

Sail Camp 2018

Dear Camper,

Sail Camp 2018 is getting near, and you are on the list of campers. The theme this year is **Oh the Places You'll Go!** I hope you are looking forward to camp as much as we are. Please show this letter to your parents right away so that they can help you prepare.

Camp will begin with a mandatory kickoff meeting for parents and campers at 6 pm on Sunday, 3 June. You can come anytime after 4 pm, but need to be at the CSA harbor and checked in with your boat by 5:30 pm. A parent or guardian must be present at check-in. Expect check-in to take about 30 minutes, but it will take longer if everyone arrives in the last 30 minutes. There will be a Sunday evening meal for campers just after the kickoff meeting.

Please note, that the camp's food service will NOT be accommodating any special food requests or needs. If your child requires a special diet, then you need to plan to provide adequate food for your child. There is a refrigerator and microwave that can be used by campers to prepare these meals. Your child will need to be able to prepare their special items on their own. All camp food is still available to anyone that has special requirements. The camp staff is not going to attempt to prevent the kids from eating items they may not be allowed to eat. We do not have the staff to be able to cater to multiple dietary needs.

Camp officially ends at 8 pm on Friday, 8 June. Parents please note that after 8:00 pm on Friday, camp supervision ends and the kids are once again your responsibility.

The Firecracker Classic Regatta will be held on Friday afternoon. Parents are encouraged to attend this fun real racing experience. The first race will start at 2 pm. Racing will cease at 5 pm. We will be putting boats away between 5 and 6 pm, with parent's help. The Firecracker/Camp Awards Ceremony and Dinner will be at 6 pm and held in the pavilion.

Any parents who wish to attend the Awards Dinner need to pre-register so we prepare enough food. Pre-registration can be done at camp check-in or keep a lookout for other emails with important camp communication including:

- 1) Link to "**Pre-Registration - Firecracker/Camp Awards Dinner**"
- 2) Link to "**Carlyle Junior Sailing Program**" Facebook Page
- 3) PDFs of Camp Registration/Check-in Forms.

The following is a personal equipment list that you will find useful for camp. The things you must bring are in bold type, and the other items are things you should bring:

- ✓ **LIFEJACKET** that fastens and is of a size that fits your child snugly (we often have a few who bring a PFD that's way too big).
- ✓ **SUNSCREEN AND LIP PROTECTION**, ample quantity of SPF 30 or higher sunscreen as we'll be applying it at least twice a day
- ✓ **CLOTHES** for 6 days including at least one swim suit
- ✓ **TOWELS(s)**, wash cloth, soap, beach towel
- ✓ Toiletries - toothbrush, deodorant, etc as needed
- ✓ **SLEEPING BAG and PILLOW or EQUIVALENT BEDDING**
- ✓ Flashlight
- ✓ At least **2 PAIR SHOES**, one to get wet, one to keep dry. No Flip Flops.
- ✓ Jacket for evenings in case it turns cool or gets rainy
- ✓ **CAP WITH BILL OR ALL AROUND BRIM** (preferably 2 in case one goes overboard)
- ✓ **SUNGLASSES**
- ✓ Straps to hold on glasses and or hat (particularly for prescription glasses)
- ✓ **TWO RE-FILLABLE WATER BOTTLES** (one to keep on the boat, one to keep in the club house)
- ✓ Sailing Gloves (optional) if you have them
- ✓ **BOX OF YOUR FAVORITE CEREAL** (as a tradition each camper brings a box of breakfast cereal to share since tastes are so varied)
- ✓ Any empty ~16 oz to 1 liter plastic water/drink bottles for a project.

While campers will be spending the great majority of the day outside, we will be sleeping in the Club House throughout camp. We will be sleeping on ComfortSmart Camping Cots that have spring-supported canvas and a foam sleeping pad and are comfortable.

Some suggestions from years of experience at camp that we pass along:

- ✓ Put your name on all personal gear with a permanent marker.
- ✓ All of your belongings will stay in a designated ~2 ft area on and under a table. This will include your bedding during the day. So consider bringing a plastic tote along with your bag to contain your stuff.
- ✓ On cloudy days and in the evenings it is cooler at CSA than in town, and since you will be there all night, having a jacket is a good idea.
- ✓ Get in the habit of using a hat, sunglasses, sun screen, and lip covering when in the sun for more than 15 minutes at a time, especially on the water. Try your sun screen ahead of time to make sure that you're not allergic to it.
- ✓ Loose wet shoes will cause foot blisters, especially sandals. Light weight lace-up sneakers, or sandals that tighten with Velcro straps, are best for wet sailing shoes. (Shoes are required whenever outside, including in or around the water and sailing.) If new, wear them awhile before camp to make sure they are comfortable, especially when wet.
- ✓ You may want to bring a bag of small candies, for trading and playing games in some of the evening downtime.

- ✓ If you take prescription medicine, you must turn it in at camp check-in with a note from your parents with the dosage at the beginning of camp. You will be instructed who to see for your medicine, and it is up to you to seek them out, and take it at the right time.

If you are bringing your own boat, make sure the following items are with your boat. It will be impossible to sail without ALL of them.

- A sail in good condition along with the associated parts (mast, boom, etc.)
- Centerboard, rudder, tiller and tiller extension
- Drain plug (if it has one) and any hatch covers
- Bow line, mainsheet,
- Additional for Lasers: battens, ropes for vang, outhaul, and Cunningham

If leasing a boat for camp, you will be checking-out the boat as part of registration. On Friday, all CSA boats must be put back on racks and dollies and tied down before you leave camp. We will need parents to help lift boats on racks.

We know you won't bring any of the following, but just to go on record, this is the must NOT bring list.

- ✓ Radios, CD players & CDs, electronic games, etc.
- ✓ Tobacco, alcohol, drugs, matches or lighters
- ✓ Weapons (pocket knives will not be required, leave them at home)
- ✓ Fireworks
- ✓ Scooters, skate boards, or bicycles

Phones are not needed at camp and not advised. They will be permitted, but are your responsibility and with restricted times and places that they can be used. This is a very social camp and we will be making sure that your phone does not pull you away. There is no place to lock up phones, so bring at your own risk.

Parents please note the staff does its best to work through issues. However, certain circumstances such as fighting, rude/inappropriate behavior, sickness, not willing to participate, etc. could lead to the need to send your child home. A family member needs to be available to pickup your child if necessary.

CSA is located at the end of the road, at the southern tip of Hazlet State Park, in Carlyle, Illinois.

Contacts during Camp:

Email: csajrcamp@gmail.com
Phone: Mark Hood 636-248-4632
Emily Hood 636-248-5248

Have fun getting ready. We look forward to seeing you Sunday, June 3rd.

Sincerely,
The Camp Staff