

LYC Summer Sailing 2017

What to Wear and Pack

Sailors should dress in comfortable clothes that can get wet. Please no flip-flops or sandals; closed-toe shoes that can get wet are best. Children should pack a towel, sun protection (hat, sunglasses, sunscreen, rash guard, etc.), a Coast Guard Type III approved life jacket (they can be found at any sporting goods or marine supply store), a refillable water bottle, and a change of dry clothes each day. We recommend writing your child's name on everything, as things tend to get left behind when kids are having fun. Having a bag or backpack to hold everything in is a must!

Lunch and Snacks

A kid-friendly lunch will be provided by the club daily for both full and half day sailors. If you would prefer to pack your own lunch or snacks for your child, please feel free to do so.

**If your child has a food allergy or you have any questions, please don't hesitate to contact us.*

Payments, Cancellations, and Refunds

All requests for cancellations or changes must be made to the sailing office via email to courtney.williams@lyc.org. Cancellations made 7 days or more before the start date of the session will be refunded in full. After that, there are no refunds; however we will offer a credit towards a future session (space permitting). There is no pro-rate for partial attendance.

Youth Sailing Guest (YSG) House Rules

The Youth Sailing Guest program provides an opportunity for non-member children to participate in the youth sailing activities of the Lauderdale Yacht Club. The Youth Sailing Guest is for children enrolled in high school or younger who must be introduced to the program by a Member in good standing and approved by the Sailing Director. A completed registration form, waiver or liability signed by the Youth Sailing Guest and his or her parents, a signed code of conduct, and an orientation with the Sailing Director or the designated Club representative are required before beginning participation. The Youth Sailing Guest and their family will agree to follow the Club's House Rules and the guidelines of the program as established by the Yachting Committee.

Frequently Asked Questions

Do I need to be a member to sail at LYC? Yes. However, if you are not a regular member of the club,

sailors can register as Youth Sailing Guest members (YSG).

What course should my child take? As a general rule: 5-7 year-olds should be in the Mercury Mentors class; 8-14 year-olds should be in an Optimist; and sailors 15 and older should be in our 420 Learn to Sail. Contact the Sailing Office, (954)527-2223, with any specific questions.

How do I become a regular member? Please contact Member Services Director Meagan Whelan at (954)527-2211 or Meagan.whelan@lyc.org for information.

It's raining, storming, cold, etc., is there class? We will always put safety first at LYC but we will not cancel for inclement weather. Staff routinely monitors radar for thunderstorms, and all coaches are qualified to run classes that maximize training value based on the conditions. Class is inside during Thunder storms, but we will sail in all other weather. Come prepared!

Where do I get sailing clothes? In Fort Lauderdale we are fortunate enough to have one of the largest West Marine stores in the country nearby. They carry all of the gear you will need.

Are classes prorated if I have to miss part of a session? No. Every year we have to turn many sailors away and put others on waiting lists because we operate on a first come, first serve basis. Under

these circumstances we cannot justify prorating.

Who are your coaches? All of LYC's coaches are at minimum US Sailing Level 1 as well as First Aid and CPR certified. For more details about US Sailing certification please refer to the Training section at ussailing.org. Several coaches are also hold higher US Sailing certification, and additional relevant certifications.

What about supervision before and after class? Please be on time dropping off in the morning and be prompt picking up at the end of the session. We cannot offer supervision outside of our normal class times.

Can I stay and watch my child sail? Parents are welcome to watch from a distance on our northeast floating dock. Our experience has shown that most young sailors learn best without the distraction of a parent. All of our coaches are trained to run safe and fun classes, and appreciate being able to do so without parental input during class. Please ask the Sailing Director if you have any questions.