



Rock Hall Yacht Club

GREEN FLEET REGATTA & CLINIC

August 2, 2018

SAILING INSTRUCTIONS

1. Rules. This regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing, except as any of these is altered by these Sailing Instructions.
2. Notice to Competitors. Official Notices will be posted on the Official Regatta Notice Board located in the clubhouse of the RHYC.
3. Changes to Sailing Instructions. Any Changes in the Sailing Instructions will be posted no later than 10:15 am on the day of the regatta. Changes will be discussed at the skippers meeting.
4. Schedule.
 - 0830 Registration/Check-in
 - 1000 Skippers Meeting
 - 1015 Begin Clinic (immediately following Skippers Meeting)
 - 1100 First Warning Signal on the water
 - 1230 Lunch and review of morning races with coaches
 - 1330 Racing continues
 - 1600 No Race will start after
 - Swimming and games on-shore
 - Results presented ASAP after races
 - NOTE: All times are weather / condition dependent
5. Boats.
 - Optimist Green Fleet
 - C420 Non-Spinnaker
6. Course. "Illustration A" depicts the possible courses. The course will be designated by audible instructions from the Race Committee.
The Opti Green Fleet Course will use VHF Channel 69.
The C420 Non-Spinnaker Course will use VHF Channel 71.
Coaches may use VHF Channel 72.
7. Marks. The Marks will be identified at the skipper's meeting.
8. Starts. Races will be started with the 3-minute Audible-Signal Racing System as defined in Appendix U of the RRS. This changes RRS 26 and Race Signals. The Start and Finish Line will be between a blue flag on the race committee boat and a mark to port.
9. Individual Recalls. Individual Recalls will be signaled in accordance with RRS 29.2 by displaying flag X with one sound. The Race Committee will attempt to hail the sail numbers of boats on the course side, but is not required to do so.
10. General Recall. A general recall will be signaled by a series of short sounds and display of the flag First Substitute (blue/yellow triangular pennant).
11. Changing the Course. After the starting signal, the race committee may change the position of any mark, provided that no boat is on that leg of the course. There will be no signal for any change. The course may be changed before the start of a race to adjust to changing conditions.
12. Finishes. The finish line will be the same as the starting line. If a boat is delaying the completion of a race, the race committee may terminate the race and score the boat points equal to last place. The time limit for one race is one hour. Boats not finishing within 20 minutes of the first boat finishing within the time limit will be marked DNF. **BOATS THAT HAVE FINISHED ARE ASKED TO SAIL CLEAR OF THE FINISH LINE.**



13. Scoring. The Low-Point Scoring System, RRS/US Appendix A2 will apply, except that each boat's total score will be the sum of its scores for all races. No scores will be excluded. One race constitutes a regatta.

14. Awards. Competitors will receive participation awards. Results will be presented after racing with all competitors recognized.

15. Safety. Competitors who require assistance from rescue boats should signify by waving both arms overhead. Competitors must wear a fully secured Coast Guard-approved Type III PFD at all times while afloat, except for brief periods while adding or removing clothing. Whistles permanently attached to the PFDs are recommended. Floatation aids (Zhik, Baltic) are not permitted to be worn by competitors. A boat that retires from a race is asked to notify the Race Committee either before leaving the course area, or if that is not possible, immediately after arriving ashore. Coaches shall wear USCG approved Personal Flotation Devices (PFDs) at all times while afloat, except for brief periods while changing.

16. Alternative Penalties. The penalty for a racing rule infraction will be two turns as soon as practical after the incident. Penalty for hitting a mark is one turn.

17. Protests. Protests must be registered with the race committee immediately after finishing the race. The protesting skipper shall attempt to notify the competitor being protested as soon as possible. Written protest must be lodged with the jury representative within thirty minutes of the race committee coming ashore.

18. Capsize. A capsized boat may be righted and sailed on by its crew any time before or during a race. If the safety of the boat or crew is in jeopardy, or if the progress of the regatta is affected, the race committee may require that assistance be accepted and the boat retired from that race. Starts will not be delayed to accommodate capsized boats.

19. Coaching. Coaching will be permitted for any boat between races. Coaching of boats during a race is permitted, provided the coach boat does not interfere with other boats by its presence. Coach Boats or spectator boats wishing to coach a competitor must register at the registration table with their CBYRA flag number.

Illustration A – Courses

