



2018 Dinghy Delta Ditch – Notice of Race

Saturday August 11, 2018

The Lake Washington Sailing Club invites you to its 14th-annual Dinghy Delta Ditch Regatta, a 30-mile sailing race from Rio Vista to West Sacramento up the Sacramento River Deep Water Ship Channel. It promises a long downwind run on a flood current pushing the boats upriver to the LWSC clubhouse. Warm water means leaving the wetsuit at home and cool Delta breezes keep the temperatures in check on this unique race.

The course takes the average dinghy about 6-hours to complete in light to normal conditions. After racing, a BBQ party will follow at the clubhouse. Our facilities include a clubhouse with large deck, restrooms, a launch ramp for up to 21-ft/3500-lb boats, and a 2000-lb. capacity hoist. The regatta is open to any centerboard sailboat or pre-approved keelboat.

1. Racing & Rules

The races will be governed by The Racing Rules of Sailing, as modified by the sailing instructions. All class rules for participating classes will apply, except that we encourage use of GPSes, analog and digital compasses, VHF radios, and cell phones. Cruiser class will be scored with the Portsmouth rating system.

2. Entry & Fees

Skippers are strongly urged to pre-register. The entry fee is \$50 US for single handed boats. For multi-handed boats, there is a \$10 fee for each crew member after the skipper. The entry fees cover launch costs, shuttle costs, and BBQ meal for all participants. Regatta awards presented at the BBQ. Extra BBQ meals can be purchased for \$15. **Early registration deadline is Saturday August 4th**; registration entry forms must be RECEIVED by August 4 to avoid a \$15 late-fee and to guarantee a shuttle spot.

3. Online Registration

You can either mail your registration or register on the web at:

<http://regattanetwork.com/html/calendar.php>

https://www.regattanetwork.com/clubmgmt/applet_registration_form.php?regatta_id=17291

4. Scoring and Classes

To qualify for fleet scoring, four class boats must be registered. One-design classes with fewer than four registered by the deadline will be grouped into one of the two Open fleets based on handicap and will be scored using the 2010 (the latest) Table of North American Portsmouth handicap ratings except the Pelican which will be rated at 117.1 and the West Wright Potter 15 which will be rated at 124.3. There will also be overall scoring using the same ratings. A “Cruisers” class is an option.

5. Trophies and Awards

The awards presentation will be after dinner.

6. Transportation from LWSC to Rio Vista

Because of the one-direction nature of this race, LWSC offers morning shuttles to transport one member of each crew back to their boat after moving their trailer to LWSC. Please read this NOR and its attachments carefully and completely to understand the overall organization of the event, particularly the morning shuttles and daylong schedule for staggered pursuit starts. Please see the attached Detailed Instructions and Registration Form.



2018 Dinghy Delta Ditch – Detailed Instructions

Changes for 2018

For those who have done this regatta before, here are the logistical changes from 2017:

- Clarified boat eligibility (intended include Wylie Wabbits and other hoisted boats)
- Class start for “Cruisers”

8

Timeline and shuttles for the pursuit Race Format

Boats will be started according to their handicap and class, so that the first boats to cross the finish line are the winners. This starting sequence lasts over three hours. Three hourly shuttles/bridge crossings will allow boats to arrive in time for their start. See the next page for details on the timing of shuttles and bridge crossings.

Race Course

The race course will follow the Sacramento River Deep Water Ship Channel. The course will start about 1 mile upstream from the launching facility at Delta Marina Yacht Harbor, just upstream of the Rio Vista Bridge on the Sacramento River. (The raising of the bridge will be coordinated for the regatta.) From the start, the course goes up Cache Slough for approximately 4 miles to the confluence of Prospect and Miner Sloughs where the shipping channel begins. The course follows the remaining 26-miles of the shipping channel to the Port of West Sacramento. The finish line will be off the sailing club peninsula on the northern side of the turning basin. See www.lwsailing.org under the Dinghy Delta Ditch regatta link for labeled charts.

Safety

Because this is an unusually long race, we encourage each boat to take extra precautions to ensure safety. Please observe the following:

- Because of the possibility of finishing after dark, each boat must carry a flashlight (white light) with sufficient strength to alert oncoming vessels of your presence, as well as batteries for the flashlight that will last for 4 hours. This will satisfy the US Coast Guard requirements for sailing after dark on a non-powered boat under 23 feet
- Each boat should bring **1 gallon** of water/fluids for each sailor on the boat for the race
- Bring sufficient food for each sailor, assuming that you will be on the water for 10-12 hours
- Apply copious amounts of sunscreen and bring a bottle for re-application on the water
- Life vests must be worn by all participants during the entire race
- A 15-foot painter of at least 1/4” in diameter must be attached for the entire race
- Emergency (bandages, aspirin, etc.) and repair (line, duct & sail tape, blocks, shackles, etc.) kits on board are encouraged
- GPSes, analog and digital compasses, VHF radios and cell phones are encouraged, even if contrary to class rules.

Alternate Launch Site:

There is a \$10 discount if launch elsewhere than Delta Marina Yacht Harbor. Rio Vista has a public ramp; Viera’s Resort also has ramp. Please note that no space is being saved at other sites. Those who chose this option must make their own arrangements.

Overview of Shuttles, Bridge Transits, and Start Times

We launch from Delta Marina Yacht Harbor, which is on the wrong side of the Rio Vista bridge from the race course. The race also uses a pursuit format, which means boats start over a very long window of time. To facilitate this, we offer 3 different bridge transits, so that boats can leave closer to their start time. We also offer 3 Skipper’s Meetings corresponding to those bridge crossings. Finally, we offer 3 shuttle times associated to bridge transits and Skipper’s Meeting for those who use the shuttle (see below for shuttle details).

Groupings based on Start Times

Here’s how to determine which shuttle/skippers meeting/bridge crossing group you belong to:

	Highest Portsmouth Handicap	Lowest Portsmouth Handicap	Actual Race start times	Example of boat types
Group #1	127	108	11:30 p.m.	“Cruisers” class Pelican, West Wright Potter 15, Montgomery
Group #2	108	90	1:00 p.m. to 2:00 p.m.	Sunfish, Lido 14, Day Sailor, Byte, Laser (inc. Radial), Banshee, Megabyte, Coronado 15, Snipe, Finn, Vanguard 15
Group #3	90	0	2:00 p.m. to 3:00 p.m.	Lightning, 29er, Thistle, Flying Dutchman, 5o5, WETA, 49er

If you are in group 3 and you would like additional time to prepare/rig up, you are welcome to use the earlier shuttle/skippers meeting/bridge crossing of group 2 or group 1. If you are in group 2, you are welcome to use the earlier shuttle/skippers meeting/bridge crossing of group 1.

Schedule for the Day

Based on what group you are in, your schedule for the day will vary:

7:00 a.m.			Security available at launching facility
Group #1	Group #2	Group #3	
8:15 a.m.	9:30 a.m.	10:30 a.m.	Vehicles bound for LWSC to catch this group’s shuttle need to leave launching facility
9:30 a.m.	10:45 a.m.	11:45 a.m.	Shuttle leaves LWSC bound for launching facility
10:45 a.m.	Noon	1:00 p.m.	Skippers’ Meeting at launching facility (upon arrival of shuttle)
11:30 a.m.	12:45 p.m.	1:45 p.m.	Bridge Transit
11:30 a.m.	1:00 p.m. to 2:00 p.m.	2:00 p.m. to 3:00 p.m.	Start times targeted for this group
6:00 p.m.			BBQ begins (first finishers may arrive by 5:00 pm)
7:30 p.m.			Award ceremony (may be delayed if competitive racers are still on the course)

Vehicle Transportation

Because this is a one direction race, it requires extra logistical work for every participant. The ideal scenario for every participant would have a friend/loved one who would drop you and your boat off at the launch site, then take your vehicle (and trailer) to the LWSC clubhouse where the race will finish and to pick you up when you complete the race. Bringing this help will ensure that you would not have to make the extra trips between the launching facility and LWSC. You could show up in Rio Vista just long enough before the Skipper's Meeting to rig and launch your boat.

However, finding that sucker err / friend/loved one who is willing to make an all-day commitment to driving you around and waiting for you is often difficult. For that reason, we offer three shuttles.

Option for Shuttle – Overview:

Participants using the shuttle should drive to the launching facility **4 1/2 hours** before the start of their race, leave their boat at the launching facility, drive their vehicle and trailer to LWSC, and take the shuttle back to the launching facility before the Skipper's Meeting. See the schedule above for details on the timeline for this option. It takes just over an hour each way to drive between the launching facility and LWSC.

Dollies vs. Trailers:

There are two methods one can use to launch their boat and use the shuttle: Using a dolly or ramp launching from a trailer. (1) For the dolly option, sailors should put their boats on their dollies (or on the grass if they are going to share a dolly for launching) when they arrive at the launch site in the morning. They should then drive their vehicle and trailer to LWSC to catch the shuttle. When they get back to the launching facility, they can launch their boat. To facilitate and encourage dolly launching, after everyone has launched and left the launch site for the starting area, the LWSC staff will load all of the dollies onto a truck and take them to LWSC while the race is in progress. To repeat: using a dolly to leave your boat at the launching facility is encouraged because of the limited dock space. (2) For the trailer option, sailors should ramp launch their boats and leave them docked in the water. They should then drive their vehicle and trailer to LWSC to catch the shuttle.

Shuttle gotchas:

- Leave launching facility on time:** It is critical for the event that all participants using the shuttle leave the launching facility by the time listed for their group in the table above. This is necessary to ensure everyone in the group makes their start times. Please arrive at the launching site early enough to make all needed boat preparations. The shuttle will leave LWSC at the appointed time; we cannot afford to wait.
- Bags and covers:** Please note that because you will have parked your vehicle at LWSC, you need to make sure you only leave that which you intend to bring with you on your boat at the launching facility when you drive to LWSC. Plan to transport covers (boat, spar, blades, etc.) and bags. We can probably carry one small duffel bag per person (for a change of clothes or something) along with the dollies from the launching facility back to LWSC, but no more.
- One shuttle seat per boat:** Only one crew member should drive their vehicle to LWSC because only one spot is available on the shuttle for each competing boat.
- Make sure to checkout from launching facility:** Since we do not want to leave anyone behind, make sure you checkout from the Registration Table at the launching facility before driving to LWSC for the shuttle. We use the check-out list to make sure we account for everyone on the shuttles.
- Wait for the shuttle on the clubhouse deck:** The shuttle will pick up people from the LWSC clubhouse deck. Please do not make us find you.

Driving directions

Here is a summary of how to get to both the launching and finishing areas. See www.lwsailing.org under the Dinghy Delta Ditch regatta link for detailed information and pictures for each route:

Directions to launching facility from Sacramento area:

- Take I-5 South out of Sacramento.
- Take the W. Walnut Grove Rd. exit.
- Take a right at the base of the off-ramp.
- Follow that road for approximately 4 ¼ miles.
- In the town of Walnut Grove, cross the bridge (signs point to Hwy 160).
- Once across the bridge take a left onto Hwy 160.
- Follow Hwy 160 for approximately 14 miles until you reach Hwy 12.
- Take a right onto Hwy 12 and cross the bridge into Rio Vista.
- After crossing the bridge take the off-ramp to the right onto River Rd.
- Take the first right onto Front St.
- When Front Rd. ends, take a right onto Hamilton Ave.
- When Hamilton ends, take a left onto S 2nd St.
- Take the first left onto Marina Dr. and follow it to the river's edge.
- This trip will take approximately 1 hour from downtown Sacramento.

Directions to launching facility from Bay Area:

- Take I-80 East or I-680 North to Hwy 4 East.
- After approximately 30 miles from I-80 or 17 miles from I-680, turn onto Hwy 160 North.
- After approximately 12 miles take a left onto Hwy 12 and cross the bridge into Rio Vista.
- After crossing the bridge take the off-ramp to the right onto River Rd.
- Take the first right onto Front St.
- When Front Rd. ends, take a right onto Hamilton Ave.
- When Hamilton ends, take a left onto S 2nd St.
- Take the first left onto Marina Dr. and follow it to the river's edge.
- This trip will take approximately 1 hour from Richmond (for those used to sailing out of RYC).

Directions (west route) to LWSC clubhouse from launching facility:

- Exit Delta Marina Yacht Harbor and take a right onto S 2nd St.
- Take a left onto Main St.
- Take a right onto Hillside Terrace (towards the big signal light)
- Take a left onto Hwy 12
- Take a right onto Hwy 113 after just under 7 miles
- When Hwy 113 dead-ends into I-80, follow the signs to Sacramento to enter I-80
- Exit I-80 just after crossing the Yolo Causeway at the West Capital/Enterprise after 15 miles
- Take a right onto Enterprise at the base of the off-ramp
- Take a left onto Industrial Blvd.
- Take a right into the yellow iron-rod gate after 1.3 miles
- Travel approx. 25 yards and turn right onto a paved road.
- Follow the road around the log yard until it ends and turn right onto the road to the clubhouse.
- This trip will take a little over an hour.

Launching facility and amenities

The launching facility is Delta Marina Yacht Harbor. Its address is 100 Marina Drive, Rio Vista, CA 94571. They can be reached by phone at (707) 374-2315. Their website address is <http://www.deltamarina.com/>. They have lots of parking and a small chandlery/grocery store for lastminute supplies. All boat launching is from a ramp. They have a fair amount of dock space. See pictures of the launching facilities at www.lwsailing.org under the Dinghy Delta Ditch regatta link.

LWSC clubhouse facilities and amenities

Located in the Port of West Sacramento, LWSC's facilities include a clubhouse with a large covered deck, grass area with picnic tables, a launch ramp and an 2000 lb. capacity hoist. It is your typical Sacramento Delta clubhouse, full of good times, music, food, and good sailing. We have numerous parking spots for vehicles with trailers. There are no shops or stores inside the Port or our facilities (remember that food and soft drinks will be provided at the BBQ). All family or friends (or the sucker you talked into driving) who will be supporting you during the event are welcome to come to the clubhouse after the race starts to relax for the duration of the race. However, there are many attractions in Sacramento. See the list below:

Local Attractions

- The State Capital (<http://capitolmuseum.ca.gov>)
- Sutter's Fort (http://www.parks.ca.gov/?page_id=485)
- Old Sacramento (<http://www.oldsacramento.com>)
- Sacramento Zoo (<http://www.saczoo.com>)
- Fairytale Town (<http://www.fairytaletown.org>)
- Raging Waters, Sacramento (<http://www.rwsac.com>)
- Various Museums: (<http://www.sacmuseums.org>)
 - o The California Railroad Museum (<http://www.csrnf.org>)
 - o Crocker Art Museum (<http://www.crockerartmuseum.org>)
 - o California Military Museum (<http://www.militarymuseum.org>)

See www.lwsailing.org under the Dinghy Delta Ditch regatta link to see a more detailed listing.

Local Accommodations

LWSC site has no overnight accommodations, and it is not affiliated with any lodging provider. However, here are some very close accommodations to consider if you require lodging:

[Best Western Harbor Inn - West Sacramento](#)

1250 Halyard Drive, West Sacramento, CA 95691

[Extended Stay America - West Sacramento](#)

795 Stillwater Road, West Sacramento, CA 95605

[Holiday Inn Express - West Sacramento](#)

2761 Evergreen Avenue, West Sacramento, CA 95691

[Motel 6 West Sacramento](#)

1254 Halyard Drive, West Sacramento, CA 95691

[KOA Campgrounds West Sacramento](#)

3951 Lake Rd., West Sacramento, CA 95691-3487 (916) 371-6771

Contact Info

Phone: (916) 396-4817 (cell phone of Regatta Chair)

Email: dinghydeltaditch@lwsailing.org

Web Site: <http://www.lwsailing.org> -> contains updated NORs, tentative SIs and directions.



2018 Dinghy Delta Ditch Entry Form

If you are able, please register online RegattaNetwork.com

Skipper name: _____

Crew names: _____

Shuttle Option: Using I have alternate transportation

Boat type: _____

Sail Number: _____

Address: _____

City: _____, State: _____ Zip: _____

Phone: (____) _____ - _____

Email: _____

Yes **No** Select Yes to receive occasional e-mails about LWSC events for the next 2 years. You can remove yourself at any time at www.lwsailing.org. Select No to decline to receive e-mails.

Registration: \$ 50
 Crew: (\$10 ea.) \$ _____ (Covers meal for crew)
 Extra meals: (\$15 ea.) \$ _____
 Alt. Site Launch: (-\$10.) \$ _____
 Late Fee: (\$15.) \$ _____ (After August 4)

Total: \$ _____

(Includes launching fees, shuttle, parking, and BBQ)

Waiver: The undersigned acknowledges that the sport of sailing in which he/she has entered is dangerous and assumes all risk of accident, injury, inconvenience, loss of property or loss of life. The undersigned acknowledges that the decision to engage in the sport of sailing, and/or sailing instruction received from Lake Washington Sailing Club, its members, employees, and volunteers, is the sole and exclusive responsibility of the undersigned. In consideration of the acceptance of this application, the undersigned hereby releases and forever discharges the Lake Washington Sailing Club, its directors, officers, members, employees and volunteers, The City of West Sacramento and the Port of West Sacramento and its elected officials, directors, employees and volunteers, from liability for any and all loss, damage, or injury to person or property resulting from his/her participation in the sailing instruction received from and at Lake Washington Sailing Club. The undersigned further authorizes and releases to the Lake Washington Sailing Club the use for any purpose of any photographic or video recorded image of the participant(s) listed herein. The undersigned agrees to be bound by the Racing Rules of Sailing, Inland Rules of the Road, and by all other rules that govern this event.

Skipper's Signature: _____ Date: _____

Parent's Signature (if minor): _____ Date: _____

Mail this entry to:
 Lake Washington Sailing Club
 P.O. Box 980546
 West Sacramento, CA 95798

Official Use Only		
Cash Received: _____	Check Received: Amount _____	Check #: _____
Person Receiving Entry: _____		