

**The 2019**

**Cheeseburger**

## **Junior Regatta**

Wednesday – Friday, July 24 - July 26, 2019

The Lake George Club

4000 Lake Shore Drive, Diamond Point, New York 12824

## **SAILING INSTRUCTIONS**

### **1. RULES**

**1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing, 2017-2020* of the international sailing federation, except as modified by these instructions.

**1.2** Each skipper and/or crew must wear a non-inflatable U.S. Coast Guard approved life jacket at all times while on the water and docks, except briefly while adjusting clothing or personal equipment.

**1.3** The following racing rules will be changed as indicated.

a. RRS 61 will be changed to require that immediately after finishing a race, without consultation with instructors, coaches or spectators, a boat shall notify the race committee finish boat of her intention to protest and, if possible, the sail number of the protested boat.

### **2. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located at the steps of main clubhouse.

### **3. CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted no later than 30 minutes before harbor start on the day it will take effect.

### **4. SCHEDULE**

Wednesday, July 24	1100-1600	Registration, unload and rig boats, boat inspection, and open sail
	1630	Housing Pick-up at LGC
Thursday, July 25	0830	Report Time/ Rigging
	0900	Competitors' Meeting at the Main Steps of LGC
	1000	Harbor Start
	1030	First Warning
	1230	Lunch
	1400-1600	Afternoon Racing
	1600	No Warning After
	1800	Cheeseburger Dinner at LGC
Friday, July 26	1900-2000	Planned Entertainment
	2000	Housing Pick-up
	0900	Report Time
	0930	Harbor Start
	1000	First Warning
1230	No Warning After	
1300	Lunch	
1400	Awards	

## 5 COMPETITORS' AND INSTRUCTORS' MEETINGS

- 5.1 A competitors' meeting will be held at the main steps of LGC at 0900 on Thursday, July 25.
- 5.2 Instructors' meetings will be held following the competitors' meeting on Thursday morning and at 0900 Friday morning. The meetings will be held at the front entrance of the clubhouse and attendance is mandatory.
- 5.3 The regatta committee may, at its discretion, call additional competitors' and/or instructors' meetings. Notices will be on the official notice board.

## 6 SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed at the flagpole by the steps of the main clubhouse.
- 6.2 Harbor starts will be signaled at 1000 on Thursday and 930 on Friday mornings by one sound for both Optimists and CFJs.

## 7 SCHEDULE OF RACES

- 7.1 Dates of racing:
- |             |                          |
|-------------|--------------------------|
| <i>Date</i> | Optimist and CFJ Classes |
| July 26     | Open Sail                |
| July 27     | Racing                   |
| July 28     | Racing                   |
- 7.2 The Race Committee intends to run up to 12 races. The number of races conducted is at the discretion of the Race Committee. There will be one drop per every 6 races run.
- 7.3 The scheduled time of the warning signal for the first race Thursday is 1030 and 1000 Friday.
- 7.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with several horns blown approximately 15 seconds before a warning signal is made.
- 7.5 On the last day of the regatta no warning signal will be made after 1230.

## 8 THE COURSES

- 8.1 The diagrams in Attachment A show the courses, including, the order in which marks are to be passed and the side on which each mark is to be left.

## 9 RACING AREAS

Attachment B shows the location of racing areas. The CFJ and Optimist classes will sail separate courses. Approximate course locations for each class will be announced at the competitors' meetings.

## 10 MARKS

Windward Marks, Leeward Marks, and Leeward Gates will be orange tetrahedrons. The start and finish pins, offset and reach marks will be bright orange/red balls.

## 11 THE START

- 11.1 Races will be started by using RRS Appendix S (3 Minute Dinghy Start) with several horns blown as the warning signal approximately 15 seconds before the starting signal.
- 11.2 The starting line will be between a staff displaying an orange flag on the starting boat at the starboard end and the course side of the port-end starting pin.
- 11.3 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.
- 11.4 Individual recalls will be signaled by displaying Code Flag X (White with Blue Cross) with one Long Horn and an attempt to hail the sail number of recalled boats by the Race Committee. **The race committee will be hailing boats as a courtesy, but is not required to do so. It is the obligation of the competitor to know if they were over the line early.**
- 11.5 General recalls will be signaled by displaying Code Flag First Substitute (Yellow Triangle pennant with Blue Border) and two long horns. The One-Minute Rule (RRS 30.1) will be in effect for the start following a General Recall for both fleets and will be signaled by displaying Code Flag I (Yellow with Solid Black Circle) at the Attention signal.
- 11.6 If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified,

she shall be disqualified without a hearing but not if the race is restarted or re-sailed or postponed or abandoned before the starting signal. This changes rule 26.

- 11.7 Wind Minimum - Races should not be started unless the Race Committee is satisfied that the wind strength in the starting area, and to the best of its belief on the rest of the course, is in excess of an average of three knots (3.45 mph) for a reasonable period before the start as measured using instrumentation and while not moving over the bottom.

## 12 THE FINISH

**For the Opti classes,** the finish will be a downwind finish between a staff displaying an orange flag on the finishing boat at the starboard end and the course side of the port-end finishing mark.

**For the FJ Class,** the finish will be an upwind finish between a staff displaying an orange flag on the finishing boat at the port end of the course side of the starboard-end finishing mark.

**Please clear the finishing area for all classes upon finishing your race - not clearing the finish line will be grounds for a DSQ from that race.**

## 13 ABANDONING RACES

The Race Committee may abandon a race by displaying code flag “N,” “N” over “H,” or “N” over “A” with three (3) sounds or a verbal hail. If these signals are displayed over a class(s) flag, the signal applies only to that class(s) for which the flags are displayed. This instruction changes the Race Signals and RRS 32.1. RRS 32.1 is further modified to read, “when in the judgment of the Race Committee, the race is an unsatisfactory test of skill.”

## 14 PENALTY SYSTEM

- 14.1 The penalties are as follows: For the CFJ class, rule 44.1 is unchanged. For the Optimists class, rule 44.1 is changed so that the One-Turn Penalty replaces the Two-Turns Penalty.

- 14.2 Appendix P will apply.

- 14.3 Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any penalty after the first one.

## 15 TIME LIMITS

- 15.1 Time limits are as follows:

<i>Class</i>	<i>Time limit</i>	<i>Mark 1 time limit</i>
<i>CFJ</i>	<i>1 hour</i>	<i>30 minutes</i>
<i>Optimist</i>	<i>45 minutes</i>	<i>20 minutes</i>

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

- 15.2 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing and towed back to the starting line. A signal of a Three Horns will indicate the application of this rule. This changes rules 35, A4 and A5.

## 16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the race office, located at the LGC Front Desk. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

- 16.2 For each class, the protest time limit is 45 minutes after the Race Committee boat has reached the dock after the last race of the day or the race committee signals no more racing today.

- 16.3 The “red flag” requirement of RRS 61.1(a) is deleted and when the identity of the protested boat could be uncertain, the boat’s sail number shall be included in the hail. Also, failure of a hailed boat to hear the hail shall not, by itself, be grounds for closing the protest. (Changes RRS 61.1(a))

- 16.4 A protesting boat shall, at the first reasonable opportunity after finishing, notify both the Race Committee and the protested boat of intent to protest. Failure to do so may be grounds for closing the protest (Changes RRS 63.5).

- 16.5 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. The location and time of the hearings will be posted on the official notice board.

**16.6** Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

**16.7** A list of boats that, under instruction 14.3, have been penalized for breaking rule 42 will be posted.

## **17 SCORING**

**17.1** 1 race is required to be completed to constitute a series.

**17.2** If fewer than six races are completed, a boat's series score will be the total of her race scores. If six or more races are completed a boat's series score will be the total of her race scores excluding her worst score subject to rule 90.3(b). This amends US Sailing Appendix A.

**17.3** A boat scored TLE will receive 2 points more than the number of finishers in her division but will not be scored worse than DNF.

**17.4** CFJs will place their assigned number on their mainsail for score identification purposes. The number must appear using sail numbers provided at registration on the top of the mainsail, with the starboard side number being placed just above the top batten pocket (using the batten pocket seam as a guide) and the port side being placed just below the batten pocket seam. Place these numbers 3 inches from the leach of the sail. Leave numbers width or 2 inches of space between two-digit numbers. Boats finishing without proper identification numbers will be scored DNF unless arrangements are made with the Race Committee.

## **18 SAFETY REGULATIONS**

**18.1** Check-In: Before the first warning signal of the morning race(s) and of the afternoon race(s) for her class each boat shall pass the stern of the Race Committee signal boat on starboard tack and hail her sail number and receive acknowledgement from the Committee.

**18.2** A boat that retires from a race shall notify the race committee as soon as possible.

## **19 BOAT INSPECTION**

Prior to arrival all boats must be drained and have had their hull, rudder, centerboard/daggerboard, and spars washed. Sails must also be dry upon arrival. This is to prevent the introduction of invasive species to Lake George. Boats will be inspected for cleanliness prior to being launched. Boats failing inspection will be required to clean using a Lake George Club pressure washer in the upper parking lot only. Your understanding and cooperation will be very much appreciated.

## **20 SUPPORT BOATS**

**20.1** Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment. The one exception to this rule is in the Optimist class in which a coach may assist a sailor in trouble or to assist a sailor in finishing the course with agreement from the other coaches. No coaching may be done that will assist a sailor in improving his or her position in a race.

**20.2** Coaches and support personnel are required to monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel for the CFJ fleet will be 66 and the Optimist fleet will be 72.

## **21 TRASH DISPOSAL**

Trash may be placed aboard support or official boats.

## **22 HAUL-OUT RESTRICTIONS**

Boats will be dry sailed in the beach area in the southern end of the club.

## **23 RADIO COMMUNICATION**

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## **24 PRIZES**

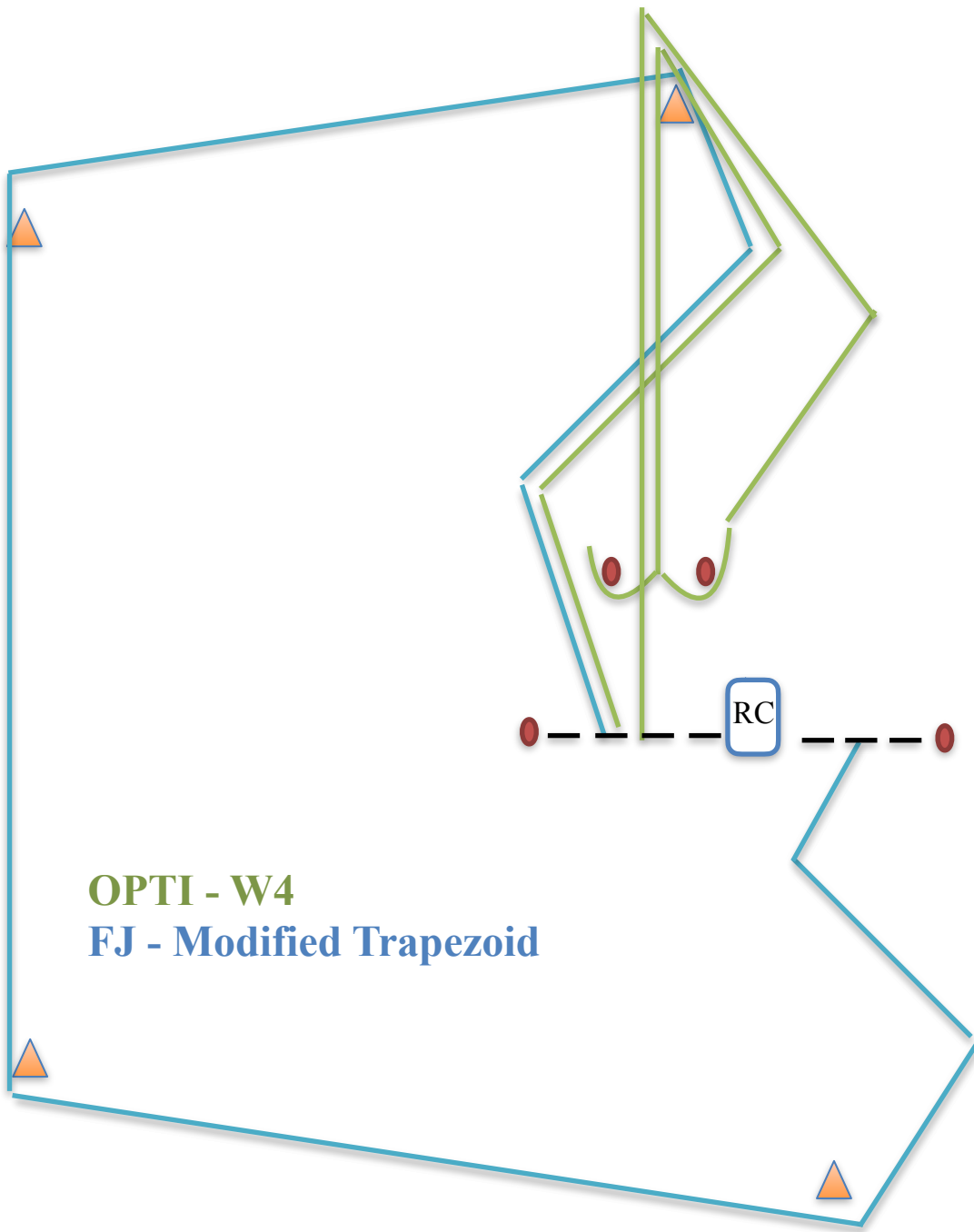
Prizes will be given as follows: Prizes will be awarded to the top five in each division. In the event that there is more than five Optimist Green Fleet entrants top three in the green fleet subdivision will be awarded prizes. An overall Sportsmanship award will be awarded at the discretion of the Race Committee.

**25**

**DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**ATTACHMENT A**  
**COURSE ILLUSTRATIONS**



ADDENDUM B

RACING AREA

