

**Sailing Instructions**  
**FLORIDA INLAND LAKE CHAMPIONSHIP REGATTA**  
**Lake Eustis Sailing Club, October 2017**



**1. RULES**

The regatta will be governed by the Racing Rules of Sailing, the prescriptions of the United States Sailing Association (US Sailing), by the rules of the International Optimist Dinghy Association, the O'Pen Bic Class Association, the Laser Class Association or the 420 Class Association as appropriate to the fleet.

**2. ENTRIES**

Sailors competing in Optimist, O'Pen Bic, Lasers, Club 420's may enter by completing registration with the organizing authority, LEYSF.

**3. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board south side of the LESC clubhouse.

**4. CHANGES TO INSTRUCTIONS**

Any change in the sailing instructions will be posted before 09:00 on the day it will take effect, except that any change in the schedule of races will be posted by 18:00 on the day before it will take effect.

**5. SIGNALS MADE FROM SHORE**

5.1 Signals will be made from and displayed on the signal boat.

5.2 Code flag AP, "Answering Pennant," with two horns means the race is postponed. The warning signal will be made not less than 15 minutes after AP is lowered with one horn.

**6. SCHEDULE OF RACES** As many as possible races are scheduled for this event. One race constitutes a regatta.

Saturday

10:00

Skippers meeting at LESC clubhouse.

11:00

Warning signal – race one. Additional races if conditions permit.

Sunday

09:30

Warning signal – first race of the day. Additional races if conditions permit.  
No races shall start after 13:00.

**7. RACING AREA**

7.1 The racing area will be the area of Lake Eustis as close as possible to the LESC premises. The RC may move the course(s) at their own discretion depending on wind direction and sailing conditions.

**8. THE COURSE**

8.1 The courses will be either Windward-Leeward (WL2), Windward-Leeward x 2 (WL4) or Windward-Triangle-Leeward-Windward-Leeward (WTL5). See the Course Diagrams. The course numbers will be displayed on the starboard side of the signal boat. NOTE: The number in the Course title indicates the number of "legs" to be sailed – not laps!

**9. MARKS**

9.1 The shape and color of the marks will be identified at the Skippers Meeting. An offset mark may be used at the windward mark.

**10. THE START**

10.1 The standard class flags will be used to indicate the starting sequence for the competitors. Any additions or changes to this will be outlined at the Skippers Meeting.

10.2 Before the start of each starting sequence, the Race Committee will indicate that the sequence is about to commence by making numerous short sound signals.

10.3 Races will be started in accordance with rule 26.

10.4 The starting line will be between an orange flag on the signal boat at the starboard end and a nearby mark at the port end.

10.5 A boat shall not start later than 2 minutes after her starting signal. This changes rule A4.1.

10.6 Individual recalls shall be signaled in accordance with RRS 29.2 and accompanied with one sound signal. An attempt to hail the "on course side" competitors shall be made, but failure to be hailed, the timing of such a hail, or failure to hear a hail is insufficient cause for redress under RRS 62.

10.7 The I flag (Round-an End-rule) will be used.

### **11. THE FINISH**

The finish line will be between an orange flag on a race committee boat and the nearby mark as signified by the Course diagram.

### **12. TIME LIMIT**

12.1 Any race in which no boat finishes within 1 hour will be abandoned. Boats finishing more than 10 minutes after the first boat finished will be awarded points equal to the number of boats finishing within the time limit plus one.

### **13. PROTESTS**

13.1 As soon as practicable after finishing, protestors will hail the sail number of protestees to the race committee signal boat.

13.2 The signal boat will sound one signal upon docking to announce the start of the protest period. The docking time shall be posted on the official notice board.

13.3 Protests shall be written on forms available at the signal boat and lodged there within 30 minutes after the signal boat docks.

13.4 Protests will be heard in the approximate order of receipt as soon as possible.

13.5 At the end of the protest period, times for hearings may be assigned and will be posted on the official notice board.

13.6 A RED protest flag is required – is deleted. This changes RRS 61.1(a)(2).

### **14. SCORING**

14.1 The low-point scoring system (rule A2) will apply, except that each boat's worst score will be discarded if more than six (6) races are completed (i.e the 7<sup>th</sup> race can be discarded). Otherwise there will be no throw-outs. This changes rule A2.

14.2 One race completed constitutes a regatta.

14.3 In the case of a tie, an absolute tie breaker will be used as follows: (1) the skipper with the most firsts, (2) then the most seconds, (3) then the most thirds for all races completed (except throw-out), (4) the skipper beating the other in the last race.

### **15. SAFETY**

15.1 Competitors shall wear USCG approved Type III lifejackets. Inflatable type lifejackets are not permitted. Life jackets with whistles shall be worn at all times while racing. Failure to do so will result in disqualification.

15.2 When leaving the racing area early, a competitor shall attempt to notify a race committee boat, safety boat or an official on shore immediately upon arrival.

# 420 and Laser - Course Diagrams.

