



**Lauderdale Yacht Club
2019 Olympic Class Regatta (LOCR)
Laser Class U.S. National
Championship
Laser, Laser 4.7 and Laser Radial Open
January 11,12,13 & 14, 2019**

SAILING INSTRUCTIONS

1.0 RULES

1.1 This regatta is organized under the authority of the Lauderdale Yacht Club and will be sailed under the management of the Lauderdale Yacht Club Race Committee. The regatta will be governed by the current **Racing Rules of Sailing (RRS)**, the prescriptions of US Sailing, the rules of the classes competing as they apply to that class, except as any of these are changed by the Notice of Race or the Sailing Instructions, and properly posted amendments thereto. US Sailing Regulation 10 applies to the National Championship. The US Sailing Prescriptions are available at www.ussailing.org

1.2 The Regatta will conform to the current World Sailing Regulation 20 and the respective Class Rules.

1.3 RRS Appendix P, special procedures for Rule 42, will apply.

1.4 If there is a conflict between the Notice of Race and these Sailing Instructions, the Sailing Instructions will take precedence. This changes RRS 63.7.

1.5 Each owner/charterer is solely responsible for the safety of his/her boat, and the decision whether or not to launch, proceed to the race course, start or continue to race is the owner's/charterer's responsibility and not that of the Lauderdale Yacht Club.

2.0 REGISTRATION / CLASSES

2.1 Classes include the International Laser Radial (open), International Laser Full Rig (open) and Laser 4.7.

2.2 Competitors shall enter by completing the entry form available on the event website <http://www.regattanetwork.com/event/15349> and paying the required fees. Laser Standard and Female Radial sailors are required to have their ISAF Sailor ID available when registering on Regatta Network. Laser, Laser Radial and Laser 4.7 competitors who are current members of the ILCA-North America or their National Laser Class Association may enter by completing the registration and paying the required fees. On-line entry opened on June 30, 2018.

2.3 Entry in the event is not final until registration is completed. All competitors must check in on site to complete registration.

2.4 On Site Registration and Check-in for competitors and coaches is scheduled for Thursday, January 10th between 1600-1830 and on Friday, January 11th between 0800-0900 at the LYC Main Clubhouse.

3.0 EQUIPMENT AND INSPECTION

3.1 Equipment must conform to the regulations of the class concerned. In addition to any class requirements, all entrants shall carry a tow line of at least 25 feet in length and at least ¼ inch in diameter. The tow line shall be securely tied to the mast with a bowline at all times while afloat including when racing.

3.2 Conformance to these equipment standards or inspection of a boat in no way limits or reduces the complete and unlimited responsibility of a boat's skipper for the safety of a boat. The Race Committee reserves the right to inspect entries for eligibility and equipment requirements at any time prior to the awards. Boats which fail to comply with these equipment standards are subject to protest by the Race Committee. If such a protest is sustained, the boat may be disqualified.

4.0 NOTICE TO COMPETITORS

Notices to competitors will be posted at the Official Regatta Notice Board located at the LYC Pavilion Area.

5.0 CHANGES IN SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted before 0900 on the day it will take effect. Any change to the schedule of races will be posted by 1900 on the day before it will take effect.

6.0 SIGNALS MADE ASHORE

6.1 Signals made ashore will be displayed at the LYC easternmost flag pole.

6.2 Code flag AP, Answering Pennant, displayed with two accompanying sound signals, means the racing is postponed. When AP is lowered with one accompanying sound signal, the time of the warning signal for the next race will be posted on the regatta notice board. This changes Race Signals.

7.0 RESPONSIBILITY

After the Signal Boat is on station and before the warning signal for the start of the **first race** of each day, each boat **shall** sail on starboard tack past the stern of the Race Committee Signal Boat to check in. The Race Committee will acknowledge each boat by hailing her sail number. Boats failing to check in may be scored DNC.

8.0 SCHEDULE

Skipper's Meeting	Friday	January 11	LYC Pavilion	0915
Schedule of Races	Friday	January 11	First Warning	1100
	Saturday	January 12	First Warning	1100
	Sunday	January 13	First Warning	1100
	Monday	January 14	First Warning	1100

No race will be started after 1500 hours on Monday. It is the intent of the Race Committee to run three races on Friday, three races on Saturday, three races on Sunday and two races on Monday subject to weather conditions. Flag "A" displayed, with no sound signal, while boats are finishing, means "No more racing today."

9.0 RACING AREA

The race course shall be in the Atlantic Ocean, approximately 1 mile South of Port Everglades inlet and approximately 1/2 mile offshore.

10.0 COURSES

10.1 Courses are shown on the attached course diagrams, Course Number W1, W2, W3, W4, and "I", or "O".

10.2 The course for each class and order of starts will be displayed prior to or with the warning signal on a white board displayed on the Signal Boat.

11.0 MARKS

11.1 Marks are designated on the attached course diagrams and are as follows: For Windward/Leeward Courses Marks W, L, L1, (Gate L2 if applicable), and L3 will be large orange inflatable tetrahedron-shaped marks. Mark Y will be a yellow mark. Mark S will be a yellow mark. Mark F will be orange. For Trapezoid Courses "I" and "O" marks W, OW, OL, OL1 and OL2 and L will be large orange inflatable tetrahedron-shaped marks. Mark F will be yellow.

11.2 All rounding marks shall be left to port (except in the instance of a leeward gate L1 and L2). If only one of the gate marks is set, then that mark shall be rounded to port.

12.0 THE START

12.1 The Start will be in accordance with Racing Rule 26.

12.2 There may be multiple horns before the warning signal.

12.3 In the event the Signal Boat and/or Mid-Line boat extends an additional buoy from its stern, the buoy and its attachment line are parts of the mark for purposes of RRS 31.

12.4 The starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end of the line and either the course side of a mark at the port end or a staff displaying an orange flag on a Race Committee boat at the port end of the line. Except,

12.5 When there is a Mid-line Boat for the Laser Radial Fleet Start or the Laser Full Rig Start, the starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and a staff displaying an orange flag on the Mid-line Race Committee Boat and also between the staff displaying an orange flag on the Mid-line Race Committee Boat and the course side of a mark at the port end of the line or a staff displaying an orange flag on a Race Committee Boat at the port end of the line.

12.6 If the "I" flag has been displayed, boats subject to RRS rule 30.1 shall sail from the course side of the starting line across an extension at either end of the starting line to the pre-start side before starting, or around the mid-line Race Committee boat leaving it to port, as if it were the port end of the starting line, before starting.

12.7 The Race Committee may attempt to hail boats which are on the course side of the starting line during the final minute of a starting sequence conducted under the "I" flag. This changes RRS Rule 30.1.

12.8 Boats whose preparatory signal has not been made shall keep clear of the starting area and of all boats whose preparatory signal has been made.

12.9 A boat starting later than four minutes after her starting signal will be scored DNS. This changes rule A4.

13.0 SAFETY

13.1 Except for brief periods when adding or removing clothing, all sailors must wear adequate personal buoyancy at all times while on the water. Code Flag "Y" will not be displayed. This changes RRS 40.

13.2 Boats not leaving the harbor for the day's race shall inform the Regatta Office prior to the harbor start.

13.3 A skipper requesting assistance will attempt to signal by waving one arm over the skipper's head.

13.4 A boat that decides not to compete in the race or retires after starting a race shall notify the Race Committee or report to a designated Safety Boat as soon as practical. **No boat should leave the vicinity of the racing area without communicating with the Race Committee.**

14.0 CHANGE OF COURSE

14.1 If mark "W" or mark "OW" are changed the new mark will be a yellow tetrahedron-shaped mark. For any other course change the Race Committee will move the original mark (s) (or gate or the finishing line) to a new position.

15.0 FINISH

The finishing line will be between a staff displaying an orange flag on a Race Committee Signal or Finish Boat and the course side of the appropriate mark in accordance with the course diagram.

16.0 TIME LIMIT

16.1 Any race in which no boat rounds the first windward mark within 25 minutes or finishes within 90 minutes of the start will be abandoned.

16.2 If a boat finishes within 90 minutes, the time limit for all other boats will be 25 minutes after the finish of the first boat. Boats not finishing within the time limit will be scored DNF. This changes RRS 35.

17.0 PROTESTS

17.1 Protests shall be written on Protest Forms available at the Official Notice Board and delivered there within 60 minutes of the docking of the Race Committee Signal Boat.

17.2 Protest notices will be posted on the Official Notice Board located at the LYC Pavilion.

17.3 Only the Race Committee or Protest Committee may protest a boat for violation of Sailing Instructions 3, 7, 13 and 21. The Protest Committee may assess an alternate penalty for violations of those specified Sailing Instructions. This modifies RRS 60.1 (a).

17.4 Appendix T1 (Post Race Penalties) and Appendix T2 (Arbitration Meeting) will apply.

17.5 On the last day of the Regatta a request for redress based on a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

18.0 Intentionally left blank.

19.0 SCORING

The Low Point scoring system, RRS Appendix A, will apply, modified so that each boat's regatta score will be the total of her race scores, with her worst score discarded if more than five races have been completed. Eleven races are scheduled, of which three races shall be completed to constitute a regatta.

20.0 PRIZES

Prizes will be awarded to the top five boats in each class, top junior in each class, and top female in the radial and 4.7 class. In addition, the overall winner of the Laser and Laser Radial classes will be awarded the Tim ("Tiny") Miller Memorial Award, given in recognition of Tim's dedication to excellence in Race Management at the Lauderdale Yacht Club.

21.0 SUPPORT AND SPECTATOR BOATS

21.1 Team leaders, coaches and other support personnel shall not be in the racing area from the time of the preparatory signal for the first class to start until all boats have finished or the Race Committee signals a postponement, general recall or abandonment. The penalty for failing to comply with this requirement may be disqualification of all boats associated with the support personnel who do so.

21.2 All support and spectator boats must register online or in person with the Race Committee and pay the \$50 Registration fee prior to the Skipper's Meeting. All support and spectator boats must check-in during the on-site registration times and will be issued a numbered flag. The assigned flag must be displayed at all times while afloat including when docked at LYC.

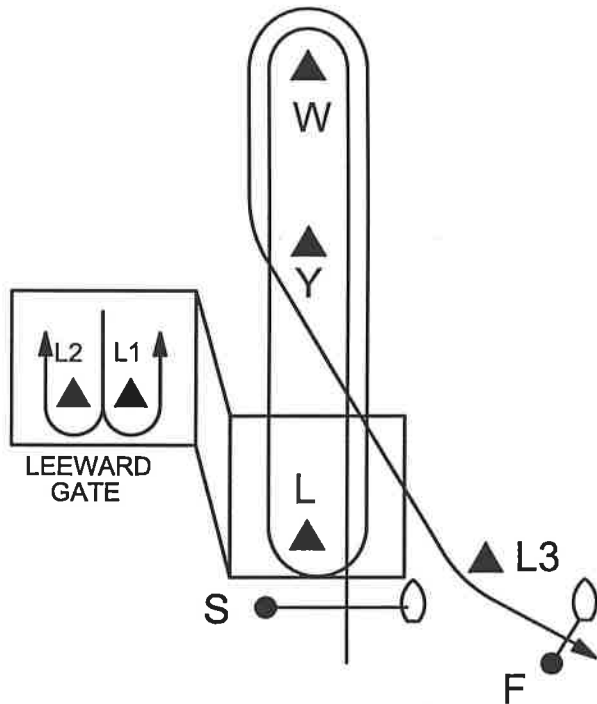
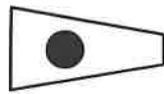
21.3 It is MANDATORY that all support and spectator boats monitor channel 69 for requests from the Race Committee to assist with fleet safety and to receive information relative to the intentions of the Race Committee. Support and spectator boats may enter the race area at the request of the Race Committee or when they deem it necessary to assist a boat in distress. Competitors associated with support and spectator boats who fail to comply with this section may be disqualified from the entire event.

12.3 Competitors may not drop off or retrieve gear from Race Committee boats.

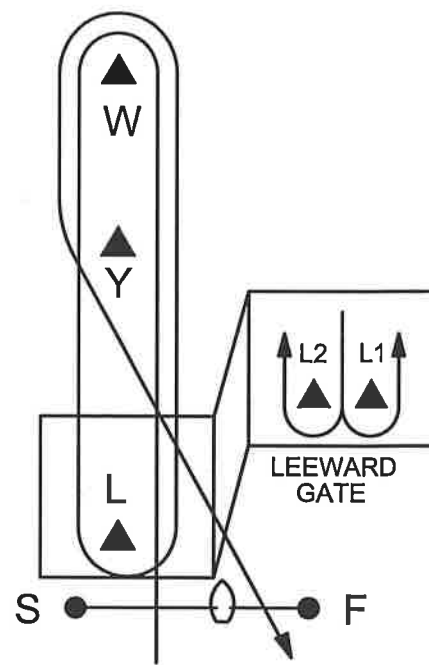
12.4 Competitors may drop off trash on Race Committee boats.

**Tom Lihan
Principal Race Officer
Lauderdale Yacht Club**

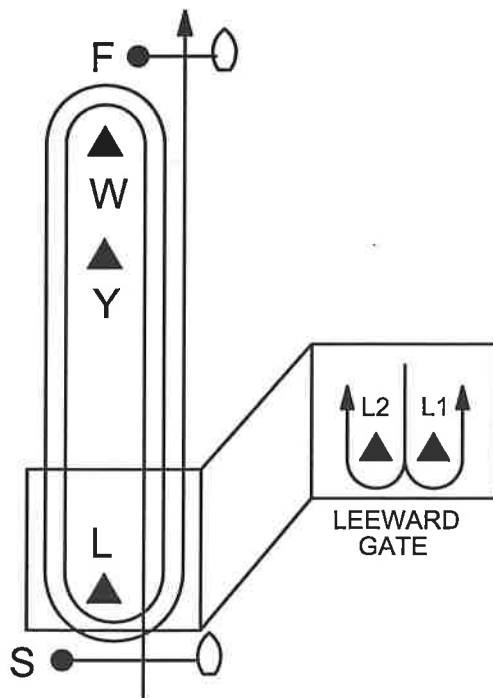
Course W1
W-L-W-Finish



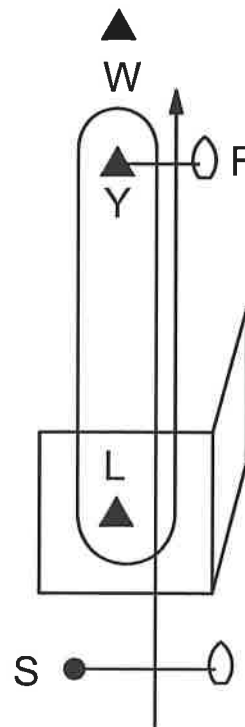
Course W2
W-L-W-Finish



Course W3
Start-W-L-W-L-
Finish

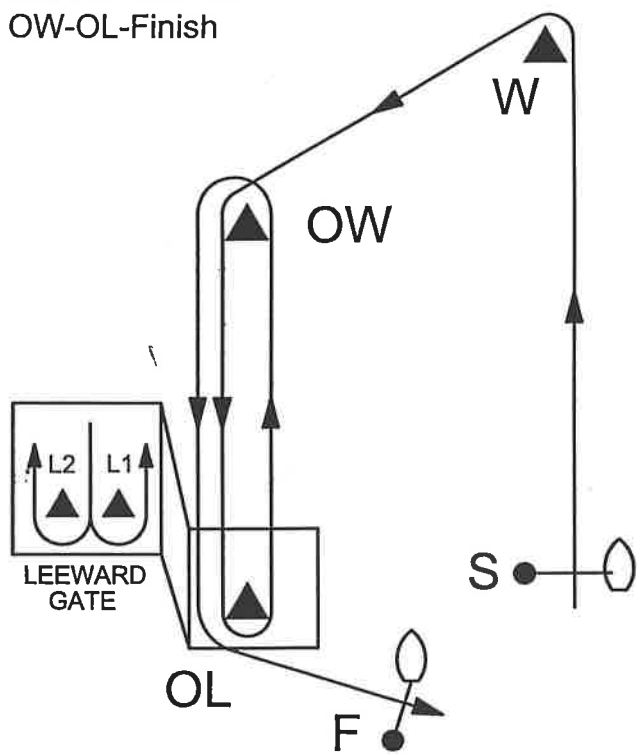


Course W4
W-L-Finish



The 4.7 Fleet will round Mark Y instead of Mark W for all courses.
For classes rounding the "W" mark, "Y" may be passed on either side for any leg of the course

Course O (Outer)
Start-W-OW-OL-
OW-OL-Finish



Course I (Inner)
Start-W-L-W-
OW-OL-Finish

