experienced sailors to attend more advanced level camps or clinics to help refine their skills.

Open sailing: Weather permitting, volunteer and/or staff dependent there will be other

sailing opportunities available to every FYC Junior Sailor throughout the year. Attending sailing camp prior to participation is recommended. "Green Fleet" (beginning sailors) is encouraged to participate in a recreational clinic in which sailing fundamentals are emphasized. For White, Red, and Blue Fleet Opti sailors (more advanced Opti Sailors, based upon age groups), Lasers, 420s and Flying Scots; race courses will be set for practice. Occasionally, guest coached clinics are offered at an additional fee. Experienced coaches while on the water supervise the sailors.***

Racing Practice- Again weather, volunteer and or staff dependent racing practice is available to FYC Junior Sailors preparing for racing. Race are set up; typically one for Green Fleet and the second for White, Red, and Blue fleet Racing, Lasers, 420s and Flying Scots. Volunteers and or staff periodically organize advanced racing clinics for additional fees. Courses are set and supervised by experienced coaches while on the water.***

Clinics: Clinics are available for additional fees and are designed for more experienced sailors. Guest coaches are typically brought in from around the country for this purpose. Sailors must register and pay for clinics prior to each event.***

Regattas: Participation in sailing competitions - "regattas" - are available to FYC Junior Sailors who have joined FYC Racing Team and HSS that regularly practice on and at designated dates and times. Entry fees apply and are the responsibility of the individual sailors and parents. ***

***Individual Sailor/Parent Responsibilities apply.

II. Individual Sailor Responsibilities

The sport of sailing requires each sailor to become not only safe and proficient sailors, but also proficient in rigging and handling their own boats & equipment. For that reason, **each sailor is responsible for rigging their own boat and transporting it to the water prior to all start times.** The term for this is "rigged and ready" and sailors should assume that any start time given is a "rigged and ready" time so that actual sailing or instruction can begin at the stated time. In addition, at the conclusion of the sailing event/practice, **each sailor is responsible for cleaning, de-rigging, and properly storing equipment, and returning boats to the storage area. Any issues with the boat and or equipment such as loss, damage or malfunction should be reported promptly to person(s) in charge.**

Participation in Junior Yacht Club sailing and HSS includes the privilege to utilize FYC boats and equipment, subject to availability. However, it is the responsibility of each individual sailor responsibly to rig, use and stow the boats they use. Younger sailors may require assistance of a parent, older sibling, or guardian to help with some

tasks until they are able to do this on their own. (For example, removing and replacing and Opti from storage racks is not physically possible, and potentially dangerous, for most youth under the age of about 12). FYC staff and coaches are available ONLY in an instructional capacity and are not responsible for preparing each individual's equipment.

Failure to properly use and care for FYC boats can result in a Junior Sailor and or HSS no longer being permitted to use FYC equipment and boats.

Each Sailor is responsible to arrive prior to sailing time allowing enough time to complete reading the boat ("rigged and ready"). Failure to do so will result in the sailor missing important instructional opportunities, and in some circumstances, the sailors inability to participate that day. It is NOT the responsibility of the FYC staff and coaches to rig or prepare boats FOR individual sailors or prior to a sailor's arrival, but may, time permitting, check sailor's rigs and offer tips on rigging.

Primary to all concerns, a sailor MUST be able to deal with rigging and equipment problems that may occur on the water, which is an important reason for the sailor to rig her or his boat without significant assistance.

FYC Jr & HSS Sailors must contact the Waterfront Director, Ms. Holly Murray, by telephone at 228-363-0073 or e-mail (sthcrux@aol.com), in advance (no later than the day of the practice/clinic) to reserve their place in the clinic and a boat for their use. However, there will also be occasions where greater advance notice is required. We reserve boats for those who call and confirm their participation. As the number of boats is limited, people who contact the Waterfront Director late may miss the opportunity to use a club boat. FYC cannot guarantee use of FYC boats to those who do not call or e-mail to confirm participation. **Boats and associated equipment are limited and reserved on a first call/first arrival basis.** There are no guarantees that specific boats(s) and associated equipment such as sail(s), spars, dagger board(s) and or tiller(s) will be available.

III. Individual Sailor Checklist

Sailors are responsible for the following gear:

- Type 2, PFD: A properly fitted life jacket. A sailor without a proper PFD will not be permitted to leave the beach, even to ride on a coach boat.
- Sun Protection: Avoid painful sunburn. Wear plenty of sun block, sunglasses, a hat or visor. Sun protection is the responsibility of the individual sailor and his or

her parents. Do not depend on coaches or camp staff to re-apply or check sailors' applications of sun screen.

- Shoes: always wear shoes with a good grip sole like sailing boots. Sandals are okay in the summer when it is hot, but not great when you are racing. Bare feet are always a bad idea. Wear closed-toed shoes.
- Shirts- Rash Guards protect you from the sun as from chafed skin and dry quickly. A good t-shirt works well in warm weather. Wear light colors to keep you cooler.
- Safety Whistle: to be used for emergency purposes only, should be attached to the life jacket with a lanyard. This is a class requirement for Optis, and required for Summer Sailing Camp.
- Hydration: Drink plenty of water. Do not wait until you are thirsty. Avoid sodas and heavily sugared drinks-they might taste more appealing but will actually make you thirstier. A sailor who stays hydrated will sail better, learn more, learn more quickly, and perform better. Get into the "habit of hydrating" after every race or drill.
- Snacks: As the caloric companion of hydration, healthy snacks are important to maintaining a sailor's energy level, particularly during long days on the water. We recommend items such as fruit, "power bars," granola bars, and the like. We discourage sugared snacks, cookies, candy, and similar items.
- Gloves: In heavier air, sailors should consider wearing gloves to protect their hands. It is better to work to condition your hands to sail without gloves, however, as you will have greater sensitivity.
- Cool/Cold Weather Gear: Sailing continues throughout much of the winter, and sailors should consider appropriate equipment to maintain warmth. In cold weather, proper cold-weather gear is as important as a PFD. The proper gear will vary by the conditions, and you should discuss this with the parents of more experienced sailors, the Sailing Director, or a coach.
- A copy of the United State Optimist Dingy Association (USODA) Safety Guidelines are available at www.usoda.org.

Regattas are conducted under The Racing Rules of Sailing published by US Sailing. The rules will be a part of instruction, but it is the sailor's responsibility to learn them. Copies may be purchased through US Sailing or other websites. The rules are issued every three years, and the current version is the 2013-2016 Edition. Junior Sailors should consider joining the United States Optimist Dinghy Association (USODA) <http://www.usoda.org> and US Sailing <http://home.ussailing.org> (For some organization sponsored regattas membership in one or both of these organizations is required).

The USODA has also publishes a "Members' and Parents" Code of Conduct" which is applicable at all USODA events, and to all members of USODA at an regatta. We require that all FYC Junior Sailors (regardless of class) and their parents accept and sign this Code of Conduct prior to participating in any regatta. A copy of the Code of

Conduct is attached which we have modified also to serve as our FYC Junior Sailing and HSS Code of Conduct. We believe that its principles are equally applicable to all classes and sailors.

IV. Role of Parents in Junior & HSS Sailing

The Support of parents for their Junior Sailor is paramount and integral to his or her success. The more a parent knows about the Rules, the equipment, and fundamentals of sailing the better the opportunities are for the Junior Sailor has to excel in this sport. There are a number of opportunities for parents to familiarize themselves with Sailing generally and Junior Sailing & HSS in particular. Primarily, it is imperative that parents work with their Sailors to rig their boats and get them used to the water for clinics, races, and practices. The younger sailors often have a difficult time and require parental assistance. Likewise, they will need parental help when shipping and storing the boats. More experienced sailors require less rigging assistance, and ideally sailors should do most, if not all, of the rigging themselves.

Periodically, FYC Junior Sailing & HSS will hold Parent Workshops. These workshops will cover reading the boat, basic racing rules and fundamentals, and other important information. Parents need not be sailors themselves and there is no charge. Parents can also, "learn on the job" prior to sailing, racing practice and regatta opportunities. FYC coaches and staff are available for instructional purposes (ONLY) to help both you, Junior and HSS Sailors learn the importance of properly rigging the boat and then properly de-rigging the boat. You will also find that the parents of more experienced sailors are helpful, and even the more experienced sailors themselves often help less experienced sailors.

It is important that parents and guardians understand the level at which your sailor sails; in other words, **know your sailor's ability**. You should encourage sailors to stretch their limits and try new conditions, but you must also be aware that there will be conditions that are simply beyond any youth sailors' ability, and you should not pressure or force your child into such conditions. On the other hand, a gentle push or prod to the child to expand their horizons and test their limits is entirely appropriate and encouraged.

IV. Role of Parents in Junior & HSS Sailing (continued)

Optimist Fleets: As discussed above, Optimist sailing is divided into fleets based upon ability or age level. These fleets are as follows:

Pre-Green Fleet (ages 6-15)- is learning to sail, learning the rules of racing.

Green Fleet (ages 6 or 7 to 15)- Has a basic ability of sail and understanding of racing, and the rules. Green Fleet should have adequate control of boat to maneuver the boat through the course. During regattas, some in the Green Fleet CAN receive coaching from coaches and parents during the race. Primary focus is FUN!

White Fleet (up to age 10)

Blue Fleet (ages 11 to 12)

Red Fleet (ages 13-15)

Sailors progress from White to Blue to Red on their birthday and “age out” of Optis on December 31 on the year they turn 15, at which point they are no longer eligible to sail in the class. As a practical matter, a good number of sailors simply become too physically large to continue to race Optis, and, generally a sailor who is taller than about 5'9 or weighs more than 120 pounds is no longer meaningfully competitive. The Green Fleet sails on its own course at the regattas, and may or may not get “place” awards depending upon the regatta. The Red, White, and Blue Fleets all race together on the same course. Awards within the White, Blue and Red Fleets are given both overall, and within each of the three fleets.

Very few of racers in the White, Blue and Red Fleets have been racing for less than one year and most have at least a couple of years experience, many five years or more, particularly in Blue and Red Fleets. They should be very comfortable handling an Opti and typically should be able to handle winds of 15 knots or more. Competition at this level can be fun for everyone, but they may be competing with some of the best sailors in the nation and sometimes the world. Racers at this level should KNOW the rules and the emphasis is on competition.

IV. Role of Parents in Junior & HSS Sailing (continued)

Volunteers are needed particularly at FYC sponsored and Junior Sailing & HSS events. Parents of Junior and HSS Sailors are encouraged to attend Junior Sailing & HSS board meetings, help the team at regattas and race related activities; particularly those sponsored or hosted by FYC such as local USODA, US Sailing, Junior Olympics, Stitt/Chappell Regattas and other high school events. Other events may include campouts, parties, and Junior Sailing & HSS fundraisers. All of these events create a better program and experience and benefit the sailors. Additionally, there is a unique camaraderie amongst FYC Junior Sailors, HSS, Parents, Guardians, and Older Siblings and Others that results in teamwork while fostering healthy competitive attitude.

A special note to parents:

Activities during summer sailing camps are supervised throughout the day; however, the other Junior Sailing & HS Program activities, although providing instruction and coaching to young sailors, do not provide supervision to children "off the water," during competitions, or FYC Junior Sailing & HSS events. **Parents and guardians are always responsible for the supervision of their own children.**

During clinics and other activities, parents and guardians should stay abreast of weather conditions. **Should weather conditions warrant an early end to a clinic, practice, race, regatta or event, FYC does not provide childcare in these instances.**

Parents also need to let their children sail without too much parental involvement other than related to true safety concerns. It builds a tremendous sense of independence and self-sufficiency for a child to be able to rig their own boat, and then maneuver a boat, in sometimes challenging conditions, around a race course. Sailing is also an important experiential learning experience in critical and strategic thinking, focus, math and science.

V. Yacht Club and FYC Junior Contact Information

Fairhope Yacht Club

Holly Murray: Waterfront Director: 228-363-0073; sthcruz@aol.com

Elizabeth McGriff: FYC Junior Advisor: 251-689-3665;
mcgriffk@bellsouth.net

Pat Colvin: FYC Office: 928-3276

Fairhope Yacht Club Junior Bridge 2016

Camille McGriff, Junior Commodore
Max Morgan, Junior Vice Commodore
Walt Cassady, Treasurer
Carter Smith, Assistant Treasurer
Connor Cobb, Fleet Captain

**VI. FAIRHOPE YACHT CLUB JUNIOR SAILING
&
HSS CONSENT FORM**

I, _____, have read and understand the Fairhope Yacht Club Information Packet for Junior Sailing and HSS and the USODA Code of Honor contained therein. In signing this consent agreement, I understand that all Junior Sailors are to comply with the general rules and regulations of the Fairhope Yacht Club, the USODA Code of Honor, Individual Sail Responsibilities as outline in the Information Packet.

Print Name(s) and signature of Junior / HSS Sailor

Print Name of Parent and or Legal Guardian

Signature of Parent or Legal Guardian

VII. FYC Junior Sailing & HSS Honor Code/Code of Conduct

(Based upon USODA Honor Code/Code of Conduct)

MEMBER'S and PARENTS' CODE OF CONDUCT

The Honor Code for the Fairhope Yacht Club Junior Sailing Program, High School Sailing it's members, sailors and their parents is the following:

All sailors, coaches, parents, and others in a position of influence agree to honor the spirit of Corinthian sailing, the fundamental rules of fair sailing, pledge honesty and integrity in general and will not deviate from the truth, or break the rules that govern our sport of sailing, nor tolerate such behavior in others.

FOR THE MEMBER

Each team member agrees that he or she shall be governed by this Honor Code at all times, not just at FYC Junior Sailing & HSS functions or regattas wherever held. Each team member also agrees,

-to maintain a positive attitude and be responsible for his or her conduct by at all times following these rules and regulations and any other rules given by any coach;

-not to use or tolerate the use by any other team member of alcohol, tobacco, or non-prescribed drugs;

-to achieve excellent grades in school and do not use sailing practices during the school year as an excuse for not completing school work on a timely basis;

-to maintain appropriate behavior towards opposite gender team members and not to tolerate rude or offensive conduct by any other team member;

-to respect the property of others and not steal, damage, destroy or borrow another's property without permission, nor tolerate such behavior by other team members.

**VII. FYC JUNIOR SAILING
&
HSS HONOR CODE/CODE OF CONDUCT (*continued*)**

-to treat team members, coaches, competitors, regatta officials, parents and all others with respect;

-to follow all safety procedures given by coaches and other responsible adults, understanding the paramount importance of safety;

-to notify a coach or other responsible adult if another sailor is in danger;

-not to swear or curse or abuse teammates; whether verbally, physically, or emotionally, nor tolerate such conduct in others;

-never to leave any training site or lodging without first obtaining a coach's or a host's permission; and

-to dress at all times in a manner consistent with the high standards expected of the team and the Fairhope Yacht Club.

FOR THE PARENT:

Each parent of a team member agrees that he or she shall be governed by this Honor Code at all times; not just at FYC Junior Sailing & HSS functions or regattas wherever held. Each parent of a team member also agrees,

-never to misrepresent a member's age and otherwise to comply fully with the unaccompanied minor program of any airline that might be used for a member to travel to or from a practice;

-never take a member including his or her own child from a team activity without first

obtaining the permission of a coach or host;

-to treat team members, coaches, competitors, regatta officials, parents and all others with respect;

-to follow all safety procedures given by coaches and other responsible adults, understanding the paramount importance of safety;

-to expect his or her child to achieve excellent grades in school and not to use practices during the school year as an excuse for his or her child not completing school work on a timely basis; and

-to maintain a positive attitude and to be responsible for his or her conduct as well as the conduct of his or her child by at all times following these rules and regulations and any other rules given by coaches or host yacht club.

Date: _____ Team Member: _____

Parent: _____ Parent: _____

Guardian: _____

IX: MEMBERSHIP APPLICATION

for

FAIRHOPE YACHT CLUB

JUNIOR MEMBERSHIP: INFORMATION

The purpose of the Fairhope Yacht Club Junior Membership is to encourage camaraderie among junior members and promote sportsmanship and enjoyment of the sport of sailing.

All potential Junior Members must complete the application process for membership in the Fairhope Yacht Club as a Junior Member. If your parents are not members of the Fairhope Yacht Club, you may still be a Junior Member of FYC; however, this is a membership in the Fairhope Yacht Club as a Junior Member, NOT the Fairhope Junior Yacht Club.

Membership in the Fairhope Yacht Club as a Junior Member entitles that member to participate in all Junior activities. **Membership in this category does not allow charging privileges, pool privileges (except Junior Membership sponsored events), guest privileges, or any other entitlements of a full FYC member.** Children and young adults ages 7 to 21 whose parents are not members of FYC may apply for a Junior Membership in the Fairhope Yacht Club by completing an application available in the business office of FYC.

Please note that membership of parents in the Fairhope Yacht Club does not mean automatic membership as a FYC Junior Member. The application process must be completed by everyone to provide medical and liability release information.

The application form should be completed and returned with the ANNUAL DUES to the FYC business office, to the attention of Ms. Pat Colvin, before participating in any FYC Junior Membership activities.

FYC JUNIOR MEMBERSHIP APPLICATION

Name: _____

Address: _____

City: _____ State _____ Zip: _____

Home Ph.# _____ Birthdate: _____ Age: _____

Email: _____ Parent's FYC #: _____

Note: An active FYC Adult Member must sponsor non-member Jr. Sailing applicants to FJYC.

General Information:

Mother's Name: _____ Wk#: _____ Cell#: _____

Father's Name: _____ Wk#: _____ Cell#: _____

Emergency Contact other than Parent:

Name: _____ Phone: _____ Relationship: _____

Doctor: _____ Phone: _____

Insurance Company _____ Policy #: _____

Please list any medical consideration, special needs, or concerns we should be aware of regarding your child. (ie. Allergies, glasses or contacts, medical conditions, etc) Use additional paper if needed.

Liability Release:

I understand that sailing involves risk of personal injury and./or property damage. As a condition of my child's participation in the Junior Sailing & HSS Program, I hereby release any claims which I have against the Fairhope Yacht Club, its parent companies, affiliates, and the owners, partners, directors, officers, Board of Directors, both present and past, present and past members of its Bridge, employees, (and, specifically, its Waterfront Director), agents, members, Junior Advisors, volunteers, parents of volunteers if said volunteers are minors, and committee persons of any of them as well as any clinical personnel from any liability for personal injury and property damage which I or my child may suffer during or arising out of participation in the program.

Applicant's Signature

Date

Parent's Signatures

Sponsor's Signature, if parent isn't
a FYC member

Fairhope Yacht Club Junior Sailing Program Minor's Health History- Parent's Report

Minor's Name: _____

Date of Birth: _____ Sex: ___ Male ___ Female

Does your child have any of the following: Details/ Limitations

Seizures	___ No ___ Yes	_____
Heart defect or disease	___ No ___ Yes	_____
Diabetes	___ No ___ Yes	_____
Bleeding/ clotting disorder	___ No ___ Yes	_____
Asthma	___ No ___ Yes	_____
Serious allergies: Insect stings	___ No ___ Yes	_____
Penicillin	___ No ___ Yes	_____
Other drugs	___ No ___ Yes	_____
Food	___ No ___ Yes	_____
Other	___ No ___ Yes	_____
Muscle, bone or joint problems	___ No ___ Yes	_____
Previous injury still affecting	___ No ___ Yes	_____
Loss of consciousness	___ No ___ Yes	_____
Physical Limitations	___ No ___ Yes	_____
Surgery in the last year	___ No ___ Yes	_____
Special fears or conditions	___ No ___ Yes	_____

Note: If you answered "Yes" to any of the above, you must provide a doctor's release before your child will be allowed to participate in the Junior Sailing Program.

FYC reserves the right in its sole discretion to decline any participant for safety reasons.

Is there anything else we should know about your
child? _____

I certify that the above information is true, correct and complete.

Signature of Parent or Guardian

Date

Print Name

Fairhope Yacht Club
Junior Sailing Program

**PARENTAL CONSENT FOR MEDICAL AND/OR DENTAL CARE OF A
MINOR**

Minor's Name: _____

I, the undersigned, am a parent having legal custody or other person having legal custody or guardianship of the above-listed Minor. In consideration of said Minor's participation in the Junior Sailing Program of Fairhope Yacht Club (FYC), related activities and use of the FYC's facilities, I hereby authorize FYC staff to consent to medical or dental care, or both, of said Minor, including any X-ray examination, anesthetic, medical, dental or surgical diagnosis or treatment or hospital care under the general or special supervision and upon the advise of or to be rendered by a licensed physician or dentist, all at my sole expense. Any revocation of this consent must be evidenced by a writing and will result in the Minor's immediate dismissal from the program.

Non-Liability of FYC

I agree that in no event will FYC, its parent companies, affiliates, or the partners, owners, directors, officers, employees, agents and committee persons of any of them have any liability whatsoever arising from or in connection with any medical or dental care rendered or to be rendered pursuant to the above Consent.

I certify that I have carefully read, understand and agree to the above.

Parent/Guardian Signature Date

Print Name

Parent/Guardian Signature Date

Print Name

Address

Tel (day) _____

City, State, Zip

Tel (eve) _____

Tel (cell) _____

Medical Insurance Carrier

Plan/Group Number

Alternate Emergency Contact Name

Tel(day)_____

Tel(eve)_____

Tel (cell)_____

Fairhope Yacht Club Junior Sailing Program
Assumption of Risk, Liability Waiver, Release and Indemnification Agreement
Please Read Carefully

Minor's Name:_____

I/We, the undersigned, am/are a parent(s) having legal custody/ person having legal custody or legal guardian of the above-listed Minor. I/We wish to voluntarily enroll the Minor in the Fairhope Yacht Club (FYC) Junior Sailing Program (the Program). In consideration of the Minor's participation in this voluntary recreational activity and use of FYC facilities, I/we acknowledge and agree as follows, for myself/ourself, the Minor and the Minor's heirs, representatives and assigns:

1. For the purpose of the Agreement, Fairhope Yacht Club, also known as and referred to herein as "FYC, includes its parent companies, affiliates, and the owners, partners, directors, officers, Board of Directors, both present and past, present and past members of its Bridge, employees, agents, members, Junior Advisors, volunteers, and committee persons of any of them. This Agreement contains all of the understandings between the parents and/or legal guardians of the minor named herein and FYC regarding the subject matter hereof, any may be modified only in a writing signed by the parties. The parents and/or legal guardians are not relying upon any promise, representation or inducement not contained herein. The waiver, release and indemnity provisions are continuing obligations and intended to be as broad, comprehensive and inclusive as permitted by law, but are not intended to assert any claim or defense prohibited by law. The provisions of this Agreement shall be interpreted in such a way as to render them valid whenever possible, and any ambiguity shall not be strictly construed against FYC, its parent companies, affiliates, and the owners, partners, directors, officers, Board of Directors, both present and past, present and past members of its Bridge, employees, agents, members, Junior Advisors, volunteers, and committee persons of any of them. If any part of this Agreement is held invalid by a court or arbitrator having jurisdiction, the remainder shall continue in full force and effect.

2. I/We understand that risks exist in the Program and shore-side activities, including but not limited to, the risks of serious physical injury, death or permanent disability from a car accident, falling, boat collision, capsizing and drowning. I/We

freely assume all risks, including unforeseen risks. FYC is not my/our insurer. I/We will maintain insurance as prudent for the protection of the Minor and myself/ourselves, including medical and liability coverages.

3. To the fullest extent permitted by law, I/we promise not to sue, I/we forever release and agree to indemnify and hold harmless FYC from and against any and all claims, damages, liabilities, losses, suits, costs and expenses including attorney fees, for personal injury to the Minor or any other person, and loss of any property, arising from the Minor's participation in the Program and shore-side activities on or off FYC premises, and including any active or passive negligence of FYC, such as rescue. My/Our obligations under this paragraph shall survive the termination of the Minor's participation in the Program.

4. I/we represent that the Minor is in good health, is able to safely undertake sailing activities, and can swim well enough in the event his/her boat capsizes to avoid any resulting danger; and that the Minor is capable of comprehending instruction, following directions and observing proper safety precautions. I/we agree to abide by the decisions of the Program's Head Instructor if he/she finds it necessary to discipline or dismiss the Minor for lack of attention, misbehavior or failure to follow safety precautions.

I certify that I have carefully read, understand and agree to the above.

Parent/Guardian Signature Date

Print Name

Parent/Guardian Signature Date

Print Name

Junior's Name _____
Yacht Club Fairhope Yacht Club

HOLD HARMLESS

In allowing my child/children to participate in the Fairhope Yacht Club Junior Sailing Program, I hereby absolve the Fairhope Yacht Club, its parent companies, affiliates, and the owners, partners, directors, officers, Board of Directors, both present and past, present and past members of its Bridge, employees, agents, members, Junior Advisors, volunteers, and committee persons of any of them from any responsibilities and hold them harmless for any damage or injury sustained or caused by said participation.

Junior Member Name: _____

Signature of Parent/Guardian: _____

Printed Name of Parent/Guardian: _____

Date: _____

**FAIRHOPE YACHT CLUB
MEDIA RELEASE**

I hereby grant Fairhope Yacht Club, its assigns, licensees and legal representation the irrevocable right to copyright, publish and use in any form or media for advertising, trade, stock use or other lawful purpose, any likeness or photograph in which my child is included, in whole or in part. I waive the right to inspect the finish product, including written copy. I hereby release and agree to hold harmless, its assigns and those operating under its authority from any liability by virtue of the lawful use of those pictures. I warrant that I am full of legal age and that I have read and understand the content of this release.

Date: _____

Junior's Name: _____

Junior's Signature: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Junior's Name _____
Yacht Club Fairhope Yacht Club

AUTHORIZATION TO CONSENT TO TREATMENT OF A MINOR

The undersigned parent or guardian or a minor, does hereby consent to any emergency X-ray, anesthetic, medical or surgical diagnosis, or treatment and hospital care which is deemed advisable by, and is to rendered under the general or special supervision of, any physician and surgeon licensed under the provision of the Medical Practice Act. It is understood that this authorization is given in advance of any specific diagnosis treatment, or hospital care being required, but is given to provide authority and power on the part of our aforesaid agent(s) to give specific consent to any and all such diagnosis, treatment, or hospital care which the aforementioned physician in the exercise of his best judgment may deem advisable; and neither said agent nor any organization involved assumes any financial responsibility for exercising this action.

Family Doctor _____ Phone _____

Persons to contact in emergency

1. _____ Phone _____
2. _____ Phone _____

Medical Problems _____

Known Allergies _____

Hospital Insurance plan and number: _____

THIS AUTHORIZATION SHALL REMAIN EFFECTIVE UNTIL REVOKED IN WRITING

SIGNATURE (PARENT OR LEGAL GUARDIAN) _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

Mother's/Guardian Phone (Hm) _____ (Wk) _____

Father's/Guardian Phone (Hm) _____ (Wk) _____