



RETURN TO EXCELLENCE PROGRAM

and the

CAM FALL SERIES RACES



Want an Extra Six to Nine Seconds a Mile?

Don't go to P.H.R.F for more time. Enter Shoreline Yacht Club's CAM Fall Series Races and the Return to Excellence Classes. Beginning the first Sunday in October and ending on the first Sunday in November, Bruce Cooper, and other professional racers from Ullman Sails, will train you and your crew every Sunday.

1030-1130 Chalk Talk at Shoreline Yacht Club.

1200- 1245 On the water practice and coaching.

1300 First Start of CAM Fall Series Races (Buoy 39).

You'll learn the best techniques and key factors that increase speed. You will learn it, practice it and apply it, all in one day.

You don't have to enter the race to attend the classes. These free classes, taught by Ullman Sails and hosted by Shoreline Yacht Club, are open to all racers. This is not a basic introduction to racing program. These classes are taught at an intermediate to advanced level, but of course everyone is welcome.

Information and entry forms for the CAM Fall Series and the Return to Excellence Program (Event 17596). <http://www.regattanetwork.com/event/17596>.

Questions ? Mike Guccione innove8@pacbell.net 818-731-1030.