



**2018 59<sup>th</sup> Midlands Regatta  
November 3-4, 2018  
Columbia Sailing Club**

**Junior Sailing Instructions (SI)**

**1. RULES**

- 1.1. The regatta will be governed by the rules as defined in the current *The Racing Rules of Sailing*.
- 1.2. Appendix V1 is in effect.
- 1.3. The 2018 NOR for the 2018 Jr. Grand Prix Championship Series for youth classes. This is a 2018 Jr. Grand Prix Championship Series event.

**2. NOTICES TO COMPETITORS**

- 2.1. Notices to competitors will be posted on the official notice board located inside the main entrance of the CSC Clubhouse.

**3. CHANGES TO SAILING INSTRUCTIONS**

- 3.1. Any change will be posted either within 20 minutes after the Competitor's Meeting or before 1900 on the day before it will take effect.
- 3.2. Oral changes to the SI may be given on the water in accordance with RRS 90.2 (c). When the "L" flag is raised with one sound on the RC signal vessel, all competitors must come by the signal vessel stern on starboard and acknowledge the change.

**4. SIGNALS MADE ASHORE**

- 4.1. Signals made ashore will be displayed on the yardarm in front of the CSC Clubhouse.
- 4.2. Code flag "AP," answering pennant, with two sound signals when raised means the race is postponed. The warning signal will be made not less than 30 minutes after the "AP" is lowered. This changes RRS "Race Signals"

**5. SCHEDULE OF RACES**

Saturday, November 3	0900-1045	Registration, CSC Clubhouse
	1100	Welcome and Skipper's Meeting
	1230	First warning, all courses races to follow immediately
Sunday, October 7	1000	First warning, all courses races to follow immediately
Awards Ceremony following Protest Hearings		
On the last day of the regatta no warning signal will be made after 1400.		

## 6. CLASS FLAGS

Junior Course	Open Bic	Open Bic Class Flag
	Optimist	Optimist Class Flag
	C420	C420 Class Flag
Green Fleet Course	Green Fleet	Optimist Class Flag

## 7. THE COURSES

- 7.1. The courses diagram will be displayed on white board on stern of Race Committee boat.

## 8. MARKS

- 8.1. All marks will be orange or yellow inflatable marks, including the starting and finishing mark.
- 8.2. The Course's Race Committee boat is a mark at the start and at the finish line.

## 9. THE START

- 9.1. On Junior Fleet Course, races will be started by using R26.
- 9.2. On Green Fleet Course, races will be started using a 3-minute whistle (or horn) start. This changes RRS 26.
- 3 minutes before the start – 3 long whistle blasts
  - 2 minutes before the start – 2 long whistle blasts
  - 1 minute 30 seconds before the start – 1 long whistle 3 short whistle blasts
  - 1 minute before the start – 1 long whistle blast
  - 30 seconds before the start – 3 short whistle blasts
  - 20 seconds before the start – 2 short whistle blasts
  - 10 seconds before the start – 1 short whistle blast
- Followed by a countdown at 5, 4, 3, 2, 1 before the start
- The start will be signaled by 1 long whistle blast
- 9.3. Before the Warning Signal for the first race of the day, all skippers intending to race shall check in by sailing past the stern of the RC signal vessel on starboard tack and hail their sail number. The RC will acknowledge by hailing the number back to the skipper
- 9.4. The starting line will be between a staff displaying an orange flag on the race committee boat and the course side of the port-end starting mark.
- 9.5. Boats whose warning signal has not been made shall avoid the starting area.
- 9.6. "A boat that has not met the definition of *start* by 5 minutes after their starting signal will be scored Did Not Start". This changes RRS A5.

## 10. THE FINISH

- 10.1. The finishing line is between a staff displaying an orange flag on the race committee boat and the course side of the port-end finishing mark.
- 10.2. Boats who are not finishing shall avoid the finishing area. Only the RC may protest a boat if this rule is broken.

## **11. PENALTIES**

- 11.1. PENALTIES AT THE TIME OF THE INCIDENT (RRS V1) – The first two sentences of rule 44.1 are changed to: 'A boat may take a one turn penalty when she may have broken a rule of Part 2 of RRS31 while *racing*. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark her penalty shall be a two-turns penalty.

## **12. TIME LIMITS**

- 12.1. Boats failing to finish within 20 minutes after the first boat in the class sails the course as stated in RRS 28 and finished will be scored Did Not Finish, DNF.
- 12.2. If a boat in last place in a race is delaying the start of another race, the race committee may terminate the race and score that boat in the place she would have finished to help get the next race started.

## **13. PROTESTS AND REQUESTS FOR REDRESS**

- 13.1. Protest forms and Post-Race Penalty forms are available in the main club house. Protests shall be delivered there within the protest time limit.
- 13.2. For each class, the protest time limit is 30 minutes after the Committee Boat for that class/course has docked for the day.
- 13.3. Notices of scheduled protests or requests for redress hearings will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or may be parties affected by a request for redress.
- 13.4. Notices of protests by the race committee or protest committee will be posted on the official notice board to inform boats under rule 61.1(b) and 61.1(c).

## **14. SCORING**

- 14.1. The Low Point scoring system of Appendix A will apply.
- 14.2. An unlimited number of races are planned. After five (5) races are completed each boats score shall be the total of her race scores excluding her worst score that is not excludable (RRS 90.3(b). This modifies RRS A2
- 14.3. One race will constitute a regatta.
- 14.4. Optimist fleets will be scored as used by USODA.

## **15. SAFETY REGULATIONS**

- 15.1. All boats shall check in with the Race Committee signal boat prior to their first warning of the day.
- 15.2. A boat that retires from a race shall notify the race committee as soon as possible.
- 15.3. PFD's are required to be worn at all times while on the water for junior competitors.
- 15.4. Only the RC or PC may protest a boat under this rule. This is an addition to rule 60.2.

## **16. SUPPORT BOATS**

- 16.1. Team leaders, coaches, parents and other support personnel shall stay outside areas where boats are racing from the time of the warning signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. Green fleet is exempt from this rule and support boats are permitted to coach at any time during a race.

## **17. PRIZES**

- 17.1. Trophies will be awarded to the top 3 competitors in each class. An overall winner of the Bic class will be recognized. Each Green Fleet sailor will receive recognition for competing in the Midlands Regatta.

## **18. NO DISCARDING TRASH**

- 18.1. Any competitor observed discharging trash into the waters at any location will, after a hearing be scored **DSQ** for all races that day. All RC and safety vessels will gladly receive your trash.