



2018 GSBYRA MIDGET CHAMPIONSHIPS SINGLE-HANDED & DOUBLE-HANDED



Monday, August 6, 2018
(Rain Date - Tuesday, August 7, 2018)

SAILING INSTRUCTIONS - OPTIMIST CLASS **SAILING INSTRUCTIONS – CLUB 420 CLASS**

(Revised August 01, 2018)

Organizing Authority: GSBYRA

Host: Westhampton Yacht Squadron
Remsenburg, NY 11960

1. RULES

- 1.1. The regatta will be governed by “*The Racing Rules of Sailing for 2017-2020 Including US Sailing Prescriptions*” (RRS), rules of the Club 420 Class Association, and the rules of the Optimist Dinghy Association, except as any of these are changed by these Sailing Instructions.
- 1.2. This championship is not being conducted as a sanctioned or class association event. Only the Equipment Measurement Rules for the Optimist and 420 classes will apply. However, US SAILING encourages sailors to join the Optimist and 420 Class Associations to support their efforts.
- 1.3. Racing Rules will be changed as follows:
 - 1.3.1. RRS 29.1 and RRS 30.1 are changed to permit the hailing of recall numbers. The failure of any boat to hear the hail, an untimely hail of OCS boats, failure to hail any boats, and the order of the boats in the hail shall not be grounds for granting redress.
 - 1.3.2. RRS 40 is changed so that competitors shall wear a US Coast Guard (USCG) approved Type III or V Personal Flotation Device (PFD), inherently buoyant (i.e. not inflatable) at all times while on the water, except for brief periods while changing clothes.
 - 1.3.3. RRS 44.2 is changed so that a boat that takes a two-turns penalty shall inform the Race Committee upon finishing.
 - 1.3.4. RRS 60.1(a) is changed to prohibit a boat from protesting another boat for an alleged breach of any class rule other than class equipment measurement rules.
 - 1.3.5. RRS 60.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the race committee finish boat of her intention as soon as possible after finishing, including the boat identification number of the boat(s) being protested, without instructor or spectator consultation.”
 - 1.3.6. RRS 60.3 is changed to permit the protest committee to protest a boat when, from its own observation or a report received from any source, it believes a competitor may have committed a breach of good manners, or sportsmanship, or may have brought the sport or the event into disrepute. A protest committee

may call representatives from the Organizing Authority and/or Regatta Committee as witnesses.

1.3.7. RRS 61.1(a) is changed so that “Protest flags need not be flown by competitors”.

1.3.8. RRS 64.1 is changed to allow penalties imposed by the Protest Committee, for hearings held under RRS 60.3, as changed, which may range from a reprimand to a dismissal from the regatta.

- 2. NOTICES TO COMPETITORS** - Notices to competitors will be posted on the official Westhampton Yacht Squadron (WYS) notice board just north of the WYS flag pole.
- 3. CHANGES TO SAILING INSTRUCTIONS** - Any change to the Sailing Instructions will be posted before 0900 on the day it will take effect. Oral instructions may be given on the water, as necessary, with a loud hailer from the Race Committee boat or by an official support boat. RRS 90.2(c) refers.
- 4. SIGNALS MADE ASHORE** - Signals made ashore will be displayed from the WYS flag pole.
 - 4.1. **Code Flag L** with one horn blast means “come within hail”. On the water, it means check in with the Race Committee Boat.
 - 4.2. **Code flag AP** (red and white stripes) with two horn blasts means the race is postponed. A single horn blast accompanies the lowering of the flag.
- 5. COACHING**
 - 5.1. Instructors, coaches or other support personnel and family members shall not go afloat in the defined racing area at any time during the racing day.
 - 5.2. Outside contact with competitors is prohibited on racing days commencing with the completion of the Skipper’s Meeting and shall continue until released by the Protest Committee on racing days.
 - 5.3. Outside contact is defined as a parent, family member, spectator, or coach. Competitors shall not receive advice, instruction, or any type of outside assistance including using electronic communication devices while at the sailing venue during racing days. It is the intent of this rule to prohibit contact between any person, who, in the opinion of the Protest Committee, is a coach, instructor, or advisor.
 - 5.4. The Protest Committee may protest and disqualify a competitor for breaking these coaching rules.
- 6. SAFETY AND PERSONAL EQUIPMENT**
 - 6.1. Competitors shall wear a US Coast Guard (USCG) approved personal flotation device (PDF) at all times while on the water other than for brief periods while adding or removing clothing. The PDF shall either be a USCG Type III or V that depends 100% on foam for flotation. No modifications of the PDF are permitted. The PDF must be worn outside of all clothing except that a thin shirt may be worn over the PDF to prevent snagging.
 - 6.2. The only gear, rigging, or equipment that a team may take aboard a boat shall be: magnetic card compass, flags, plastic bucket or bailer, normally equipped ditty bag, personal effects including PFDs, and protective clothing. For the events using the C420, permission is granted to bring Fast pins, and the competitors are required to bring their own trapeze harnesses.

6.3. Electronic flux gate compasses and GPS devices of all varieties, styles, and combinations are specifically banned.

7. **SCHEDULE OF RACES** - Racers must check in with the Race Committee boat on the water prior to the first race each day. If leaving the race area, communicate that information to the Race Committee as soon as possible.

- 0830 Registration and check-in
- 1000 Skippers' Meeting
- 1100 Warning signal for 1st race; five (5) races are planned
- 1400 Lunch ashore after races are completed (time approximate)

Termination of the regatta due to wind, weather, or other conditions shall be determined by the Race Committee. The results will be based on races completed.

8. **CLASS FLAG**

8.1. The Optimist Class Flag consists of a white background with blue IODA logo.

8.2. Club 420 Class with spinnaker and trapeze, class flag is a Green Flag.

9. **RACING AREA** - The racing area will be on Moriches Bay to the south and west of the Westhampton Yacht Squadron.

10. **THE COURSES** - The diagrams in "Illustration A" at the end of these Sailing Instructions show the courses. Course Diagrams will also be available at the Registration desk. Prior to each race, the number of the course to be sailed will be marked on a white board and displayed from the Race Committee boat. The start-finish line may **not** be crossed during a race but only when starting or finishing the race. The Race Committee will protest a boat that crosses the start-finish line during a race. This modifies RRS 28 and RRS 63.1.

11. **MARKS** - Marks 1, 2, and 3 will be orange inflatable balls or orange inflatable pyramids. The start-finish line will be between an orange flag on the Race Committee boat and the small orange ball in the water (the pin) or an anchored pin boat with a staff.

12. **THE START**

12.1. Races will be started by using the modified Rule 26 (3 minutes). Times shall be taken from the visual signals; the failure of a sound signal shall be disregarded. A siren will be sounded as an "Alert" approximately one minute before the warning signal but is not part of the 5-minute sequence which is as follows:

<u>Signal</u>	<u>Flag and Sound</u>	<u>Minutes Before Start</u>
Warning	Class flag up, 1 horn	3
Preparatory	Flag P up, 1 horn	2
One minute	Flag P drop, 1 <u>long</u> horn	1
Start	Class flag drop, 1 horn	0

12.2. If RRS 30.1 is invoked, the "I" flag (yellow field, black ball) will be hoisted instead of the Preparatory Flag P two (2) minutes before the start and lowered at one minute before the start.

12.3. For the Optimist Class, the Race Committee may decide at its sole discretion to use the modified Rule 26 (3-minute start) or the three (3) minute dinghy start. This choice will be announced at the Skipper Meeting.

13. RECALLS

13.1. **Code Flag X** (blue cross on a white field) and 1 horn blast signals an individual recall. As a courtesy, the Race Committee will attempt to hail the sail numbers for boats that are OCS (on the course side). This modifies RRS 41. Boats shall not be entitled to redress for the following: the failure of a boat to hear or receive a recall hail; the order of recall numbers hailed; the promptness of the hail. This modifies RRS 62.1(a).

13.2. **Code Flag First Substitute** (blue pennant with yellow triangle) and 2 horn blasts signals a general recall. A single horn blast accompanies the lowering of the flag. The warning signal will be made one minute after removal.

14. ABANDONING AFTER THE START

14.1. **Code Flag N** (blue and white checks) and 3 horn blasts signal abandon race; return to start area. A single horn blast accompanies the lowering of the flag. The warning signal will be made one minute after removal.

14.2. **Code Flag N over Code Flag H** (blue and white checks over white and red vertical stripe) and 3 horn blasts signal abandon race, return to shore.

15. TIME LIMIT - Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored DNF (did not finish). This changes Rules 35 and A4.1.

16. RETIREMENT - A boat that retires from a race shall notify the Race Committee as soon as possible.

17. CHANGES TO THE RACING RULES - A boat that takes a two-turns penalty shall inform the Race Committee upon finishing which modifies Rule 44.2.

17.1. A boat intending to protest shall immediately notify the Race Committee upon finishing of her intent to protest and, if possible, give the sail number of the protested boat, without instructor or spectator consultation, which modifies Rule 61.1(a).

18. PROTESTS AND REQUESTS FOR REDRESS - The Race Committee will post the docking time at the end of racing each day on the official notice board. Protest forms are available at the club and completed protest forms shall be delivered to the Protest Committee no later than one hour after the docking. The same time applies to protests by the Race Committee about incidents they observe in the racing area and to requests for redress. This changes Rules 61.3 and 62.2. Protests will be heard in approximately the order of receipt as soon as possible.

19. SCORING - The Low Point scoring system of Appendix A will apply. One race is required to be completed to constitute a series; however, five (5) races are planned. The results will be based on all races completed. There will be one throw out if five races are sailed. This modifies Appendix A2.

20. SUPPORT BOATS

- 20.1. Support boats are boats and personnel designated by the Race Committee to assist the Race Committee with the running of the races.
- 20.2. The designated support boats and personnel shall stay outside areas where boats are racing from the time of the preparatory signal until all boats have finished or the Race Committee signals a postponement, general recall, or abandonment.

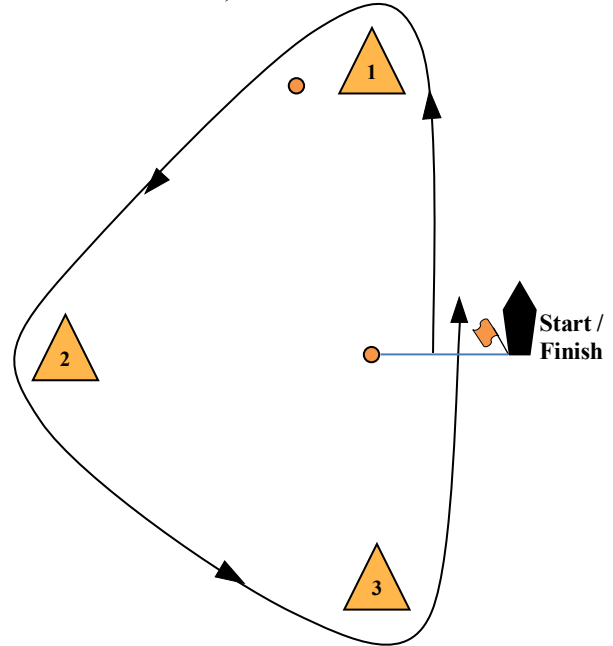
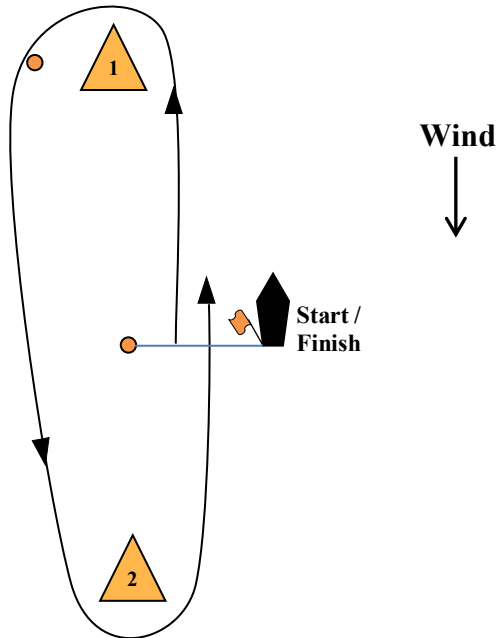
- 21. DISCLAIMER OF LIABILITY - Competitors in this Championship are participating entirely at their own risk and are bound by “*The Racing Rules of Sailing for 2018-2020 Including US Sailing Prescriptions*” and all other rules that govern this event and assume full responsibility for starting or continuing to race – see RRS Rule 4, Decision to Race. The organizing authority, host club and/or personnel conducting this event will not accept any liability for material damages or personal injury or death sustained in conjunction with or prior to, during, or after the event.**



Westhampton Yacht Squadron Attachment "A" - Course Diagrams



(shown with optional Windward Offset and Leeward Gate)

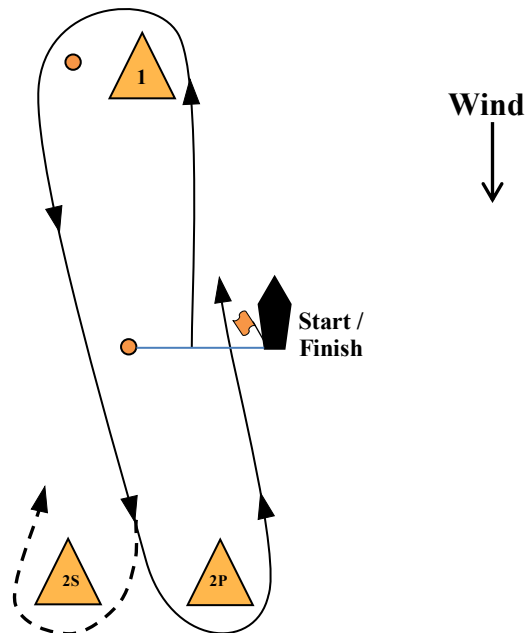


Course 2 – Windward Leeward Once Around
2 marks to be rounded
SF - 1 - 2 - SF

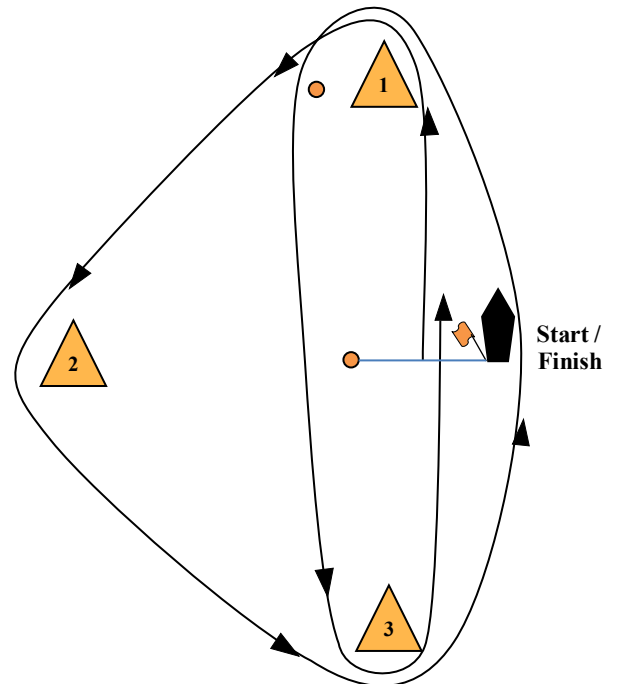
Course 4 – Windward Leeward Twice Around
4 marks to be rounded
SF - 1 - 2 - 1 - 2 - SF

Course 3 – Triangle Once Around
3 marks to be rounded
SF - 1 - 2 - 3 - SF

Course 6 – Triangle Twice Around
6 marks to be rounded
SF - 1 - 2 - 3 - 1 - 2 - 3 - SF



Course 2 or 4 with Leeward Gate
Boats may round either leeward gate mark, but must pass through the gate in a direction away from the windward mark.



Course 5 – Modified Olympic – Triangle WLW
5 marks to be rounded
SF - 1 - 2 - 3 - 1 - 3 - SF